



# Public Health and Nutrition VDH Internship Academy Cohort 3 Prince William Health District

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#### Issues/Gaps Addressed:

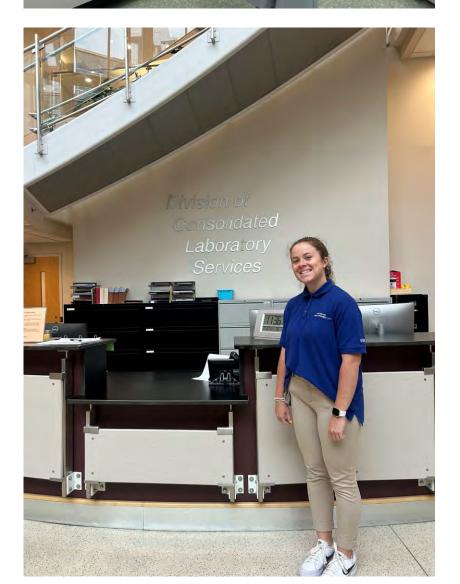
Language- Closes the language gap by providing resources in both English and Spanish which are the two primary languages spoken in my district, with a goal to add more languages to ensure equity of resources among all.

Affordability- Providing meal and snack recipes that can use WIC approved food benefits and not an excess cost amount for other food items

Lack of Education- Families want to make healthy meals for their children, but they have no education or guidance on how to create healthier options. These cards should help to provide healthy options in very simple ways.

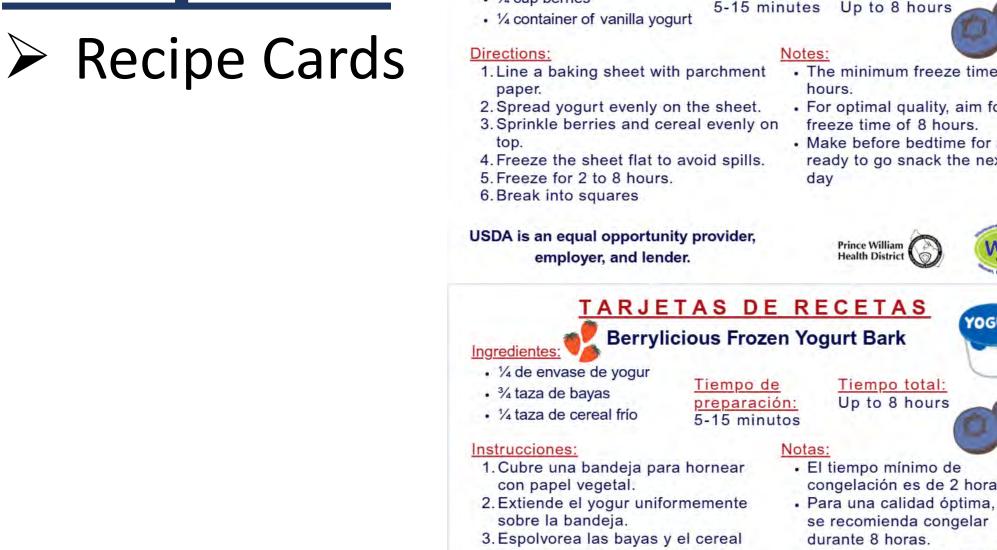


Packing a Rabies
Specimen for Testing



Tour of DCLS Facility

## Outputs:



Bats RabiesEducationalInfographic

### Outcomes/Takeaways:

- Conducted anthropometric testing at WIC
- Trained on Redcap Survey Tool for Rabies
- Always say yes and be flexible to everything
- Hands-on learning was super beneficial for me
- Solidified my passion to work in EH & Nutrition



LIV GolfTemporaryEvent Inspection

## Acknowledgements:

Thank you to all PWHD staff for amazing experiences, especially my mentor, Patrick Jones!

Thank you, Jeff Stover and Bridget Cochran, for the amazing Internship opportunity!

#### **Experienced Challenges:**

- Families need benefits but don't focus on the nutrition specifically
- Plan Reviews not accurate or updated
- Funding for projects

## **Observed Challenges:**

- Scheduling overlaps
- Electronic vs. Paper
- Cultural Differences