

# Keep Fighting Covid-19

## *When was COVID-19 first identified in Virginia?*

The first case of novel coronavirus (SARS-CoV-2, now known as “COVID-19”) was first reported in Virginia and the Blue Ridge Health District in March of 2020. Since then, over 43,400 individuals in our District have been infected and sadly we have lost over 400 local community members to COVID-19.



## *How can I continue to protect myself against COVID-19?*

- Know the facts! Stay up to date with the latest, accurate information. COVID-19 has evolved over the past two years and we will continue to learn more about the virus and its variants as more research is done.
- Sign up for the BRHD newsletter [here](#).
- Get vaccinated and boosted.
- Wear a mask indoors if you live in an area with high levels of transmission.
- Get tested if you have COVID-19 symptoms.
- Stay home when sick, regardless of whether it’s COVID-19 or not.

## *How can I learn more about COVID-19?*

- Call the BRHD COVID-19 Resource Hotline at 434-972-6261 (open Monday-Friday, 8:00 am-4:30 pm).
- Email [BRHealthDistrict@gmail.com](mailto:BRHealthDistrict@gmail.com)
- Visit [www.BlueRidgeHD.org](http://www.BlueRidgeHD.org) for local COVID-19 vaccination and testing resources and the latest local data.
- Sign up for the BRHD newsletter [here](#).
- Visit [www.CDC.gov/coronavirus](http://www.CDC.gov/coronavirus) for latest guidance and recommendation from the Centers for Disease Control and Prevention.



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DEPARTMENT  
OF HEALTH  
To protect the health and promote the  
well-being of all people in Virginia.

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