

# HIV Testing ...

*the* Risk <sup>is</sup> NOT  
knowing.  
Get tested.

## *Why should you be concerned about HIV testing?*

HIV is the virus that causes AIDS. You could have HIV without signs or symptoms of sickness early on, so the only way to know is to get tested. HIV is usually fatal without treatment.

## *Why do you need to get tested?*

If you *do not* have HIV, you can stay HIV-free. If you *do* have HIV, the sooner you get care the better.

## *Who needs to get tested?*

The CDC recommends HIV testing for anyone aged 13 to 64. The following behaviors increase your chance of getting HIV:

- Having unprotected sex with multiple partners or people you don't know
- Having a sexually transmitted disease (STD), hepatitis, or TB
- Men who have sex with men
- Exchanging sex for drugs or money
- Injecting drugs or sharing needles with others
- Having sex with someone who could answer yes to any of the above questions

Talk to your doctor about your risk and how often you should be tested.

## *Where can I get tested?*

For information on free testing:

- Virginia Disease Prevention Hotline (800) 533-4148
- The health department at (434) 972-6200
- [www.hivtest.org](http://www.hivtest.org)

*For more information go to:* [www.cdc.gov/hiv](http://www.cdc.gov/hiv)

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