Coming to work sick doesn’t make you a hero.

Go home!

Rest! Let people know to stay away for 14 days.

If you have to be around others, wear a mask, bandana or scarf around your nose and mouth.

If it’s hard to breathe or you have a high fever, call your doctor or go to the ER.

VIRGINIA’S HEALTH IS IN OUR HANDS.
Do your part, stop the spread.
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