MAPP—The Health of Your Community

What is MAPP2Health (Mobilizing for Action through Planning and Partnerships)?
MAPP2Health is the 2016 community health assessment and improvement plan for the Thomas Jefferson Health District (TJHD). The District includes the City of Charlottesville and Albemarle, Fluvanna, Greene, Louisa, and Nelson Counties. The plan calls organizations and individuals to action to help improve our community's health.
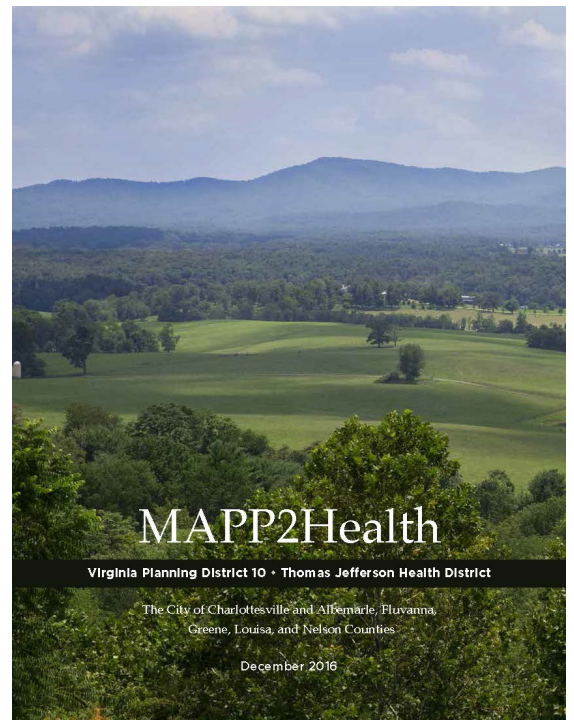
What are the results of the 2016 MAPP2Health?
Over the last year, 105 community partners and 10 community coalitions came together to review data on the health of our community, including the survey results from 2,855 area residents. The following four health priorities were identified, each of which includes a goal, objectives and local strategies:

1. Promote healthy eating and active living
2. Address mental health and substance use
3. Improve health disparities and access to care
4. Foster a healthy and connected community

What are the next steps?
Local councils and coalitions are working together to move each of these priorities forward over the next three years. For more information or to be part of this important work contact Putnam Ivey at (434) 972-6241 or email her at Putnam.Ivey@vdh.virginia.gov

For more information: Visit www.vdh.virginia.gov/thomas-jefferson/plan-mapp2health

THOMAS JEFFERSON HEALTH DISTRICT
WORKING TOGETHER FOR A HEALTHY COMMUNITY

3/17

Health Whys
A public health message from
www.tjhd.org

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