## YOU CAN PREVENT INFECTIONS: PREPARING AND ADMINISTERING INJECTIONS SAFELY

Did you know that you can expose yourself and patients/ residents to bacteria or other bloodborne pathogens through contaminated injectable medications, needles, or syringes? Protect yourself and your patients/residents by always using safe injection practices when preparing and giving injections.



## **KEY INFECTION PREVENTION REMINDERS**

## ALWAYS

Prepare injections in a clean area away from potential sources of contamination



- Perform hand hygiene before preparing & before and after administering medication
- **3 Disinfect** the top of the vial with an alcohol prep pad



4 Limit the use of multi-dose vials and dedicate them to a single patient/resident whenever possible



5 Use single-dose vials for injectable medications when possible



6 Wear a facemask when placing a catheter or injecting medication into the epidural or subdural space



## NEVER

Never share insulin pens



Never reuse needles or syringes to draw up medication, even when getting more doses for the same patient/resident



Never reuse needles and syringes for injection, even on the same patient/resident



Never use bags or bottles of intravenous solution for a common source of supply for more than one patient/resident



Never use singledose or single-use vials for more than one patient/resident



Never bring multidose vials used for more than one patient/resident into

care areas

Virginia Department of Health Injection Safety Resources





