Superheros wear masks.

Your health matters. Wearing a face mask will protect you, your coworkers, and your family.

☑ Cover your nose and mouth.

☑ Keep sides tight against your face.

☑ Do not take mask off to talk, cough, or sneeze.

☑ Try not to touch your mask and face.

Learn more at vdh.virginia.gov.

VIRGINIA'S HEALTH IS IN OUR HANDS.
Do your part, stop the spread.

VDH VIRGINIA DEPARTMENT OF HEALTH