

WHAT VACCINES DO YOU NEED?

Vaccines Recommended for People at Risk of Mpox and/or Living with HIV



VACCINE	ABOUT THE VACCINE	WHO CAN GET IT	WHY GET IT	WHEN TO GET IT	WHERE TO GET IT
FLU VACCINE	A vaccine to protect against common flu viruses.	Everyone aged six months or older. Some children may need multiple doses.	It can help protect against illness, hospitalization, and death. For those who get the flu, it can reduce the severity of illness.	Every year. September and October are the best months to get the flu vaccine.	Health departments, pharmacies, and medical offices. Find a location at vaccinate.virginia.gov
COVID-19 VACCINE	A vaccine to protect against the COVID-19 variants that are expected to be most common.	<ul style="list-style-type: none"> Everyone aged six months or older. Some people (children, those with weakened immune systems, older adults) may be recommended to get multiple doses. 	It can help protect against severe illness, hospitalization, and death. It might also reduce the risk of Long COVID.	When the updated COVID-19 vaccine becomes available (usually in the fall). If you recently had COVID-19, you likely have infection-based immunity and can consider waiting 3 months after your infection before getting vaccinated.	Health departments, pharmacies, and medical offices. Find a location at vaccinate.virginia.gov
MPOX VACCINE	A two-dose vaccine to protect against mpox.	<ul style="list-style-type: none"> People who have had close contact with someone who has mpox. People at risk of getting mpox. <i>People who have recovered from mpox do not need the vaccine.</i>	It can help prevent severe illness, hospitalization, and death. For those who get mpox, it can reduce the severity of illness.	Right away if you're eligible. Get both doses for the best protection. If it's been a while since you received your first dose, it's never too late to get your second.	Most health departments and some medical offices. Find a location at mpoxvaccine.cdc.gov
MENINGOCOCCAL VACCINE	A vaccine to help prevent meningococcal disease. Each vaccine type is two doses. Some people with certain risk factors may need more.	All preteens, teens, and people with certain health conditions, such as HIV.	It can help prevent meningococcal disease, which can cause meningitis, (swelling of the lining of the brain and spinal cord) or septicemia (bloodstream infection).	Right away if you are eligible and have not received a meningococcal vaccine. Get all recommended doses for the best protection.	Most health departments, pharmacies, and medical offices.
OTHER VACCINES	You may need other vaccines, such as those for respiratory syncytial virus (RSV) infection or pneumococcal disease, based on your age, health conditions, or other factors. Talk with a healthcare provider about which vaccines are right for you.				

FOR MORE INFORMATION

Flu and COVID-19: vdh.virginia.gov/respiratory-diseases

Mpox: vdh.virginia.gov/mpox

Meningococcal: vdh.virginia.gov/surveillance-and-investigation/meningococcal-disease-outbreak-response

In many cases, these vaccines can be given at the same visit. However, adolescent or young adult males who are recommended to get both mpox and COVID-19 vaccines might consider waiting four weeks between those vaccines. If you have questions about any vaccine, talk with a healthcare provider or pharmacist. If you do not have a healthcare provider, find your local health department at vdh.virginia.gov/health-department-locator and talk with them.