I was sick with COVID-19
It is safe to end home isolation when:
→ At least 5 days have passed since your symptoms first appeared AND
→ You haven’t had a fever for at least 24 hours (without the use of medication) and other signs of illness are improving.

I was diagnosed with COVID-19 but never became sick
It is safe to end home isolation when:
→ At least 5 days have passed since the day your test specimen was collected.
→ If you end isolation after 5 days, you should follow all other recommendations and wear a well-fitting mask when around others for an additional 5 days.

The person I was in contact with lives outside my home
VDH recommends that you quarantine (stay home) for at least 5 days after your last close contact with the person with COVID-19.

The person I was in contact with lives with me
If you are not able to separate completely from the person with COVID-19, VDH recommends that you quarantine (stay home) for 5 days after the person with COVID-19 was allowed to end isolation.

Get tested
At about 5 days after your last exposure. If you had COVID-19 in the last 6 months you do not need testing. If you end quarantine after 5 days, you should still monitor for symptoms, follow all other recommendations and wear a well-fitting mask when around others for an additional 5 days.