## TRANSPORTATION

- **JAUNT:** Regional transportation. Universal phone number: 296-3184
- **RideShare:** Carpool matching, vanpool coordination, Guaranteed Ride Home for emergencies. 434-295-6165

## LEGAL SUPPORT

- **Legal Aid Justice Center:** 1000 Preston Ave #A, *Cville*. Legal consultation for housing and job discrimination, civil rights, immigration. Offices closed, call for assistance. 434-977-0553
- **Central Virginia Legal Aid Society:** 1010 Preston Ave, *Cville*. Legal consultation for evictions, foreclosures, sexual/domestic violence. Not taking walk-ins, call or go online for services. 434-296-8851

## FINANCIAL AID

- **Community Emergency Response Fund**: Financial Assistance. Closed: No longer accepting applications.
- **Charlottesville Community Resource Hotline:** Financial & other assistance. 434-234-4490
- **Dominion Energy Share:** Electricity & fuel bill assistance through Salvation Army. All Dominion service disconnections temporarily suspended. 434-295-4058
- **UVA Emergency Assistance Funds:** for UVA employees, apply online www.hr.virginia.edu/covid-19/assistance-fund or at 434-243-3344 Mon-Fri 8am-5pm
- Closed: Monticello Area Community Action Agency

## OTHER EMERGENCY SUPPORT

- **Unity in Community:** programs include financial assistance, adult dental assistance, visitation & emergency and hearing & vision assistance. Call 434-277-8842 or email nelsonuic@gmail.com to enroll.
- **Thomas Jefferson Planning District Commission:** For mortgage/rent relief related to COVID-19. Call 434-326-0950.
- **AIM:** Mon-Thurs 9-4. Local utility and housing aid. Apply online. 434-972-1704
- **Love INC:** Emergency financial support and material aid. Offices closed, call for assistance. 434-977-7777

## NEED MORE INFO?

Point a phone camera at this QR code here to open a webpage with up-to-date information on the resources listed here, or go to: https://tinyurl.com/covidresourceguidecville

**SCAN ME!**

## DEPARTMENTS OF SOCIAL SERVICES

Apply for Medicaid, SNAP, TANF, and other benefits.

- Call 1-855-635-4370 or go online to apply for benefits
- Call 1-855-242-8282 to apply for Medicaid

For other needs, call 434-263-7160 (Nelson). Offices are closed to the public.

## INTERNET / LITERACY / GED

- **Thomas Jefferson Adult Career Education (TJACE)**: GED prep, family literacy, career readiness training. All programming online, call & leave message to get info. 434-961-5461
- **Literacy Volunteers of Charlottesville/Albemarle**: 233 4th St NW (Jefferson School). Tutoring in reading, writing, English as 2nd language. Currently closed. 434-977-3838
- **Comcast Internet Essentials:** 60 days free internet to low-income families. Apply online apply.internetessentials.com or call 1-855-846-8376 (English), 1-855-765-6995 (Spanish)

## VETERANS SUPPORT SERVICES

- **Charlottesville VA Clinic** (VA Medical Center): 590 Peter Jefferson Pkwy #250. All services & hours unchanged. 434-293-3890
- **Supportive Services for Veteran Families**: Rapid rehousing and supportive services. Offices closed, call for services. 804-788-6825 ext. 260
- **Virginia Department of Veterans Services** (Cville Benefits Office)**:** 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Offices closed, call for services. 434-529-6431

## EMPLOYMENT SERVICES

- **Virginia Employment Commission:** Call or go online to file for unemployment. 1-866-832-2363
- **Goodwill Industries of the Valley:** Free virtual job training & career coaching. 1-540-581-0620
- **Downtown Job Center:** Employment assistance services, book online at www.facebook.com/cvillejobcenter/
- Closed: Network2Work, Virginia Workforce Center is effectively closed.

## CLOTHING

- **Free Clothes Closet at Oak Hill Baptist Church** (Unity in Community)**:** 382 Level Green Rd, Roseland. 434-277-8541
- **Salvation Army Thrift Store:** Mon-Sat 10am-5:30pm, 605 Cherry Ave *Cville*. Still operating. 434-979-5230
- **Eden Ministries**: 2999 Merry Meadows Ln, *Keswick*, free clothing & household items Open. 434-973-4068
- **THRIVE Women's Health:** 618 Forest St. Unit C *Cville* Maternity clothes. Call ahead. 434-979-8888. Additional location at 1416 Greenbrier Pl. *Cville*. 434-220-3777
- **Twice is Nice:** Wed-Sat 11am-4pm, 923 Preston Ave (434-293-8319), 918 Preston Ave (434-284-8180) *Cville*

# COVID "Street Sheet" – *Nelson County Edition*

***Version 4. Last Updated: 7/1/20*** *This pamphlet is intended to provide a list of local resources, updated to reflect current operation status during the COVID crisis. For up-to-date info, use the QR code to check our webpage.*

***COVID-19 Hotlines:***
TJHD: 434-972-6261
VDH: 877-275-8343
UVA: 434-982-6843
Sentara: 833-945-2395

## PUBLIC MEALS

***All located in Charlottesville***

- The Haven; 112 W Market; walk-up
- Salvation Army; 207 Ridge St; walk-up
- Keevil & Keevil Kitchen; 703 Hinton Ave; request via keevilkitchen@gmail.com or 434-989-7648.

| | Breakfast | Lunch | Dinner |
|---|---|---|---|
| The Haven | Mon-Sun 7am | Mon-Thurs 12pm-1pm | |
| Salvation Army | Mon-Sat 7am Sun 9am | Fri-Sat 12pm Sun 1pm | Mon-Sat 5:30pm |
| Keevil & Keevil | Mon-Fri 8am | Mon-Fri 12pm | |

## EMERGENCY OVERNIGHT SHELTER

***All located in Charlottesville***

- **Salvation Army Emergency Shelter:** 207 Ridge St. Men, women, families, children; Call or walk in 10am-10pm – not accepting new guests. 434- 295-4058
- **PACEM:** 112 W Market St (office) – accepting new guests on limited basis, call Liz to discuss a bed, 434-465-1391 (Liz), 434-234-4490 (Community Resource Line)
- **Shelter for Help in Emergency (SHE):** Domestic violence shelter. Open to new guests, call hotline. Hotline: 434-293-8509
- **ReadyKids-Runaway Emergency Services:** Still active. Hotline: 434-972-7233
- **Families in Crisis:** Currently out of funding for housing support; can still call for resource navigation. 434-296-3872

## EMERGENCY FOOD

- **Nelson County Pantry:** 9890 Thomas Nelson Hwy, Lovingston (enter 9900 Thomas Nelson Hwy for GPS directions), last Sat/mo at 9:30am. 434-263-6694
- **Nelson Mobile Food Pantry:** 1653 Thomas Nelson Hwy Arrington, 1st Tues/mo 9:45am-11am 540-248-3663
- **Heritage Center of Nelson:** 1653 Thomas Nelson Hwy, Arrington, 3rd Thurs/mo 9am-12pm 434-277-8582

***Church-based Food Pantries:***

- **Holy Cross Episcopal Church:** 2523 Craigs Store Rd, Afton, 1st Sat/mo 8am-9:30am. 540-456-6334

***Food Delivery Services:***

- **JABA Home Delivered Meals**: For low-income folks > 60y unable to prepare meals. Call to determine eligibility. 434-817-5253
- **Meals on Wheels**: Delivery of 2 weeks worth of lunches for homebound individuals. Call or apply online. www.cvillemeals.org/client-application, 434-293-4364

***Pets***:

- **SPCA Pet Food Pantry:** 3355 Berkmar Dr. *Cville*, Free pet food. Schedule appt online or at 434-973-5959. Offsite pickup at 4133 Earlysville Rd. & 2050 Lambs Rd.

## MENTAL HEALTH SUPPORT

- **Region 10:** 71 Tanbark Plaza Lovingston, mental health, intellectual disability and substance use services. Most services available online, call to get connected. Crisis lines: 434-972-1800 / 1-866-694-1605. Telehealth intake appointments: 434-263-4889.
- **On Our Own:** 123 4th St NW, *Cville*. Peer-driven mental health and addiction recovery programming. Building closed, hosting virtual support meetings. 434-979-2440
- **Teen Crisis Hotline:** Support services for youth, ages 12-18. Office closed, hotline still operating, call hotline to set up online counseling. 434-972-7233
- **Women's Initiative**: Counseling and support services for women/transgender women. Free call-in clinic available, see website for hours. www.thewomensinitiative.org/coronavirus 434-872-0047
- **Mental Health Association Virginia Warm Line**: Peer-run support line for individuals or concerned others who would like someone to talk to. Warm line: 866-400-6428; Crisis line: 1-800-273-8255
- **Grief Share**: Online support group for coping with loss. See website for schedule (www.griefshare.org) or call 800-395-5755
- **Partner for Mental Health**: Effectively closed. 434-977-4673

## SUBSTANCE USE SUPPORT

- **Addiction Allies:** 631 Berkmar Cir *Cville*, suboxone clinic / MAT, online counseling (substance use & mental health). Accepts Medicaid. No referral needed, just call or contact online. 434-260-3042
- **Addiction Recovery Systems - Pantops**: 103 S. Pantops Dr. *Cville*, Methadone & Suboxone treatment center, online counseling. Accepts Medicaid & Medicare. No referral needed. Call for initial screening. 434-220-0080
- **1-800-QuitNow:** free tobacco cessation support
- **Region 10**: See section, Mental Health Support
- ***Online addiction peer support meetings,*** schedules on websites: **SMART Recovery, Alcoholics Anonymous Cville** (434-293-6565)**, Narcotics Anonymous RVa** (800-777-1515)**, Al-Anon** (cvillealanon@gmail.com, 434-972-7011 hotline), **Al-Ateen** (senglot12@gmail.com, 434-972-7011 hotline), **In the Rooms** (free online service), **Substance Abuse & Mental Health Services Administration National Helpline** (1-800-662-4357)

## SEXUAL ASSAULT ADVOCACY

- **Shelter for Help in Emergency (SHE):** See section, Emergency Overnight Shelter
- **Sexual Assault Resource Agency (SARA)**: 335 Greenbrier Dr. *Cville*, Resources for sexual assault survivors and bystanders. No walk-ins; video counseling & hotline still active. Office: 434-295-7273; hotline: 434-977-7273.

## WOMEN'S HEALTH

- **Charlottesville Health Center – Planned Parenthood:** 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open. 434-296-1000
- **Whole Woman's Health**: 2321 Commonwealth Dr. *Cville*, Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open. 434-973-4888
- **Blue Ridge Abortion Fund**: Funding for pregnant individuals with financial barriers to and in need of abortions. Still accepting calls & giving funding. 434-963-0669 (leave a message)
- **Donor Diapers**: Garrett Community Center (418 Garrett St SE, *Cville*). Monthly diaper & wipe giveaways. 434-214-0345

## PHYSICAL HEALTH SUPPORT

- **UVA Community Call Line:** M-F 8am-5pm. New call center, connects individuals without a regular doctor to a UVA doctor to discuss non-emergency medical needs (e.g. new symptoms, chronic disease management, medication refill). 434-98-COVID, Option 3
- **Sentara COVID-19 Call Center:** 9am-5pm, information on Sentara policies and COVID response. Call 1-833-945-2395.
- **Nelson County Health Department**: 4038 Thomas Nelson Hwy, Arrington. WIC, family planning, sexual health, immunizations, TB screening. Call for appointment. 434-263-8315
- **Charlottesville Free Clinic:** 1138 Rose Hill Dr. Non-emergency medical care & pharmacy for low-income households. Medical: Telehealth only, appts call for eligibility. Dental: emergency only, 1st come 1st serve. 434-295-0008
- **Blue Ridge Medical Center:** 4038 Thomas Nelson Hwy, Arrington. Comprehensive sliding-scale medical, dental, & behavioral health, & pharmacy. Still operating, schedule appointments online. 434-263-4000
- **Unity in Community:** programs for adult dental, hearing, & vision assistance. See section, Other Emergency Support.
- **Visionworks**: 1114-C Emmet St. N, Barracks Road Shopping Center, *Cville*. Free eye exams for patients with Medicaid. Open. 434-293-3225
- **MyEyeDr:** 441 Westfield Rd. This location only: free eye exams with Premier, Aetna Better Health, and MARCH Vision Medicaid. 434-973-5361
- **Cville Community Cares**: 434-214-0454; Free prescription delivery. Sign up: http://tinyurl.com/cvillecaresrx
- **UVA:** Now offering mix of in-person & telehealth for most outpatient clinics.
- **Sentara:** Appointments available at most clinics. Additional screening & visitor policies.
- **Rx Outreach:** Non-profit mail order pharmacy, temporarily expanded program for COVID, enroll online www.rxoutreach.org. 1-888-796-1234