

Great ShakeOut 2023

The 2023 International Great ShakeOut Drill will occur October 19, 2023, at 10:19 a.m.

Preparing for an Earthquake:

- [Secure your space](#) by identifying hazards and securing moveable items.
- [Plan to be safe](#). Review your office or home emergency plan to know what to do before, during, and after an earthquake.
- [Organize emergency supplies](#): Store your emergency supplies in accessible locations at work, at home, and in vehicles. This can reduce the impact of any emergency or disaster.
- [Drop, Cover, and Hold On](#) if you feel shaking or receive an alert.
- [Improve safety](#) by evacuating if necessary, helping the injured, and preventing further injuries or damage.

Shake
Out™



Great ShakeOut
Earthquake Drills

VDH VIRGINIA
DEPARTMENT
OF HEALTH

Information
adapted from:
www.shakeout.org

Virginia 
OFFICE OF EMERGENCY MEDICAL SERVICES
Virginia Department of Health