Centers for Disease Control and Prevention National Center for Emerging and Zoonotic Infectious Diseases



Enhanced Barrier Precautions in Skilled Nursing Facilities

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Disclosures

- CDC, our planners, our presenters, and their spouses/partners wish to disclose they have no financial interests or other relationships with the manufacturers of commercial products, suppliers of commercial services, or commercial supporters. Planners have reviewed content to ensure there is no bias.
- Presentations will not include any discussion of the unlabeled use of a product or a product under investigational use.)
- CDC did not accept commercial support for this continuing education activity

Objectives

- 1. Describe the role their healthcare facility type plays in limiting further transmission throughout a jurisdiction.
 - a. To describe scenarios appropriate for Transmission-Based Precautions (when to use Contact Precautions, Enhanced Barrier Precautions, and Standard Precautions)
- 2. Identify infection prevention and control practices they should implement at their healthcare facilities to prevent MDRO transmission.
 - a. To describe Enhanced Barrier Precautions
 - b. To describe which residents need Enhanced Barrier Precaution
- 3. Recognize current practices for communicating a patient/resident MDRO status both inside and outside their facility and identify key strategies for improving interprofessional care through clear multidisciplinary communication.
 - a. To understand the use and significance of interfacility and intra-facility forms during transfers

Enhanced Barrier Precautions: What?

What is Enhanced Barrier Precautions?

Use of gown and gloves during high-contact care activities for high-risk residents as a means to disrupt multidrug-resistant organism (MDRO) spread

• Expand the use of personal protective equipment (PPE) beyond situations in which exposure to blood and body fluids is anticipated

Reduces the necessity for resident's restriction to room





Clean their hands, including before entering and when leaving the room.

PROVIDERS AND STAFF MUST ALSO:



Wear gloves and a gown for the following High-Contact Resident Care Activities.

Wound Care: any skin opening requiring a dressing

Dressing Bathing/Showering Transferring Changing Linens Providing Hygiene Changing briefs or assisting with toileting central line, urinary catheter, feeding tube,

Do not wear the same gown and gloves for the care of more than one person.



- Does not require a private room
- Gowns and gloves are recommended for **High-Contact Resident Care Activities**
- Residents are not restricted to their room
- Intended to be used for the entire length of resident's stay in the facility

Enhanced Barrier Precautions

Recommended in	Not Currently Recommended in
Nursing Homes (NHs)	Acute Care Hospitals
Skilled Nursing Facilities (SNFs)	Long-Term Acute Care Hospitals
	Assisted Living Facilities
	Residential Care Facilities
	Group Homes

Enhanced Barrier Precautions

Recommended for Residents With	Not Recommended
Wounds regardless of MDRO colonization status	Resident with draining wounds
Infection or colonization with a novel or targeted MDRO when Contact Precautions do not apply	On units or in facilities where ongoing transmission is documented or suspected
An indwelling medical device	Resident with acute diarrhea
	Resident with sites of secretions or excretions that are unable to be covered or contained

Enhanced Barrier Precautions: Why?

Why Do We Need Enhanced Barrier Precautions?

- The potential to disrupt MDRO transmission in a less restrictive manner
- Focusing only on residents with active infection fails to address the continued risk of transmission from residents with MDRO colonization, which can persist for long periods of time (e.g., months), and result in the silent spread of MDROs
- Resident-to-resident pathogen transmission in SNFs occurs, in part, via healthcare personnel, during <u>resident care activities</u>

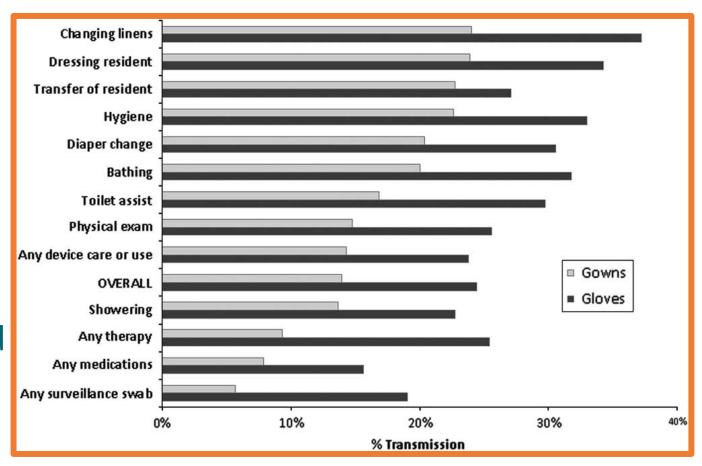
Why Do We Need Enhanced Barrier Precautions?

- Residents in SNFs are disproportionately affected by MDRO infections
- Allows for a more effective response to serious antibiotic resistant threats
- Residents with complex medical needs are at higher risk for acquiring MDROs
- Standard Precautions often have not been successfully implemented in nursing home settings

MDRO Contamination of NH Caregiver Hands and Clothes During Common Activities

 Evaluated different interactions between staff and MDRO colonized residents

 Assisting with linen change, transfers, and personal hygiene had highest likelihood of contamination

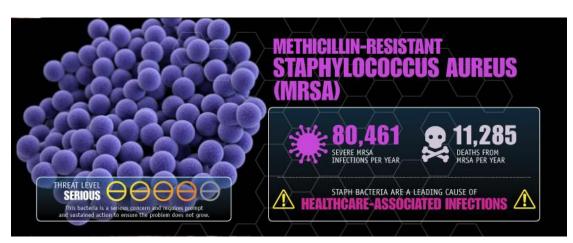


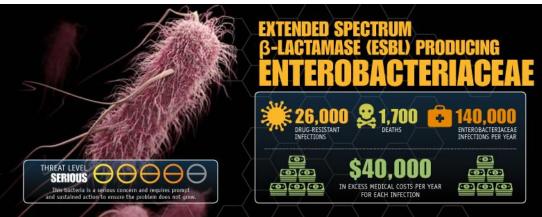
Why Do We Need Enhanced Barrier Precautions?

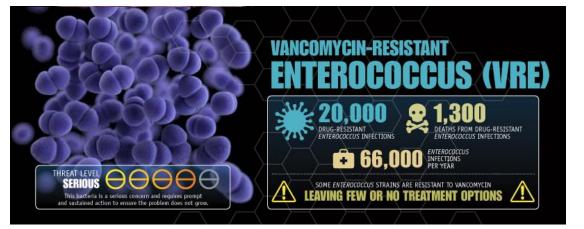
Resident
Quality of Life

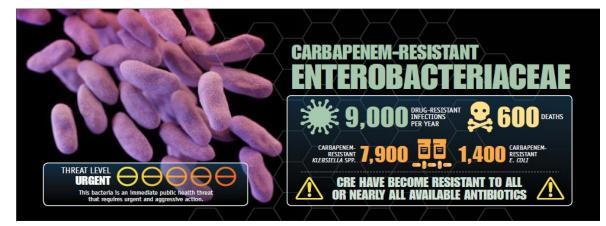


Resident Safety

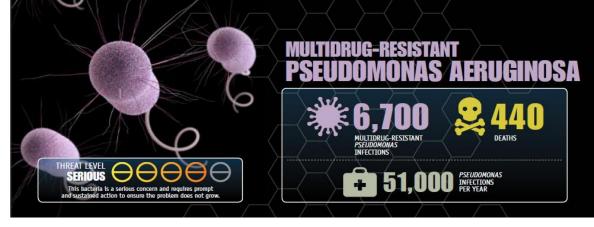














Older adults are at high risk for infections with MDROs



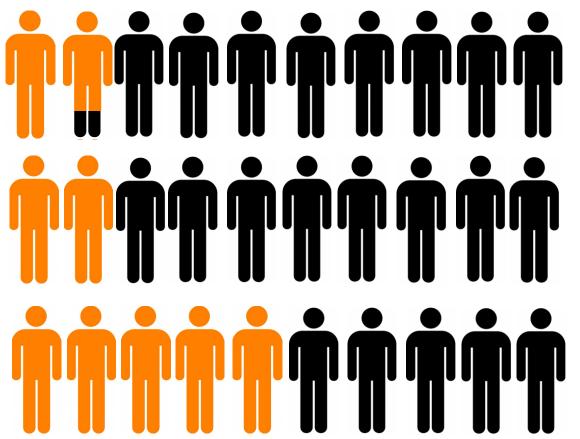


Risk Factors for Colonization with MDROs

- Indwelling medical device (urinary catheter, PEG tube, trach, central line)
- Lower functional status
- Presence of wounds or decubitus ulcers

- Antibiotic use in prior 3 months
- Fluoroquinolone use
- History of hospitalization
- Older age
- Comorbid medical conditions

MDRO Prevalence

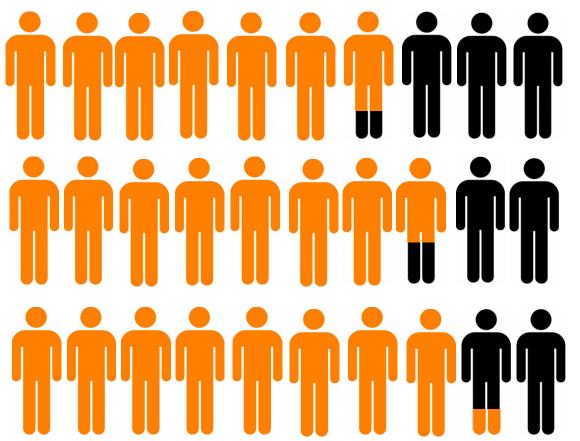


Facility Type	% With Known MDRO
SNF (n = 14)	17%
vSNF (n = 4)	20%
LTACH (n = 3)	50%

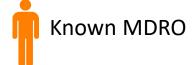


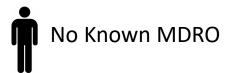


MDRO Prevalence



Facility Type	% Found with MDRO
SNF (n = 14)	58%
vSNF (n = 4)	76%
LTACH (n = 3)	82%





MDRO Prevalence

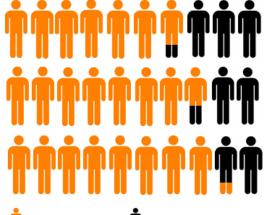
Known MDRO



No Known MDRO

	Facility Type	% With Known MDRO
1	SNF (n = 14)	17%
)	vSNF (n = 4)	20%
1	LTACH (n = 3)	50%

MDRO Prevalence



Facility Type	% Found with MDRO
SNF (n = 14)	58%
vSNF (n = 4)	76%
LTACH (n = 3)	82%

Known MDRO

(McKinnell, et al., 2019)

No Known MDRO

(McKinnell, et al., 2019)

Enhanced Barrier Precautions: How?

How to be Successful with Implementing EBP

- Know your residents
 - MDRO Status (if known)
 - Current residents and new admissions
 - Indwelling Medical Devices
 - Central line, urinary catheter, G/NG/PEG tube, tracheostomy, and ventilator
 - Wound(s) requiring a dressing

How to be Successful with Implementing EBP

- Hand Hygiene
- Auditing
- PPE Use
- Environmental Cleaning and Disinfection
- Communication

Hand Hygiene

- Use Alcohol-Based Hand Sanitizer prior to and after performing any hands-on activity with resident
 - Including before and after donning and doffing gloves
- Recommendation to use soap and water if hands are visibly soiled, before eating, and after using the restroom

Auditing

- Audit consistently appropriate use and compliance with hand hygiene, PPE don/doff, and environmental cleaning and disinfecting
- Can be either paper or electronic documentation
- Share your results and provide real-time feedback

PPE Use

PPE Use

- Ensure staff understand when and what types of PPE are recommended during activities with residents
- Ensure appropriate storage and accessibility of PPE at point of care locations

Environmental Cleaning and Disinfection

- Effective cleaning and disinfection of facility surfaces and equipment is critical
- Focus on daily cleaning and disinfection of high touch surfaces
- Clean and disinfect non-disposable, non-dedicated (i.e., shared between patients) equipment after each use

Environmental Cleaning and Disinfection

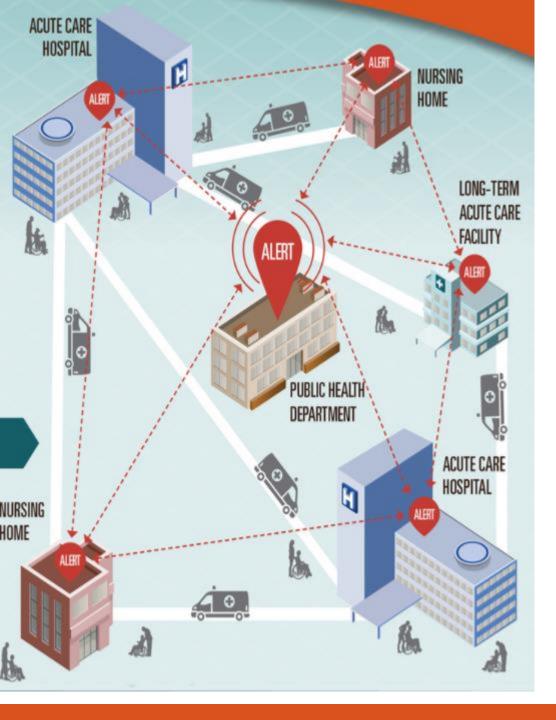
- Ensure you are using the right cleaning/disinfection product for the correct contact time (dwell time)
- Contact time: The amount of time a disinfectant must remain wet on a surface to be effective
- Know your facility and regional epidemiology
- Establish a "who cleans what" list for all staff

Communication

- Ask the transferring unit, hall, facility for MDRO history and current MDRO infection or colonization
- Use appropriate recommended signs for residents requiring
 Transmission-Based Precautions or Enhanced Barrier Precautions

Communication

- Health Departments
- Within your facility
- Other healthcare providers and facilities
- Your residents, staff, and families



Coordinated Approach (Needed)

- Public health departments track and alert health care facilities to antibioticresistant or C. difficile germs coming from other facilities and outbreaks in the area.
- Facilities and public health authorities share information and implement shared infection control actions to stop spread of germs from facility to facility.

Educational Resources

- Don't Reinvent the Wheel
 - Use the resources available
 - Provide numerous options for learning (auditory, visual, tactile)
 - Give and receive feedback

Welcome to CDC TRAIN

CDC TRAIN is a gateway into the <u>TRAIN Learning Network</u>, the most comprehensive catalog of public health training opportunities. TRAIN is a free service for learners from the Public Health Foundation.





Limiting Further Transmission

When to Use Standard Precautions, Transmission-Based Precautions, or Enhanced-Barrier Precautions

Standard PrecautionsUsed in all settings with all residents

Gloves

 Use when anticipating touching blood, body fluids, secretions, excretions, contaminated items, and touching mucous membranes and non-intact skin

Gowns

- Use during any procedure and resident care activity when contact anticipated with blood/body fluids, secretions, or excretions
- Mask, goggles, or face shield
 - Use during any activity likely to generate splashes or sprays with blood, body fluids, secretions, or excretions

Contact Precautions

Used in all settings with specific residents for all room entries

- Includes the use of gowns and gloves
- C. difficile, scabies, norovirus, and other conditions where Contact Precautions is recommended
- Presence of acute diarrhea, draining wounds, or other sites of secretions or excretions that are unable to be covered or contained
- On units where ongoing transmission is documented or suspected



CONTACT PRECAUTIONS VERYONE MUST





Clean their hands, including before entering and when leaving the room.

PROVIDERS AND STAFF MUST ALSO:



Put on gloves before room entry. Discard gloves before room exit.



Put on gown before room entry. Discard gown before room exit.

Do not wear the same gown and gloves for the care of more than one person.



Use dedicated or disposable equipment. Clean and disinfect reusable equipment before use on another person.



- Resident should be placed in a private room*
- Gowns and gloves are recommended for <u>every</u> <u>entry into the room</u> and <u>for all activities</u> being performed in the room
- Residents <u>should be restricted to their room</u> except for medically necessary movement
- Intended to be time-limited
 - to reduce transmission during a limited infectious period or period of high risk for transmission (e.g., acute care hospital stay)

*When a private room is unavailable, some residents may be cohorted

Enhanced Barrier Precautions (EBP)

Used in NH settings with specific resident situations and only during High-Contact Resident Care Activities

- Includes the use of gowns and gloves
- Infection or colonization with a novel or targeted MDRO when Contact Precautions do not apply
- Wounds/and or indwelling medical devices regardless of MDRO colonization status who reside on a unit or wing where a resident known to be infected or colonized with a novel or targeted MDRO resides





Clean their hands, including before entering and when leaving the room.

PROVIDERS AND STAFF MUST ALSO:



Wear gloves and a gown for the following High-Contact Resident Care Activities.

1

Dressing
Bathing/Showering
Transferring
Changing Linens
Providing Hygiene
Changing briefs or assisting with toileting
Device care or use:

central line, urinary catheter, feeding tube, tracheostomy

Wound Care: any skin opening requiring a dressing

Do not wear the same gown and gloves for the care of more than one person.



- Does not require a private room
- Gowns and gloves are recommended for <u>High-Contact Resident Care Activities</u>
- Residents <u>are not restricted</u> to their room
- Intended to be used for the resident's entire length of stay in the facility

Scenarios for TBP or EBP

Resident of a nursing home with acute diarrhea x1wk. He has a tracheostomy and colonization with vancomycin-resistant enterococci (VRE). Acute diarrhea resolves and does not recur.

- What type of precautions, if any, would you recommend for the resident while he has acute diarrhea?
- What type of precautions, if any, should be used after resolution of the acute diarrhea?
- How long should the resident be on precautions, if any?

Scenarios for TBP or EBP

Resident of a nursing home has had an indwelling urinary catheter to promote wound healing. She has a history of being colonized with carbapenem-resistant *Escherichia coli* (*E. coli*). The wound is now healed, and the indwelling urinary catheter has been discontinued. The resident has no other wounds or indwelling medical devices.

- What type of precautions, if any, would you recommend for the resident?
- How long should the resident be on precautions, if any?

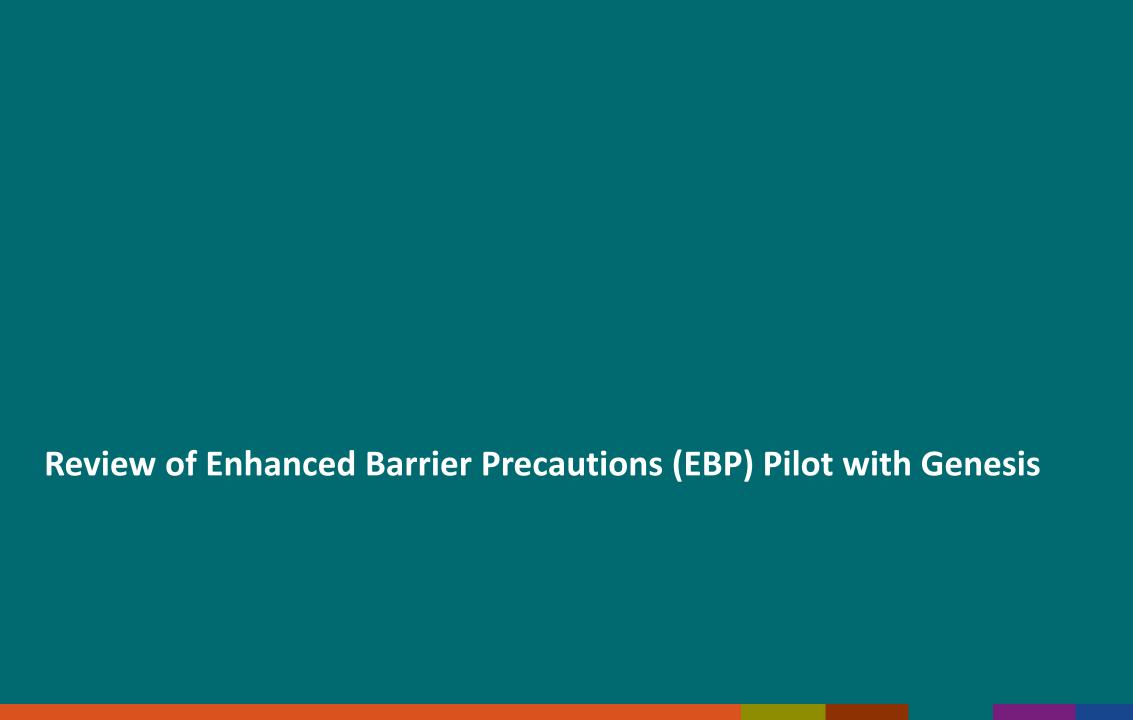
Scenarios for TBP or EBP

Do residents placed on Enhanced Barrier Precautions for a novel or targeted MDRO require placement in a single-person room?

- No. Single-person rooms should be prioritized for residents placed on Contact Precautions
- Residents on EBP may share rooms with other residents
- If there are multiple residents with a novel or targeted MDRO in the same facility, consider cohorting them together in one wing or unit to decrease the direct movement of HCP

Enhanced Barrier Precautions – Not Recommended For:

- Residents of Long-Term Acute Care Hospitals, Assisted Living Facilities, Residential Care Facilities, or patients of Acute Care Hospitals
- Residents with acute diarrhea, unable to contain excretions or secretions
- Residents with conditions where Contact Precautions are recommended to be used (i.e., C. diff., scabies, norovirus)
- For facilities with ongoing MDRO transmission



Genesis EBP Pilot: The Basics

EBP Criteria

- Colonization or infection with any MDRO
- Wounds and/or indwelling medical devices
- EBP implemented facility wide in a variety of different long-term care facilities

Create an implementation plan

- 2-4 weeks for implementation
- 3 months of intervention

Genesis EBP Pilot: The Basics

Outcomes

- Staff adherence to EBP
- Staff, resident, and family member feedback
- Description of residents meeting EBP criteria
- Change in hospitalization and infection
- Burden, including cost

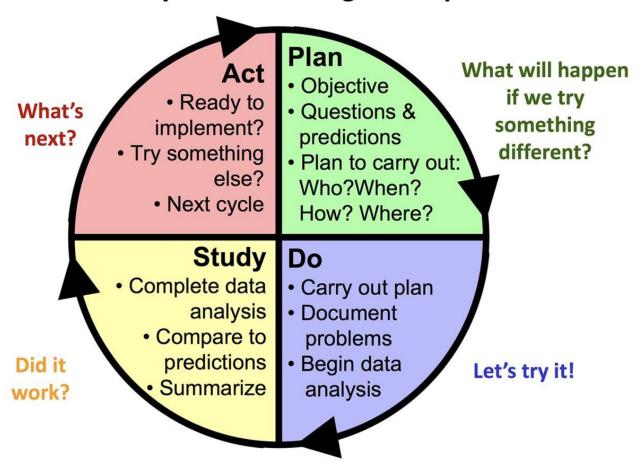
Center Demographics

Total of 10 skilled nursing centers participated

- 7 in Pennsylvania
- 3 in Rhode Island
- 2 centers had mechanical ventilation units
- 9 centers had short stay/rehab units and traditional long-term care units
- 1 center was a PowerBack all private rooms, total short stay
- Number of beds per center ranged from 106 238

Implementation Plan

The PDSA Cycle for Learning and Improvement



Implementation Guide

- Planning
- Training and educating staff
- Education for residents, families, and visitors
- Communication
- Ordering/stocking precautions signs
- Supply of PPE and isolation carts
- Location sites for isolation carts, ABHS dispensers, and disinfectant wipes

- Implementation as a standing item in QAPI
- Identifying residents with qualifying characteristics for placement on EBP
- Placement of residents on EBP or Contact Precautions
- Documentation line list, care plan











Welcome to Our Center!

We are committed to a culture of patient safety in this facility, from the nursing staff, to the administrative office, to the environmental services department. The infection prevention and control department would like to share with you some of the clinical practices we use to prevent the spread of germs here, at Genesis Healthcare, based on nationally recognized standards of care.

You will notice that our staff may wear personal protective equipment, or PPE, such as gowns and gloves for patient care, such as bathing, dressing, grooming, toileting and changing linens.

This is in accordance with CDC recommendations for certain standards of patient care and also as a result of a deeper commitment to protecting you or your loved one from the germs of the patient we last cared for.

Our staff take care of many patients, and like honeybees, if we are not careful, can transfer germs from patient to patient, just like a honey bee pollinates flowers in a field. We don't want to be honeybees. We want to provide safe, effective and competent care for you or your loved one, by wearing the proper PPE to prevent the risk of transmission.

If you have any questions about this practice, please ask to speak to your nurse or the Infection Preventionist for this facility.

Thank you!

Targeted education provided to:

- Residents and their families
- Nursing and Rehab staff
- Environmental Services

Inform:

- Medical Providers
- State Surveyors



Plan Your Workflow

THINK

- What residents am I assigned to?
- Are any residents on Transmission-Based Precautions?
- How do I organize my time?
- Which residents should I care for first?



PLAN: BUNDLE

- What supplies do I need to care for the resident?
- What PPE do I need to wear and when?
- How many glove changes do I anticipate?
- Are hand hygiene supplies readily available?
- In what order should I perform resident care tasks?

DO

- Bathing, dressing, transferring residents from beds to chairs and back, and wound/other procedures
- REMEMBER: Clean versus Dirty – you'll need to change gloves and perform hand hygiene several times

Chapel Manor – Tara Winter, Center Executive Director

- While financials are important, she is more quality and customer driven
 - Resident and employee satisfaction is her focus
- Progressive leader
 - Make center different in the market
 - Take on the new and different
- Empty rooms
- Chapel Manor takes risks opens door to develop partner relationships with hospitals and department of health
 - Capitalize on the opportunity
- Amazing team, especially nursing leadership, strong core team
- Found that if she says, "we can do it" and the team believes they can

Chapel Manor – Tara Winter, Center Executive Director

- Work together for the best result for the resident
 - COVID pointed out the strengths and weaknesses of the healthcare industry
 - Lesson learned if we come together and work together and rather than in silos, we can benefit our residents
- Employees want to be challenged and engaged
 - Superior relationship with the Philadelphia DOH very supportive
 - Embrace the DOH and they will embrace you
 - The DOH wants you to succeed
- Stressed to center employees
 - The city DOH reached out to them for their opinion and help
 - Pump staff up

Why did Residents meet EBP Criteria?

Number and Proportion of Residents Meeting EBP Criteria

Indication	Number of Residents Total = 319	Percentage
Wounds	138	43%
Indwelling Device	149	47%
Novel/Target Organism	12	4%
Any other MDRO	141	44%

What is the Proportion of Residents meeting EBP Criteria in Different Centers?

Center Description	Met EBP Criteria
 Center #1: Mostly long-stay residents Short-stay unit CENSUS = 238 	 66/238 = 28% MDRO = 36 (55%) Wound = 29 (44%) Device = 23 (35%) *20 (30% met >1 criteria)
 Center #2: Short-stay only Average LOS ≤ 2 weeks CENSUS = 110 	 10/110 = 9% MDRO = 2 (20%) Wound = 1 (10%) Device = 7 (70%) *No residents met >1 criteria
 Center #3: Provides ventilator services Mix of long- and short-stay residents CENSUS = 130 	 54/130=42% MDRO = 32 (59%) Wound = 24 (44%) Device = 29 (54%) *27 (50% met >1 criteria)

Costs

Increase in cost associated with increased use of PPE

- Start-up costs greater than maintenance costs
 - PPE storage carts, ABHS, gowns, gloves
- Costs may differ from actual utilization
- Challenging to predict PPE utilization; supply purchases may have been an overestimate
- Centers with more residents meeting EBP criteria have increased costs

Costs

Feedback from Administrators

- Spread out implementation due to budget constraints
- Unanticipated cost = Increased trash pickup (1 vent center)

Comments and Feedback During Pilot

- November comments initially given to IP "I'm always going to have to put this on? It's too much to put on each time."
- December CNE Time consuming, takes away from prompt response and time with residents, no residents voicing complaints residents and families do not have a problem voicing concerns
- IP Feels like everyone being admitted has an MDRO
- February CNA In the beginning it was hard, had to go in/out of room because I forgot something.
 But then I got used to it and it makes me plan ahead what am I going to do and need, now it's not bad and isn't adding time
- Resident Doesn't bother me. Did request clarification again as to why staff wearing PPE
- IP Patient's families coming in expecting precautions because used in hospital
- Resident Staff wears gowns and gloves during care, doesn't make me feel bad
- January from IP No residents refused; they like the extra protection. Staff have incorporated into their workflow

Updates to Enhanced Barrier Precautions

Healthcare Infection Control Practices Advisory Committee (HICPAC) White Paper – June 2021

 Considerations for Use of Enhanced Barrier Precautions in Skilled Nursing Facilities

- EBP may be applied (when Contact Precautions do not otherwise apply) to residents with any of the following:
 - Wounds or indwelling medical devices, regardless of MDRO colonization status
 - Infection or colonization with an MDRO

Enhanced Barrier Precautions Updates

2019 Public Health Response: Recommended for Residents (on the same unit as the resident with novel/targeted MDRO) With	2021 Updates: Recommended for Residents (when Contact Precautions do not apply) With
Wounds regardless of MDRO colonization status	Wounds regardless of MDRO colonization status
Infection or colonization with a novel or targeted MDRO when Contact Precautions do not apply	Infection or colonization with an MDRO
An indwelling medical device	An indwelling medical device

Novel, Targeted, and Epidemiologically Important MDROs

Examples of MDROs Targeted by CDC

Pan-resistant organisms

Carbapenemase-producing carbapenem-resistant Enterobacterales

Carbapenemase-producing carbapenem-resistant *Pseudomonas* spp.

Carbapenemase-producing carbapenem-resistant *Acinetobacter baumannii*

Candida auris

Additional epidemiologically important MDROs may include, but are not limited to

Methicillin-resistant Staphylococcus aureus (MRSA)

ESBL-producing Enterobacterales

Vancomycin-resistant Enterococci (VRE)

Multidrug-resistant Pseudomonas aeruginosa

Drug-resistant Streptococcus pneumoniae

Future Updates

- No longer focusing only on targeted or novel MDROs
- No longer focusing on outbreaks/public health response
- Expanding recommendations

Contacts

- D.C. Health
 - doh.hai@dc.gov
- Maryland
 - mdh.ipcovid@maryland.gov Maryland HAI Group
 - mdphl.arln@maryland.gov Mid-Atlantic Regional Lab
- Virginia
 - hai@vdh.virginia.gov
- Massachusetts
 - 24/7 Epidemiology Line with questions: 617-983-6800

CE Information for listening to this talk

COURSE: WC4526-040522 - Enhanced Barrier Precautions in Skilled Nursing Facilities - April 5, 2021 (Webcast)

Course Detail: https://tceols.cdc.gov/Course/Detail2/8511

Course Access Code: MDRO2022

CE Expiration Date: 05/09/2022

Instructions for Obtaining Continuing Education (CE)

In order to receive continuing education (CE) for WC4526-040522 - Enhanced Barrier Precautions in Skilled Nursing Facilities - April 5, 2021 (Webcast) please visit TCEO and follow these 9 Simple Steps before May 9, 2022.

Recording and slides

- The recording and slides will be posted to this website:
 - https://www.vdh.virginia.gov/haiar/mdro-containment-webinar-series/
- CE is also available on demand for the recording if any of your colleagues who didn't listen today would like to and receive CE in the future (see listed website for details)

Thank you

Any Questions?

For more information, contact CDC 1-800-CDC-INFO (232-4636)
TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.



Enhanced Barrier Precautions

Implementation of Personal Protective Equipment (PPE) in Nursing Homes to Prevent Spread of Novel or Targeted Multidrug-resistant Organisms (MDROs) (Current)

https://www.cdc.gov/hai/containment/PPE-Nursing-Homes.html

Frequently Asked Questions (FAQs) about Enhanced Barrier Precautions in Nursing Homes (Current) https://www.cdc.gov/hai/containment/faqs.html

Considerations for Use of Enhanced Barrier Precautions in Skilled Nursing Facilities https://www.cdc.gov/hicpac/workgroup/EnhancedBarrierPrecautions.html?msclkid=39038417aed311ec8c868e1 e03c50297

Educational Resources

Project Firstline

https://www.cdc.gov/infectioncontrol/projectfirstline/healthcare/videos-graphics.html

CDC Train

https://cdc.train.org/cdctrain/welcome

Infection Prevention and Control Assessment Tool for Long-Term Care Facilities https://www.cdc.gov/infectioncontrol/pdf/icar/ltcf.pdf

Hand Hygiene

Hand Hygiene and Standard Precautions Course https://www.cdc.gov/handhygiene/training/interactiveEducation/

Clean Hands Count for Healthcare Providers
https://www.cdc.gov/handhygiene/providers/index.html

Personal Protective Equipment

Burn Rate Calculator – Version 2

https://www.cdc.gov/coronavirus/2019-ncov/downloads/hcp/PPE-Burn-Rate-Calculator-Version-2.2.xlsx

NIOSH PPE Tracker App

https://www.cdc.gov/niosh/ppe/ppeapp.html

Environmental Cleaning and Disinfection

CDC Environmental Cleaning Checklist https://www.cdc.gov/hai/pdfs/toolkits/Environmental-Cleaning-Checklist10-28-2010.doc

CDC Environmental Checklist for Monitoring Terminal Cleaning https://www.cdc.gov/hai/pdfs/toolkits/Environmental-Cleaning-Checklist-10-6-2010.pdf

CDC Environmental Cleaning Evaluation Worksheet (Excel)
https://www.cdc.gov/hai/pdfs/toolkits/Environmental-Cleaning-Eval-Worksheet-10-6-2010.xls

Communication

Interfacility Transfer Form

https://www.cdc.gov/hai/pdfs/toolkits/Interfacility-IC-Transfer-Form-508.pdf?msclkid=0dd6df40ac5911ec9ad0153afa2f9e30

State-Based Resources

State-based HAI Prevention Activities
https://www.cdc.gov/hai/state-based/index.html

References

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