Free Food & Formula Resources
in Louisa County

Louisa County Resource Council | 🔗 LouisaResource.org | 147 Resource Lane, Louisa | 540-967-1510

- **Requirements**: proof of income and Louisa residency. Apply in person to determine your eligibility for one of the following food assistance programs:
- **Community Cupboard**
  - Monthly allotments of food, including staple groceries, fresh meats, produce, and dairy. Occasionally supplies baby formula, call ahead to check availability.
  - Open during regular LCRC hours: Monday through Wednesday (9 AM to 3 PM) and Thursday (9 AM to 6 PM).
- **Grocery Assistance Program**
  - Monthly allotment of groceries to families with incomes above federal poverty levels but unable to afford healthy and nutritious foods. Pick-up during regular LCRC hours or at the following locations/times:
    - Galilee Baptist Church (3598 Three Notch Rd., Kents Store), 1st Tuesday and 3rd Thursday of the month (6 to 7:30 PM)
    - Gum Spring United Methodist Church (35 Church Ln., Gum Spring), 2nd Tuesday of the month (4:30 to 6 PM)
    - Mechanicsville Baptist Church (10200 Louisa Rd., Gordonsville), 1st Thursday of the month (6:30 to 8 PM)
- **Emergency Food Pantry**
  - Week's worth of groceries twice every 6 months to those facing unexpected crisis.
- **Children's Emergency Feeding Program**
  - Distributes food on the weekends, holidays, and over the summer to kids without enough to eat.

Mom2Mom | 🔗 Mom2MomVA.org | 700 Southridge Pkwy. Suite 301B, Culpepper | 540-360-1468

- Baby formula, baby food, diapers, wipes, and personal hygiene items twice a month.
- Open Tuesday–Friday (4:30 to 6 PM). **Requirements**: photo ID, proof of public assistance, and birth certificates/letters for all children.

Free Formula Exchange

Scan the QR code for an online tool connecting families who need baby formula to people looking to donate formula!

www.freeformula.exchange

WIC Virginia — Wholesome Informed Choices — Women, Infants & Children

BRHD — Blue Ridge Health District — ALBEMARLE | GREENE | NELSON | FLUVANNA | LOUISA | CHARLOTTESVILLE

VDH — VIRGINIA DEPARTMENT OF HEALTH

This institution is an equal opportunity provider.

BRHD Community Resource Directory

Scan the QR code for other local resources.

https://docs.google.com/spreadsheets/d/1zK-U2ZO9SfwQi4J7H04rElpoHoPGoqFGQwG9VT_5hzY/edit?usp=sharing