

## Public Health In Our Community

### *What does the health district do?*

The Blue Ridge Health District (BRHD) is your community partner in promoting and protecting health where you and your family live, work, and play. BRHD includes five local health departments and one community-based clinic providing services in Albemarle, Charlottesville, Fluvanna, Greene, Louisa, and Nelson.

Public Health is  
Where You Are



### *How does BRHD create a healthy place to live?*

BRHD connects people to appropriate resources helping them to make informed and healthy choices. The health department offers a variety of services including:

- **Disease Prevention** - Reducing, controlling, and preventing illnesses that spread from person-to-person.
- **Environmental Health** - Reducing the risk of foodborne illnesses by monitoring and permitting restaurants. Preventing communicable diseases and outbreaks by inspecting private wells and sewage disposal systems.
- **Health Clinic Services** - Providing vaccines, STI testing and treatment, family planning services, TB testing, and WIC supplemental food program and nutrition education.
- **Vital Records** - Issuing birth, death, marriage, and divorce certificates.
- **Emergency Preparedness** - Planning for and responding to large scale health events, natural, and manmade disasters like severe weather and flu season.
- **Harm Reduction** - Free Narcan, medication disposal bags, and tobacco cessation services.
- **COVID-19 Response** - COVID-19 testing and vaccinations, case investigations, and resource hotline (open Monday through Friday, 8:00 am to 4:30pm).

For more information visit: [www.BlueRidgeHD.org](http://www.BlueRidgeHD.org)



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Health  Whys

A public health message from  
**BlueRidgeHD.org**



**VDH** VIRGINIA  
DEPARTMENT  
OF HEALTH  
To protect the health and promote the  
well-being of all people in Virginia.

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