

# WHAT YOU NEED TO KNOW ABOUT **MPOX**



## WHAT ARE THE SYMPTOMS?

### **Rash**

Can look like pimples or blisters. Might develop on one part of the body or on many parts of the body. The rash may be painful.

## OTHER POSSIBLE SYMPTOMS



**Fever**



**Headache**



**Muscle / Back Aches**



**Swollen Lymph Nodes**



**Chills**



**Tiredness**

To learn more about the mpox virus, call the **VDH** Hotline at **877-829-4682** or visit **[vdh.virginia.gov/mpox/](https://vdh.virginia.gov/mpox/)**

# HOW CAN YOU **PREVENT** THE SPREAD?



## **AVOID CLOSE CONTACT**

including sexual contact, with people who are sick or have a rash.



## **AVOID SHARING**

personal items. Clean and disinfect personal items before others use them.



## **STAY HOME**

and contact your doctor if you have symptoms.



## **GET VACCINATED**

if you are exposed to mpox or are eligible.

## **HOW DO I LEARN MORE?**

**Scan the QR code**

**Visit:**

For assistance scheduling, call your local health district at

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