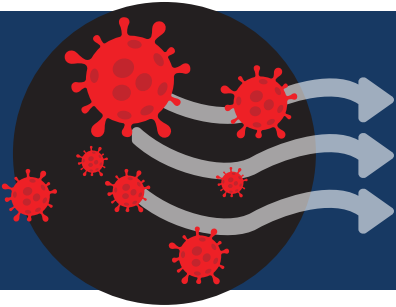# REDUCE RISK INDOORS WITH GOOD VENTILATION

One of the best ways to help **stop the spread** of COVID-19 in businesses, schools and other areas is to **improve the ventilation** indoors. Proper airflow can reduce the chance of spreading COVID-19 through respiratory droplets.

Check the HVAC System

- One way to make sure the indoor air is moving correctly through the building is to **assess the HVAC system** to see if it is running properly.
- An inspection can ensure that **fresh air** is being brought in from the outside.
- Even if the number of people inside the building is at a minimum, the airflow needs to be working properly.
- Use the **highest MERV filter** recommended by the manufacturer for your system.

Add Alternate Airflow

- Opening **windows and doors** can increase airflow.
- Remember to take any **HVAC systems** into consideration when opening windows or doors. It may cause extra strain on your system.
- Consider using **portable HEPA filter units** that can be moved room to room.
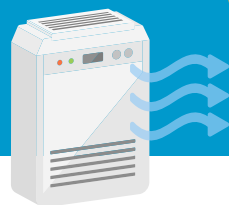
Stay Safe

In addition to **healthy individual practices** such as getting a COVID-19 vaccine, wearing a mask in a crowd, and washing your hands frequently, avoid indoor areas where there is poor airflow.