

Partnerships



It Takes a Village



Contact Us

We're here to help.

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Maternal & Child Health Community Health Worker Program



Three Rivers Health
District



Three Rivers Health
District

About Us



As Community Health Workers we support new and expecting mothers by providing culturally competent education, outreach, and one-on-one support throughout pregnancy and the postpartum period. We're here to ensure every mother feels supported, heard, and equipped to give her family the healthiest possible start.

We proudly serve families across Virginia's Three Rivers Health District, including the Northern Neck and Middle Peninsula counties of Richmond, Westmoreland, Northumberland, Lancaster, Essex, Middlesex, Mathews, Gloucester, King & Queen, and King William.

**Strong mothers.
Healthy children.
Thriving communities.
Together we build
healthier beginnings.**



Our Services

- Food Assistance
- Healthcare Referrals
- Connection to Postpartum & Breastfeeding Support Services
- Safe Sleep Education
- Doula and Midwife Connections
- Maternal Support Group Connections
- Transportation Assistance for Prenatal and Postnatal Care Appointments
- Housing Support
- Mental and Behavioral Health Counseling Referrals
- Clothing and Basic Needs Assistance
- Accessibility and Language Support
- Connections to Substance Use Disorder Support Services