Winter Weather Safety

Tips for Your Specific Needs

- To save on heating bills, close the doors and shut the vents of rooms you are not using. Keep the basement door closed. Place a rolled towel or cloth at the bottom of the door to prevent drafts.
- Keep blinds and curtains open during the day to absorb heat from the sun.
 Close them at night to keep the heat from escaping. If there are gaps around your windows, cover with caulk, window insulation, or weather stripping.
- If you need help cleaning ice and snow from your property, contact your support network of friends and neighbors to assist.
- If you use walking aids, ensure the bottoms or wheels are dry before entering your home or a business to prevent slips and falls.
- If you work outdoors, be aware of weather injuries that may occur due to exposure.
- If you must be outside, wear layers of clothing to aid in insulation.

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