

Free Formula Resources

in Fluvanna County

Tip: before you visit a food pantry, call ahead to verify the hours, supplies, and any requirements.



FLDR Community Food Pantry |  FluvannaLRD.org/Community-Food-Pantry

14455 James Madison Highway, Palmyra | 434-987-1938

- Provides infant formula and baby food.
- Open Tuesdays and Thursdays (10 AM to 2 PM).

MACAA Fluvanna Food Pantry |  MACAA.org/FoodPantry

8878 James Madison Highway, Fork Union | 434-842-2521

- Provides a 5-day supply of perishable and non-perishable food twice a month. Baby formula availability varies; call ahead to check on supply.
- Open Monday through Friday (10 to 11:30 AM). **Requirements:** client intake form.

Mom2Mom |  Mom2MomVA.org

700 Southridge Pkwy. Suite 301B, Culpepper | 540-360-1468

- Baby formula, baby food, diapers, wipes, and personal hygiene items twice a month.
- Open Tuesday through Friday (4:30 to 6 PM). **Requirements:** photo ID, proof of public assistance, and birth certificates/letters for all children.

Free Formula Exchange



Scan the QR code for an online tool connecting families who need baby formula to people looking to donate formula!

www.freeformula.exchange

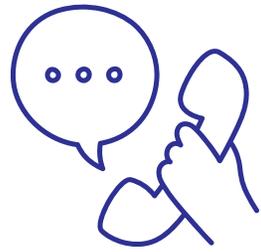


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Columbia Mobile Food Pantry | [FoodFinder.BRAFB.org](https://www.foodfinder.org/BRAFB.org)

116 Rivanna Street, Columbia | 434-825-1447

- Fresh produce, protein, and nutritious grocery staples via drive-thru. Income restrictions may apply to certain food items.
- Open 3rd Wednesday of the month (10 to 11 AM).

Effort Church Mobile Food Pantry | [FoodFinder.BRAFB.org](https://www.foodfinder.org/BRAFB.org)

7820 Thomas Jefferson Parkway, Palmyra | 540-213-8400

- Fresh produce, protein, and nutritious grocery staples via drive-thru. Income restrictions may apply to certain food items.
- Open 3rd Wednesday of the month (10 to 11 AM).

BRHD Community Resource Directory



Scan the QR code for other local resources!

https://docs.google.com/spreadsheets/d/1zK-U2ZO9SfwQi4J7H04rEIp0HoPGoqFGQwG9VT_5hzY/edit?usp=sharing

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