

Where Is Public Health in Your Life?



Serving: Albemarle Charlottesville
Fluvanna Greene Louisa Nelson

Public health is your community partner in promoting and protecting health where people live, work, and play.

Your health department promotes health by:

- Reducing illness and saving healthcare costs by making sure children are vaccinated against serious diseases such as tetanus, meningitis, and polio.
- Controlling and preventing diseases that spread person-to-person like tuberculosis.
- Supporting the health of vulnerable pregnant women and young children through nutrition education and WIC vouchers redeemable for healthy food.
- Providing family planning services to help prevent unintended pregnancies.
- Ensuring child passenger safety by distributing car seats and teaching families on their proper use.
- Preventing infant deaths due to SIDS through its Safe Sleep Program.
- Preparing for and responding to large-scale public health events like the H1N1 flu pandemic and natural disasters like hurricanes.
- Working to ensure that the food you eat in restaurants, cafeterias and at public events is prepared safely to reduce the risk of foodborne illness.

Where can I find out about my community's health department services?

- Visit our website at: www.vdh.virginia.gov/LHD/ThomasJefferson
- Find us on Facebook at Thomas Jefferson Health District



7/11

The "Health Whys" logo features the words "Health Whys" in a green, sans-serif font. The letter "H" in "Health" is stylized to include three human figures in silhouette, with a green leaf above them, all enclosed within a red circle.

A public health message from

The logo for Thomas Jefferson Health District, featuring the name "Thomas Jefferson" in a blue cursive font and "HEALTH DISTRICT" in a blue sans-serif font below it.

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