WHAT YOU NEED TO KNOW ABOUT “COVID-19 REBOUND”

COVID-19 rebound is a mild recurrence of COVID-19 illness that usually happens within a week of initial recovery from the virus.

WHAT IS COVID-19 REBOUND?

- “COVID-19 rebound” occurs when a person infected with the COVID-19 virus gets better and tests negative, and then develops symptoms and tests positive again a few days to a week later.
- It’s usually mild and goes away within a few days.
- It can occur even if you didn’t get treated for COVID-19.
- There are no reports so far of serious illness from COVID-19 rebound. Right now, the CDC does not recommend further treatment.
- COVID-19 rebound may be a natural part of the illness for some people. In a Paxlovid study, a small number of people reported rebound, but this included both those who received Paxlovid and those who didn’t. The CDC reported no evidence that COVID-19 rebound resulted from a resistance to Paxlovid.
- Vaccination status did not appear to have an impact.

WHAT SHOULD I DO IF I GET COVID-19 REBOUND?

- The CDC recommends that if you start showing COVID-19 symptoms again or test positive again, you should isolate for at least five full days. You can end isolation after five days if your fever has been gone for 24 hours (without the use of fever-reducing medications) and symptoms are getting better.
- The CDC recommends that people with COVID-19 rebound wear a mask for 10 days after their rebound symptoms start.
- If you already had treatment, you should not take treatments again if you experience a rebound of COVID-19 symptoms.

The CDC still recommends COVID-19 treatment as an effective tool to prevent hospitalization and severe sickness from COVID-19.

- The CDC recommends Paxlovid for COVID-19 in people at high risk for severe illness. Clinical trials showed it could reduce the risk for hospitalization by nearly 90 percent.
- Paxlovid is for symptomatic patients who are at risk of severe illness, are 12 years or older, and weigh at least 88 pounds. Treatment must begin within five days of when COVID-19 symptoms start. Seek medical attention if your symptoms become severe.

Interested in learning more?
For more information visit https://www.vdh.virginia.gov/coronavirus/treatments/ or call 1-800-VAX-IN-VA (877-829-4682)

For more information about Paxlovid and COVID-19 rebound, read this CDC report, (scan QR code)