

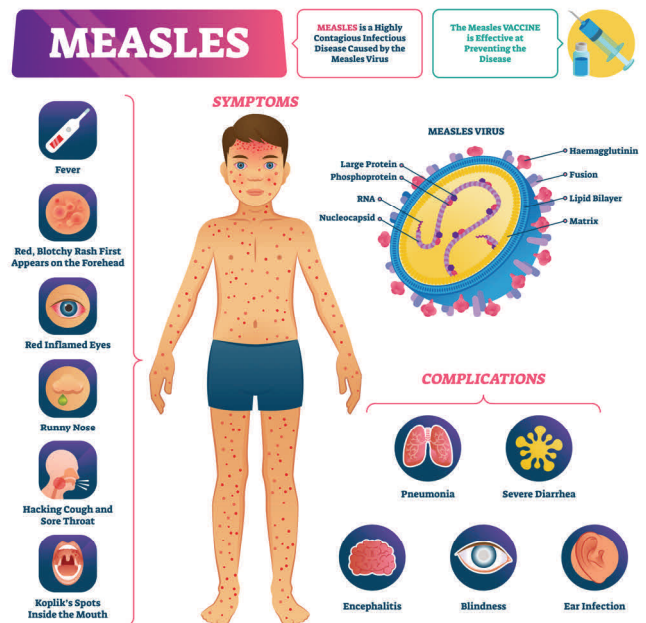
Measles/Rubeola (red spots)

Why are we concerned about measles?

Measles is highly contagious and can be a very serious viral disease. It spreads through the air when an infected person coughs or sneezes. Anyone without protection can get sick. In 2024, the number of cases tripled over the number in 2023.

What are the symptoms of measles?

- Nonproductive cough
- High Fever (may spike over 104° F)
- Runny nose
- Sore throat
- Conjunctivitis
- Rash (red skin)



Who is most at risk for complications of measles?

Complications occur in 30% of reported cases and include ear infections, blindness, severe diarrhea, and pneumonia. Those most at risk are those who are:

- Under the age of 5 years
- Pregnant
- Living in overcrowded environments
- Malnourished or experiencing a Vitamin A deficiency
- Experiencing an immunological disorder such as AIDS

How can measles be prevented?

The best way to prevent measles is to be vaccinated. Everyone should receive two doses of the MMR vaccine.

For more information: www.cdc.gov/measles/index.html



1/25



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