Candida auris

Essentials for Everyone

Candida auris (C. auris for short) is a drug-resistant germ (fungus) that can spread in healthcare facilities.

Why is *C. auris* a special concern?

C. auris can cause life threatening infections and only a few medicines may be able to treat the infection. C. auris can cause outbreaks in healthcare facilities.

Symptoms of C. auris infection

- You need a lab test to confirm C. auris infection.
- When you test positive for *C. auris* you may be very sick or you may not have any symptoms.
- You can still spread *C. auris* without symptoms.

How does C. auris spread?

C. auris can live on surfaces for several weeks.

Healthcare equipment and surfaces must be cleaned and disinfected



C. auris spreads by hands when not properly sanitized or washed



Scan the QR code for more on C.auris

WHO IS AT MOST RISK?

C. auris infections increased 60% since 2019*

- Most people who get serious C. auris infections are in a healthcare facility and already sick from other medical conditions.
- Remind healthcare workers to clean their hands and equipment frequently.

PREVENT C. AURIS



Keep your hands clean with hand sanitizer or soap and water



Tell all healthcare workers if you have ever tested positive for *C. auris*, even if you aren't sick now.



Follow healthcare facility rules when visiting someone with *C. auris*



Ask your healthcare provider if you have questions about C. auris.





* References <u>www.vdh.virginia.gov/haiar/ education-training/</u> DEC 2023