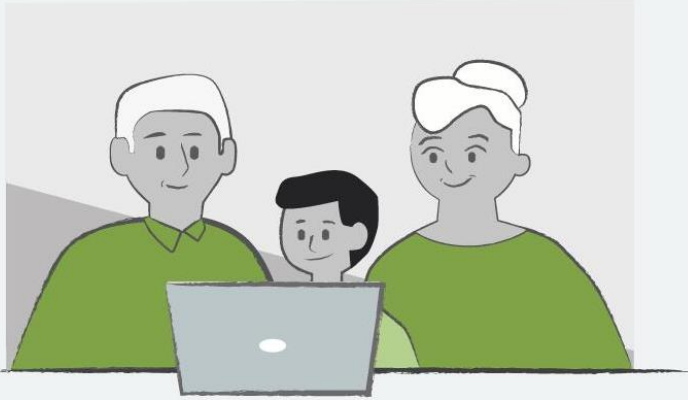


# NATIONAL PREPAREDNESS MONTH



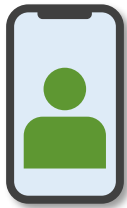
## Week 4: Teach our youth to prepare for disasters



FEMA



**Being prepared for disasters starts at home. As a parent, guardian, or other family member, you have an important role to play when it comes to helping children be prepared in case disaster strikes. Make a plan following these tips to help your kids be ready:**



### Know who you will contact

Pick the same person for each family member to contact. Pick someone out of town—they may be easier to reach in a disaster. Text, don't talk. In an emergency, phone lines may be tied up. It may be easier to text, this leaves phone lines open for emergency workers.



### Know where you will meet

Decide on safe, familiar, accessible places where your family can go for protection or to reunite. If you have pets or service animals, think about animal-friendly locations. Consider places in your house, in your neighborhood and outside of your city or town so you're prepared for any situation.



### Practice with your kids

Write down your contacts and plans. Make sure everyone in the family has copies and keeps them in a safe space. Put them in your cell phone if you have one. Hold regular household meetings to review and practice your plan. Visit [bit.ly/FamilyCommPlans](https://bit.ly/FamilyCommPlans) for communications plans to fill out with your kids.

Visit [www.ready.gov/kids](https://www.ready.gov/kids) for additional tools and information to help kids before, during and after disasters.