

PREVENTIVE MEASURES FOR CORONAVIRUS (COVID-19)

CLEAN HANDS OFTEN



- **Wash your hands** often with soap and water for at least 20 seconds.
- **If soap and water are not readily available**, use a hand sanitizer that contains at least 60% alcohol.
- **DO NOT** use denatured alcohol, homemade hand sanitizers, or drinking alcohol to clean or sanitize hands.

CLEAN AND DISINFECT



- **Remove visible soil and dirt** from surfaces using soap and water prior to disinfection.
- **To disinfect:**
 - Use a EPA registered disinfectants (*recommended*)
 - Dilute household bleach as follows:
 - 5 tablespoons (1/3rd cup) bleach per gallon of water, or
 - 4 teaspoons bleach per quart of water.
 - Alcohol solutions greater than **70% alcohol**.

For more information:
www.vdh.virginia.gov