



**Let's Get Started:** Shine a light on infection prevention with one of these engaging activities that brings hidden risks and smart practices into focus.

**Supplies:** You can mix and match supplies based on your goals and what's available.

- **Glowing Element:** Commercial UV reactive products offer consistent glow, but laundry detergent with optical brighteners may also work in a pinch. Test your process and product before using it during training.
- **UV Light:** Hand-held UV flashlight or blacklight.
- **Additional Supplies:** Soap, sink, disinfecting supplies, timer, gloves, PPE, blackout curtains, high-touch items (e.g., clipboards, pens).

### Step-By-Step Glowing Infection Prevention Education Guide

#### 1. Get Glowing

- **Hands:** Have the participants rub glowing lotion on all surfaces of their hands.
- **Surfaces and PPE:** Spray or spread glowing lotion onto surfaces, PPE, or shared items. For surfaces, focus on high-touch items like doorknobs, light switches, and bedrails.

#### 2. Glow Through the Motions

- **For hand hygiene:** Have learners wash hands as usual.
- **For PPE:** Ask learners to put on or take off gloves, gown, face protection, etc.
- **For surface cleaning:** Have staff do a routine cleaning using regular supplies.

#### 3. Reveal the Results:

- Dim lights and use a UV light to expose any glowing material left behind
- What areas were missed or contaminated and are glowing?
- What habits or processes can be improved in the future?

### Engagement Boosters

- **Compare methods:** Try different handwashing durations or surface cleaners.
- **Create competition:** Who can leave the least glow behind the fastest?
- **Glow trails:** Track how “germs” spread from one person or object to another by secretly “contaminating” a pen or shared object with glow product.
- **Sneeze you later:** Use a glow spray to simulate droplet splatter pattern.