

# Age Friendly = Good for Everyone

## Why are we concerned about having an age-friendly community?

By 2024, 1 in 4 people in the Charlottesville area will be 65 or older. Planning for the needs of our growing aging population benefits everyone who lives here.

## What is the Charlottesville Area Alliance (CAA)?

The CAA is an umbrella organization created to increase awareness of senior issues in our area.

Their goal is to make Charlottesville the most age-friendly community in the country by using existing resources in a better way. The group consists of area agencies who serve or advise the senior population.



## What does the CAA do?

The CAA is using the World Health Organization's age-friendly criteria to assess and plan for the future. The criteria include:

- Civic participation and employment
- Communication and information
- Community health and services
- Housing
- Outdoor spaces and buildings
- Respect and social inclusion
- Social participation
- Transportation

## Do you want to get involved?

If you want to help support connections that promote healthy relationships in our community email: [info@charlottesvilleareaalliance.org](mailto:info@charlottesvilleareaalliance.org)



5/17

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