

# Public Health In Our Community

## *What does the health department do?*

The Blue Ridge Health District (BRHD) promotes and protects health where you live, work, and play. We provide services in Albemarle, Charlottesville, Fluvanna, Greene, Louisa, and Nelson at our five local health departments and one community-based clinic.

## *How does BRHD create a healthy place to live?*

BRHD connects people to resources, helping them make informed and healthy choices. Health department services include:

- **Disease Prevention** - Reduce, control, and prevent illnesses that spread from person-to-person.
- **Environmental Health** - Reduce foodborne illnesses by monitoring and permitting restaurants. Prevent disease by inspecting private wells and sewage disposal systems.
- **Health Clinic Services** - Provide vaccines, STI testing and treatment, family planning services, TB testing, and WIC supplemental food program and nutrition education.
- **Vital Records** - Issue birth, death, marriage, and divorce certificates.
- **Emergency Preparedness** - Plan for and responds to large scale health events and disasters like severe weather and flu season. Manage Medical Reserve Corps (MRC) volunteers.
- **Harm Reduction** - Supply free naloxone, medication disposal bags, and tobacco cessation services.
- **Population Health** - Provide referrals to community resources through Community Health Workers. Provide timely public health information through multi-media channels.



*For more information visit:* [www.BlueRidgeHD.org](http://www.BlueRidgeHD.org)



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A public health message from  
**BlueRidgeHD.org**

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