**Virginia Department of Health: Recommendations for Meat and Poultry Plant Workers Tested for COVID-19**

<table>
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<th>COVID-19 PCR Test Result</th>
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| Positive                 | Symptomatic            | Worker is excluded from workforce and isolated from others.  
Return to work based on CDC’s symptom-based criteria for discontinuation of isolation:  
- At least 10 days have passed since symptoms first appeared;  
  *and,*  
- At least 24 hours have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement of other symptoms (e.g., cough, shortness of breath). |
| Positive                 | Asymptomatic           | Worker is excluded from workforce and quarantined from others. Self-monitor for symptom development.  
Return to work based on CDC’s time-based criteria for discontinuation of isolation:  
- At least 10 days have passed since the date of the positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test.  
- If they develop symptoms, then the symptom-based strategy should be used. |
| Negative                 | Symptomatic            | Worker is excluded from workforce and isolated from others.  
If an alternate diagnosis is provided, return to work criteria should be based on that diagnosis. In the absence of an alternate diagnosis, return to work based on CDC’s symptom-based criteria for discontinuation of isolation:  
- At least 10 days have passed since symptoms first appeared;  
  *and,*  
- At least 24 hours have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement of other symptoms (e.g., cough, shortness of breath). |
| Negative                 | Asymptomatic, assessed as a case contact | Ideally, worker is excluded from workforce and quarantined from others for 14 days after exposure.  
If necessary for maintaining critical infrastructure capacity, continue working following CDC and VDH Guidance for Meat and Poultry Processing Plant Workers.  
Self-monitor for symptom development. Persons who develop symptoms should be isolated and the symptom-based strategy for return to work should be used. |
| Negative                 | Asymptomatic, assessed as unexposed | Continue working following CDC and VDH Guidance for Meat and Poultry Processing Plant Workers.  
Self-monitor for symptom development. Persons who develop symptoms should be isolated and the symptom-based strategy for return to work should be used. |