

VACCINES

## WHAT VACCINES DO YOU NEED?



VACCINE	ABOUT THE VACCINE	WHO CAN GET IT	WHY GET IT	WHEN TO GET IT	WHERE TO GET IT
FLU VACCINE	The annual flu vaccine is designed to protect against the 4 flu viruses that are predicted to be most common this flu season.	Everyone aged 6 months or older.	It can reduce the risk of flu illness, hospitalization, and death. For those who do get the flu, it can reduce the severity of illness.	September and October are the best times to get it, but it can still provide protection if received later and flu is still circulating.	Health departments, pharmacies, and medical offices. Find a location at <u>vaccines.gov</u>
COVID-19 VACCINE	The 2023–2024 COVID-19 vaccines have been updated to target the Omicron XBB.1.5 variant and are expected to provide protection against other Omicron variants.	Everyone aged 6 months or older.	Staying up to date on COVID-19 vaccines protects against severe illness, hospitalization, and death from COVID-19. It also reduces the risk of Long COVID.	People can get the vaccine now. Those previously vaccinated for COVID-19 can receive the vaccine at least 2 months after their last dose.	Health departments, pharmacies, and medical offices. Find a location at vaccinate.virginia.gov
MPOX VACCINE	A two-dose vaccine to protect against mpox.	People who have had close contact with someone with mpox or those at high risk of getting mpox.	It can prevent severe illness, hospitalization, and death from mpox.	Right away if you're eligible – whether you've been exposed to mpox or are at high risk for mpox. Get both doses for the best protection.	Most health departments and some medical offices. Find a location at cdc.gov/poxvirus/ mpox/vaccines/vaccine- recommendations.html
MENINGOCOCCAL VACCINE	Two different types of vaccines to help prevent meningococcal disease. Each vaccine type is two doses.	All preteens, teens, and people with certain health conditions, such as HIV.	It can help prevent meningococcal disease, which can cause meningitis.	Right away if you are eligible and have not received a meningococcal vaccine. Get both doses for the best protection.	Most health departments, pharmacies, and medical offices.

You may need other vaccines, such as those for respiratory syncytial virus (RSV) infection or pneumococcal disease, based on your age health conditions, or other factors. Talk with your healthcare provider about what vaccines are right for you.