



## Arthritis Advisory Council Membership Application

Virginia Department of Health (VDH) Division of Family Health Services In 2018, was awarded a 5-year grant from the Centers of Disease Control and Prevention (CDC) to expand the implementation of Approved Arthritis Evidence-Based Interventions (AAEBI's), which will result in improved self-management, increased physical activity, and program sustainability. Under this grant, Virginia Arthritis Advisory Council (VAAC) of community leaders is committed to strategically increase the number of health care settings that are counseling and referring patients to AAEBI's and walking programs. We are honored to have you part of the VAAC.

**Name:** \_\_\_\_\_

**Title and Agency (if applicable):** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Phone Number: (work, home, cell):** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Organization Website:** \_\_\_\_\_

Please list any Arthritis activities you/organization are involved in or provide: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**As a VAAC member, I am committed to:**

- Attend 2 or more virtual meetings and 1 in-person meeting
- Provide professional advice and guidance on medical provider referrals to evidence-based
- Bringing to the table you/your organization's assets, expertise, and strengths to help collectively improve the health and well-being of your community
- Assisting in the identification of and securing resources and collaborative opportunities to help advance the project and sustain momentum
- Assisting with the establishment of a no-cost incentive program that encourages healthcare providers to recommend physical activity to patients with arthritis
- Share project information, tools and resources to promote and support counseling and referrals to AAEBI's
- Increase usage and establishment of health policy, systems and environmental change strategies focusing on physical activity, arthritis, and chronic disease

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please email application form to: Mona Burwell, Arthritis Program Coordinator, [mona.burwell@vdh.virginia.gov](mailto:mona.burwell@vdh.virginia.gov)

