

HEALTHY & SAFE SWIMMING



Pools are great for relaxing or swimming, but they can also spread diarrhea and other illnesses.

BUT WHAT ABOUT CHLORINE?

Healthy pools don't have a strong chemical smell.

Pool chemicals kill most germs within minutes, but some live for days!

Do you smell chlorine? It's actually the chemicals that form when chlorine mixes with gunk. These chemicals -not chlorine- make your eyes red and sting, your nose run, and make you cough.



Germs don't jump into the water like we do. They surf in on people's bodies.

Some of the microbes and gunk we can bring into the pool include hair, spit, sweat, and even poop & pee!

It's more than enough to make you sick.



KEEP GERMS OUT OF THE WATER AND OUT OF YOUR MOUTH.



Stay out of the water if you have diarrhea.



Shower before you get into the water.



Don't pee or poop in the water.



Don't swallow the water.