



## Force Health Protection and Medical Emergency Plan ICS: 206

1. Incident Name/Location/Team NDMS – FTX: Frederick Warehouse Location	2. Date Prepared 28 March 2011		3. Time Prepared 0800		4. Operational Period All FTX Activities: April – June 2011				
<b>5. Incident Force Health Protection Station</b>									
Force Health Protection Stations		Locations		FHF Contact Name		Phone #			
1. EMS BOO		Warehouse Bay		EMS Medical		Verbal			
2. Security		Front Desk							
<b>6. Emergency Medical Transport</b>									
<b>A. Ground Ambulance Services</b>									
Name		Address			Phone		Paramedics Yes   No		
Frederick County		Fire Rescue			911		X		
<b>B. Air Ambulance Services</b>									
Name		Address			Phone				
Trooper – 3		Maryland State Police			911				
<b>7. Hospitals &amp; Clinics</b>									
Name	Address	Travel Time (minutes)		Phone	Trauma Center		Burn Center		
		Air	Ground		Yes	No	Yes	No	
Frederick Memorial Hospital	400 West 7 <sup>th</sup> St. Frederick, MD	10	10	240-566-3300		X		X	
<b>8. Medical Emergency Procedures</b>									
<ol style="list-style-type: none"> <li>1. Provide first aid/buddy aid, CPR as necessary.</li> <li>2. Access 911 EMS System if an emergency arises and if EMS systems is intact (<b>NOTE: ANY INDIVIDUAL SENT TO AN URGENT CARE/HOSPITAL MUST HAVE A CA-16 FORM SIGNED, AUTHORIZING TREATMENT</b>).</li> <li>3. Contact your FHP Contact to provide immediate aid if EMS is unavailable.</li> <li>4. Notify the IRCT CMO/SOFR of any medical emergencies.</li> </ol>									
<b>9. Reporting Procedures</b>									
<p><b>NOTE: ALL FORMS COMPLETED MUST BE SCANNED AND ATTACHED TO THE EMR FOR THE EMPLOYEE.</b></p> <ul style="list-style-type: none"> <li>- Fill out OSHA Form 301 and forward to IRCT Safety Officer &amp; CMO by 0900 next operational period. The IRCT Safety Officer will maintain the OSHA 300 Injury and Illness Log.</li> </ul> <p>Civil Service personnel: - CA-1/CA-2 and CA-16 forms completed &amp; submitted to the IRCT Admin/Finance, as well as attached to the EMR for the employee.</p> <p>USPHS Commissioned Corps: - Access TriCare at <a href="http://www.tricare.mil">www.tricare.mil</a></p>									
9. Team/Event Medical Director					10. Team/IRCT Safety Officer				



FREDERICK MEMORIAL HEALTHCARE SYSTEM

General Information	240-566-3300
Emergency Room	240-566-3500
The Birth Place	240-566-3300
Patient Information	240-566-3380
Scheduling Department	240-566-3400



Parking areas are designated by number and color.

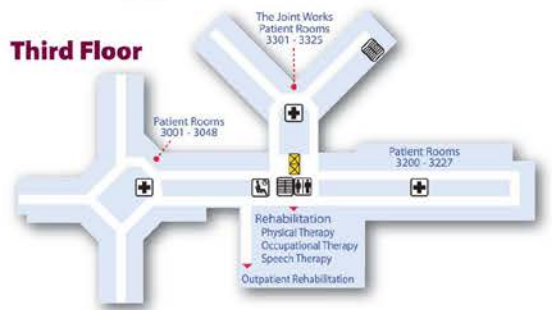
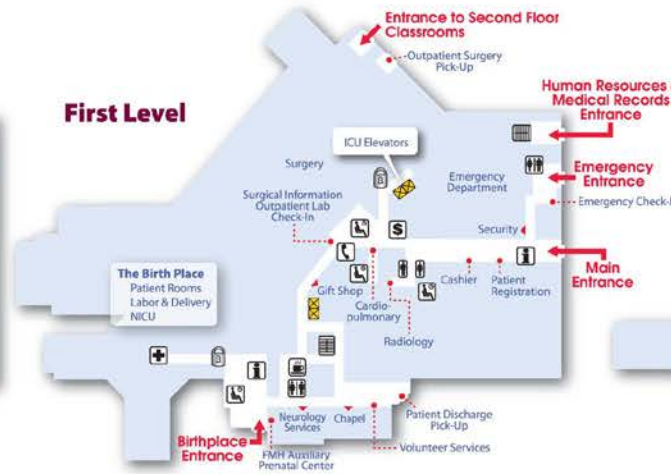
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# Visitor Guide



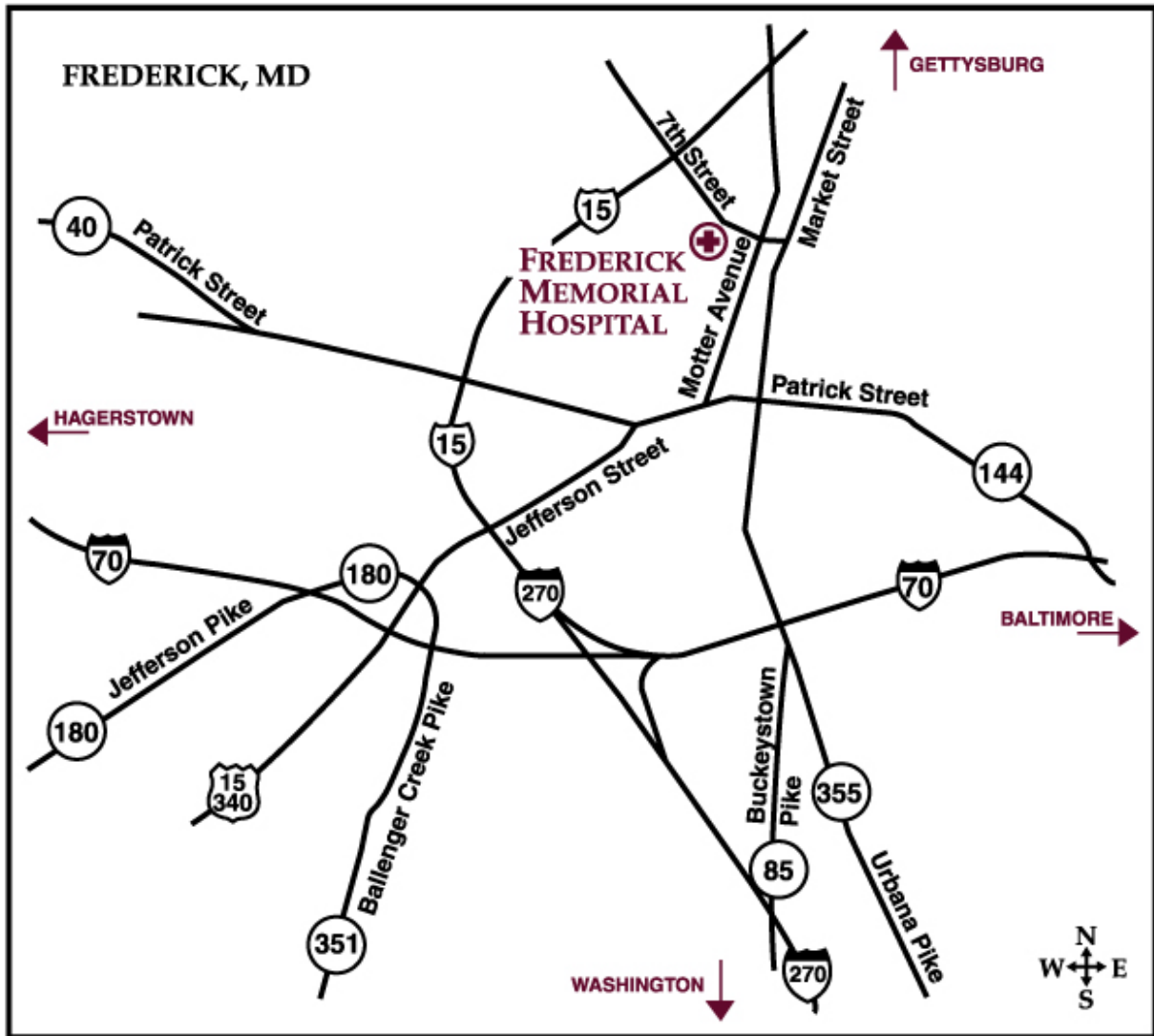
FREDERICK MEMORIAL HEALTHCARE SYSTEM  
400 West Seventh Street, Frederick, MD 21701  
[www.fmh.org](http://www.fmh.org)



Department	Floor	Department	Floor	Patient Rooms	Floor
Administration	Second	Interventional Unit	Second	2029 - 2048	Second
Behavioral Health Unit	Second	Labor & Delivery	First	2206 - 2221	Second
Birth Place Patient Rooms	First	Medical Records	Lower	2401 - 2419	Second
Cafeteria	Lower	Neurology Services	First	3001 - 3048	Third
Cardiac & Pulmonary Rehab	Lower	NICU	First	3206 - 3227	Third
Cardiopulmonary	First	Outpatient Lab Check-In	First	3301 - 3325	Third
Cashier	First	Patient Discharge Pickup	First	4001 - 4048	Fourth
Cath Labs & EP	Second	Patient Registration	First	4206 - 4227	Fourth
Chapel	First	Pediatrics Unit	Second	4301 - 4325	Fourth
Dialysis	Fourth	Psychiatric Partial Hospital Program	Lower		
Dining	Lower	Radiology	First		
Education Classrooms	Second	Rehabilitation	Third		
Emergency Check-In	First	Security	First		
Emergency Department	First	Sleep Lab & EEG	Lower		
Employee Health	Lower	Surgery	First		
FMH Auxiliary Prenatal Center	First	Surgical Information	First		
Gift Shop	First	The Joint Works	Third		
ICU	Second	Volunteer Services	First		
		Wound Care	Lower		

Legend	
	Elevator
	Nurses Station
	Information
	Vending
	Stairs
	ATM
	Restrooms
	Waiting Room
	Telephone
	Restricted Access



## From Rockville and points South:

Take I-270 North toward Frederick  
 Continue on US-15 North to Exit 15 - 7th Street  
 At the stoplight at the end of the exit ramp, turn left onto West 7th Street.  
 Pass through one stoplight.  
 Frederick Memorial Hospital is on the right.

## From Hagerstown and points North:

Take I-70 East toward Frederick  
 Take Exit 48 onto US-40 East toward Frederick  
 US-40 becomes MD-144, Patrick Street  
 Merge onto US-15 North via the ramp on the LEFT toward Gettysburg.  
 Continue on US-15 North to Exit 15 - 7th Street  
 At the stoplight at the end of the exit ramp, turn left onto West 7th Street.  
 Pass through one stoplight.  
 Frederick Memorial Hospital is on the right.

## **From Baltimore and points East:**

Take I-70 West toward Frederick

Merge onto US-40 West via Exit 53B toward US-15 N/Gettysburg

Continue on US-15 North to Exit 15 - 7th Street

At the stoplight at the end of the exit ramp, turn left onto West 7th Street.

Pass through one stoplight.

Frederick Memorial Hospital is on the right.

## **From Charlestown, WV and points West:**

Take US-340 North through Virginia and crossing into Maryland

Merge onto US-15 North via Exit 12B toward Gettysburg

Continue on US-15 North to Exit 15 - 7th Street

At the stoplight at the end of the exit ramp, turn left onto West 7th Street.

Pass through one stoplight.

Frederick Memorial Hospital is on the right.