THREE RIVERS HEALTH
ANNUAL REPORT
FY 2015

W. TED TWEEL, MD, MPH, DISTRICT DIRECTOR
MIDDLESEX COUNTY HEALTH DEPARTMENT
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BUILDING HEALTHY COMMUNITIES
IN THE MIDDLE PENINSULA AND NORTHERN NECK

FEBRUARY 2016
THREE RIVERS HEALTH

VISION

THE HEALTHIEST COMMUNITIES IN VIRGINIA

MISSION

PREVENT DISEASE
PROMOTE HEALTHY LIFESTYLES
PROTECT THE ENVIRONMENT
Your Health Department has three definite aims; (1) to prevent disease and promote better health standards (2) to prevent the spread of communicable disease (3) to acquaint the public with both individual and community health problems and how to prevent or combat them.

Information on many health subjects is available from your health department. There is no charge for any of this material.

WHY DON'T YOU VISIT YOUR HEALTH DEPARTMENT?
CONTENTS

• HEALTHCARE AND NUTRITIONAL SERVICES       SLIDES 5-27
• EMERGENCY PREPAREDNESS                          SLIDES 28-29
• COMMUNITY HEALTH PROMOTION                      SLIDES 30-43
• ENVIRONMENTAL HEALTH PROTECTION                SLIDES 44-53
• ADMINISTRATIVE SERVICES (AND BUDGET)            SLIDES 54-63
DIVISION OF
HEALTHCARE AND NUTRITIONAL SERVICES
DIVISION OF
HEALTHCARE AND NUTRITIONAL SERVICES

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RICHMOND COUNTY HEALTH DEPARTMENT
patti.jones@vdh.virginia.gov
804-333-4043 EXT 37

SHELAGH FILKOSKI, RD, WIC SUPERVISOR SR.
RICHMOND COUNTY HEALTH DEPARTMENT
shelagh.filkoski@vdh.virginia.gov
804-333-4043 EXT 36
HEALTHCARE SERVICES

- IMMUNIZATIONS
- WOMEN’S HEALTH
- SEXUALLY TRANSMITTED DISEASE DIAGNOSIS/TREATMENT
- SCREENINGS FOR LONG TERM CARE SERVICES
- TUBERCULOSIS SCREENINGS AND CASE MANAGEMENT
- RABIES PREVENTION CASE MANAGEMENT AND PROPHYLAXIS
- EBOLA AT-RISK TRAVELER MONITORING
- MASS IMMUNIZATION PREPAREDNESS AND DRILLS
- 340B PHARMACY SERVICES
- LABORATORY TESTING
- HEALTH EDUCATION AND SCREENINGS
- REPORTABLE DISEASE AND OUTBREAK INVESTIGATION
- EMERGENCY SHELTER TRIAGE AND FIRST AID
- OUTREACH SERVICES
HEALTHCARE ENCOUNTERS

FY 15

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<tr>
<td>Westmoreland</td>
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2543 IMMUNIZATIONS GIVEN
FY 15

DON’T WAIT, VACCINATE!
IMMUNIZATIONS GIVEN IN SCHOOLS

TETANUS/DIPHTHERIA/PERTUSSIS
FY 2015

- Essex: 26
- Glou: 104
- KQ: 28
- KW: 61
- Lanc: 31
- Math: 29
- Msx: 24
- North: 30
- Rich: 20
- West: 78
TUBERCULOSIS RELATED ENCOUNTERS

FY 15 SCREENINGS, INVESTIGATIONS, OBSERVED THERAPY

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SCREENINGS FOR LONG TERM CARE SERVICES
FY 2015

TOTAL 327

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VDH VIRGINIA DEPARTMENT OF HEALTH
Protecting You and Your Environment
DISEASE SURVEILLANCE AND INVESTIGATION

- INVESTIGATION OF REPORTABLE CASES TO REDUCE SPREAD OF ILLNESS TO OTHERS
- SYNDROMIC SURVEILLANCE FOR SUSPICIOUS ILLNESS, EMERGING DISEASES, BIOTERRORISM ACTIVITY, OR OTHERWISE SUSPICIOUS ILLNESS
- AFTER HOURS EMERGENCY CALL SERVICE FOR HEALTHCARE PROVIDERS
- INFLuenZA SURVEILLANCE INCLUDING SENTINel HEALTHCARE PROVIDER INFORMATION
- OUTBREAK INVESTIGATION AND INTERVENTION
- DISEASE CLUSTER INVESTIGATION

PHILLIP CARR, MPH, EPIDEMIOLOGIST
KING WILLIAM COUNTY HEALTH DEPARTMENT
804-769-4988 EXT 5-4711
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REPORTABLE DISEASE SURVEILLANCE AND INVESTIGATION

Number of Outbreaks by Facility Type and Outbreak Type, Three Rivers Health District, 2015 (n=13)

- **Nursing Home**: 5 (5 Noro, 1 Other, 1 Flu)
- **Assisted Living**: 3 (2 Noro, 1 Other)
- **Restaurant**: 1 (Noro)
- **School (K-12)**: 1 (Other)

Legend:
- Green: Other
- Red: Flu
- Blue: Noro
NURSE PRACTITIONER SERVICES

• TWO NURSE PRACTITIONERS PROVIDE ALL DIRECT CLINICAL SERVICES FOR THE 10 COUNTIES

• PRACTITIONERS ARE 3rd PARTY PAYER CREDENTIALED AND CERTIFIED FOR PLACEMENT OF LONG ACTING CONTRACEPTIVE METHODS

• SERVICES INCLUDE:

1. DIAGNOSIS AND TREATMENT
2. COLLECTION OF SPECIMENS
3. CLIA AUTHORIZED MICROSCOPY
4. REVIEW OF TEST RESULTS AND MANAGEMENT
5. REFERRALS FOR LABORATORY AND IMAGING STUDIES
6. ADMINISTRATION OF 340B PHARMACY REQUIREMENTS
7. HEALTH EDUCATION AND OUTREACH
8. MANDATED CLINICAL CHART REVIEW
NURSE PRACTITIONER SERVICES

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WESTMORELAND COUNTY HEALTH DEPARTMENT
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CANDICE PARKINS, WHNP
GLOUCESTER COUNTY HEALTH DEPARTMENT
804-693-2445 EXT 2503
candice.parkins@vdh.virginia.gov
WOMEN IN NEED OF CONTRACEPTIVE SERVICES AGES 13-44

ALAN GUTTMACHER INSTITUTE 2013 UPDATED

VIRGINIA DEPARTMENT OF HEALTH
Protecting You and Your Environment
WOMEN’S HEALTH VISITS

FY 15

Essex 436
Gloucester 583
King and Queen 155
King William 230
Lancaster 188
Mathews 143
Middlesex 199
Northumberland 163
Richmond 284
Westmoreland 386
SEXUALLY TRANSMITTED INFECTIONS

CALENDAR YEAR 2015

CHLAMYDIA

GONORRHEA

GETTING YOURSELF TESTED FOR STDs IS A BASIC PART OF STAYING HEALTHY

#STDMONTH15

VDH VIRGINIA DEPARTMENT OF HEALTH
Protecting You and Your Environment
SEXUALLY TRANSMITTED INFECTIONS

HEALTH DEPARTMENT VISITS FY 15

- Essex: 22
- Gloucester: 81
- King and Queen: 10
- King William: 20
- Lancaster: 27
- Mathews: 11
- Middlesex: 21
- Northumberland: 19
- Richmond: 29
- Westmoreland: 52
NUTRITION SERVICES

• NUTRITION EDUCATION
• BREASTFEEDING PROMOTION AND SUPPORT
• SUPPLEMENTAL FOOD AND COUNSELING
• SCREENINGS AND REFERRALS TO OTHER HUMAN SERVICE PROVIDERS
WIC DOLLARS LOCALLY REDEEMED

FFY 15

1.46 MILLION TOTAL DOLLARS

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Each bar represents the amount of WIC dollars locally redeemed in a particular location during FFY 15.
• WIC PARTICIPANTS CAN RECEIVE THEIR NUTRITION EDUCATION ON-LINE

• CONTENT INCLUDES VIDEOS AND GAMES ABOUT GOOD NUTRITION, EXERCISE, AND HEALTHY LIFESTYLE CHOICES
WIC VISITS

FFY 15

Certification visits
Education visits
BREASTFEEDING PROMOTION AND SUPPORT

Virginia Department of Health

2015 WIC Most Improved in Fully Breastfeeding Participation

Three Rivers

Presented on October 20, 2015

Paula Garrett, MS, RD
WIC Program Manager

Michael Welch, Ph.D
Director, Division of Community Nutrition

VDH VIRGINIA DEPARTMENT OF HEALTH
Protecting You and Your Environment
MOTHERS CHOOSING TO BREASTFEED

PERCENT INITIATING BREASTFEEDING AT HOSPITAL DISCHARGE

- Essex County: 36%
- Gloucester County: 23%
- King William County: 59%
- King and Queen County: 42%
- Lancaster County: 25%
- Mathews County: 13%
- Middlesex County: 33%
- Northumberland County: 35%
- Richmond County: 47%
- Westmoreland County: 44%
PUBLIC HEALTH EMERGENCY PREPAREDNESS AND RESPONSE

- COLLABORATION WITH HEALTH CARE PROVIDERS, SCHOOLS, BUSINESSES, EMERGENCY MEDICAL SERVICES, COUNTY EMERGENCY MANAGEMENT, LAW ENFORCEMENT AGENCIES, AND STATE AND FEDERAL AGENCIES
- AFTER HOURS EMERGENCY CALL SERVICE FOR EMERGENCY RESPONDERS
- COORDINATION, MANAGEMENT AND DISTRIBUTION OF MEDICAL SUPPLIES WITH COORDINATED PROTOCOLS FOR MASS PROPHYLAXIS AND MEDICAL COUNTERMEASURE EFFORTS
- ASSESSMENT AND READINESS TRAINING
- MAINTAINS MEDICAL RESERVE CORPS VOLUNTEER PROGRAM
- MAINTAINS HEALTH DISTRICT EMERGENCY OPERATIONS CENTER

MATTHEW CARPENTIER, EMERGENCY COORDINATOR
MIDDLESEX HEALTH DEPARTMENT
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MEDICAL RESERVE CORPS

OUR MISSION

• AUGMENT AND ASSIST EXISTING COMMUNITY OPERATIONS DURING LARGE-SCALE EMERGENCIES,
• AID IN RESPONSE TO PRESSING HEALTHCARE NEEDS, AND
• IMPROVE COMMUNITY EMERGENCY PREPAREDNESS

VALERIE PRINCE, MRC COORDINATOR
MIDDLESEX HEALTH DEPARTMENT
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DIVISION OF COMMUNITY HEALTH PROMOTION

- PUBLIC INFORMATION MANAGEMENT (PIO, NEWS RELEASES, WEBSITE, SOCIAL MEDIA, EMERGENCIES)
- COMMUNITY OUTREACH
- COMMUNITY HEALTH ASSESSMENTS AND HEALTH IMPROVEMENT PLANNING
- DISEASE PREVENTION AND WELLNESS PROMOTION PROJECTS
- HEALTHCARE ACCESS IMPROVEMENT
DIVISION OF
COMMUNITY HEALTH PROMOTION

LISA LAURIER, HEALTH EDUCATOR SR. AND MANAGER
GLOUCESTER HEALTH DEPARTMENT
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VDH FRAMEWORK FOR WELL-BEING IN VIRGINIA

• **HEALTH IN POLICY** - FACTORING HEALTH INTO POLICY DECISIONS RELATED TO EDUCATION, EMPLOYMENT, HOUSING, TRANSPORTATION, LAND USE, ECONOMIC DEVELOPMENT, AND PUBLIC SAFETY

• **INVESTING IN CHILDREN’S** HEALTH, EDUCATION, AND DEVELOPMENT

• **FOCUS ON PREVENTION** - PROMOTING A CULTURE OF HEALTH THROUGH PREVENTIVE ACTIONS

• **CREATING A** CONNECTED SYSTEM OF HEALTH CARE
COUNTY HEALTH RANKINGS

http://www.countyhealthrankings.org/

HEALTH OUTCOMES RANK
LOWER THE SCORE, THE BETTER

<table>
<thead>
<tr>
<th>County</th>
<th>Score</th>
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<tbody>
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<td>Essex</td>
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<td>Glouc</td>
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<td>North</td>
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<tr>
<td>Rich</td>
<td>98</td>
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<tr>
<td>West</td>
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</tbody>
</table>
COMMUNITY EVENTS

MARINES PASS A GROUP OF WELL-WISHERS FROM THE MIDDLESEX COUNTY HEALTH DEPARTMENT DURING THE LT. GENERAL “CHESTY” PULLER ANNUAL 66 MILE RELAY RUN
REMOTE AREA MEDICAL

RICHMOND COUNTY
November 14-15

- NURSING- 253 IMMUNIZATIONS ADMINISTERED
- WIC OUTREACH
- MEDICAL RESERVE CORPS VOLUNTEERS

L to R: RALPH NORTHAM MD LT. GOV. OF VA., CARRIE LEWIS RN RCC ASSOC. PROF. RAM ORGANIZER AND 3 RIVERS MRC VOLUNTEER, TOM HOLBACH RT, RAPPAHANNOCK-RAPIDAN MRC VOLUNTEER, VALERIE PRINCE, 3 RIVERS MRC COORDINATOR, REBECCA BROWN, 3 RIVERS MRC VOLUNTEER.
RESOURCE MOTHERS
(PREGNANT TEENS)

• ALL COUNTIES EXCEPT MATHEWS
• HOME VISITING SERVICES TO PREGNANT TEENS
• MENTORING AND EDUCATION (PARENTING SKILLS, GOAL SETTING, PRENATAL CARE ADHERENCE, CHILD DEVELOPMENT, SPACING FUTURE PREGNANCIES)
• OPERATES IN WESTMORELAND COUNTY
• TARGETS ADULT WOMEN WITH A HIGH RISK OF HAVING LOW BIRTH WEIGHT BABIES
LOW BIRTH WEIGHT

% TOTAL LIVE BIRTHS UNDER 2500 GRAMS

2014
TOO GOOD FOR DRUGS
(VIRGINIA FOUNDATION FOR HEALTHY YOUTH)

- DESIGNED FOR ELEMENTARY SCHOOL GRADES TO DISCOURAGE THEM FROM EVER SMOKING OR USING DRUGS

- DESIGNED TO TEACH GOOD DECISION MAKING SKILLS AND BUILD SELF ESTEEM
RYAN WHITE HIV CARE AND SUPPORT SERVICES

- **CASE MANAGEMENT AND MEDICATION SERVICES** OFFERED DAILY FOR HIV CLIENTS
- **REFERRALS** FOR DENTAL AND MENTAL HEALTH SERVICES
- **TRANSPORTATION SERVICES** AND GAS VOUCHERS
- **TREATMENT ADHERENCE SERVICES**
- **HEALTH INSURANCE ACCESS** FOR ELIGIBLE CLIENTS
RYAN WHITE SUPPORT SERVICES

FY 15

% RECEIVING SERVICE

- DENTAL CARE
- HEALTH INSURANCE ASSISTANCE
- LABORATORY SERVICES
- MENTAL HEALTH SERVICES
- EMERGENCY FINANCIAL ASSISTANCE
- TRANSPORTATION SERVICES
DIVISION OF ENVIRONMENTAL HEALTH PROTECTION

- FOOD SAFETY ASSURANCE - PERMITTING AND INSPECTION OF TEMPORARY AND PERMANENT FOOD SERVICE ESTABLISHMENTS AND MOBILE UNITS, INVESTIGATION OF SUSPECTED FOOD BORNE OUTBREAKS
- BEACH WATER MONITORING AND NOTIFICATION – (MATHEWS AND GLOUCESTER)
- MARINA INSPECTIONS -OVER 500 FACILITIES ANNUALLY
- RECREATIONAL FACILITY INSPECTIONS –INSPECTIONS OF PERMANENT CAMPGROUNDS, SUMMER CAMPS, MIGRANT LABOR CAMPS, SWIMMING POOLS
- RABIES PREVENTION – INVESTIGATION OF BITE REPORTS, TESTING, IMMUNIZATIONS, QUARANTINE OF DOMESTIC ANIMALS
- ON-SITE SEPTIC AND WELL SERVICES- SITE EVALUATIONS, PERMITTING, SUBDIVISION REVIEW, COMPLAINT INVESTIGATIONS
- EDUCATION – E.G. SAFE FOOD HANDLING PRACTICES, MAINTENANCE OF PRIVATE WELL AND SEPTIC SYSTEMS, PREVENTION OF VECTOR-BORNE DISEASE, PROTECTION IN EMERGENCIES POST-EVENT (E.G. FLOODING, FOOD, DRINKING WATER)
- LOCAL EH ORDINANCES (GLOUCESTER)
DIVISION OF
ENVIRONMENTAL HEALTH PROTECTION

DAVID FRIDLEY, ENVIRONMENTAL HEALTH MANAGER
LANCASTER COUNTY HEALTH DEPARTMENT
462-9919 EXT 13
david.fridley@vdh.virginia.gov
BEACH MONITORING AND NOTIFICATION

- BEACH WATER MONITORING CONDUCTED WEEKLY MID-MAY THROUGH SEPTEMBER
- SWIMMING ADVISORIES ISSUED AT BEACHES THAT EXCEED THE WATER QUALITY STANDARD FOR ENTEROCOCCI
- DISTRICT HEALTH DIRECTOR HAS THE AUTHORITY TO CLOSE A BEACH UNDER CERTAIN CIRCUMSTANCES, E.G. OIL SPILL, FISH KILL, HARMFUL ALGAL BLOOM, SEWAGE SPILL, HURRICANE
FOOD SAFETY INSPECTIONS

FY 2015

- Essex: 100
- Gloucester: 241
- King and Queen: 23
- King William: 97
- Lancaster: 122
- Mathews: 46
- Middlesex: 109
- Northumberland: 35
- Richmond: 67
- Westmoreland: 148
TEMPORARY FOOD EVENTS

FY 15

Temporary Food Events

- Essex: 63
- Gloucester: 39
- King and Queen: 20
- King William: 18
- Lancaster: 18
- Mathews: 15
- Middlesex: 15
- Northumberland: 26
- Richmond: 17
- Westmoreland: 15
MARINA INSPECTIONS

FY 2015

Marina Facility Inspections

- Essex: 130
- Gloucester: 87
- King and Queen: 67
- King William: 63
- Lancaster: 55
- Mathews: 13
- Middlesex: 13
- Northumberland: 3
- Richmond: 26
- Westmoreland: 3
RABIES PREVENTION

• INVESTIGATION OF BITE REPORTS
• ANIMAL TESTING
• QUARANTINE OF DOMESTIC ANIMALS
• COMPLETION OF POST-EXPOSURE VACCINE SERIES
• PRE-EXPOSURE PROPHYLAXIS AND TITER TESTING
RABIES PREVENTION INCIDENTS
FY 2015

- Essex: 22
- Gloucester: 158
- King and Queen: 18
- King William: 53
- Lancaster: 33
- Mathews: 32
- Middlesex: 31
- Northumberland: 37
- Richmond: 13
- Westmoreland: 35
POST-EXPOSURE RABIES VACCINATIONS

FY 15

- ESSEX: 2
- GLOUC: 4
- K&Q: 0
- KW: 6
- LANC: 1
- MATH: 2
- MDSX: 1
- NORTH: 0
- RICH: 6
- WEST: 3
DIVISION OF
ADMINISTRATIVE SERVICES

- BUDGET DEVELOPMENT AND MONITORING
- PROCUREMENTS
- CONTRACTUAL AGREEMENTS AND OVERSIGHT
- FACILITIES MANAGEMENT
- ELIGIBILITY, BILLING, AND COLLECTIONS
- HUMAN RESOURCES
- VITAL RECORDS (DEATH CERTIFICATES)
- VOTER REGISTRATION
FINANCIAL REPORTS

PUBLIC HEALTH IS NOT JUST ABOUT OUR WAISTLINE

IT’S THE BOTTOM LINE TOO!
COOPERATIVE BUDGET

• SINCE 1954, VIRGINIA HAS PROVIDED THE MAJOR PORTION OF FINANCIAL SUPPORT TO ENABLE LOCAL HEALTH DEPARTMENTS IN EVERY COUNTY OF THE STATE. THIS WAS HISTORICALLY IMPORTANT FOR RURAL AREAS WITH LIMITED RESOURCES.

• COUNTIES MATCH STATE DOLLARS AT RATES BASED ON THE VALUE OF PROPERTY

• PUBLIC HEALTH DISTRICTS ARE ESTABLISHED THROUGH LOCAL GOVERNMENT AGREEMENTS WITH THE VIRGINIA DEPARTMENT OF HEALTH
WHAT MAKES UP OUR BUDGET?

RESOURCES SUPPORTING
FY 2015 EXPENDITURES

- Revenue: 53%
- Local Match: 31%
- State Match: 16%
HOW MUCH DO COUNTIES CONTRIBUTE?

FY 2015

- Essex: State Share - 100,000, Local Match - 50,000
- Gloucester: State Share - 900,000, Local Match - 400,000
- King & Queen: State Share - 300,000, Local Match - 100,000
- King William: State Share - 200,000, Local Match - 100,000
- Lancaster: State Share - 400,000, Local Match - 200,000
- Mathews: State Share - 300,000, Local Match - 100,000
- Middlesex: State Share - 500,000, Local Match - 200,000
- Northumberland: State Share - 400,000, Local Match - 100,000
- Richmond: State Share - 600,000, Local Match - 300,000
- Westmoreland: State Share - 700,000, Local Match - 300,000
DECLINING RESOURCES

CO-OP BUDGET COMPARISON
(IN THOUSANDS)

FY08 5,407,948 (MAXIMUM EMPLOYMENT LEVEL: 96)
FY15 5,314,511 (MAXIMUM EMPLOYMENT LEVEL: 85)
GRANTS

• PROVIDE ~$1.4 MILLION DOLLARS IN NON-COOPERATIVE FUNDS CURRENTLY SUPPORT 15 PROGRAMS

• FUND KEY DISTRICT POSITIONS SUCH AS THE DISTRICT EPIDEMIOLOGIST AND THE EMERGENCY COORDINATOR
GRANTS FY 15

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DONATIONS

CODE OF VIRGINIA 32.1-34.1

- ALLOWS HEALTH DEPARTMENTS TO RECEIVE DONATIONS

- DONATIONS CANNOT BE USED TO SUPPLANT LOCAL OR STATE APPROPRIATIONS

- CARRIED OVER YEAR TO YEAR