



# VDH MATERNAL AND CHILD HEALTH COMMUNITY HEALTH WORKER PROGRAM

## Are you a new or expecting mother?

Our Maternal and Child Health Community Health Worker (CHW) Program provides one-on-one support to pregnant and postpartum women.

### A CHW Can Help You By...

- Connecting families to healthcare, education, and community resources.
- Helping to address everyday challenges and barriers to care.
- Providing support throughout prenatal and post-partum care.

## THE PROGRAM IS FREE, VOLUNTARY, AND CONFIDENTIAL

### Contact:

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Our CHWs listen, advocate, and support you every step of the way through pregnancy, postpartum, and early parenting.

