

Network Systems  
Science & Advanced  
Computing  
Biocomplexity Institute  
& Initiative  
University of Virginia

# Estimation of COVID-19 Impact in Virginia

October 28<sup>th</sup>, 2020

(data current to October 27<sup>th</sup>)

Biocomplexity Institute Technical report: TR 2020-133



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**BIOCOMPLEXITY** INSTITUTE

[biocomplexity.virginia.edu](https://biocomplexity.virginia.edu)

# About Us

- Biocomplexity Institute at the University of Virginia
  - Using big data and simulations to understand massively interactive systems and solve societal problems
- Over 20 years of crafting and analyzing infectious disease models
  - Pandemic response for Influenza, Ebola, Zika, and others



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# Overview

- **Goal:** Understand impact of COVID-19 mitigations in Virginia
- **Approach:**
  - Calibrate explanatory mechanistic model to observed cases
  - Project infections through December
  - Consider a range of possible mitigation effects in "what-if" scenarios
- **Outcomes:**
  - Ill, Confirmed, Hospitalized, ICU, Ventilated, Death
  - Geographic spread over time, case counts, healthcare burdens

# Key Takeaways

Projecting future cases precisely is impossible and unnecessary.

Even without perfect projections, we can confidently draw conclusions:

- **Virginia remains steady while many states surge, mixed districts.**
- VA weekly incidence (12.1/100K) is steady and below the growing national average (27/100K).
- Projections are mostly up, but many districts continue to decline.
- Recent updates:
  - Planning Scenarios adjusted, as Adaptive Fitting tracks recent surge, to represent population's ability to exert further control on transmission following Thanksgiving holidays, Nov 26<sup>th</sup>.
  - Case ascertainment parameters now bounded by updated seroprevalence data.
- The situation is changing rapidly. Models will be updated regularly.

# Situation Assessment

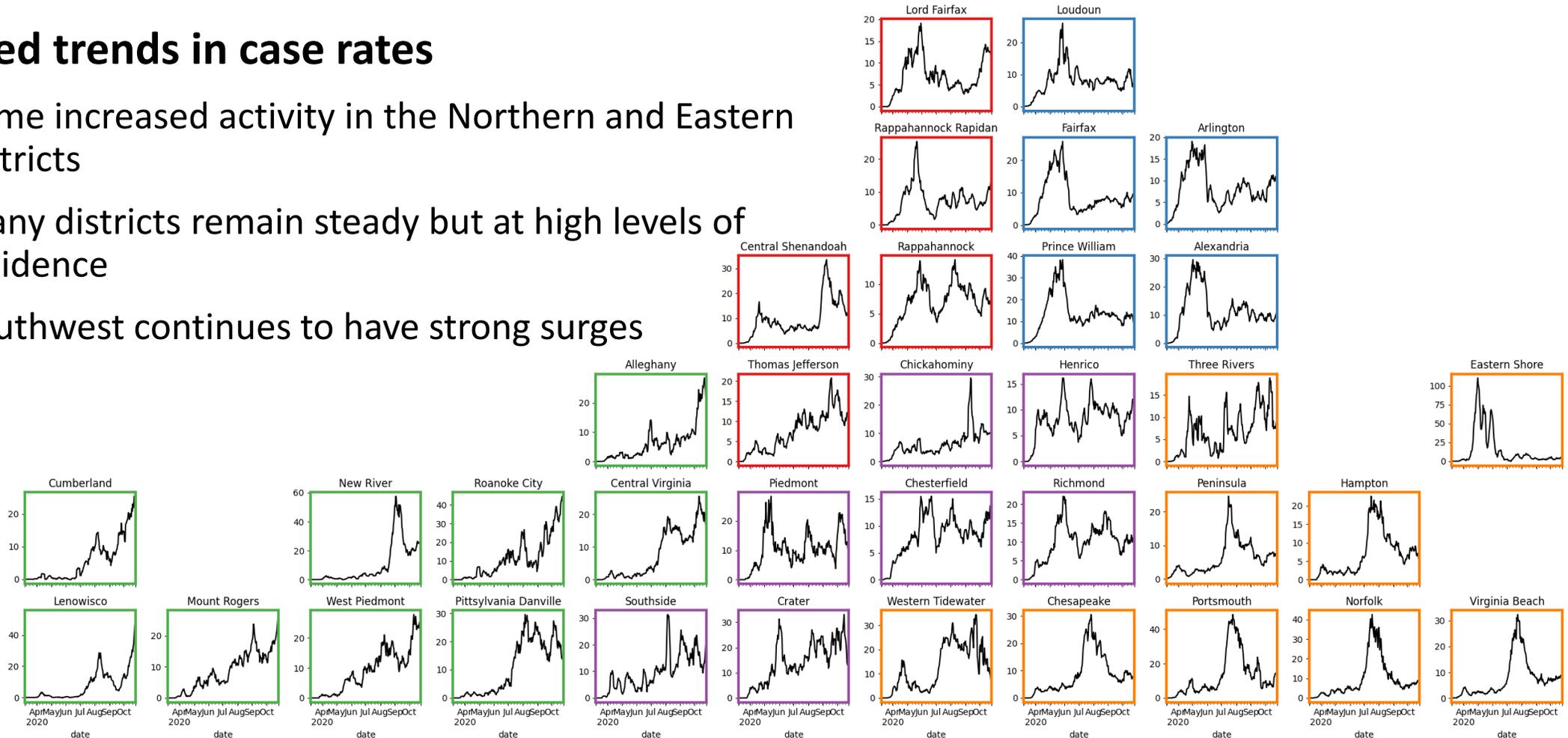
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# Case Rate (per 100k) by VDH District

## Mixed trends in case rates

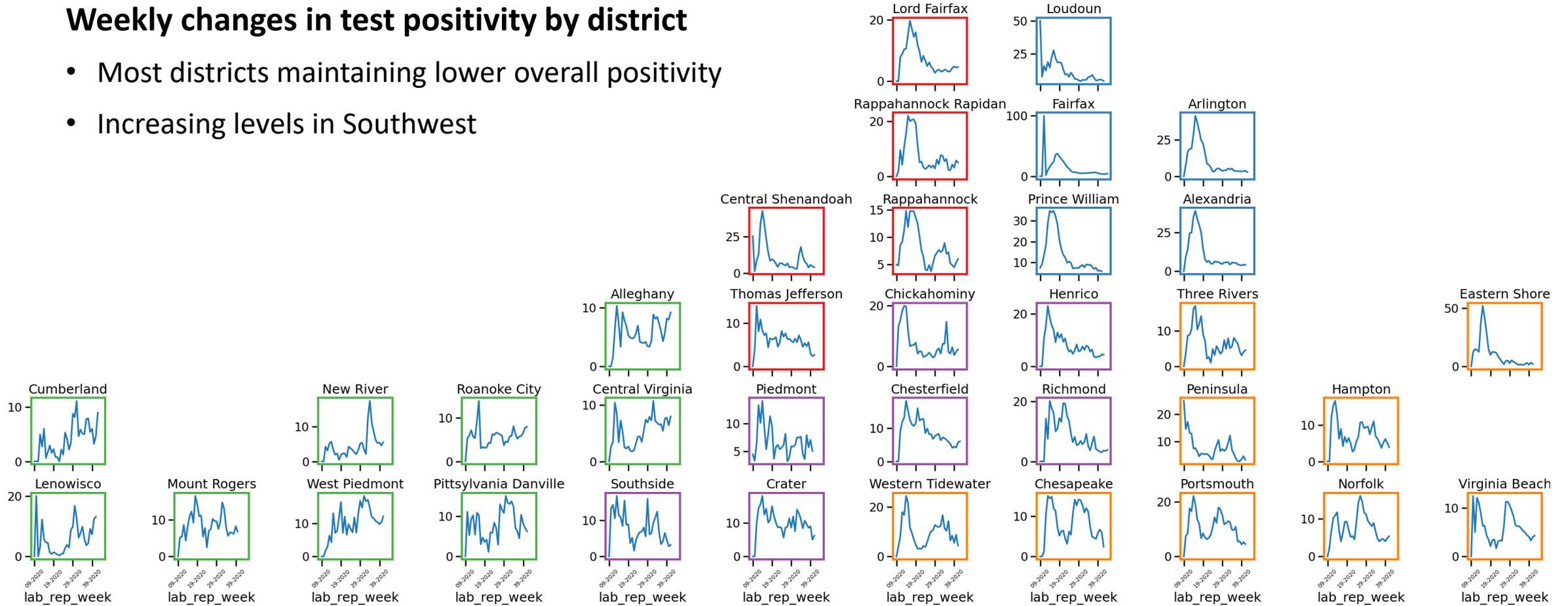
- Some increased activity in the Northern and Eastern districts
- Many districts remain steady but at high levels of incidence
- Southwest continues to have strong surges



# Test Positivity by VDH District

## Weekly changes in test positivity by district

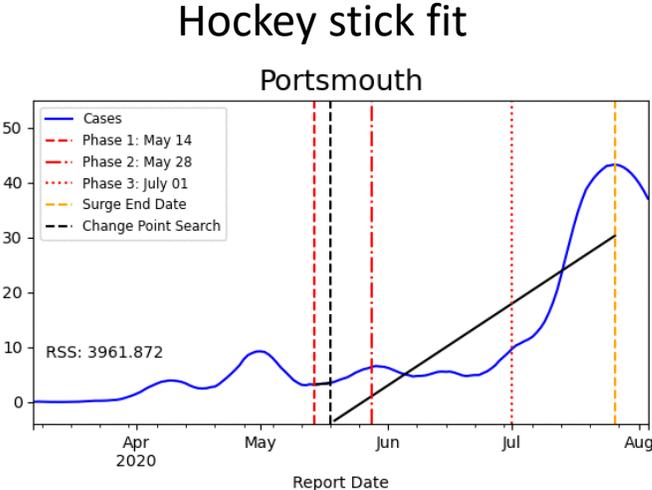
- Most districts maintaining lower overall positivity
- Increasing levels in Southwest



# District Trajectories

**Goal:** Define epochs of a Health District’s COVID-19 incidence to characterize the current trajectory

**Method:** Find recent peak and use hockey stick fit to find inflection point afterwards, then use this period’s slope to define the trajectory



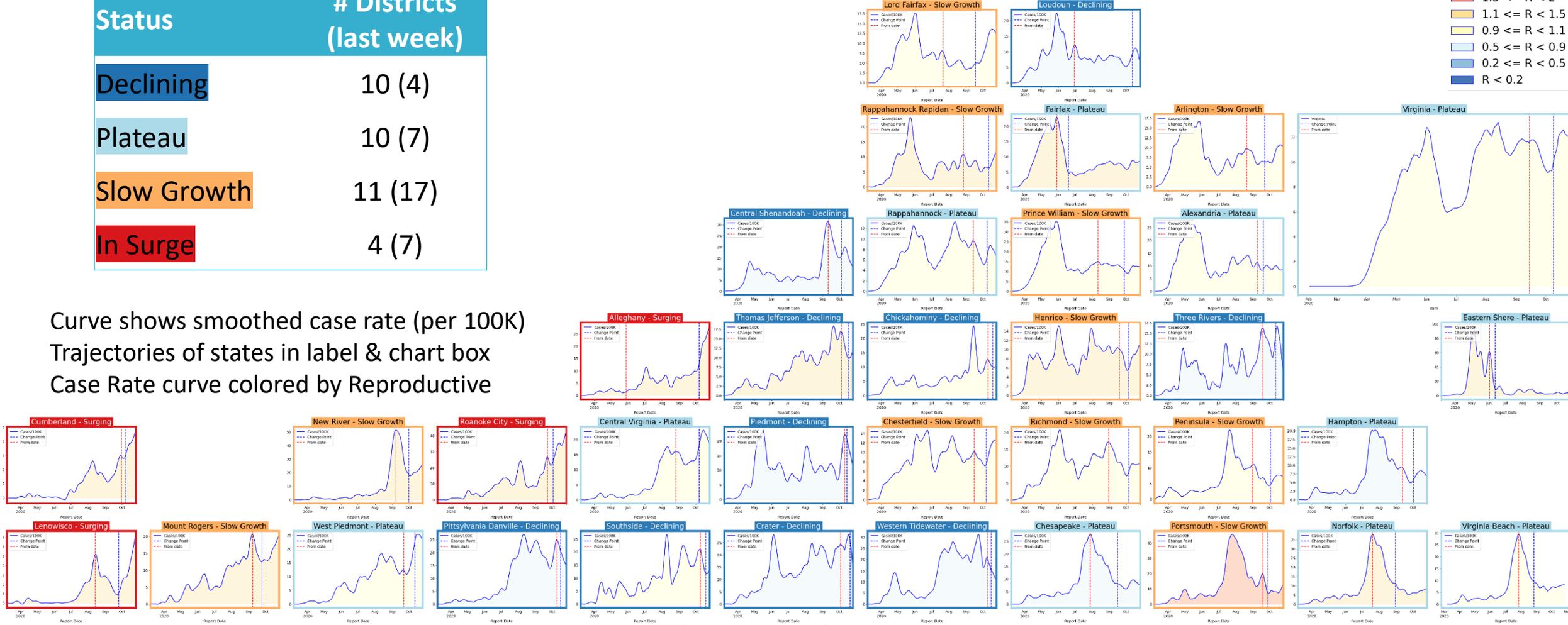
Trajectory	Description	Weekly Case Rate (per 100K) bounds	# Districts (last week)
<b>Declining</b>	Sustained decreases following a recent peak	below -0.9	10 (4)
<b>Plateau</b>	Steady level with minimal trend up or down	above -0.9 and below 0.5	10 (7)
<b>Slow Growth</b>	Sustained growth not rapid enough to be considered a Surge	above 0.5 and below 2.5	11 (17)
<b>In Surge</b>	Currently experiencing sustained rapid and significant growth	2.5 or greater	4 (7)

# District Trajectories

Status	# Districts (last week)
Declining	10 (4)
Plateau	10 (7)
Slow Growth	11 (17)
In Surge	4 (7)



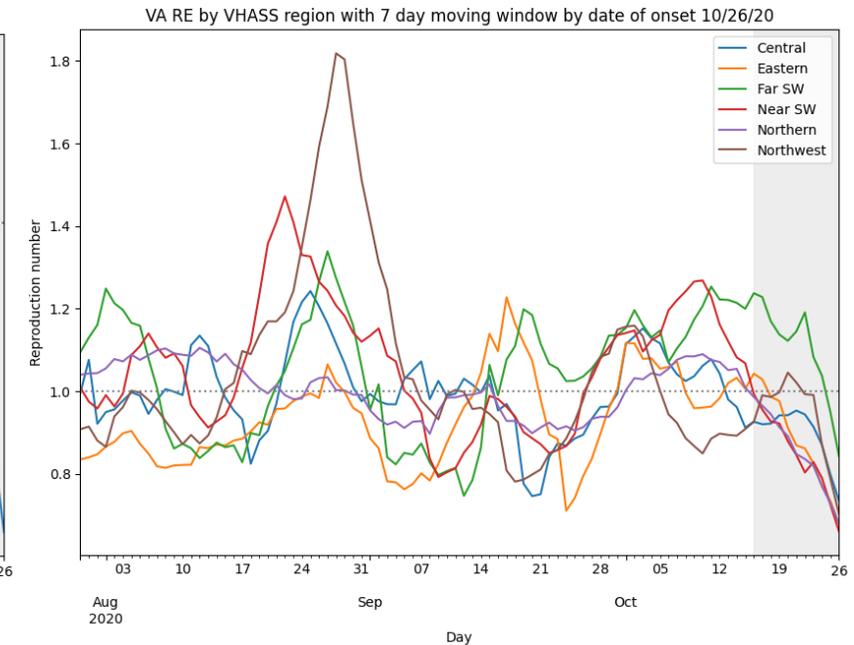
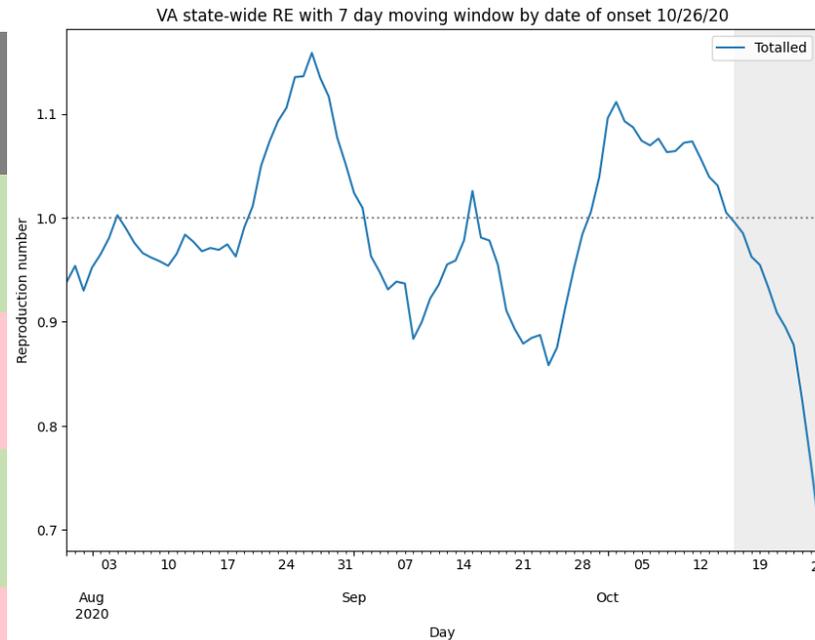
Curve shows smoothed case rate (per 100K)  
 Trajectories of states in label & chart box  
 Case Rate curve colored by Reproductive



# Estimating Daily Reproductive Number

## October 17<sup>th</sup> Estimates

Region	Current $R_e$	Diff Last Week
State-wide	0.968	-0.069
Central	0.912	-0.131
Eastern	1.042	0.114
Far SW	1.230	0.063
Near SW	0.976	-0.264
Northern	0.970	-0.061
Northwest	0.917	0.085



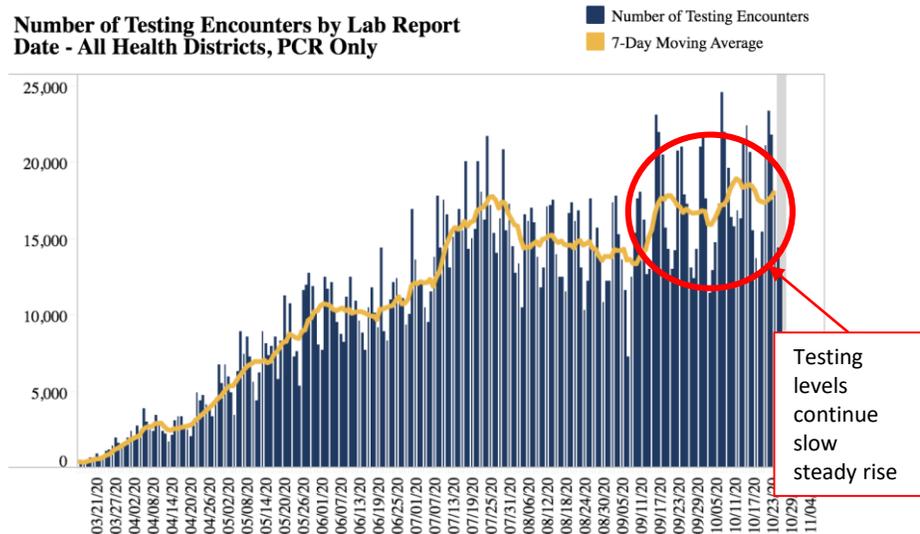
### Methodology

- Wallinga-Teunis method (EpiEstim<sup>1</sup>) for cases by date of onset
- Serial interval: 6 days (2 day std dev)
- Recent estimates may be unstable due to backfill

1. Anne Cori, Neil M. Ferguson, Christophe Fraser, Simon Cauchemez. A New Framework and Software to Estimate Time-Varying Reproduction Numbers During Epidemics. American Journal of Epidemiology, Volume 178, Issue 9, 1 November 2013, Pages 1505–1512, <https://doi.org/10.1093/aje/kwt133>

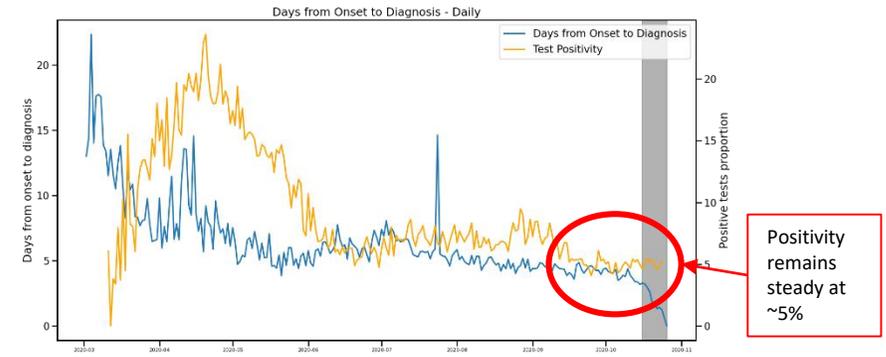
# Changes in Case Detection

Timeframe (weeks)	Mean days	% difference from overall mean
April (13-16)	8.6	48%
May (17-21)	5.6	-3%
June (22-25)	5.9	2%
July (26-30)	6.3	8%
Aug (31-34)	4.8	-17%
Sept (35-38)	4.4	-25%
Oct (39-40)	4.0	-30%
Overall (13-37)	5.8	0%

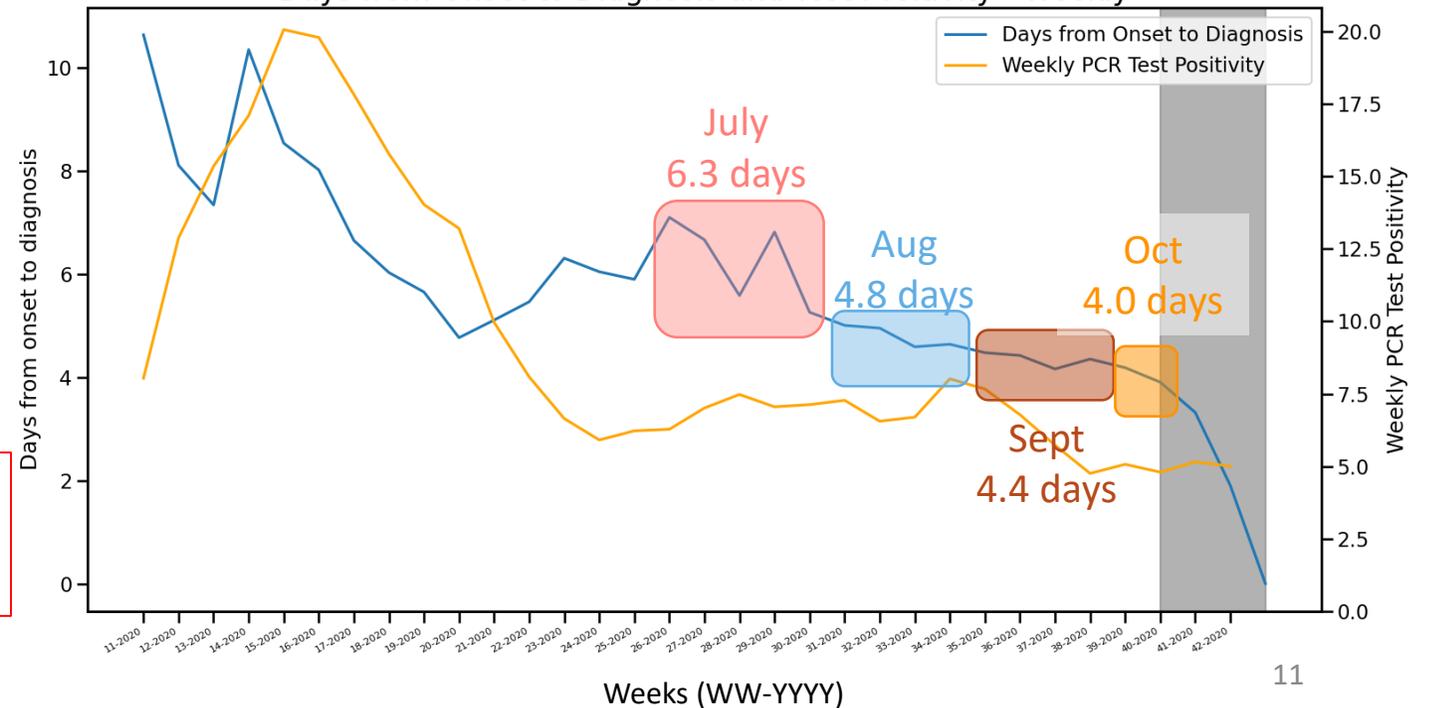


Accessed 9:00am October 28, 2020  
<https://www.vdh.virginia.gov/coronavirus/>

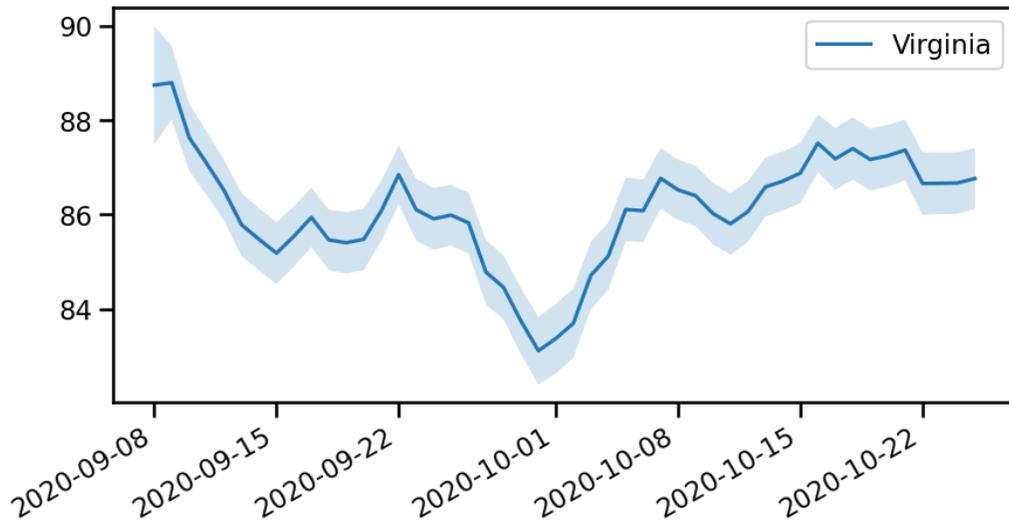
## Test positivity vs. Onset to Diagnosis



## Days from Onset to Diagnosis and Test Positivity - Weekly



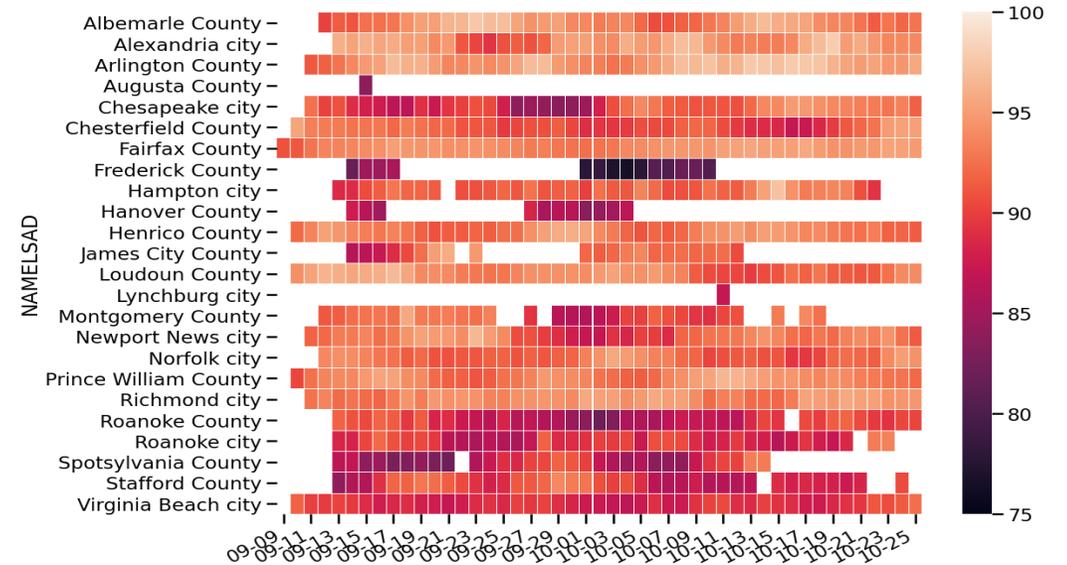
# Mask usage in Virginia



State level mask usage as reported via Facebook surveys over the past month shows ranges from 83% to 89%

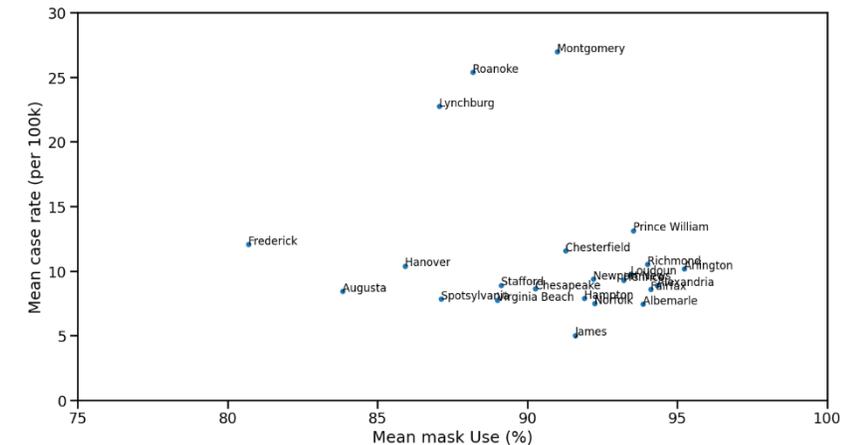
- Relatively stable over time
- Limited variance across the commonwealth
- ~3000 daily responses from VA.

Data Source: <https://covidcast.cmu.edu>



Some county level fluctuations since beginning of Sept., though data quality may be affected by sample sizes.

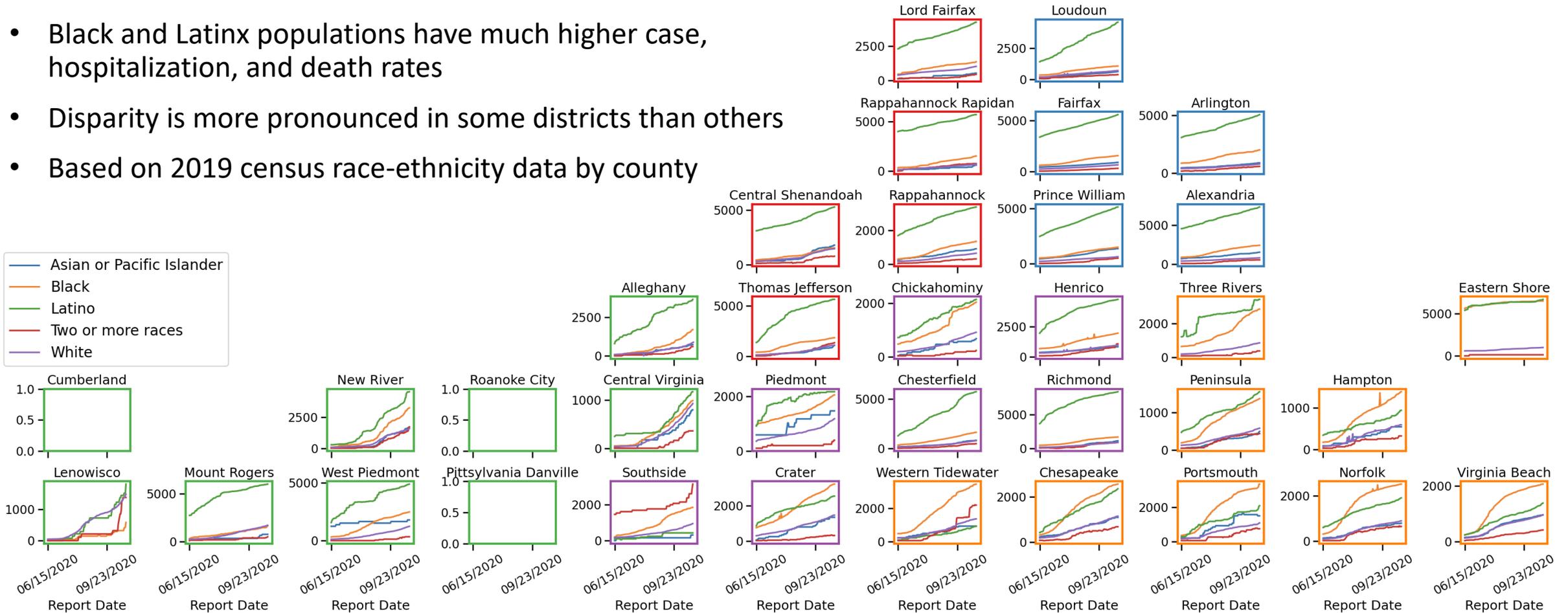
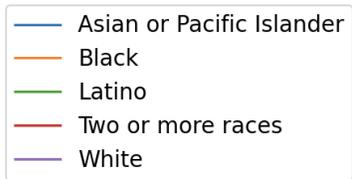
Correlations seen at national level with mask use and case rate not emerging across VA counties, reflecting high use across commonwealth



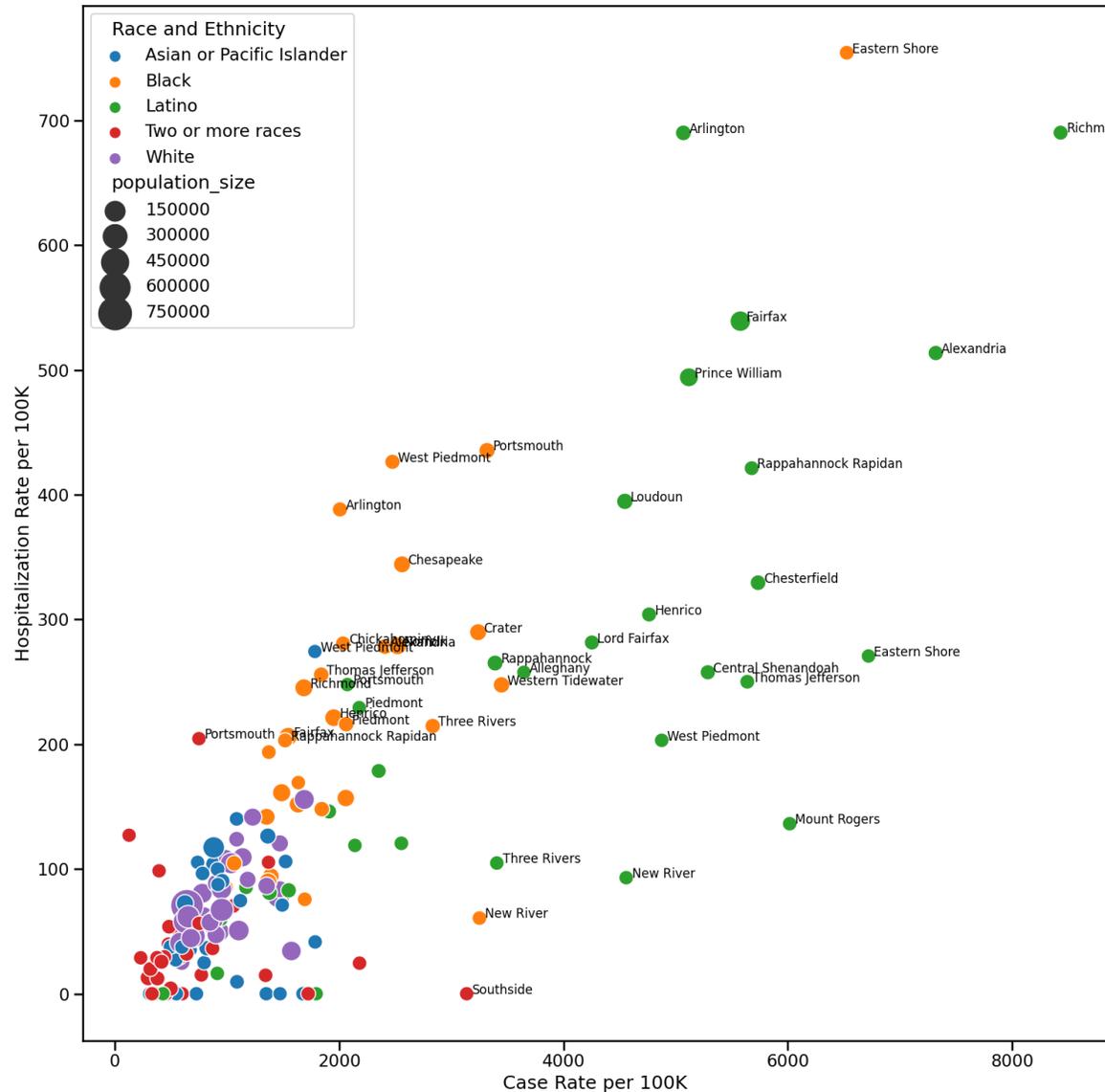
# Race and Ethnicity Attack Rates (per 100K)

## Cumulative Race and Ethnicity Attack Rates (per 100k)

- Black and Latinx populations have much higher case, hospitalization, and death rates
- Disparity is more pronounced in some districts than others
- Based on 2019 census race-ethnicity data by county



# Race and Ethnicity cases per 100K



## Rates per 100K of each Racial-Ethnic population by Health District

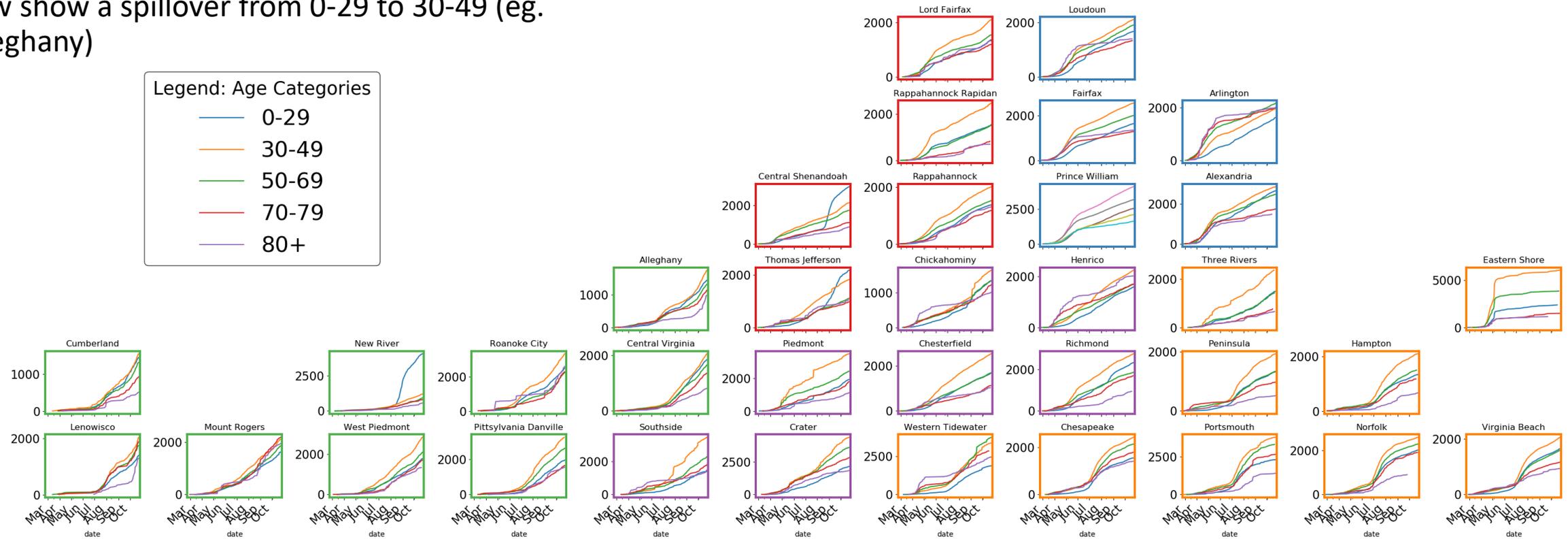
- Each Health District's Racial-Ethnic population is plotted by their Hospitalization and Case Rate
- Points are sized based on their overall population size
- Overlapping labels removed for clarity

# Age-Specific Attack Rates (per 100K)

## Cumulative Age-specific Attack Rates (per 100k)

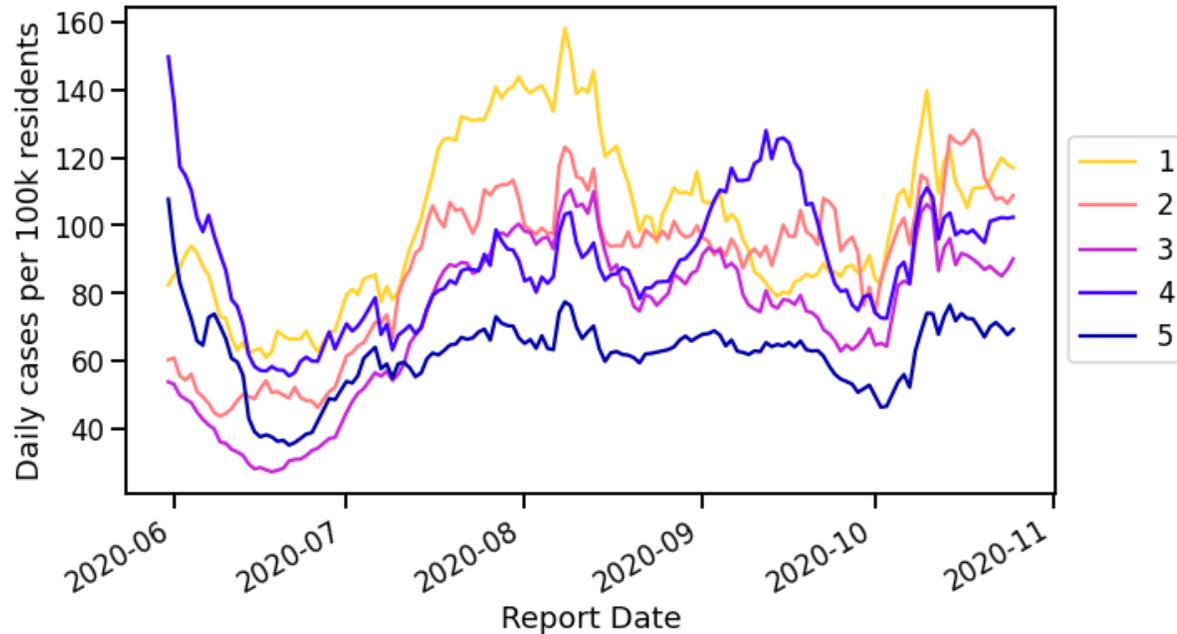
- Younger age groups outpace older in many districts
- Some districts with previous surge in young cases now show a spillover from 0-29 to 30-49 (eg. Alleghany)

Age-adjusted Cumulative Prevalence Rate Per 100k District Population



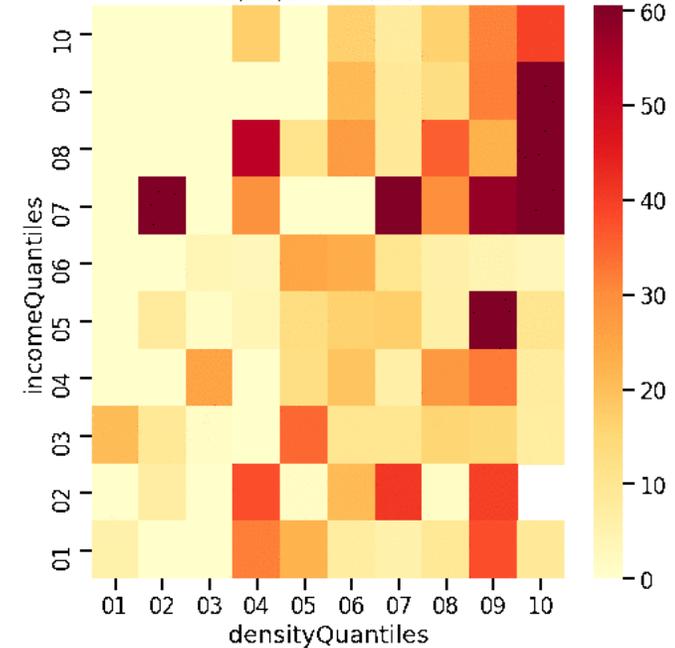
# Impact across Density and Income

VDH 7-day moving average rate of new COVID-19 cases by zip code average household income (dollars/ household years) quantile



Shift back to higher income zip codes partially driven by surges in areas surrounding universities, which has since receded with the lower 40% bearing higher rates of disease

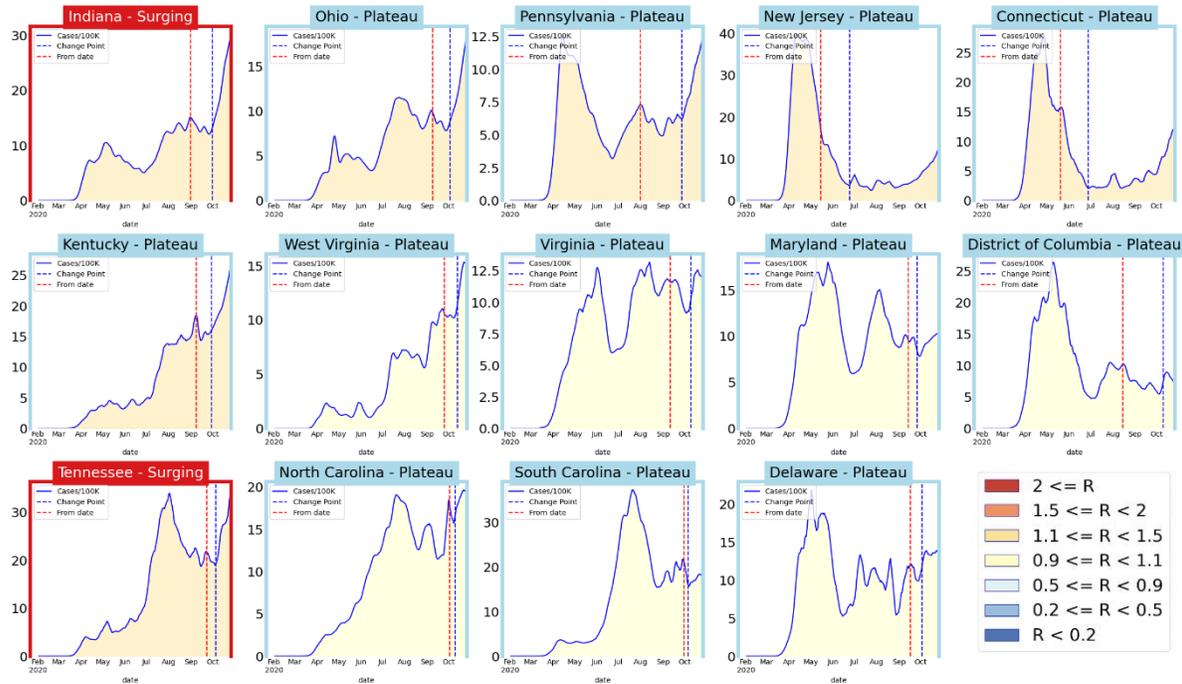
VDH mean cases per 100k by zip code population density (person/ sq mile) and average household income (dollars/ household years) quantiles 05/15/20 - 05/21/20



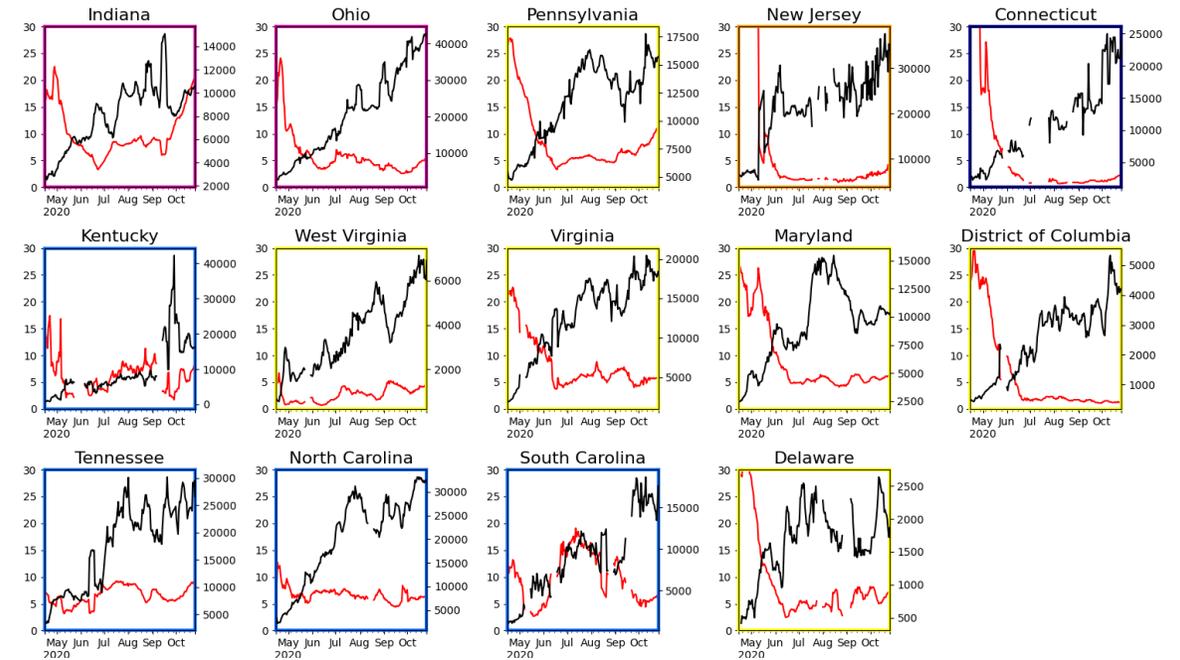
Can see the evolution from denser and wealthier zip codes to poorer and less dense zip codes, then back to denser wealthier zip codes, with an additional shift back again to poorer and less dense areas

# Other State Comparisons

## Trajectories of States



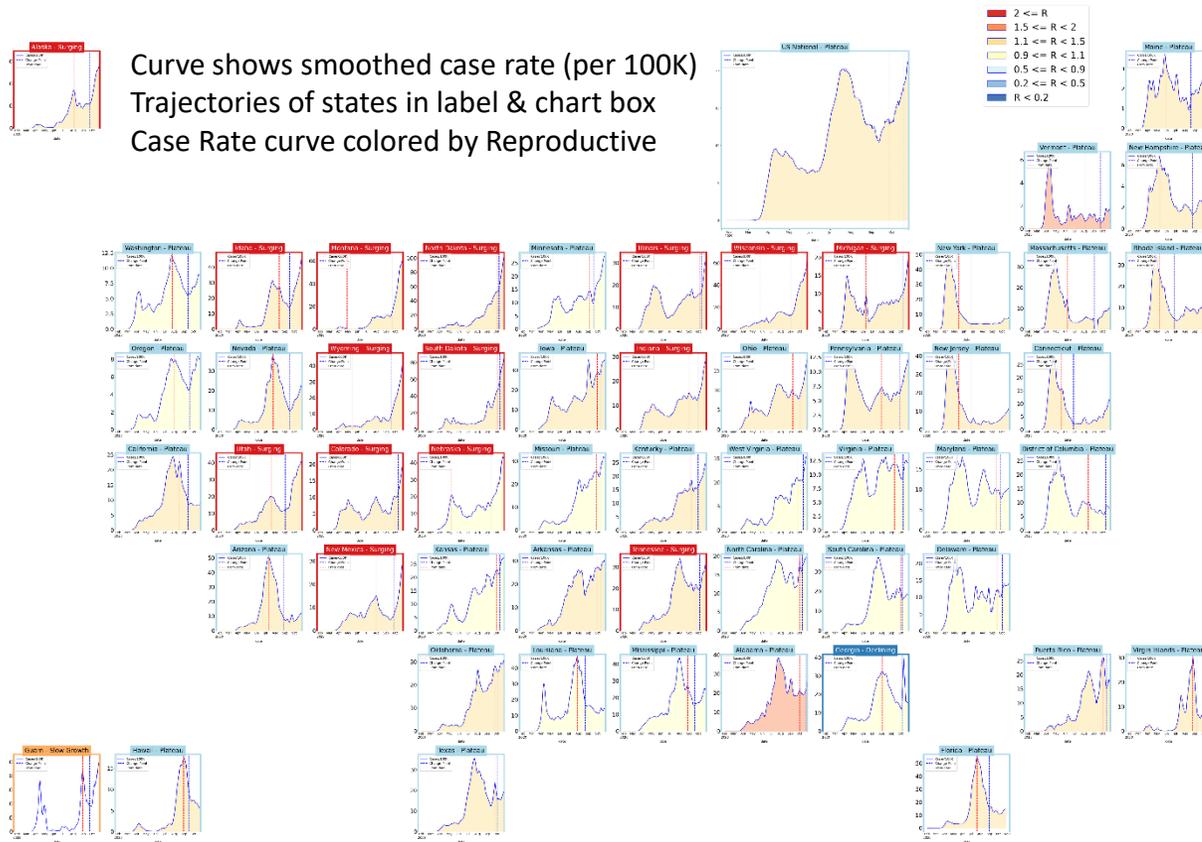
## Tests per Day and Test Positivity



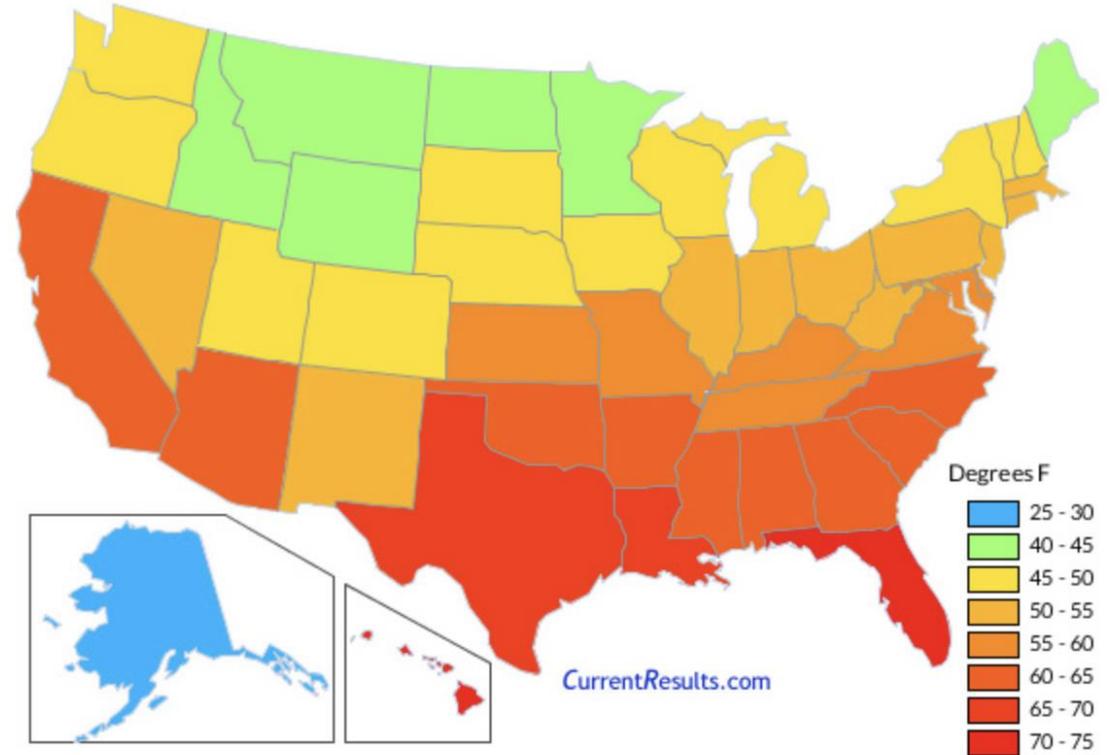
- VA and other mid-Atlantic states in plateaus with signs of growth
- TN and IN remain in surge (along 15 others across nation)
- Most of the Mid-Atlantic at or above 10/100K

- Test positivity mixed, VA's declining rate has slowed.
- Testing volumes remain steady and relatively high

# Growth Associated with Temperature and Humidity



Fall Average State Temperatures



<https://www.currentresults.com/Weather/US/state-temperature-maps-seasonal.php>

- As weather cools and humidity drops, COVID-19 survival and chance of transmission may rise.
- This may be contributing, with other factors, to the rise in cases in plains and Midwest as well as Northeast

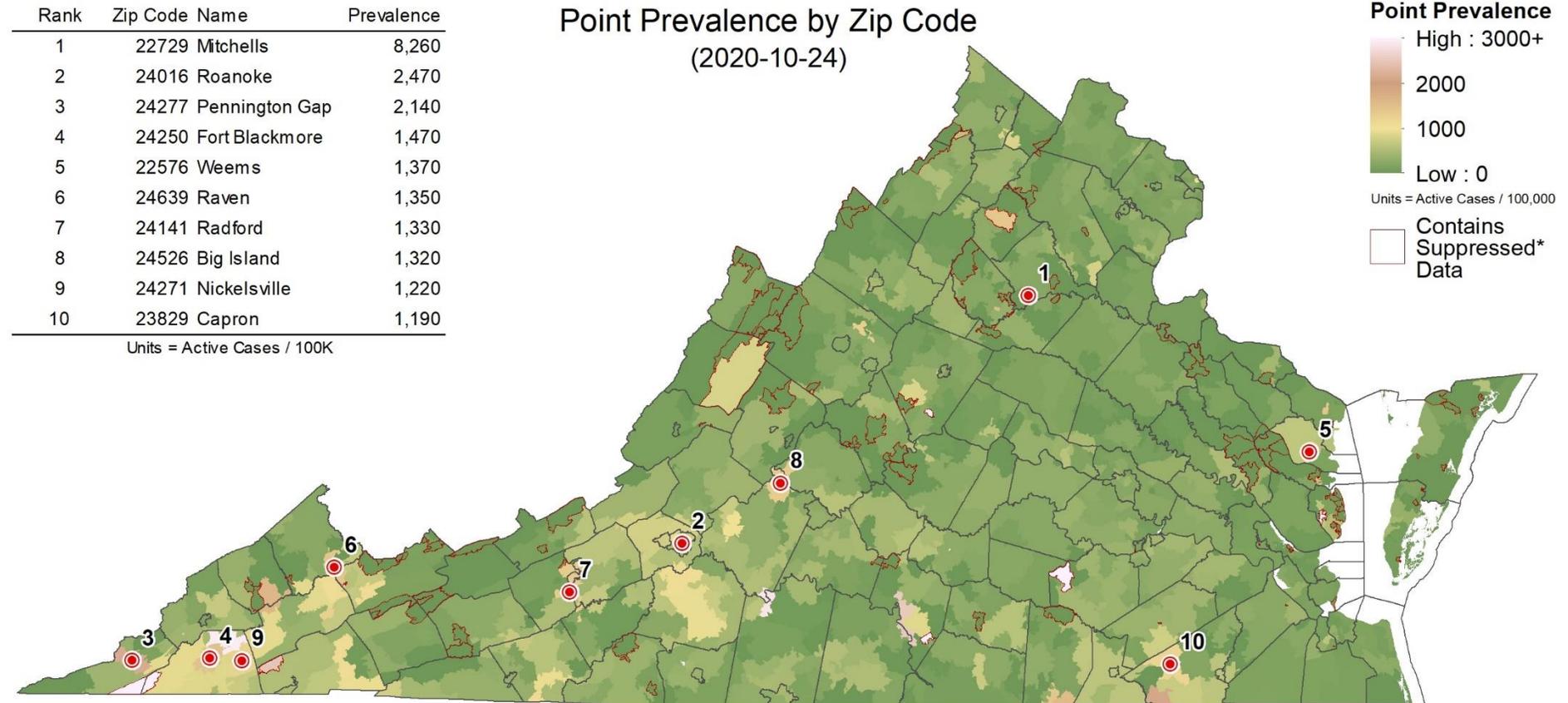
# Zip code level weekly Case Rate (per 100K)

## Case Rates in the last week by zip code

- Concentrations of very high prevalence in some zip codes
- Trend back towards very high rates in a few zips and lower in surrounding areas
- Southwest has considerable concentration of high prevalence zips
- Some counts are low and suppressed to protect anonymity, those are shown in white

Rank	Zip Code Name	Prevalence
1	22729 Mitchells	8,260
2	24016 Roanoke	2,470
3	24277 Pennington Gap	2,140
4	24250 Fort Blackmore	1,470
5	22576 Weems	1,370
6	24639 Raven	1,350
7	24141 Radford	1,330
8	24526 Big Island	1,320
9	24271 Nickelsville	1,220
10	23829 Capron	1,190

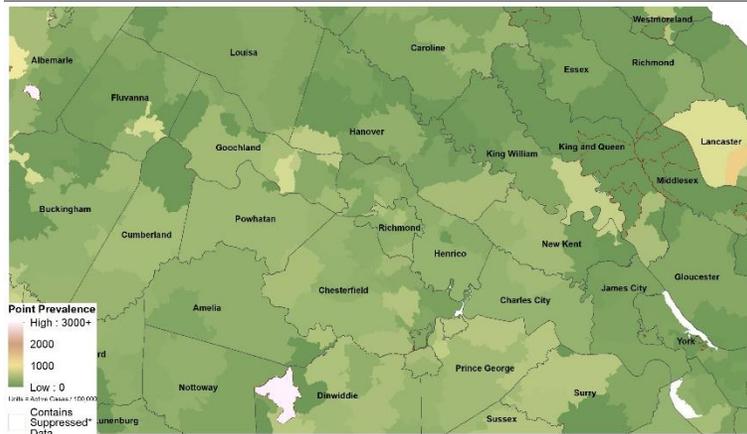
Units = Active Cases / 100K



# Zip code level weekly Case Rate (per 100K)

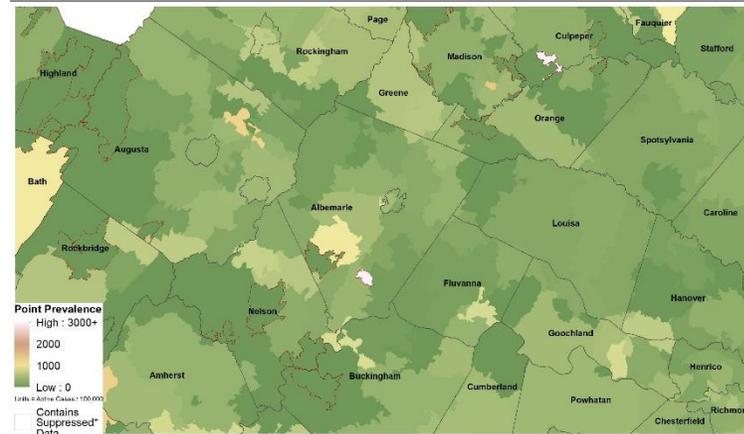
## Richmond

Point Prevalence by Zip Code  
2020-10-18 to 2020-10-24



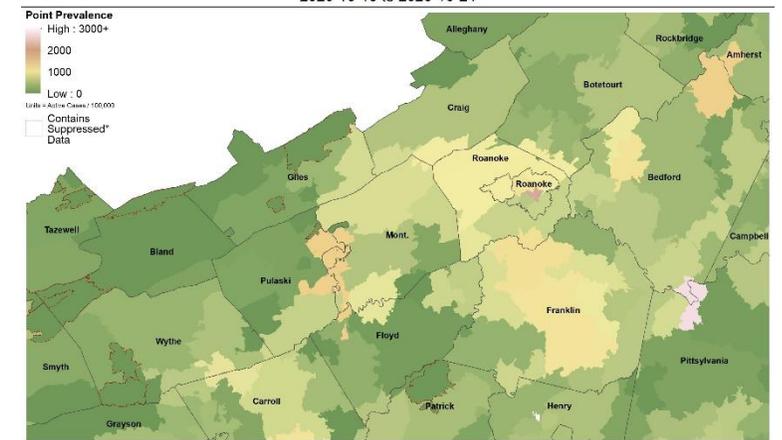
## Albemarle

Point Prevalence by Zip Code  
2020-10-18 to 2020-10-24



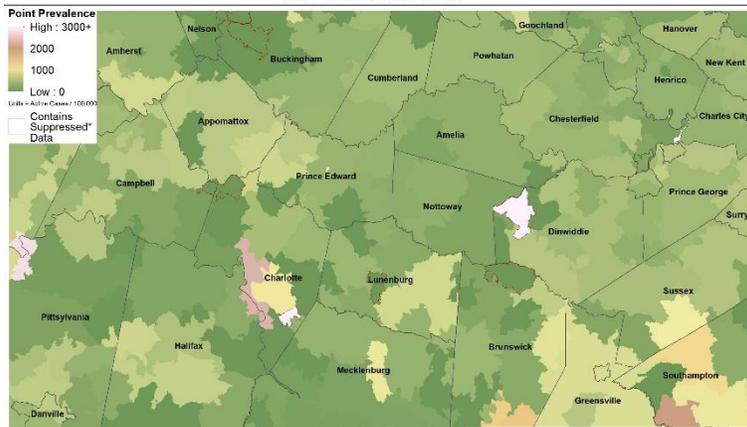
## New River Valley

Point Prevalence by Zip Code  
2020-10-18 to 2020-10-24



## Southside

Point Prevalence by Zip Code  
2020-10-18 to 2020-10-24



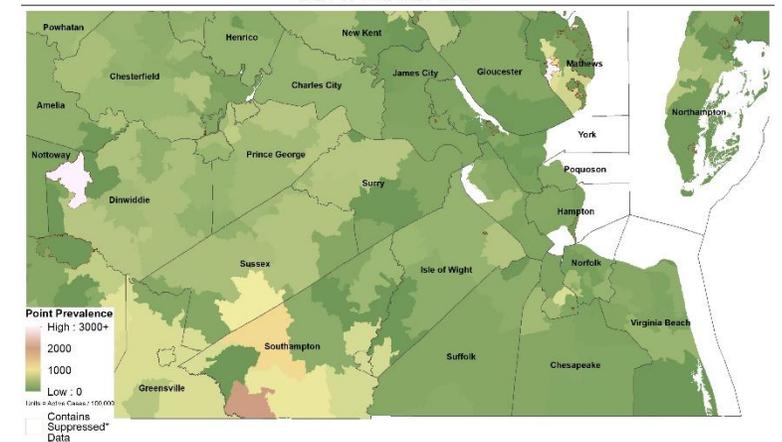
## Three Rivers

Point Prevalence by Zip Code  
2020-10-18 to 2020-10-24



## Tidewater

Point Prevalence by Zip Code  
2020-10-18 to 2020-10-24

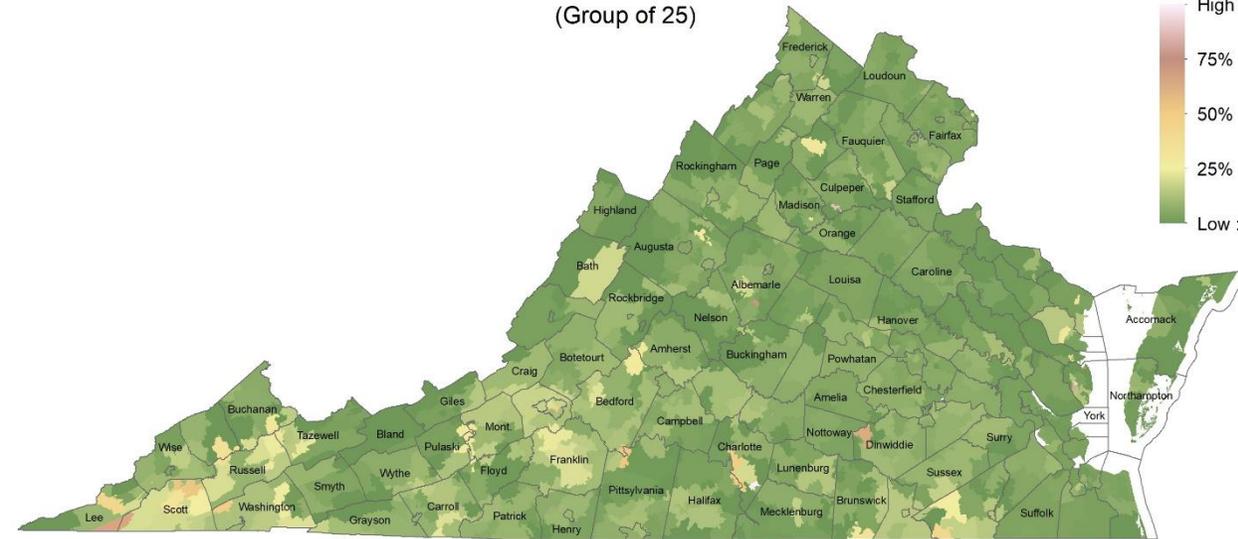
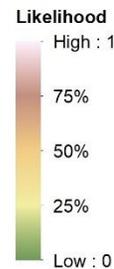


# Risk of Exposure by Group Size

**Case Prevalence in the last week by zip code used to calculate risk of encountering someone infected in a gathering of randomly selected people (group size 25 or 50)**

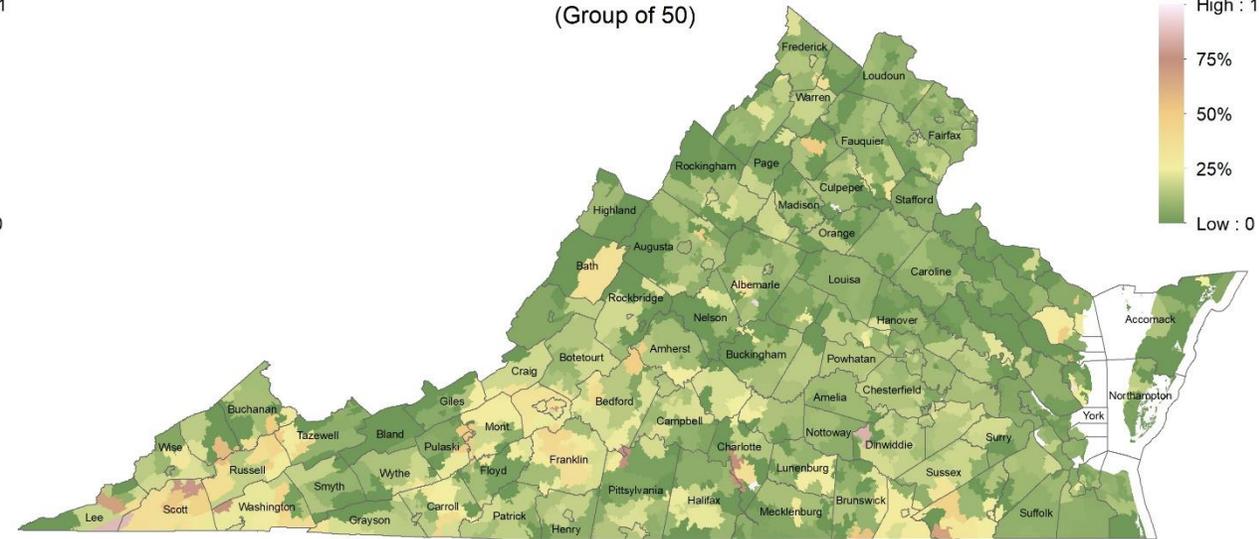
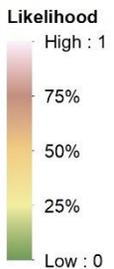
- Assumes 3 undetected infections per confirmed case (ascertainment rate from recent seroprevalence survey)
- Moderate risk for groups of 50 across the commonwealth, especially in the southern half of the state
- Some zip codes have high likelihood of exposure even in groups of 25

Likelihood of  $\geq 1$  Infected Members  
(Group of 25)



Based on zip code point prevalence for week ending 2020-10-24

Likelihood of  $\geq 1$  Infected Members  
(Group of 50)

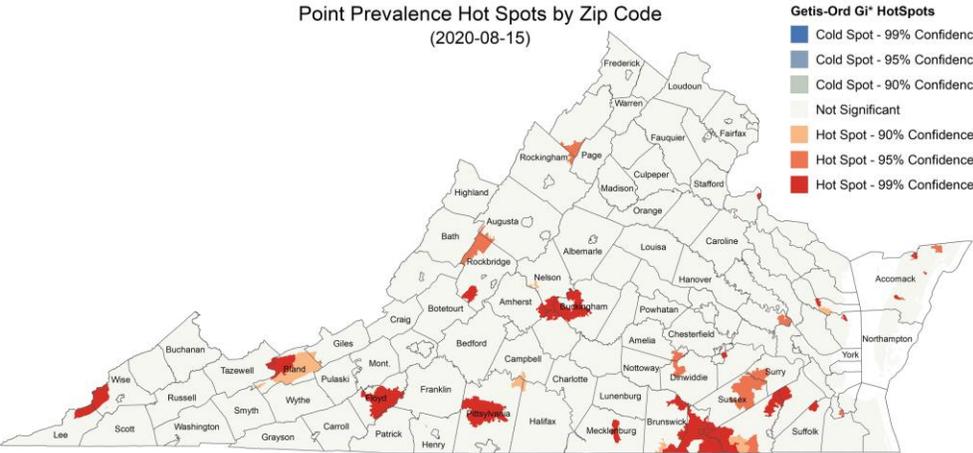


Based on zip code point prevalence for week ending 2020-10-24

# Zip Code Hot Spots

## Previous weeks

Point Prevalence Hot Spots by Zip Code  
(2020-08-15)



Hot Spot Significance	# of Zips (last week)
99%	11 (5)
95%	3 (3)
90%	3 (2)

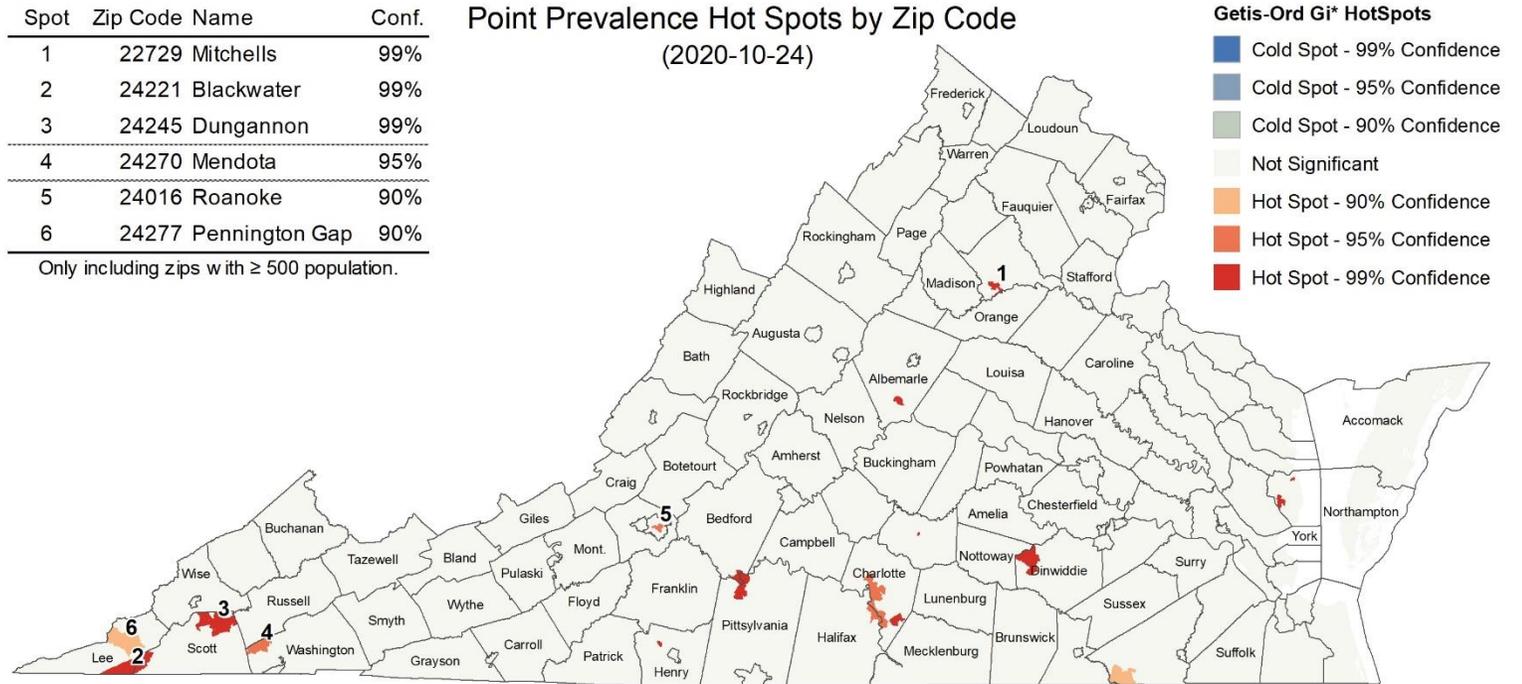
## Hotspots across commonwealth

- Similar number of hotspots this week compared to last week
- Fewer university associated hotspots

Spot	Zip Code	Name	Conf.
1	22729	Mitchells	99%
2	24221	Blackwater	99%
3	24245	Dungannon	99%
4	24270	Mendota	95%
5	24016	Roanoke	90%
6	24277	Pennington Gap	90%

Only including zips with  $\geq 500$  population.

Point Prevalence Hot Spots by Zip Code  
(2020-10-24)



# Model Update – Adaptive Fitting

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# Adaptive Fitting Approach

## Each county fit precisely, with recent trends used for future projection

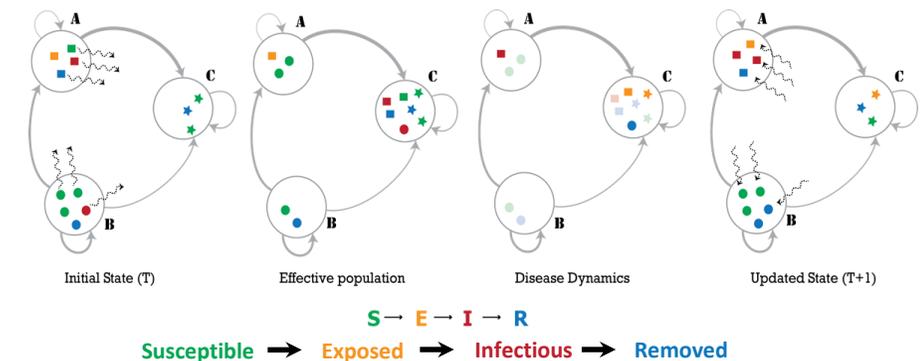
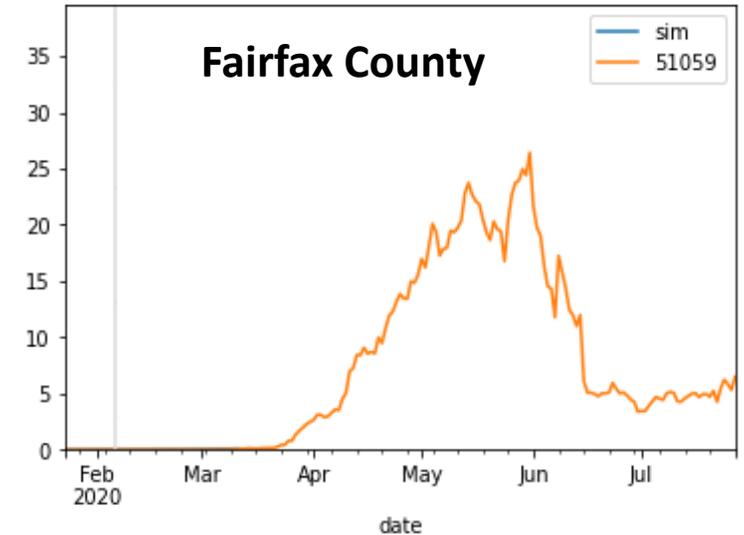
- Allows history to be precisely captured, and used to guide bounds on projections

## Model: An alternative use of the same meta-population model, PatchSim

- Allows for future “what-if” Scenarios to be layered on top of calibrated model
- Eliminates connectivity between patches, to allow calibration to capture the increasingly unsynchronized epidemic

## External Seeding: Steady low-level importation

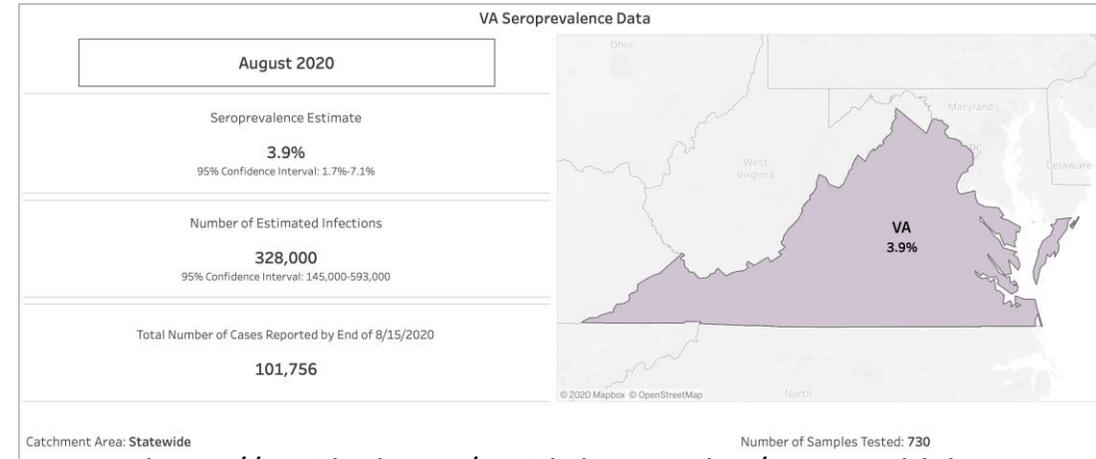
- Widespread pandemic eliminates sensitivity to initial conditions
- Uses steady 1 case per 10M population per day external seeding



# Seroprevalence updates to model design

**Several seroprevalence studies provide better picture of how many actual infections have occurred**

- Virginia Serology Study estimated 2.4% of Virginians estimated infected (as of Aug 15<sup>th</sup>)
- CDC Nationwide Commercial Laboratory Seroprevalence Survey estimated 3.9% [1.7% – 7.1%] seroprevalence as of Aug 15<sup>th</sup>



<https://covid.cdc.gov/covid-data-tracker/#national-lab>

**These findings are equivalent to an ascertainment ratio of ~3x, with bounds of (1x to 7x)**

- Thus for 3x there are 3 total infections in the population for every confirmed case
- Uncertainty design has been shifted to these bounds (previously higher ascertainment as was consistent earlier in the pandemic were being used)

## Virginia Coronavirus Serology Project Interim findings by region and statewide - July 22, 2020

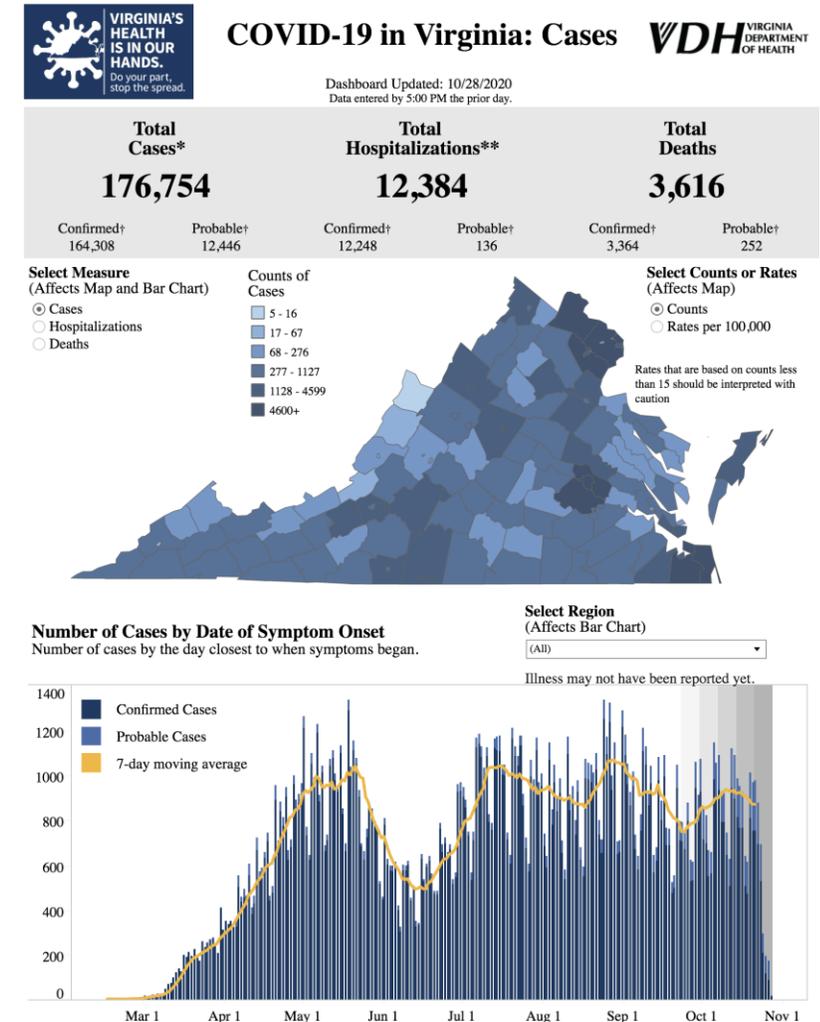
Region	Number of participants	Number antibody positive	Crude prevalence per 100 participants	Weighted prevalence*	
				per 100 population	(95% CI)
Central	400	8	2.0	3.0	(0.5, 5.5)
East	707	9	1.3	1.5	(-0.2, 3.2)
Northern	819	36	4.4	4.2	(2.5, 5.9)
Northwest	756	11	1.5	0.9	(0.2, 1.6)
Southwest	431	3	0.7	1.0	(-0.2, 2.1)
Virginia	3,113	67	2.2	2.4	(1.6, 3.1)

\* Weighted prevalence is reweighted by region, age, sex, race, ethnicity, and insurance status to match census population.

<https://www.vdh.virginia.gov/content/uploads/sites/8/2020/08/VDH-Serology-Projects-Update-8-13-2020.pdf>

# Calibration Approach

- **Data:**
  - County level case counts by date of onset (from VDH)
  - Confirmed cases for model fitting
- **Calibration:** fit model to observed data
  - Tune transmissibility across ranges of:
    - Duration of incubation (5-9 days), infectiousness (3-7 days)
    - Undocumented case rate (1x to 7x) guided by seroprevalence studies
    - Detection delay: exposure to confirmation (4-12 days)
  - Approach captures uncertainty, but allows model to precisely track the full trajectory of the outbreak
- **Project:** future cases and outcomes using the most recent parameters with constraints learned from the history of the fit parameters
  - Mean trend from last 7 days used, adjusted by variances in the previous 3 weeks
  - 1 week interpolation to smooth transitions in rapidly changing trajectories
  - Particles with high error or variance filtered out



Accessed 9:00am October 28, 2020  
<https://www.vdh.virginia.gov/coronavirus/>

# Scenarios – Seasonal Effects

- Societal changes in the past month have led to an increase in transmission rates, these could continue to drive transmission
  - Seasonal impact of weather patterns
  - More interactions at places of learning
  - Travel related to holidays and traditional large family gatherings
  - Fatigue with infection control practices
- Population's behaviors determine the level of control of transmission we can achieve
- Three scenarios capture possible trajectories starting Nov 26<sup>th</sup>, 2020
  - Adaptive: No change from base projection
  - Adaptive-MoreControl: 15% decrease in transmission starting Nov 26<sup>th</sup>, 2020
  - Adaptive-LessControl: 15% increase in transmission starting Nov 26<sup>th</sup>, 2020

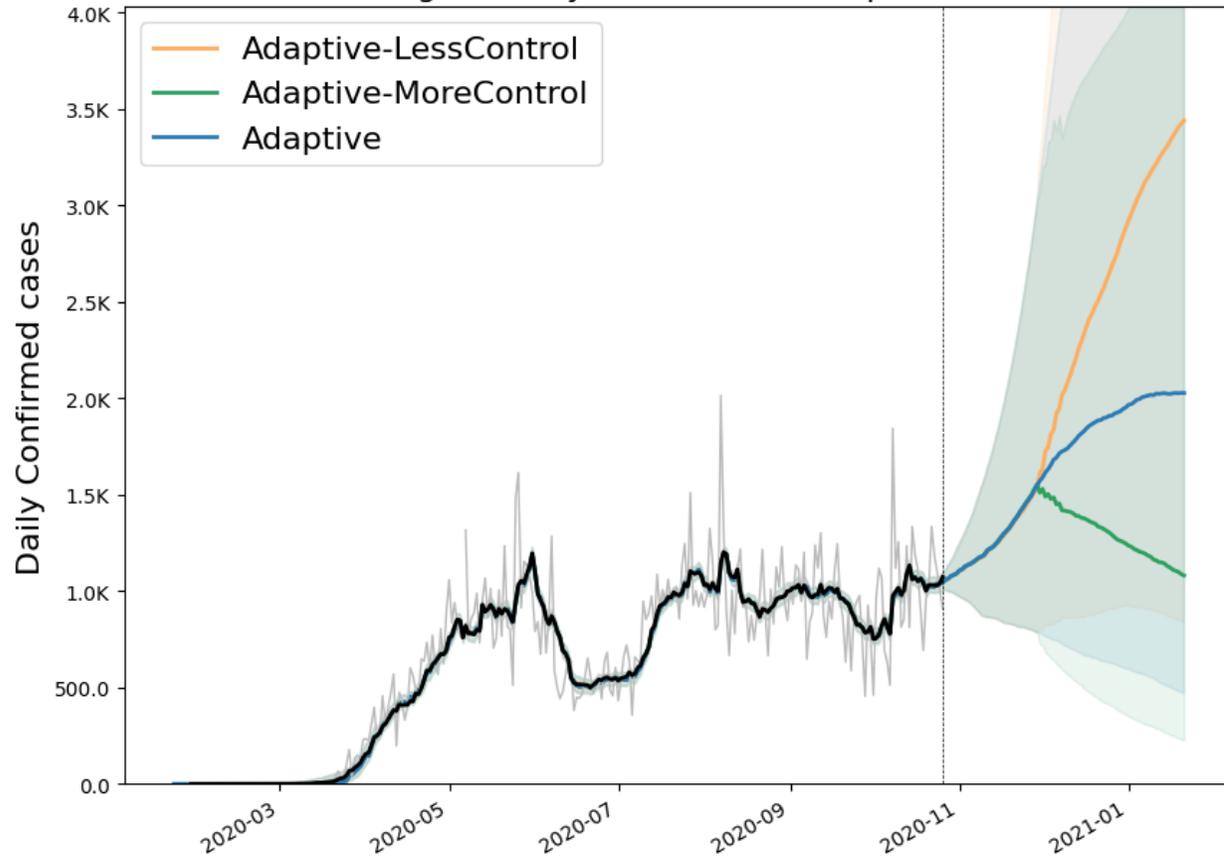
# Model Results

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# Outcome Projections

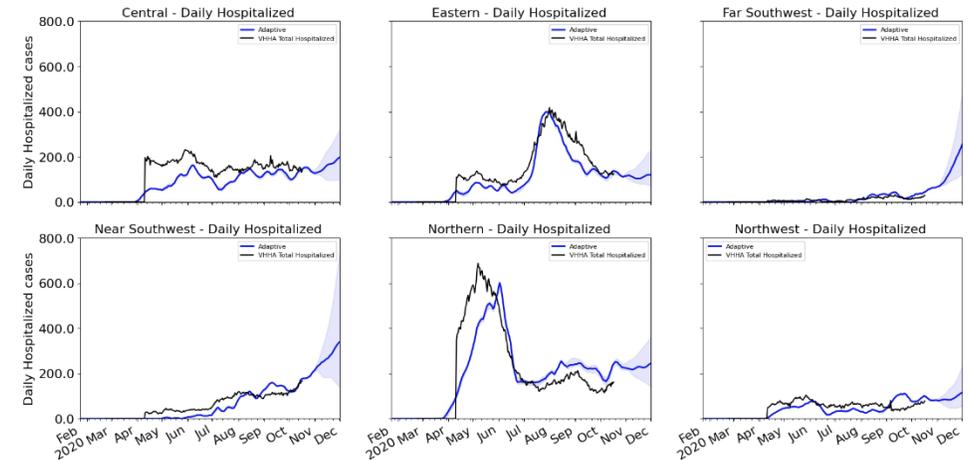
## Confirmed cases

Virginia Daily Confirmed - Comparison

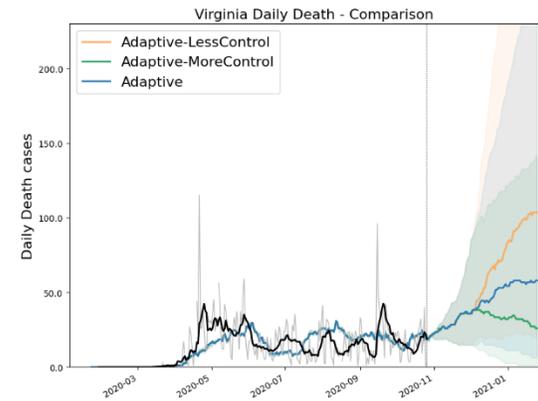


## Estimated Hospital Occupancy

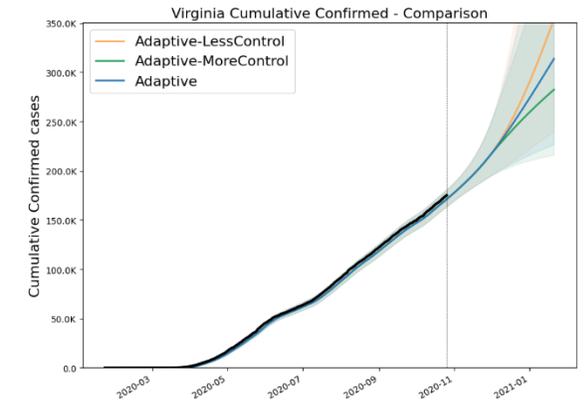
Virginia: Daily Total Confirmed Hospitalized Versus Sim - 8 Day Rolling



## Daily Deaths



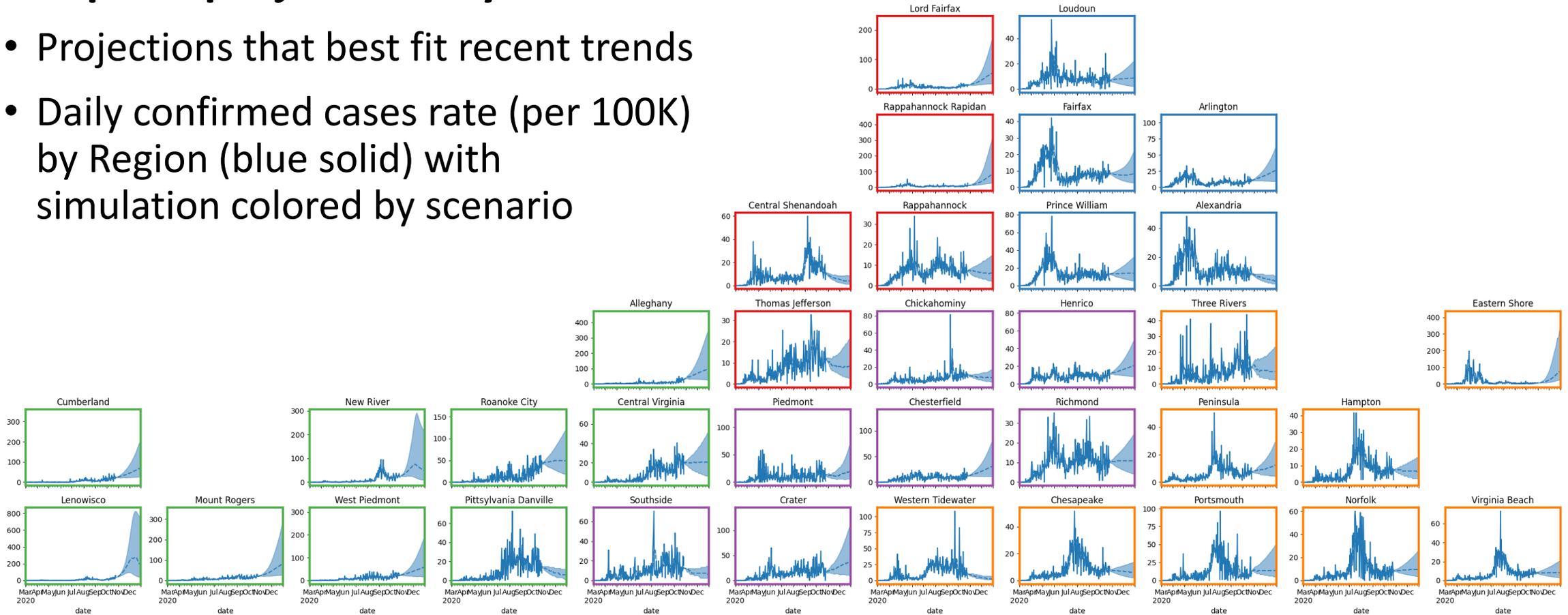
## Cumulative Confirmed cases



# District Level Projections: Adaptive

## Adaptive projections by District

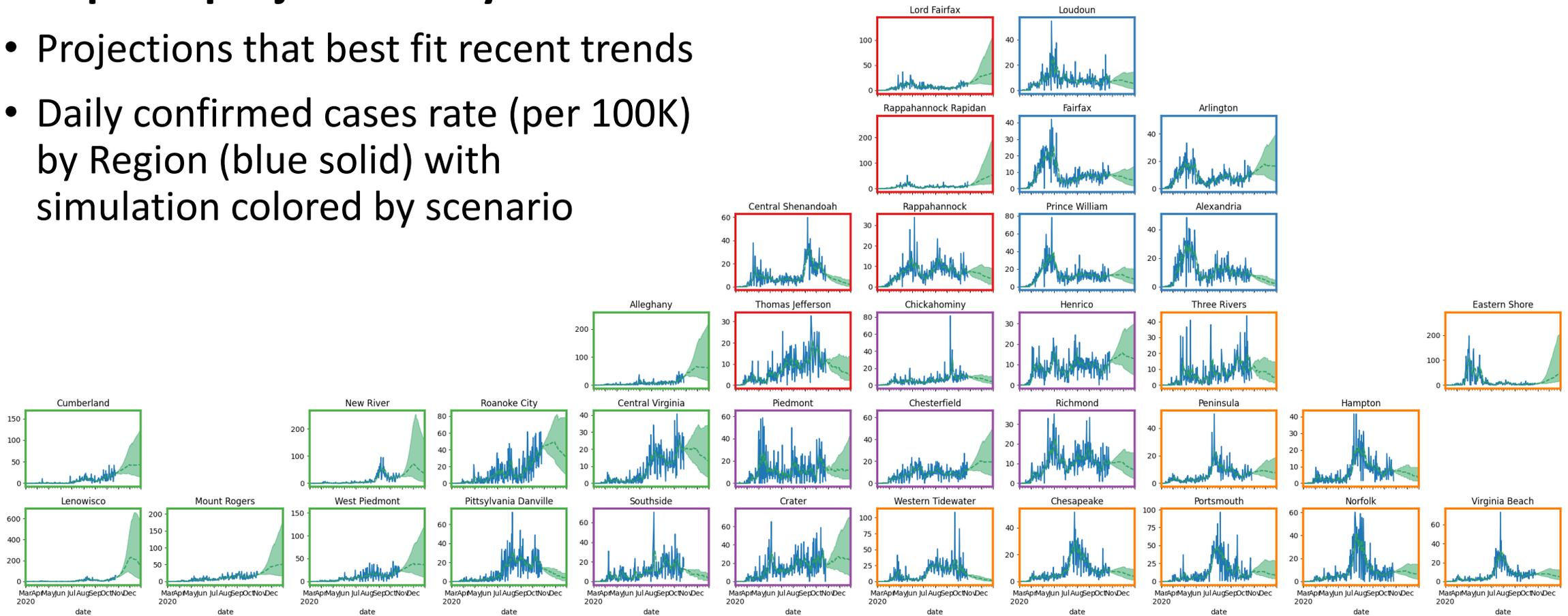
- Projections that best fit recent trends
- Daily confirmed cases rate (per 100K) by Region (blue solid) with simulation colored by scenario



# District Level Projections: Adaptive-MoreControl

## Adaptive projections by District

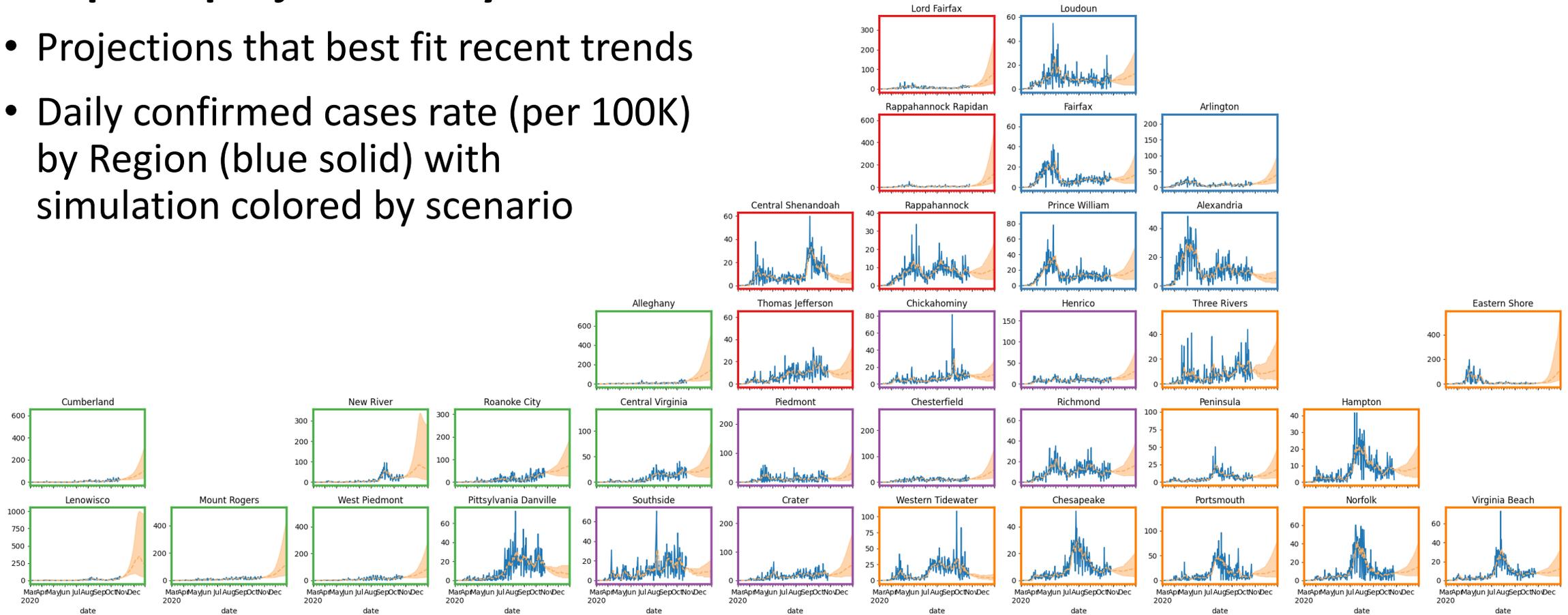
- Projections that best fit recent trends
- Daily confirmed cases rate (per 100K) by Region (blue solid) with simulation colored by scenario



# District Level Projections: Adaptive-LessControl

## Adaptive projections by District

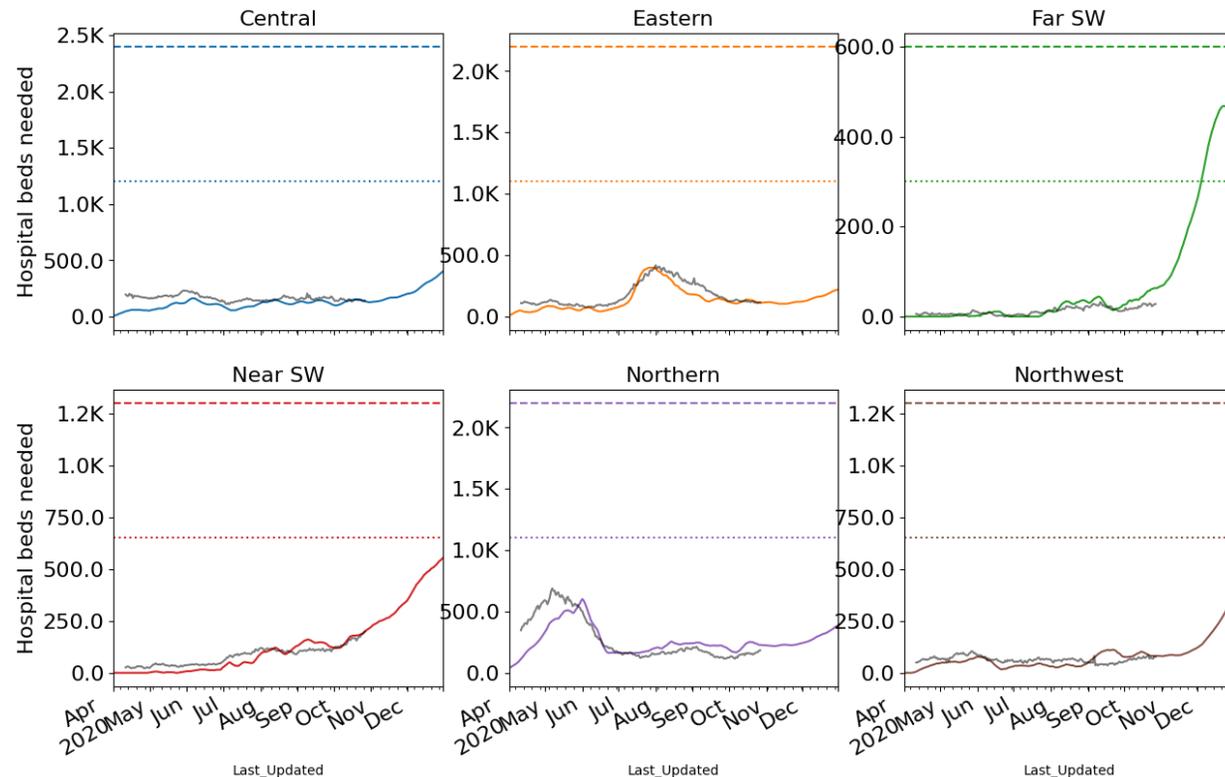
- Projections that best fit recent trends
- Daily confirmed cases rate (per 100K) by Region (blue solid) with simulation colored by scenario



# Hospital Demand and Bed Capacity by Region

## Capacities by Region – Adaptive-LessControl

COVID-19 capacity ranges from 80% (dots) to 120% (dash) of total beds



Week Ending	Adaptive	Adaptive-LessControl
10/18/20	7,470	7,470
10/25/20	7,204	7,204
11/1/20	7,528	7,524
11/8/20	8,000	7,988
11/15/20	8,530	8,490
11/22/20	9,330	9,276
11/29/20	10,347	10,272
12/06/20	11,438	12,292
12/13/20	12,224	14,582
12/20/20	12,903	16,610
12/27/20	13,310	18,280
1/3/21	13,672	20,174

### If Adaptive-LessControl scenario persists:

- Far Southwest may begin to exceed capacity in early December
- Near Southwest trends toward capacity as well by January

\* Assumes average length of stay of 8 days

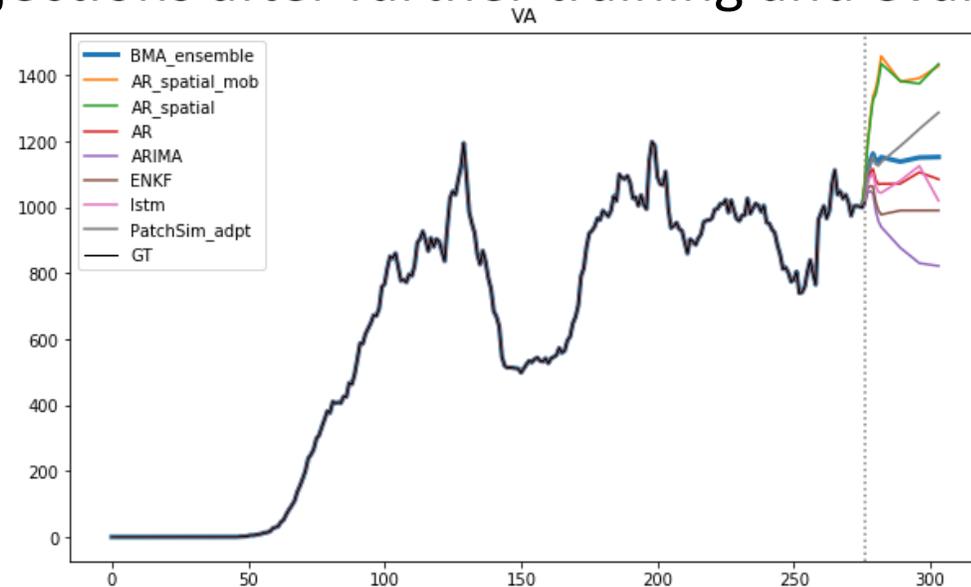
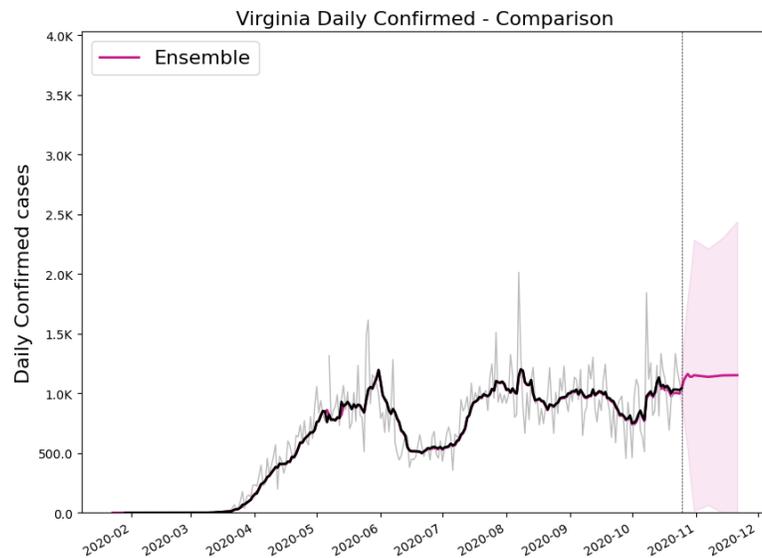
28-Oct-20



# Additional Projection Methods under development

An ensemble methodology that combines the Adaptive Fitting and other machine learning and statistical models has been developed to facilitate use of other data (weather, mobility, etc.)

- **Models:** Adaptive Fitting, ARIMA, LSTM, AR, spatially driven AR, Kalman Filters (ENKF)
- Ensemble will be folded into these projections after further training and evaluation



# Key Takeaways

Projecting future cases precisely is impossible and unnecessary.

Even without perfect projections, we can confidently draw conclusions:

- **Virginia remains steady while many states surge, mixed districts.**
- VA weekly incidence (12.1/100K) is steady and below the growing national average (27/100K).
- Projections are mostly up, but many districts continue to decline.
- Recent updates:
  - Planning Scenarios adjusted, as Adaptive Fitting tracks recent surge, to represent population's ability to exert further control on transmission following Thanksgiving holidays, Nov 26<sup>th</sup>.
  - Case ascertainment parameters now bounded by updated seroprevalence data.
- The situation is changing rapidly. Models will be updated regularly.

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NSSAC. PatchSim: Code for simulating the metapopulation SEIR model. <https://github.com/NSSAC/PatchSim> (Accessed on 04/10/2020).

Virginia Department of Health. COVID-19 in Virginia. <http://www.vdh.virginia.gov/coronavirus/> (Accessed on 04/10/2020)

Biocomplexity Institute. COVID-19 Surveillance Dashboard. <https://nssac.bii.virginia.edu/covid-19/dashboard/>

Google. COVID-19 community mobility reports. <https://www.google.com/covid19/mobility/>

Biocomplexity page for data and other resources related to COVID-19: <https://covid19.biocomplexity.virginia.edu/>

# Questions?

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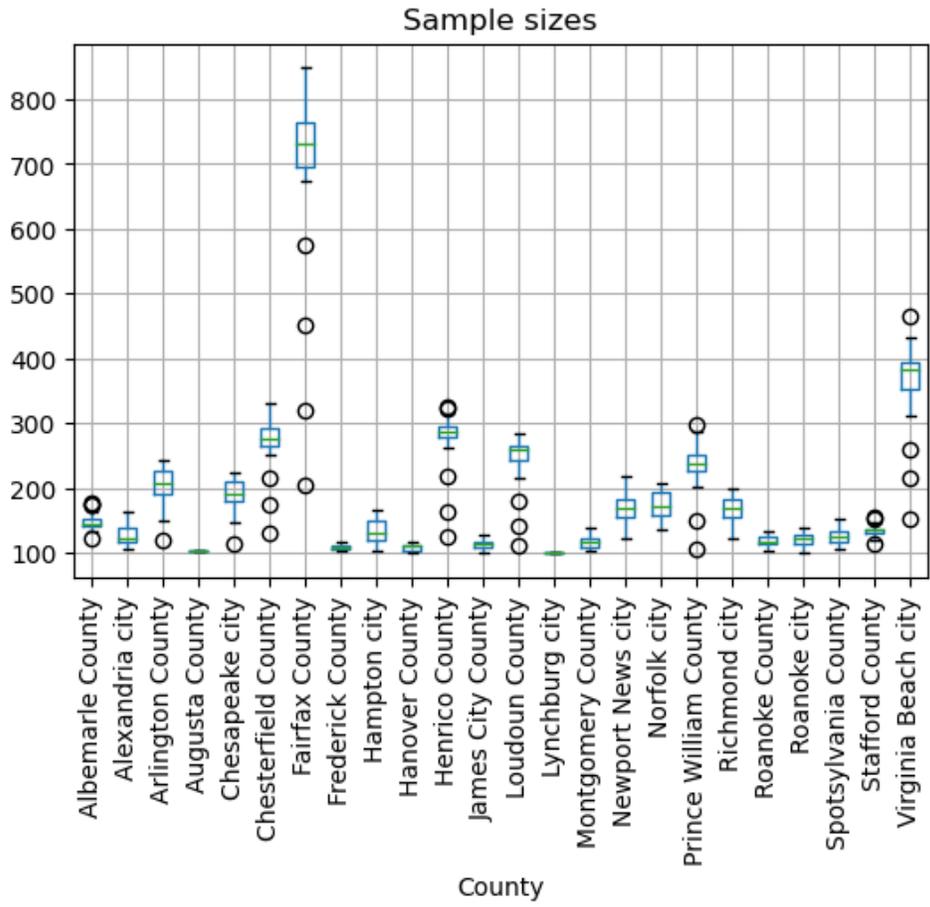
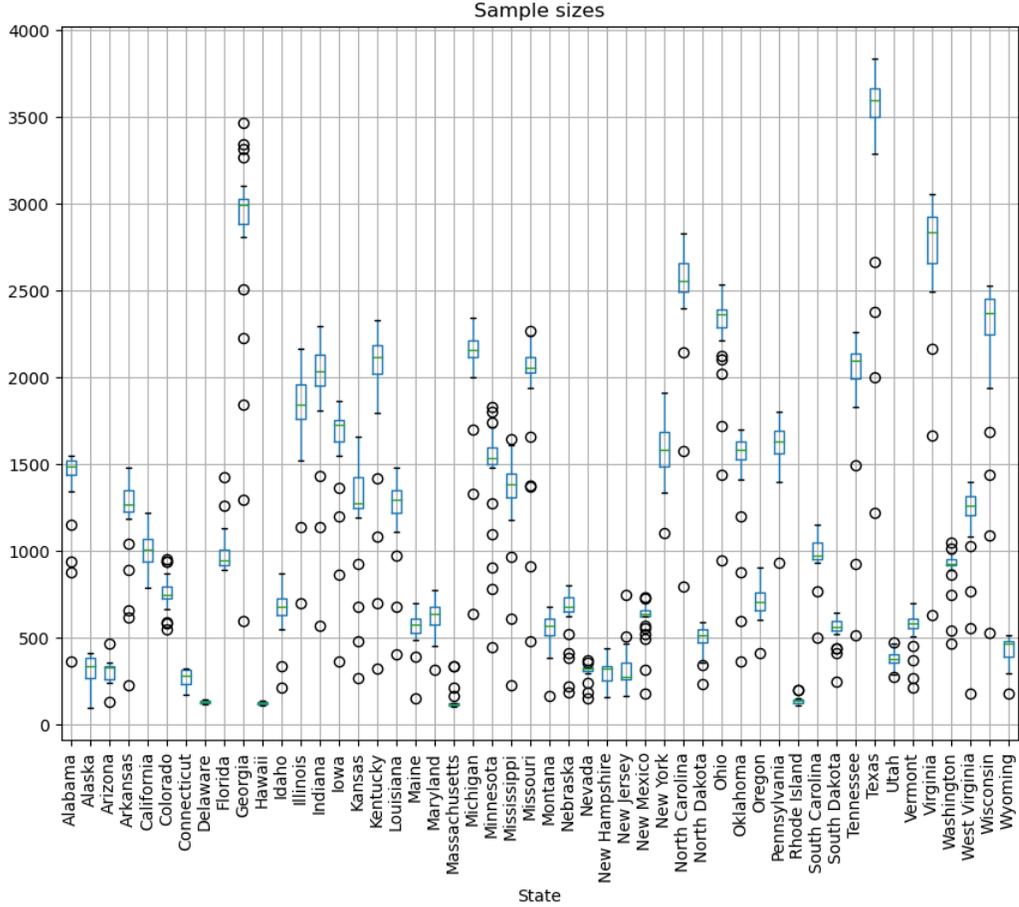
## Biocomplexity COVID-19 Response Team

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# Supplemental Slides

# Mask usage sample sizes



# Test positivity across VA counties

- CMS weekly summary (used for guiding nursing homes testing protocol)
- Data: COVID-19 Electronic Lab Reporting (CELR); HHS Unified Testing Dataset;
- County level testing counts and test positivity rates for RT-PCR tests.
  - **Green**: Test positivity <5.0% or with <20 tests in past 14 days
  - **Yellow**: Test positivity 5.0%-10.0% or with <500 tests and <2000 tests/100k and >10% positivity over 14 days
  - **Red**: >10.0% and not meeting the criteria for “Green” or “Yellow”

County	Sep-30	Oct-07	Oct-14	Oct-21
Amherst County	Yellow	Red	Red	Red
Bedford County	Yellow	Red	Red	Red
Bristol City	Yellow	Yellow	Red	Red
Campbell County	Yellow	Red	Red	Red
Charlotte County	Red	Red	Red	Red
Craig County	Yellow	Yellow	Red	Red
Franklin City	Yellow	Yellow	Red	Red
Franklin County	Red	Red	Red	Red
Galax City	Red	Yellow	Yellow	Red
Greensville County	Red	Red	Red	Red
Henry County	Red	Yellow	Red	Red
Lee County	Yellow	Yellow	Red	Red
Manassas City	Yellow	Red	Red	Red
Martinsville City	Yellow	Red	Red	Red
Prince Edward County	Yellow	Yellow	Yellow	Red
Prince George County	Red	Red	Red	Red
Radford City	Green	Green	Yellow	Red
Roanoke County	Yellow	Yellow	Red	Red
Scott County	Yellow	Yellow	Red	Red
Southampton County	Red	Red	Red	Red
Tazewell County	Yellow	Yellow	Yellow	Red
Washington County	Red	Red	Red	Red
Wise County	Yellow	Red	Yellow	Red
Wythe County	Yellow	Yellow	Yellow	Red

Red on Oct 21 (latest)

County	Sep-30	Oct-07	Oct-14	Oct-21
Charlotte County	Red	Red	Red	Red
Franklin County	Red	Red	Red	Red
Galax City	Red	Yellow	Yellow	Red
Grayson County	Red	Yellow	Yellow	Yellow
Greensville County	Red	Red	Red	Red
Harrisonburg City	Red	Yellow	Yellow	Yellow
Henry County	Red	Yellow	Red	Red
Mathews County	Red	Red	Yellow	Yellow
Pittsylvania County	Red	Red	Red	Yellow
Prince George County	Red	Red	Red	Red
Rockingham County	Red	Red	Red	Yellow
Southampton County	Red	Red	Red	Red
Surry County	Red	Red	Yellow	Yellow
Sussex County	Red	Yellow	Green	Green
Washington County	Red	Red	Red	Red

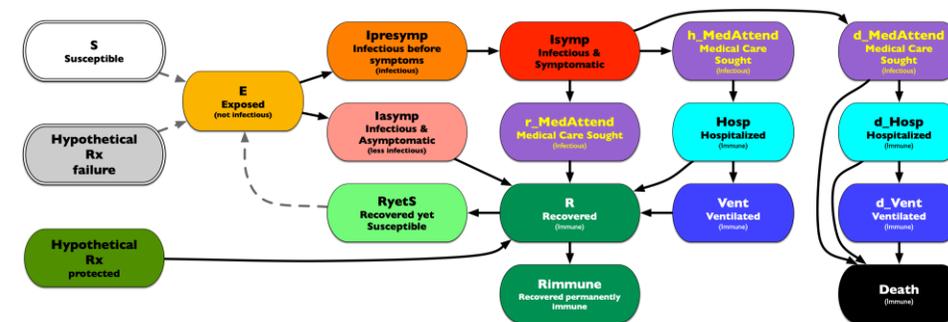
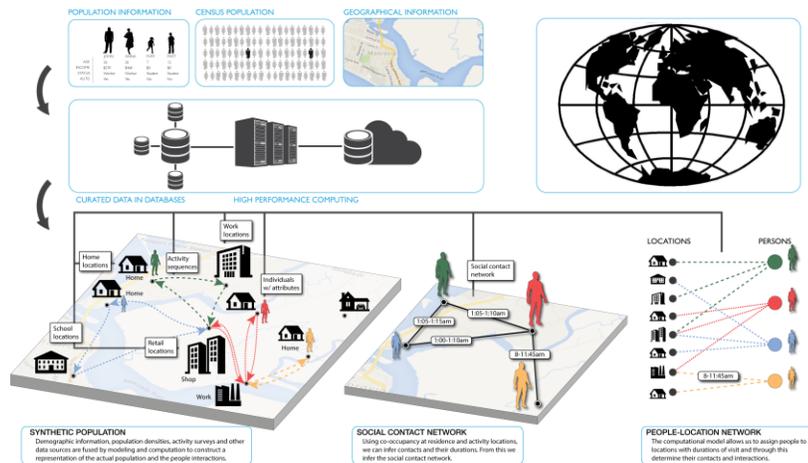
Red on Sep 30 (4-week back)

<https://data.cms.gov/stories/s/q5r5-gjyu>

# Agent-based Model (ABM)

## EpiHiper: Distributed network-based stochastic disease transmission simulations

- Assess the impact on transmission under different conditions
- Assess the impacts of contact tracing



## Detailed Disease Course of COVID-19

- Literature based probabilities of outcomes with appropriate delays
- Varying levels of infectiousness
- Hypothetical treatments for future developments

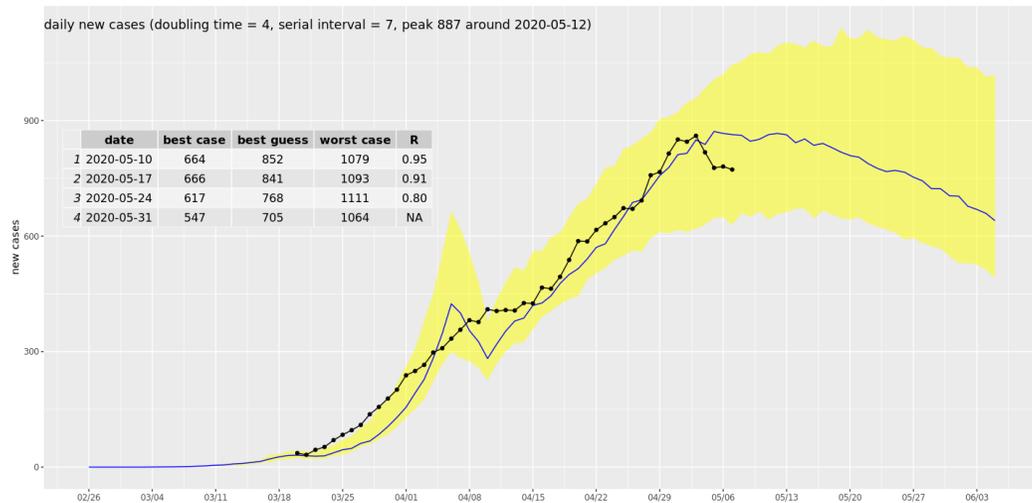
## Synthetic Population

- Census derived age and household structure
- Time-Use survey driven activities at appropriate locations

# ABM Social Distancing Rebound Study Design

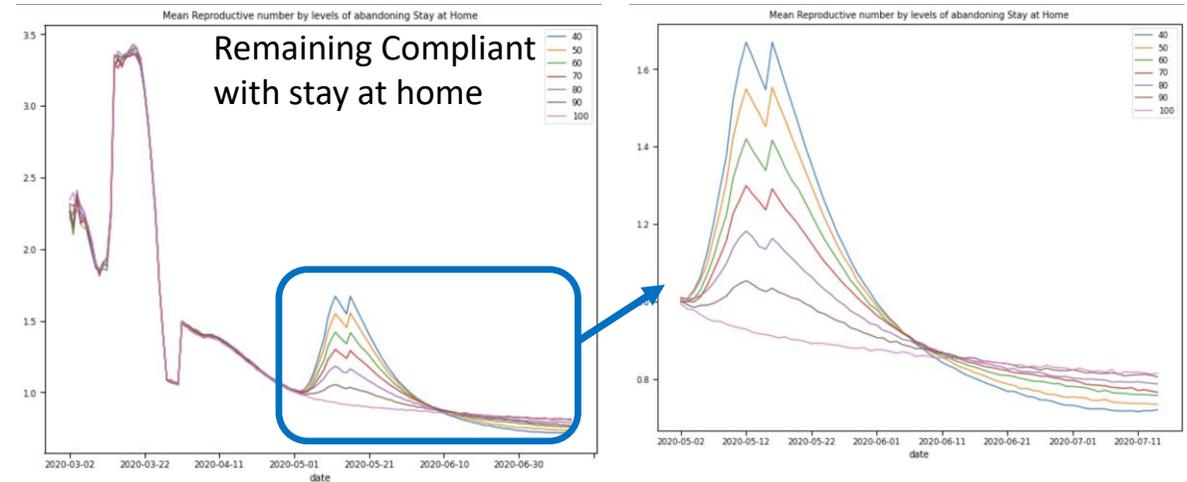
## Study of "Stay Home" policy adherence

- Calibration to current state in epidemic
- Implement "release" of different proportions of people from "staying at home"



### Calibration to Current State

- Adjust transmission and adherence to current policies to current observations
- For Virginia, with same seeding approach as PatchSim



### Impacts on Reproductive number with release

- After release, spike in transmission driven by additional interactions at work, retail, and other
- At 25% release (70-80% remain compliant)
- Translates to 15% increase in transmission, which represents a  $1/6^{\text{th}}$  return to pre-pandemic levels

# Medical Resource Demand Dashboard

<https://nssac.bii.virginia.edu/covid-19/vmrddash/>

