

# Partnerships



It Takes a Village



## Contact Our Team

We're here to help.

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# Maternal & Child Health Community Health Worker Program



## About Us



As Community Health Workers, we support new and expecting mothers by providing culturally competent education, outreach, and one-on-one support throughout pregnancy and the postpartum period. We're here to ensure every mother feels supported, heard, and equipped to give her family the healthiest possible start.

We proudly serve families across Virginia's Three Rivers Health District, including the Northern Neck and Middle Peninsula counties of Richmond, Westmoreland, Northumberland, Lancaster, Essex, Middlesex, Mathews, Gloucester, King & Queen, and King William.

**Strong mothers.  
Healthy children.  
Thriving communities.  
Together we build  
healthier beginnings.**



## Our Services

- Nutrition Assistance
- Connection to Postpartum & Breastfeeding Support Services
- Safe Sleep Education
- Family Planning
- Connection to Domestic Violence Support Services
- Transportation Assistance for Prenatal & Postnatal Care Appointments
- Housing Support
- Connection to Mental & Behavioral Health Services
- Clothing & Basic Needs Assistance
- Accessibility and Language Support
- Connection to Substance Use Disorder Support Services