

RASH?

CONSIDER MPOX

Mpox is a contagious rash illness.

MPOX SYMPTOMS

Suspect mpox in patients who present with:

- Skin rash on any part of the body (even if it is only 1 or 2 spots). For some people, this rash may be their only symptom.

Some people may experience all or only a few of these symptoms:

- Fever
- Chills
- Headache
- Muscle aches and back aches
- Enlarged lymph nodes
- Respiratory symptoms (e.g., sore throat, nasal congestion, or cough)
- Exhaustion or tiredness

Ask the patient about these exposures in the 21 days before symptom onset:

- Have they had contact with a person or people with a similar appearing rash or who received a diagnosis of confirmed or probable mpox OR
- Have they had close or intimate in-person contact with individuals in a social network experiencing mpox activity? This includes men who have sex with men who might meet partners through an online website, digital application (“app”), or social event (e.g., a bar or party) OR
- Have they traveled outside the US to a country with confirmed cases of mpox OR
- Have they had contact with a dead or live wild animal or exotic pet that is an African endemic species or used a product derived from such animals (e.g., game meat, creams, lotions, powders, etc.)

ACTIONS TO TAKE IF MPOX IS SUSPECTED

IMMEDIATELY isolate the patient in a private room, provide a well-fitting mask, and cover any exposed skin lesions with a sheet or gown.

USE standard and transmission-based precautions when evaluating a person with suspected mpox. Use an airborne infection isolation room if intubating, extubating, or performing a procedure that can cause aerosolization.

AVOID activities that could resuspend dried material from lesions, e.g., use of portable fans, dry dusting, sweeping, or vacuuming.

REPORT suspected cases **IMMEDIATELY** to the local health department.

WHERE CAN I GET MORE INFORMATION ABOUT MPOX?

VDH Mpox website: www.vdh.virginia.gov/mpox/



VDH Healthcare Provider
Website

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