

# WHAT YOU NEED TO KNOW ABOUT "COVID-19 REBOUND"

**COVID-19 rebound** is a mild recurrence of COVID-19 illness that usually happens within a week of initial recovery from the virus.

## WHAT IS COVID-19 REBOUND?

- "COVID-19 rebound" occurs when a person infected with the COVID-19 virus gets better and tests negative, and then develops symptoms and tests positive again a few days to a week later.
- It's usually mild and goes away within a few days.
- It can occur even if you didn't get treated for COVID-19.
- There are no reports so far of serious illness from COVID-19 rebound. Right now, the CDC does not recommend further treatment.
- COVID-19 rebound may be a natural part of the illness for some people. In a Paxlovid study, **a small number of people** reported rebound, but this **included both those who received Paxlovid and those who didn't**. The CDC reported no evidence that COVID-19 rebound resulted from a resistance to Paxlovid.
- Vaccination status did not appear to have an impact.

## WHAT SHOULD I DO IF I GET COVID-19 REBOUND?

- The CDC recommends that if you start showing **COVID-19 symptoms again or test positive again, you should isolate for at least five full days**. You can end isolation after five days if your fever has been gone for 24 hours (without the use of fever-reducing medications) and symptoms are getting better.
- The CDC recommends that people with COVID-19 rebound wear a mask for 10 days after their rebound symptoms start.
- If you already had treatment, you should not take treatments again if you experience a rebound of COVID-19 symptoms.

## The CDC still recommends COVID-19 treatment as an effective tool to prevent hospitalization and severe sickness from COVID-19.

- The CDC recommends Paxlovid for COVID-19 in people at high risk for severe illness. Clinical trials showed it could reduce the risk for hospitalization **by nearly 90 percent**.
- Paxlovid is for symptomatic patients who are at risk of severe illness, are 12 years or older, and weigh at least 88 pounds. **Treatment must begin within five days of when COVID-19 symptoms start**. Seek medical attention if your symptoms become severe.

## Interested in learning more?

For more information visit <https://www.vdh.virginia.gov/coronavirus/treatments/> or call 1-800-VAX-IN-VA (877-829-4682)



For more information about Paxlovid and COVID-19 rebound, [read this CDC report](#), (scan QR code)

