# TRANSPORTATION

- **JAUNT:** Regional transportation. Universal phone number: 296-3184
- **RideShare:** Carpool matching, vanpool coordination, Guaranteed Ride Home for emergencies. 434-295-6165

# DISCRIMINATION SERVICES

- **Legal Aid Justice Center:** 1000 Preston Ave #A, *Cville*. Legal consultation for housing and job discrimination, civil rights, immigration. Offices closed, call for assistance. 434-977-0553
- **Central Virginia Legal Aid Society:** 1010 Preston Ave, *Cville*. Legal consultation for evictions, foreclosures, sexual/domestic violence. Not taking walk-ins, call or go online for services. 434-296-8851
- **Louisa Reentry Council:** See section, Employment Services

# OTHER EMERGENCY SUPPORT

- **RuraLove** (Goshen Baptist Association): provides financial assistance, call 540-894-8440 to apply
- **Dominion Energy Share:** Electricity & fuel bill assistance through Salvation Army. All Dominion service disconnections temporarily suspended. 434-295-4058
- **UVA Emergency Assistance Funds:** for UVA employees, apply online or at 434-243-3344 Mon-Fri 8am-5pm
- **Emergency Mortgage & Rental Assistance Program:** Call regarding rent/mortgage aid. 703-962-1884
- **Love INC:** Emergency financial support and material aid. Offices closed, call for assistance. 434-977-7777
- **JABA Senior Helpline:** Direct service to older adults & caregivers. Medicare/ACA counseling (all ages), advice on aging concerns, local resource referrals. 434-817-5253

# NEED MORE INFO?

Point a phone camera at this QR code here to open a webpage with up-to-date information on the resources listed here, or go to: https://tinyurl.com/covidresourceguidecville

**SCAN ME!**

# INTERNET / LITERACY / GED

- **Thomas Jefferson Adult Career Education (TJACE)**: GED prep, family literacy, career readiness training. All programming online, call & leave message to get info. Fall session begins Sept 14th. 434-961-5461
- **Literacy Volunteers of Charlottesville/Albemarle**: 233 4th St NW (Jefferson School). Tutoring in reading, writing, English as 2nd language. Starting 6/15: meet with staff, check out library materials, use computer. Additional resources online (literacyforall.org). 434-977-3838
- **Comcast Internet Essentials:** 60 days free internet to low-income families. Apply online or call 1-855-846-8376 (English), 1-855-765-6995 (Spanish)
- **Workforce Innovation and Opportunity (WIOA):** Assisting adults, youth and in/out of school (ages 16-24), and dislocated workers achieve their employment goals. Individuals interested in assistance fill out a pre-application. Call 434-202-8563

# VETERANS SUPPORT SERVICES

- **Charlottesville VA Clinic** (VA Medical Center): 590 Peter Jefferson Pkwy #250. All services & hours unchanged. 434-293-3890
- **Supportive Services for Veteran Families**: Rapid rehousing and supportive services. Offices closed, call for services. 804-788-6825
- **Virginia Department of Veterans Services** (Cville Benefits Office)**:** 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Offices open but appointment only. 804-691-4905

# EMPLOYMENT SERVICES

- **Virginia Employment Commission:** Call or go online (www.vec.virginia.gov/unemployed/online-services) to file for unemployment. 1-866-832-2363
- **Goodwill Industries of the Valley:** Free virtual job training & career coaching. Register online. 1-540-581-0620
- **Downtown Job Center:** 201 E. Market St (in library) *Cville*, Currently open. Check website for days/hours. 434-970-3933
- **Louisa Reentry Council:** Reentry programs for individuals who were previously incarcerated, support for food assistance, employment, transportation, substance abuse, mental health, family services, clothing, & housing. Call 540-967-1320 for screening & appointment

# CLOTHING

- **The Kindness Closet:** 2035 S. Spotswood Trail, Louisa, provides clothes, toiletries, books, Tues & Thurs 9-11am, Sat by request, TreviliansPTA@gmail.com
- **RuraLove Thrift Store** (Goshen Baptist Association)**:** 587 Mica Rd, Mineral, Weds & 1st Sat/mo 8am-12:30pm. 540-894-8440
- **Salvation Army Thrift Store:** Mon-Sat 10am-5:30pm, 605 Cherry Ave *Cville*. Still operating. 434-979-5230
- **Eden Ministries**: 2999 Merry Meadows Ln, *Keswick*, free clothing & household items Open. 434-973-4068
- **THRIVE Women's Health:** 618 Forest St. Unit C *Cville* Maternity clothes. Call ahead. 434-979-8888. Additional location at 1416 Greenbrier Pl. *Cville*. 434-220-3777
- **Twice is Nice:** Wed-Sat 11am-4pm, 923 Preston Ave (434-293-8319), 918 Preston Ave (434-284-8180) *Cville*
- Closed: LCRC Community Closet

# COVID "STREET SHEET" – Resources in Louisa County

***Version 6. Last Updated: 1/25/21*** *This pamphlet is intended to provide a list of local resources, updated to reflect current operation status during the COVID crisis. For up-to-date info, use the QR code to check our webpage.*

# COVID-19 HOTLINES

**Thomas Jefferson Health District:** 434-972-6261
**Virginia Department of Health:** 877-275-8343
**UVA:** 434-982-6843
**Sentara:** 833-945-2395

# PUBLIC MEALS

***All located in Charlottesville***

- The Haven; 112 W Market; walk-up
- Salvation Army; 207 Ridge St; walk-up
- Keevil & Keevil Kitchen; 703 Hinton Ave; request via keevilkitchen@gmail.com or 434-989-7648.

| | Breakfast | Lunch | Dinner |
|---|---|---|---|
| The Haven | Mon-Sun 7am | Mon-Thurs 12pm-1pm | |
| Salvation Army | Mon-Sat 7am Sun 9am | Fri-Sat 12pm Sun 1pm | Mon-Sat 5:30pm |
| Keevil & Keevil | | Mon-Fri 12pm | |

# EMERGENCY OVERNIGHT SHELTER

***All located in Charlottesville***

- **Salvation Army Emergency Shelter:** 207 Ridge St. Men, women, families, children; Call or walk in 10am-10pm – not accepting new guests. 434-295-4058
- **PACEM:** 112 W Market St (office). Men's shelter closed. Women: call the Haven (434-973-1234) weekdays for eligibility.
- **TJACH Non-Congregate Shelter:** Eligibility determined by CDC guidelines for high-risk individuals. Call the Haven (434-973-1234) weekdays for eligibility.
- **Shelter for Help in Emergency (SHE):** Domestic violence shelter. Open to new guests, call hotline. Hotline: 434-293-8509
- **ReadyKids-Runaway Emergency Services:** Still active. Hotline: 434-972-7233

# DEPARTMENTS OF SOCIAL SERVICES

Apply for Medicaid, SNAP (supplemental nutrition assistance program), TANF (temporary assistance for needy families), and other benefits. Go online (commonhelp.virginia.gov/) or call:

- 1-855-635-4370 to apply for benefits
- 1-855-242-8282 to apply for Medicaid

**Louisa County Department of Human Services:** 103 McDonald St, Louisa. Office open M-F 8:30am-5pm. 540-967-1320.

# EMERGENCY FOOD

- **Louisa Community Cupboard:** 147 Resource Lane Louisa. 2 week supply, 2x/6 mo. Mon-Fri 9am-3pm, 540-967-1510
- **Grocery Assistance Program:** 147 Resource Lane, Louisa, 1x/mo, call 540-967-1510 to enroll
- **Food Security Text Message Program:**

Community members can text the word "FOOD" or "COMIDA" (para espanol) to 844-947-6518. Upon receiving a response, individuals can text their zip code followed by the day of week for information on access to food in their area. EX: 22901FRIDAY

***Food Delivery Services:***

- **JABA Home Delivered Meals**: For low-income folks > 60y unable to prepare meals. Call to determine eligibility. 434-817-5253

***Kids:***

- Louisa County Schools Summer Meals Program provide breakfast & lunch to any child under 18y old. Through July 31st. Tues/Thurs 9am-11am. See websites for pick-up schedule & locations. www.lcps.k12.va.us 540-894-5115
- **Children's Feeding Program:** 147 Resource Lane, Louisa, call 540-967-1510 to enroll

***Pets***:

- **SPCA Pet Food Pantry:** 3355 Berkmar Dr. *Cville*, Free pet food. Schedule appt online or at 434-973-5959. Offsite pickup at 4133 Earlysville Rd. & 2050 Lambs Rd.

# MENTAL HEALTH SUPPORT

- **Region 10:** 101 Ashley St Louisa, mental health, intellectual disability and substance use services. Most services available online, call to get connected. Crisis lines: 434-972-1800 / 1-866-694-1605. Telehealth intake appointments: 540-967-2880.
- **On Our Own:** 123 4th St NW, *Cville*. Peer-driven mental health and addiction recovery programming. Building closed, hosting virtual support meetings. 434-979-2440
- **Teen Crisis Hotline:** Support services for youth, ages 12-18. Office closed, hotline still operating, call hotline to set up online counseling. 434-972-7233
- **Women's Initiative**: Counseling and support services for women/transgender women. Free call-in clinic available, see website for hours 434-872-0047
- **Mental Health Association Virginia Warm Line**: Peer-run support line for individuals or concerned others who would like someone to talk to. Warm line: 866-400-6428; Crisis line: 1-800-273-8255
- **Grief Share**: Online support group for coping with loss. See website for schedule or call 800-395-5755
- **ReadyKids:** Counseling for teens and families, other mental health resources online. 434-296-4118
- **Partner for Mental Health**: Effectively closed. 434-977-4673
- **Addiction Allies:** (See Substance Use Support)

# SUBSTANCE USE SUPPORT

- **Addiction Allies:** 631 Berkmar Cir *Cville*, suboxone clinic / medication assisted treatment, online counseling (substance use & mental health) and partial hospitalization. Accepts Medicaid, Private Insurance, and Self-Pay. No referral needed, just call or contact online. 434-260-3042
- **Addiction Recovery Systems - Pantops**: 103 S. Pantops Dr. *Cville*, Methadone & Suboxone treatment center, online counseling. Accepts Medicaid & Medicare. No referral needed. Call for initial screening. 434-220-0080
- **1-800-QuitNow:** Free tobacco cessation support
- **Region 10**: See section, Mental Health Support
- ***Online addiction peer support meetings,*** schedules on websites: **SMART Recovery, Alcoholics Anonymous Cville** (434-293-6565)**, Narcotics Anonymous** (800-777-1515; in-person info at piedmontvana.org)**, Al-Anon** (cvillealanon@gmail.com, 434-972-7011 hotline), **Al-Ateen** (senglot12@gmail.com, 434-972-7011 hotline), **In the Rooms** (free online service), **Substance Abuse & Mental Health Services Administration National Helpline** (1-800-662-4357; Spanish & English)

# SEXUAL ASSAULT ADVOCACY

- **Shelter for Help in Emergency (SHE):** See section, Emergency Overnight Shelter
- **Sexual Assault Resource Agency (SARA)**: 335 Greenbrier Dr. *Cville*, Resources for sexual assault survivors and bystanders. No walk-ins; video counseling & hotline still active. Office: 434-295-7273; hotline: 434-977-7273.

# WOMEN'S & FAMILY HEALTH

- **Charlottesville Health Center – Planned Parenthood:** 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open. 434-296-1000
- **Whole Woman's Health**: 2321 Commonwealth Dr. *Cville*, Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open. 434-973-4888
- **Blue Ridge Abortion Fund**: Funding for pregnant individuals with financial barriers to and in need of abortions. Still accepting calls & giving funding. 434-963-0669 (leave a message)
- **Donor Diapers**: Garrett Community Center (418 Garrett St SE, *Cville*). Monthly diaper & wipe giveaways. Next on Sept 20th 2-3:30pm. 434-214-0345
- **Child Health Partnership:** support for child health & family self-sufficiency, all visits virtual, enroll online, 540-967-1760

# PHYSICAL HEALTH SUPPORT

- **UVA Community Call Line:** M-F 8am-5pm. New call center, connects individuals without a regular doctor to a UVA doctor to discuss non-emergency medical needs (e.g. new symptoms, chronic disease management, medication refill). 434-98-COVID, Option 3
- **Sentara COVID-19 Call Center:** 9am-5pm, information on Sentara policies and COVID response. Call 1-833-945-2395.
- **Louisa County Health Department**: 540 Industrial Dr, Louisa. WIC (women, infants, & children nutrition program), family planning, sexual health, immunizations, TB screening. Call for appointment. 540-967-3703
- **Charlottesville Free Clinic:** 1138 Rose Hill Dr. Non-emergency medical care & pharmacy for low-income households. Medical: Telehealth only, appts call for eligibility. Dental: emergency only, 1st come 1st serve. 434-295-0008
- **Central Virginia Health Services** (Health & Wellness Center of Louisa)**:** 115 Jefferson Hwy, Suite 9, Louisa. Comprehensive sliding-scale medical, dental, & behavioral health, & pharmacy. Still operating, schedule appointments online. 540-967-9401
- **Visionworks**: 1114-C Emmet St. N, Barracks Road Shopping Center, *Cville*. Free eye exams for patients with Medicaid. Open. 434-293-3225
- **MyEyeDr:** 441 Westfield Rd. This location only: free eye exams with Premier, Aetna Better Health, and MARCH Vision Medicaid. Open. 434-973-5361
- **Cville Community Cares**: 434-214-0454; visit the following link for prescription aid: bit.ly/ccc-pnt
- **Rx Outreach:** Non-profit mail order pharmacy, temporarily expanded program for COVID, enroll online. 1-888-796-1234

# COVID-19 TESTING

- Virginia Department of Health Testing Site Locator: Visit the following link to find a testing site near you: https://www.vdh.virginia.gov/coronavirus/covid-19-testing/covid-19-testing-sites/
- **For more specific information on COVID-19 testing sites, scan the QR code and visit section 17**