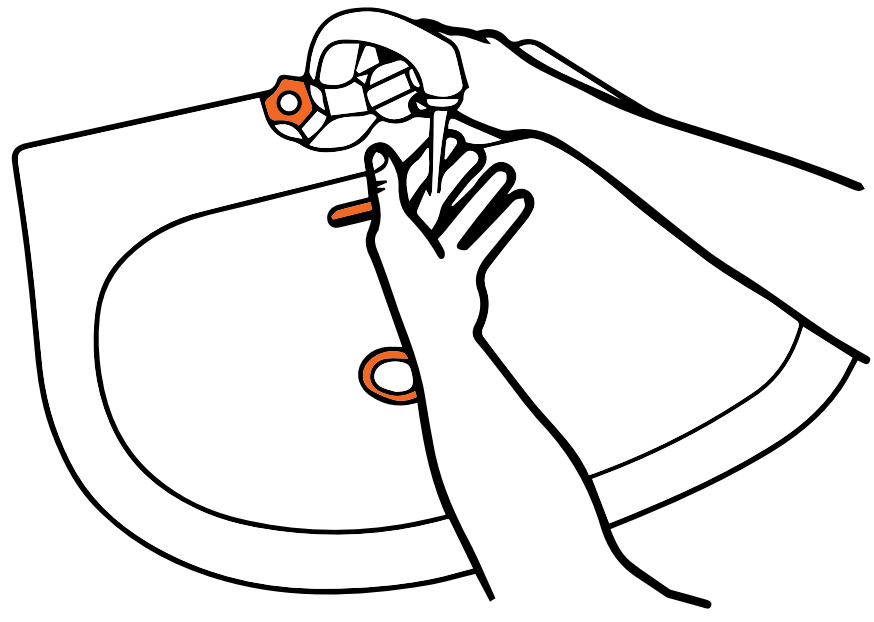


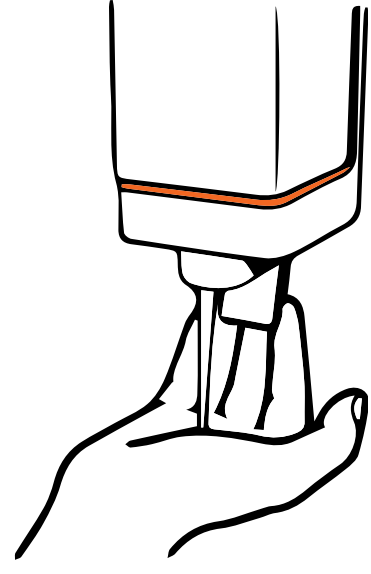
Hand Wash:

(scrubbing motions should last 15-20 seconds minimum)

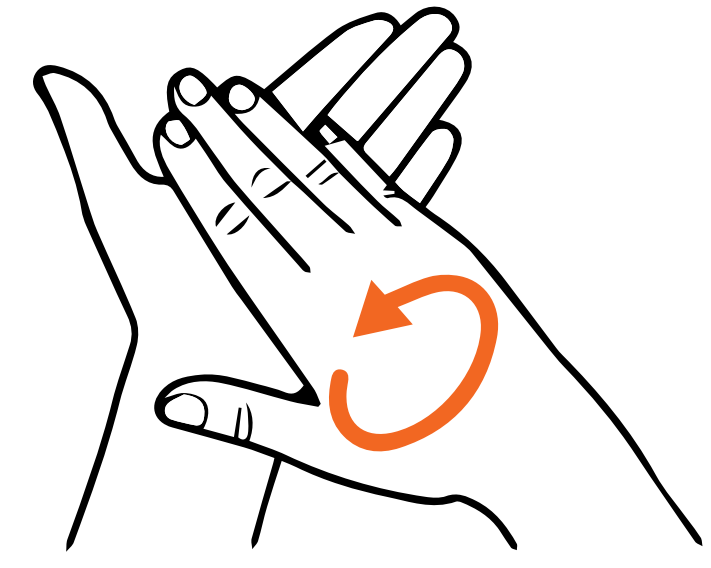
HOW TO HAND WASH?



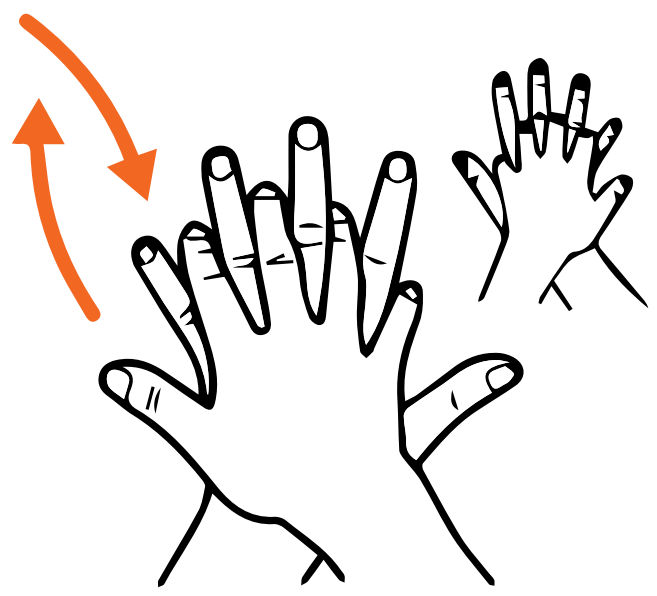
- Wet hands with water



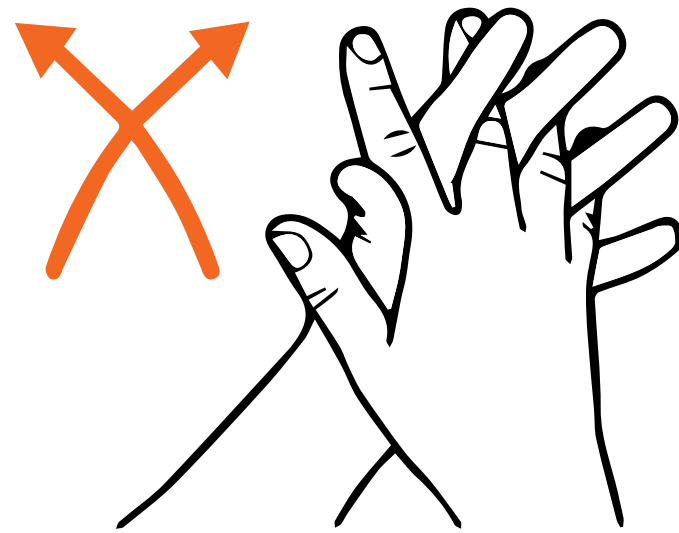
- Apply enough soap to cover all hand surfaces



- Palm to palm
- Hands flat
- Rub



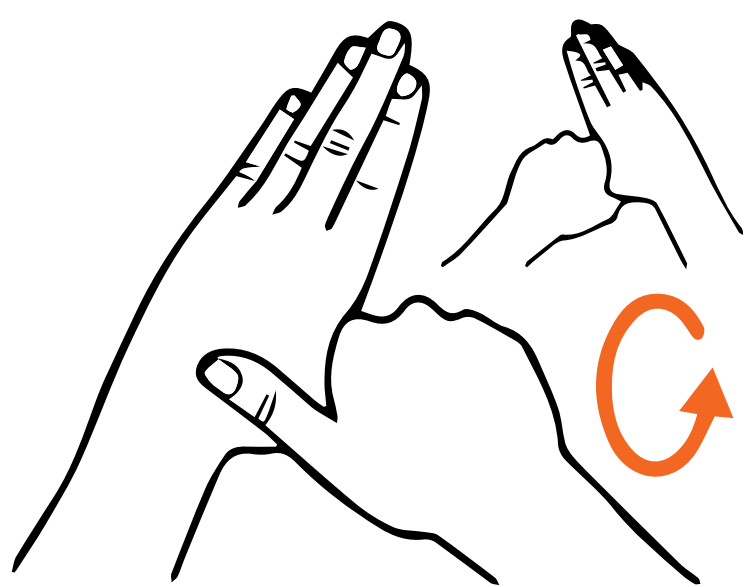
- Palm over dorsum (top of hand)
- Fingers interlaced
- Rub right over left, left over right



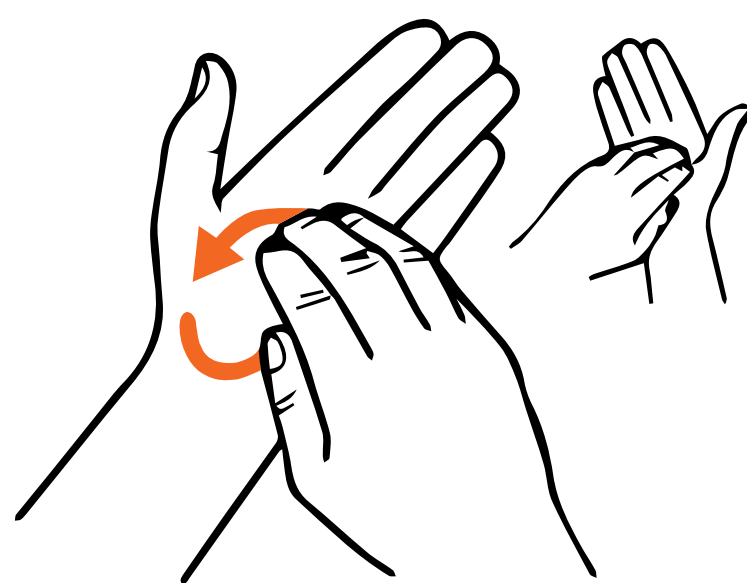
- Palm to palm
- Fingers interlaced
- Rub



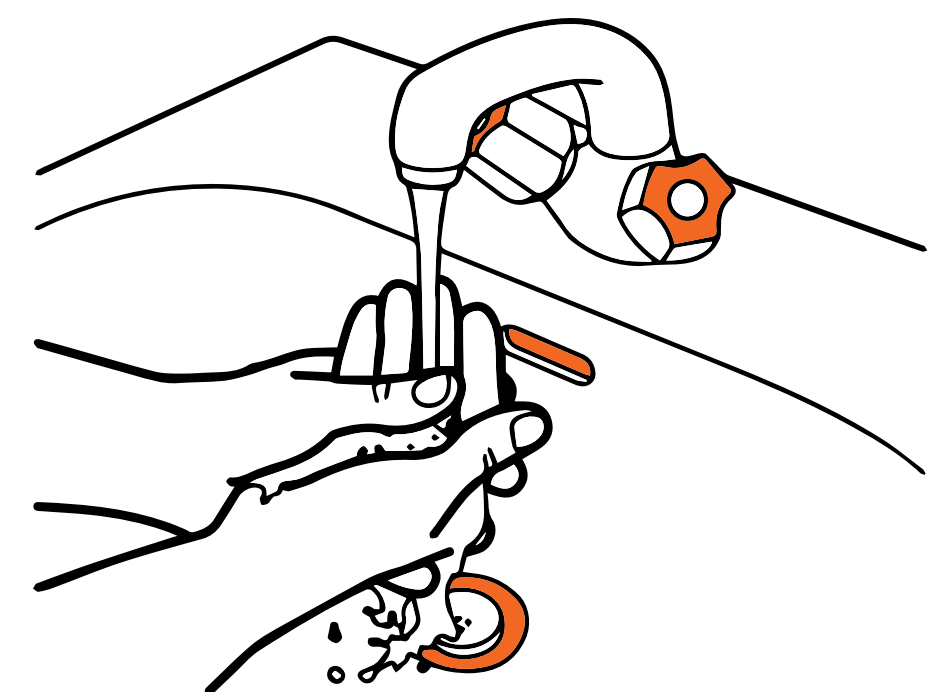
- Back of fingers to opposing palms
- Fingers interlocked
- Rotational rub



- Rotate each thumb in opposing clasped palm
- Rotational rub
- Left thumb in right palm, right thumb in left palm



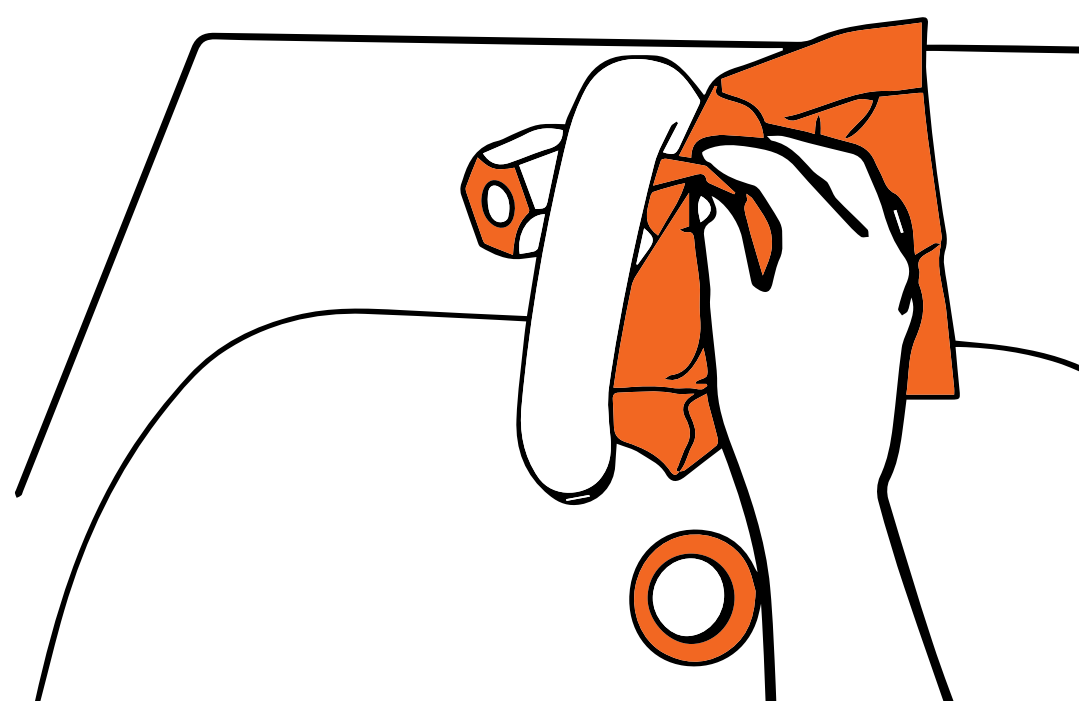
- Clapsed fingers in opposing palm
- Backwards and forwards rotation
- Right fingers in left palm, left fingers in right palm



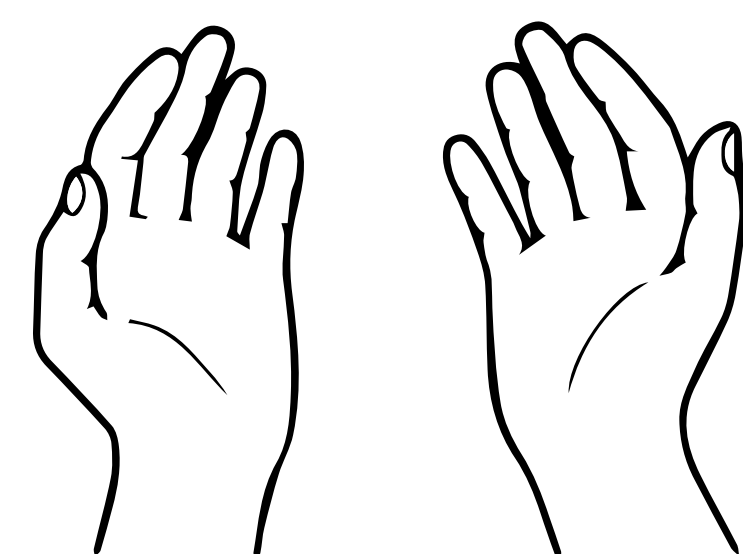
- Rinse hands in water



- Dry hands thoroughly with single-use towel



- Use towel to turn off faucet



- Your hands are now safe