

YOU CAN PREVENT INFECTIONS: SAFE BLOOD GLUCOSE CHECKS

Did you know that you can be exposed to viruses like hepatitis B, hepatitis C, and HIV when performing blood glucose checks? Bloodborne pathogens can be transmitted by contaminated equipment, supplies, or hands. You can protect yourself and your patients/residents by always using safe injection practices when you do blood glucose checks.



KEY INFECTION PREVENTION REMINDERS

- 1 Dedicate** blood glucose meters to a single patient/resident, when possible



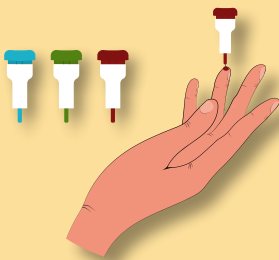
- 2 Perform** hand hygiene before putting on and after removing gloves with each fingerstick procedure



- 3 Check** patient/resident identification and testing orders



- 4 Use** single-use safety lancets



- 5 Dispose** used lancets after each use in a sharps bin



- 6 Clean and disinfect** shared blood glucose meters after every use per manufacturer's instructions

• *If the manufacturer does not provide instructions for cleaning and disinfection, it cannot be shared*



- 7 Store** disinfected blood glucose meters in a clean area

• *Dedicated blood glucose meters should be stored in the patient/resident's room to prevent use on others*



Virginia Department of Health
Injection Safety Resources

