

VIRGINIA DEPT OF SOCIAL SERVICES

Apply for Medicaid, SNAP (supplemental nutrition assistance program), TANF (temporary assistance for needy families), and other benefits. Go online (commonhelp.virginia.gov/) or call:

- 1-855-635-4370 to apply for benefits
- 1-855-242-8282 to apply for Medicaid

For other needs, call 434-263-7160 (Nelson County Social Services Department)

DISCRIMINATION SERVICES

- **Legal Aid Justice Center:** 1000 Preston Ave #A, *Cville*. Legal consultation for housing and job discrimination, civil rights, immigration. Offices closed, call for assistance. 434-977-0553
- **Central Virginia Legal Aid Society:** 1010 Preston Ave, *Cville*. Legal consultation for evictions, foreclosures, sexual/domestic violence. Not taking walk-ins, call or go online for services. 434-296-8851

OTHER EMERGENCY SUPPORT

- **Dominion Energy Share:** Electricity & fuel bill assistance through Salvation Army. Disconnections have resumed. 434-295-4058
- **MACAA:** Has limited funds available. Individuals must complete an application. 434-263-8119
- **UVA Emergency Assistance Funds:** for **UVA ACADEMIC employees ONLY**, apply online or at 434-243-3673.
- **Unity in Community:** programs include financial assistance, adult dental assistance, visitation & emergency and hearing & vision assistance. Call 434-277-8842 or email nelsonuic@gmail.com to enroll.
- **Emergency Rental Assistance Program:** Call regarding rent aid, 703-962-1884 or fill out application online, <https://dmz1.dhcd.virginia.gov/RMRPEligibility/>
- **Love INC:** Emergency financial support and material aid. Offices closed, call for assistance. 434-977-7777
- **JABA Senior Helpline:** Direct service to older adults & caregivers. Medicare/ACA counseling (all ages), advice on aging concerns, local resource referrals. 434-817-5253

NEED MORE INFO?

Point a phone camera at this QR code here to open a webpage with up-to-date information on the resources listed here, or go to: <https://tinyurl.com/covidresourceguidecville>



SCAN ME!

INTERNET / LITERACY / GED

- **Thomas Jefferson Adult Career Education (TJACE):** 961-5461. GED prep, family literacy, ESL, and career readiness training. Fall semester will be in person with online options for those that cannot attend in person.
- **Literacy Volunteers of Charlottesville/Albemarle:** 977-3838; 233 4th St NW (Jefferson School). Tutoring in reading, writing, English as 2nd language, and citizenship. You can meet with staff, check out library materials, use computer. Additional resources online (literacyforall.org)
- **Workforce Innovation and Opportunity (WIOA):** Assisting adults, youth and in/out of school (ages 16-24), and dislocated workers achieve their employment goals. Individuals interested in assistance fill out a pre-application. Call 434-202-8563

VETERANS SUPPORT SERVICES

- **Charlottesville VA Clinic** (VA Medical Center): 590 Peter Jefferson Pkwy #250. All services & hours unchanged. 434-293-3890
- **Supportive Services for Veteran Families:** Rapid rehousing and supportive services. Offices closed, call for services. 804-788-6825
- **Virginia Department of Veterans Services** (Cville Benefits Office): 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Offices open but appointment only. 804-691-4905

EMPLOYMENT SERVICES

- **Virginia Employment Commission:** Call or go online (www.vec.virginia.gov/unemployed/online-services) to file for unemployment. 1-866-832-2363
- **Goodwill Industries of the Valley:** Free virtual job training & career coaching. Register online. 1-540-581-0620
- **Downtown Job Center:** 201 E. Market St (in library) *Cville*, Currently open. Check website for days/hours. 434-970-3933
- Network2Work not accepting new clients, Virginia Workforce Center is temporarily closed.

CLOTHING

- **Free Clothes Closet at Oak Hill Baptist Church** (Unity in Community): 382 Level Green Rd, Roseland. 434-277-8541
- **Salvation Army Thrift Store:** Mon-Sat 10am-5:30pm, 605 Cherry Ave *Cville*. Still operating. 434-979-5230
- **Eden Ministries:** 2999 Merry Meadows Ln, *Keswick*, free clothing & household items Open. 434-973-4068
- **THRIVE Women's Health:** 618 Forest St. Unit C *Cville* Maternity clothes. Call ahead. 434-979-8888. Additional location at 1416 Greenbrier Pl. *Cville*. 434-220-3777
- **Twice is Nice:** Wed-Sat 11am-4pm, 923 Preston Ave (434-293-8319), 918 Preston Ave (434-284-8180) *Cville*

TRANSPORTATION

- **JAUNT:** Regional transportation. Universal phone number: 296-3184
- **RideShare:** Carpool matching, vanpool coordination, Guaranteed Ride Home for emergencies. 434-295-6165

COVID "STREET SHEET" – Resources in Nelson County

Version 6. Last Updated: 10/1/2021 This pamphlet is intended to provide a list of local resources, updated to reflect current operation status during the COVID crisis. For up-to-date info, use the QR code to check our webpage.

PUBLIC MEALS

**All located in Charlottesville*

- The Haven; 112 W Market; walk-up
- Salvation Army; 207 Ridge St; walk-up
- Keevil & Keevil Kitchen; 703 Hinton Ave; request via keevilkitchen@gmail.com or 434-989-7648.

	Breakfast	Lunch	Dinner
The Haven	Mon-Sun: 7am	SEE LINK: https://tinyurl.com/covidresourceguidecville	
Salvation Army	Mon-Sat: 7am Sun: 9:15am	Sat-Sun: 12pm	Mon-Sat 5:30pm
Keevil & Keevil		Mon-Fri 12:30pm	

EMERGENCY OVERNIGHT SHELTER

**All located in Charlottesville*

- **Salvation Army Emergency Shelter:** 207 Ridge St. Men, women, families, children; Call or walk in 10am-10pm – not accepting new guests. 434-295-4058
- **PACEM:** PACEM is a low-barrier overnight shelter for adult men and women, open Oct-Apr yearly. Access via Coordinated Entry voicemail, 434-207-2328.
- **TJACH Non-Congregate Shelter:** Eligibility determined by CDC guidelines for high-risk individuals. Call the Haven (434-973-1234) weekdays for eligibility.
- **Shelter for Help in Emergency (SHE):** Domestic violence shelter. Open to new guests, call hotline. Hotline: 434-293-8509
- **ReadyKids-Runaway Emergency Services:** Still active. Hotline: 434-972-7233

EMERGENCY FOOD

- **Nelson County Pantry:** 9890 Thomas Nelson Hwy, Lovingsston (enter 9900 Thomas Nelson Hwy for GPS directions), last Sat/mo at 9:30am. 434-263-6694
- **Nelson Mobile Food Pantry:** 1653 Thomas Nelson Hwy Arrington, 1st Tues/mo 9:45am-11am 540-248-3663
- **Heritage Center of Nelson:** 1653 Thomas Nelson Hwy, Arrington, 3rd Thurs/mo 9am-12pm 434-277-8582
- **Food Security Text Message Program:** Community members can text the word "FOOD" or "COMIDA" (para espanol) to 844-947-6518. Upon receiving a response, individuals can text their zip code followed by the day of week for information on access to food in their area. EX: 22901FRIDAY

Church-based Food Pantries:

- **Holy Cross Episcopal Church:** 2523 Craigs Store Rd, Afton, 1st & 3rd Sat/mo 8am-10am. 540-456-6334

Food Delivery Services:

- **JABA Home Delivered Meals:** For low-income folks > 60y unable to prepare meals. Call to determine eligibility. 434-817-5253

Pets:

- **SPCA Pet Food Pantry:** 3355 Berkmar Dr. *Cville*, Free pet food. Schedule appt online or at 434-973-5959. Offsite pickup at 4133 Earlysville Rd. & 2050 Lambs Rd.

SEXUAL ASSAULT ADVOCACY

- **Shelter for Help in Emergency (SHE):** See section, Emergency Overnight Shelter
- **Sexual Assault Resource Agency (SARA):** 335 Greenbrier Dr. *Cville*, Resources for sexual assault survivors and bystanders. No walk-ins; video counseling & hotline still active. Office: 434-295-7273; hotline: 434-977-7273.

COVID-19 TESTING

- **Virginia Department of Health Testing Site Locator:** Visit the following link to find a testing site near you: <https://www.vdh.virginia.gov/coronavirus/covid-19-testing/covid-19-testing-sites/>
- **For more specific information on COVID-19 testing sites, scan the QR code and visit section 17**
- **For more information on vaccine sites:** Visit the following link: <https://www.vdh.virginia.gov/blue-ridge/covid-19-vaccination/>
- **Blue Ridge Health Department Vaccine Line---**1-877-829-4682 (1-877-VAX-IN-VA)

MENTAL HEALTH SUPPORT

- **Region 10:** 71 Tanbark Plaza Lovingsston, mental health, intellectual disability and substance use services. Most services available online, call to get connected. Crisis lines: 434-972-1800 / 1-866-694-1605. Telehealth intake appointments: 434-263-4889.
- **Region Ten Community Services Board, Lock and Talk, 434-972-1800:** Prevent suicide and drug misuse and request a FREE safety device kit by completing the form: <https://forms.gle/G6tbeXCgGnWaSqM16> or visiting <https://regionten.org/dovourpart/>
- **On Our Own:** 123 4th St NW, *Cville*. Peer-driven mental health and addiction recovery programming. Building closed, hosting virtual support meetings. 434-979-2440
- **Teen Crisis Hotline:** Support services for youth, ages 12-18. Office closed, hotline still operating, call hotline to set up online counseling. 434-972-7233
- **Women's Initiative:** Counseling and support services for women/transgender women. Free call-in clinic available, see website for hours. 434-872-0047
- **Mental Health Association Virginia Warm Line:** Peer-run support line for individuals or concerned others who would like someone to talk to. Warm line: 866-400-6428; Crisis line: 1-800-273-8255
- **Grief Share:** Online support group for coping with loss. See website for schedule or call 800-395-5755
- **ReadyKids:** Counseling for teens and families, other mental health resources online. 434-296-4118
- **Addiction Allies:** (See Substance Use Support)

SUBSTANCE USE SUPPORT

- **Addiction Allies:** 631 Berkmar Cir *Cville*, suboxone clinic / medication assisted treatment, online counseling (substance use & mental health) and partial hospitalization. Accepts Medicaid, Private Insurance, and Self Pay. No referral needed, call or contact online. 434-260-3042
- **Addiction Recovery Systems - Pantops:** 103 S. Pantops Dr. *Cville*, Methadone & Suboxone treatment center, online counseling. Accepts Medicaid & Medicare. No referral needed. Call for initial screening. 434-220-0080
- **Region 10:** See section, Mental Health Support
- **Online addiction peer support meetings,** schedules on websites: **SMART Recovery, Alcoholics Anonymous Cville** (434-293-6565), **Narcotics Anonymous** (800-777-1515, in-person info at piedmontvana.org), **Al-Anon** (cvillealanon@gmail.com, 434-972-7011 hotline), **Al-Ateen** (senglot12@gmail.com, 434-972-7011 hotline), **In the Rooms** (free online service), **Substance Abuse & Mental Health Services Administration National Helpline** (1-800-662-4357; English & Spanish)

WOMEN'S & FAMILY HEALTH

- **Charlottesville Health Center – Planned Parenthood:** 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open. 434-296-1000
- **Whole Woman's Health:** 2321 Commonwealth Dr. *Cville*, Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open. 434-973-4888
- **Blue Ridge Abortion Fund:** Funding for pregnant individuals with financial barriers to and in need of abortions. Still accepting calls & giving funding. 434-963-0669 (leave a message)
- **Donor Diapers:** Garrett Community Center (418 Garrett St SE, *Cville*). Monthly diaper & wipe giveaways. Next on April 25th, 2-3:30pm. 434-214-0345

PHYSICAL HEALTH SUPPORT

- **UVA Community Call Line:** M-F 8am-5pm. New call center, connects individuals without a regular doctor to a UVA doctor to discuss non-emergency medical needs (e.g. new symptoms, chronic disease management, medication refill). 434-98-COVID, Option 3
- **Sentara COVID-19 Call Center:** 9am-5pm, information on Sentara policies and COVID response. Call 1-833-945-2395.
- **Nelson County Health Department:** 4038 Thomas Nelson Hwy, Arrington. WIC (women, infants, & children nutrition program), family planning, sexual health, immunizations, TB screening. Call for appointment. 434-263-8315
- **Charlottesville Free Clinic:** 1138 Rose Hill Dr. Non-emergency medical care & pharmacy for low-income households. Medical: Telehealth only, appts call for eligibility. Dental: emergency only, 1st come 1st serve. 434-295-0008
- **Blue Ridge Medical Center:** 4038 Thomas Nelson Hwy, Arrington. Comprehensive sliding-scale medical, dental, & behavioral health, & pharmacy. Still operating, schedule appointments online. 434-263-4000
- **Unity in Community:** programs for adult dental, hearing, & vision assistance. See section, Other Emergency Support.
- **Visionworks:** 1114-C Emmet St. N, Barracks Road Shopping Center, *Cville*. Free eye exams for patients with Medicaid. Open. 434-293-3225
- **MyEyeDr:** 441 Westfield Rd. This location only: free eye exams with Premier, Aetna Better Health, and MARCH Vision Medicaid. Open. 434-973-5361