PREVENTIVE MEASURES FOR CORONAVIRUS (COVID-19)

CLEAN HANDS OFTEN

- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- DO NOT use denatured alcohol, homemade hand sanitizers, or drinking alcohol to clean or sanitize hands.

CLEAN AND DISINFECT

- Remove visible soil and dirt from surfaces using soap and water prior to disinfection.
- To disinfect:
  - Use a EPA registered disinfectants (recommended)
  - Dilute household bleach as follows:
    - 5 tablespoons (1/3rd cup) bleach per gallon of water, or
    - 4 teaspoons bleach per quart of water.
  - Alcohol solutions greater than 70% alcohol.

For more information:
www.vdh.virginia.gov