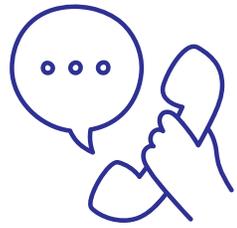


# Free Formula Resources

in Nelson County

**Tip:** before you visit a food pantry, call ahead to verify the hours, supplies, and any requirements.



## Mom2Mom | [Mom2MomVA.org](https://www.Mom2MomVA.org)

700 Southridge Pkwy. Suite 301B, Culpepper | 540-360-1468

- Baby formula, baby food, diapers, wipes, and personal hygiene items twice a month.
- Open Tuesday through Friday (4:30 to 6 PM). **Requirements:** photo ID, proof of public assistance, and birth certificates/letters for all children.

## Nelson County Pantry | [NelsonCountyPantry.org](https://www.NelsonCountyPantry.org)

9890 Thomas Nelson Highway, Lovingston | 434-263-6694

- Perishable and non-perishable food items. Limited supply of infant formula and baby food, call ahead to check.
- Open 4<sup>th</sup> Saturday of the month (9 AM to 12 PM). **Requirements:** client intake form, proof of Nelson residency required for some items.

## Free Formula Exchange



Scan the QR code for an online tool connecting families who need baby formula to people looking to donate formula!

[www.freeformula.exchange](http://www.freeformula.exchange)

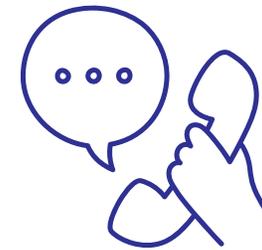
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# Free Food Resources

in Nelson County

**Tip:** before you visit a food pantry, call ahead to verify the hours, supplies, and any requirements.



## Heritage Center Food Pantry | [HeritageCenterFoodPantry.com](https://HeritageCenterFoodPantry.com)

1653 Thomas Nelson Highway, Lovingston | 434-215-9850

- Perishable and non-perishable food items. Income restrictions may apply for certain food items.
- Open 3<sup>rd</sup> Thursday of the month (9 to 11 AM). **Requirements:** client intake form.

## Nelson Mobile Food Pantry | [FoodFinder.BRAFB.org](https://FoodFinder.BRAFB.org)

1653 Thomas Nelson Highway, Lovingston | 540-213-8400

- Fresh produce, protein, and nutritious grocery staples via drive-thru. Income restrictions may apply for certain food items.
- Open 1<sup>st</sup> Tuesday of the month (9:45 to 11 AM).

## BRHD Community Resource Directory



Scan the QR code for other local resources!

[https://docs.google.com/spreadsheets/d/1zK-U2ZO9SfwQi4J7H04rElpoHoPGoqFGQwG9VT\\_5hzY/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1zK-U2ZO9SfwQi4J7H04rElpoHoPGoqFGQwG9VT_5hzY/edit?usp=sharing)

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