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Population Health I Richmond & Henrico Health Districts

Cohort 3, 2025



PROJECT OVERVIEW

Intern with RHHD, I contributed to various community health projects addressing the community's top priorities—**mental health/substance use, violence prevention, and chronic diseases**—identified in the 2024 Community Health Assessment (CHA). My work bridged various teams in population health and clinical services with focus on **Chronic Disease Risk Assessment for Population Health Planning and Advancing Community Health through Collaboration & Innovation**. This experience underscored the critical role of collaboration and strategic planning in achieving the agency mission and guiding the CHIP process.



KEY OUTPUTS



CHA Engagement

- Gained insights into the community by analyzing the 2024 CHA, focusing on key health priorities- Mental Health & Substance Use, Community Safety & Violence Prevention, and Chronic Diseases.



Mobile Outreach

- Coordinated SUD mobile outreach events, organizing the best utilization of the unit, most areas in need, and resources provided to our communities.



Newsletter Development

- Developed a quarterly newsletter for the CHIP members and committees to combine efforts.
- Developed a weekly newsletter for Pop. Health team for updates and highlights.



Event Participation

- Assisted in various community events, promoting health and engagement. Such as
 - SUD mobile,
 - Resource Center anniversaries,
 - School physicals,
 - Peace Pull-up with Trauma Healing Response Network,
 - HCPS Family and Community Engagement.



Outreach Engagement

- Collaborated with teams to hold outreach events.
- Collaborated with the clinical team to provide essential community needs like school physicals and vaccinations.



CHIP Support

- Worked with CHIP committees, developing community health initiatives and identifying the vision, mission, and values.
- Partnerships to address pressing health issues in our community.



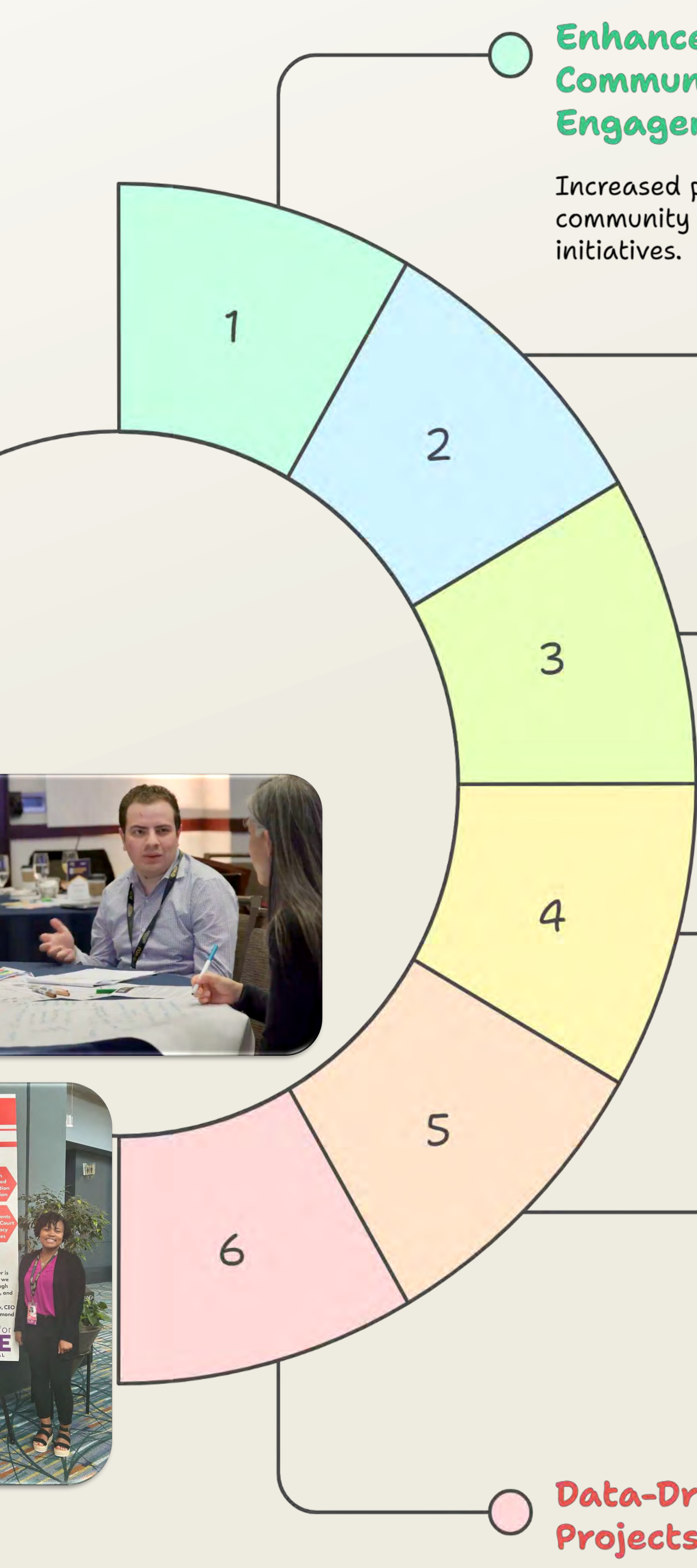
Operational Management

- Organized a OneNote digital binder for the population health team, organizing important documents and meeting minutes for more efficient team function.



Strategic Partnerships

- Work with community organizations, such as the YWCA, to support vulnerable populations.
- Partnering with universities, such as VCU, to conduct research, evaluate programs, and train future public health professionals.



Enhanced Community Engagement
Increased participation in community health initiatives.

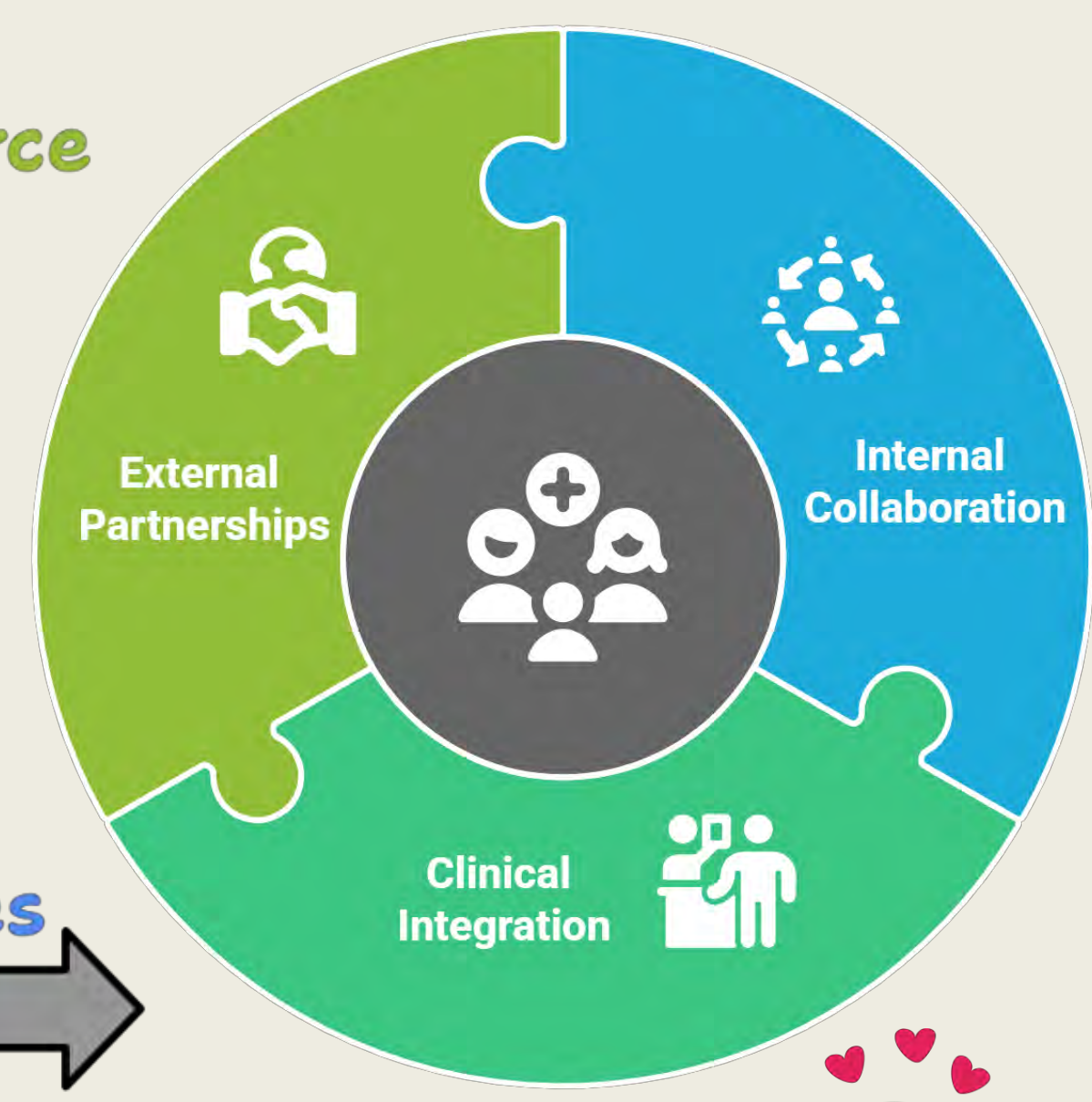
Improved Communication
Better communication among teams and external partners.

Strategic Resource Allocation
Data-driven decision-making for effective resource allocation.

Collaborative Health Initiatives

Contribution to RHHD's Mission
Actively supports RHHD's health and well-being mission.

Data-Driven Projects
Prioritizes services based on data-driven need analysis.



OUTCOMES & LESSONS

ACKNOWLEDGEMENTS

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