

# VDH Algorithm for Evaluating a Child with COVID-19 Symptoms or Exposure

## FOR PARENTS AND GUARDIANS



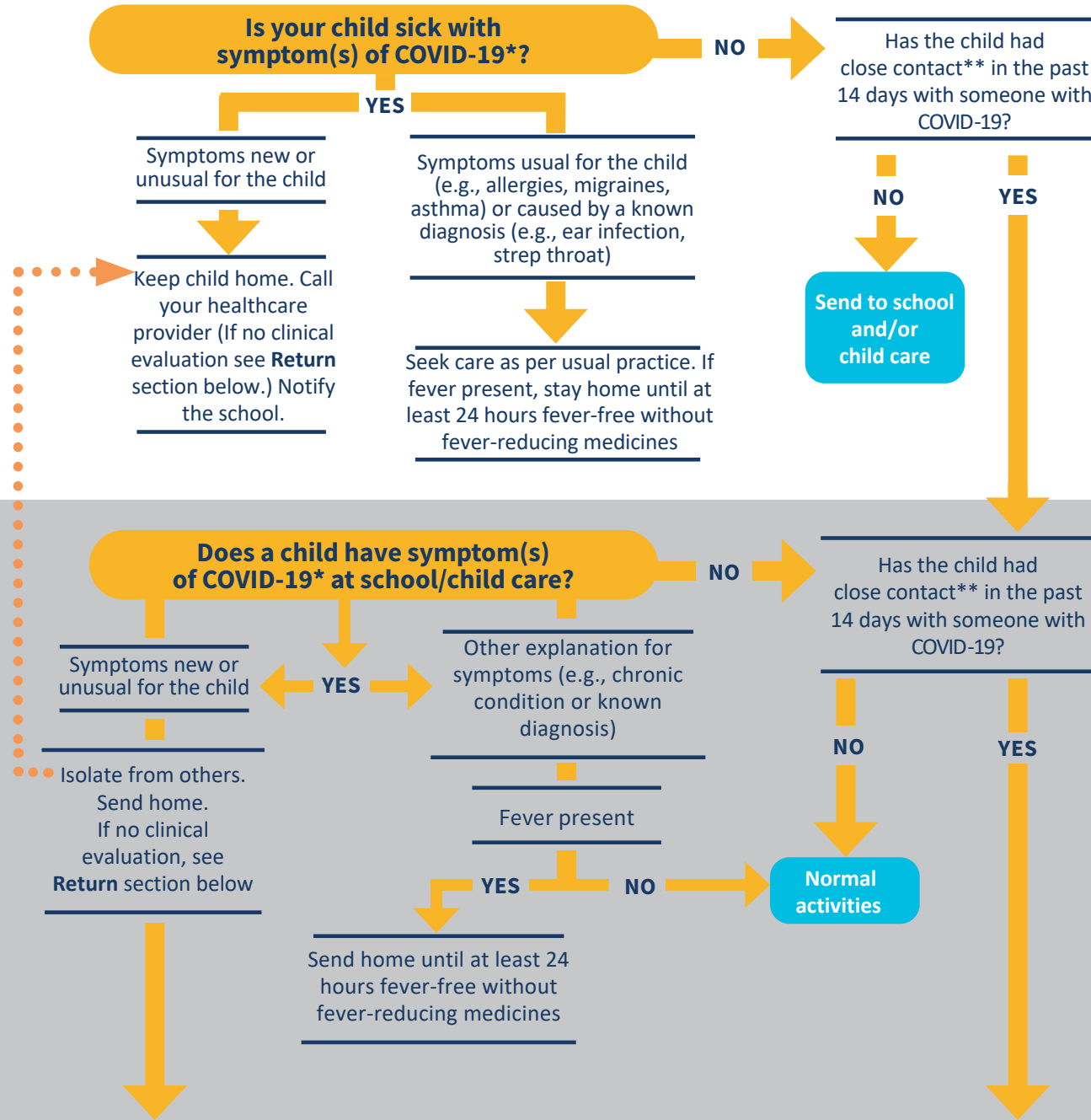
\*Symptoms of COVID-19 include fever ( $\geq 100.4^{\circ}\text{F}$ ) or chills, fatigue (more tired than usual), headache, muscle aches, cough, nasal congestion or runny nose, new loss of taste or smell, sore throat, shortness of breath or difficulty breathing, abdominal pain, diarrhea, nausea or vomiting, new onset of poor appetite or poor feeding.

## FOR SCHOOLS AND CHILD CARE FACILITIES



\*\*Close contact means being within 6 feet of a person with COVID-19 for a total of 15 minutes or more over a 24-hour period, or having direct exposure to respiratory secretions.

\*\*\*  $\geq 50$  cases per 100,000 population in the past 7 days. Click here for local information: [www.vdh.virginia.gov/coronavirus/key-measures/pandemic-metrics/school-metrics/](http://www.vdh.virginia.gov/coronavirus/key-measures/pandemic-metrics/school-metrics/)



# FOR HEALTHCARE PROVIDERS



◆ **Testing** – PCR or antigen (Ag) testing is acceptable. If an Ag test is negative and clinical suspicion for COVID-19 is high, confirm with PCR, ideally within 2 days of the initial Ag test. If PCR testing is not available, clinical discretion can be used in whether to recommend the patient isolate. Those who have tested positive for COVID-19 within the past three months and recovered and most people who are fully vaccinated for COVID-19 do not need to be tested again as long as they do not develop new symptoms.

# RETURN TO SCHOOL AND CHILD CARE



# 14-day quarantine recommended. If unable to stay home for 14 days and if no symptoms have developed, quarantine can end after Day 10 with no test or after Day 7 with a negative PCR or antigen test performed on or after Day 5. Those who have had COVID-19 in the past three months or been fully vaccinated for COVID-19 are not required to quarantine as long as they do not have symptoms. Monitor for symptoms for 14 days and always follow COVID-19 prevention recommendations.

