Three Rivers Health District

VDH Maternal and Child Health Community Health Worker Program

Are you a new or expecting mother?

Our Maternal and Child Health Community Health Worker (CHW) Program provides one-on-one support to pregnant and postpartum women.

A **CHW** Can **Help** You By...

- Connecting families to healthcare, education, and community resources.
- Helping to address everyday challenges and barriers to care.
- Providing support throughout prenatal and post-partum care.

The Program is Free, Voluntary, and Confidential

Contact:

Holly Balderson

PO Box 700

Warsaw, VA 22572

Phone: 804-333-4043

Fax: 804-333-3447

holly.balderson@vdh.virginia.gov

Our CHWs listen, advocate, and support you every step of the way through pregnancy, postpartum, and early parenting.

Call **804-333-4043** for more information	Call **804-333-4043** for more information	Call **804-333-4043** for more information	Call **804-333-4043** for more information	Call **804-333-4043** for more information	Call **804-333-4043** for more information	Call **804-333-4043** for more information	Call **804-333-4043** for more information	Call **804-333-4043** for more information	Call **804-333-4043** for more information	Call **804-333-4043** for more information	Call **804-333-4043** for more information	Call **804-333-4043** for more information