

PWHD COMMUNITY RESOURCE GUIDE

2023

**PRINCE WILLIAM
HEALTH DISTRICT**

(703) 792-6300
9301 Lee Avenue
Manassas, VA 20110

COMMUNITY RESOURCE GUIDE

The PWHD Community Resource Guide provides a list of current services offered throughout Prince William County. The following packet includes the primary services, contact information, and website links of each provider.

<u>ADULT EDUCATION & CAREER SUPPORT</u>	3
<u>CHILDREN & TEENS</u>	5
<u>CLOTHING</u>	9
<u>DENTAL</u>	10
<u>FOOD ASSISTANCE</u>	12
<u>FAITH-BASED</u>	14
<u>PETS</u>	16
<u>HEALTH ACCESS (FREE/LOW COST)</u>	17
<u>HEALTH INSURANCE LOCATORS</u>	20
<u>HOTLINES/CRISIS</u>	21
<u>HOUSING, UTILITIES, FINANCES</u>	24
<u>MEDICATION RESOURCES</u>	27
<u>MENTAL HEALTH</u>	28
<u>NEWCOMERS</u>	30
<u>PARENTING</u>	33
<u>PREGNANCY</u>	34
<u>SAFETY/DISASTERS</u>	37
<u>SENIORS</u>	40
<u>SUBSTANCE USE</u>	42

*** = services offered outside of PWC, no residency requirement**

ADULT EDUCATION & CAREER SUPPORT

ARC OF GREATER PRINCE WILLIAM

Vocational and skills programs for adults with intellectual and developmental disabilities and supported employment services.

Phone: (703) 221-8787

Address: 19143 Fuller Heights Road, Triangle, VA 22172

Website: <https://arcgpw.org/adult-day-support-services/>

HIGH SCHOOL COMPLETION PWCS

Basic skills improvement, General Education Development (GED) test information & preparation, National External Diploma Program.

Phone: (703) 791-7357

Email: AdultEd@pwcs.edu

Address: 19143 Fuller Heights Rd, Triangle, VA 22172

Website: http://www.pwcs.edu/academics___programs/adult_education/high_school_completion

THE WOMEN'S CENTER*

Therapy, support groups, career coaching, workshops, and volunteering for women.

Phone: (703) 281-2657

Email: questions@thewomenscenter.org

Address: 133 Park St NE, Bldg 127, Vienna, VA 22180

Website: <https://thewomenscenter.org/>

WORKFORCE DEVELOPMENT (NVFS)*

Assists with enhancing workforce skills and transportation for low-income families.

Phone: (571) 748-2863

Email: TFTrainee@nvfs.org

Address: 8603 Westwood Center Dr., Suite 300, Vienna, VA 22182

Website: <https://www.nvfs.org/our-services/workforce-development/>

CHILDREN & TEENS

ACTS DOMESTIC VIOLENCE SUPPORT

Free anger management, conflict resolution, and healthy relationship development for children and youths affected by domestic violence.

Phone: (703) 221-4460

Email: info@actspwc.org

Address: 3900 ACTS Lane, Dumfries, VA 22026

Website: <https://www.actspwc.org/services/domestic-violence#cp>

ARC OF GREATER PRINCE WILLIAM

Social and recreational programs for people with disabilities, family support, and childcare services.

Phone: (703) 670-4800 Social & Recreational

(703) 730-3124 Family Support

(703) 670-5060 Childcare

Address: 13505 Hillendale Drive, Woodbridge, VA 22193

Website: <https://arcgpw.org/programs/>

BOYS AND GIRLS CLUB

Programs in education, health, character, and arts for children ages 6-18. Multiple PWC sites.

- **DUMFRIES (GENERAL HEISER CLUB)**

Phone: (703) 441-0611

Address: 17565 Old Stage Coach Road, Dumfries, VA 22026

Website: <https://bgcgw.org/clubs/general-heiser-club/>

- **WOODBIDGE (HYLTON CLUB)**

Phone: (703) 670-3311

Address: 5070 Dale Boulevard, Woodbridge, VA 22193

Website: <https://bgcgw.org/clubs/hylton-club/>

- **MANASSAS (MARTIN K. ALLOY CLUB)**

Phone: (703) 365-2582

Address: 9501 Dean Park Lane, Manassas, VA 20110

Website: <https://bgcgw.org/clubs/the-martin-k-alloy-boys-girls-club-of-manassas/>

Email: operations@bgcgw.org

CASA YOUTH DEVELOPMENT LEADERSHIP

Membership-based, after-school program for immigrants and first-generation high school students in Prince William and Fairfax counties.

Phone: (571) 509-9402, Call or text Gabriela Cerrato

Website: <https://wearecasa.org/mi-espacio-virginia/>

CHILD FIND (PWCS)

Provides special education services to children from ages 0-21.

Phone: (703) 670-4800 (*Birth to 2 yrs*)

(703) 730-3124 (*2 yrs to 5 yrs*)

(703) 670-5060 (*5 yrs to 21 yrs*)

Email: LegaulKM@pwcs.edu

Website: https://www.pwcs.edu/academics___programs/special_education/child_find/index

EARLY HEAD START (NVFS)

Full-day daycare for children ages 0-3. Home-based program includes educational sessions and socialization between mother and child.

Phone: (571) 748-2617 or (571) 748-2793

Address: Centers in Arlington, Loudon, and PW counties

Website: <https://www.nvfs.org/our-services/early-childhood-development/early-head-start/>

GLOBAL WELCOME CENTERS (PWCS)

English proficiency assessments and registrations for speakers of other languages.

- **MANASSAS**

Phone: (571) 402-3800

Address: 10100 Lomond Dr. Manassas, VA 20109

- **WOODBIDGE**

Phone: (571) 374-6813

Address: 15111 Blackburn Rd. Woodbridge, VA 22191

Email: GWCRRegistration@pwcs.edu

Website: https://www.pwcs.edu/departments/global_welcome_center/index

HEALTHY FAMILIES (NVFS)

Regular home visits throughout pregnancy until age 3-4. Staff member conducts eligibility during initial interview.

Phone: (703) 944-8752

Website: <https://www.nvfs.org/our-services/early-childhood-development/healthy-families/>

PEDIATRIC PRIMARY CARE PROJECT

Primary medical care connections to Kaiser Permanente for uninsured or income eligible children under 18 .

Phone: (703) 244-7310

Website: <https://www.nvfs.org/assistance/pediatric-primary-care-project/>

PRESCHOOL PROGRAMS (PWCS)

School enrollment, USDA food program, educational activities, and family services.

Phone: (703) 791-8708

Email: PreKPrograms@pwcs.edu

Website: https://www.pwcs.edu/academics___programs/head_start

TEEN CRISIS LINE/SECOND STORY FOR TEENS

Temporary safe haven housing for teens ages 13-17 in crisis. Individual, group, & family counseling.

Crisis Line: CALL 1-800-SAY-TEEN (1-800-729-8336)

TEXT "NEED HELP" TO 855-11

Administrative Phone: (703) 944-8752

Website: <https://www.secondstory.org/>

YOUTH INITIATIVES (NVFS)

Intervention, Prevention, & Education (IPE), family reunification, and Violence Prevention and Intervention Program (VIP).

Phone: (571) 748-2808

Email: kreen@nvfs.org

Website: <https://www.nvfs.org/our-services/early-childhood-development/healthy-families/>

CLOTHING

ACTS THRIFT STORE

Vouchers to Second ACTS thrift store for loss of possessions dues to floods, fires, bed bugs.

Email: ea@actspwc.org

Website: <https://www.actspwc.org/thrift-store>

HOUSE OF MERCY THRIFT STORE

Clothes once a month for each registered family member. Once a year special occasion for teens.

Phone: (703) 659-1636, appointment only

Address: 8170 Flannery Court, Manassas, VA 20109

Website: <https://houseofmercyva.org/programs/food-pantry-client-services/>

ST. FRANCIS DROP-IN SHELTER

Food, showers, clothing, tents, and blankets distribution.

Phone: (703) 221-6344

Email: francias@stfrncis.org

Address: 14730 Potomac Mills Road, Woodbridge, VA 22192

Website: <https://stfrncis.org/meals-for-the-homeless/>

DENTAL

GREATER PRINCE WILLIAM COMMUNITY HEALTH CENTER

*Medical, pediatric, dental, OBGYN, behavioral health.
Private insurance, Medicaid, FAMIS, Medicare.*

- **DUMFRIES:** 17739 Main Street, #130, Dumfries, VA 22026
- **MANASSAS:** 9705 Liberia Avenue, #201, Manassas, VA 20110
- **WOODBIDGE:** 3350 Commission Court, Woodbridge, VA 22192

Phone: (703) 680-7950

Website: <https://www.gpwhealthcenter.org/our-locations-hours/>

NEIGHBORHOOD HEALTH

*Full range of primary care services including dental.
Multiple clinics throughout Alexandria. No residency requirement.*

Phone: (703) 535-5568

Email: info@nhnva.org

Address (Mailing): 6677 Richmond Highway,
Alexandria, VA 22306

Website: <https://neighborhoodhealthva.org/>

NORTHERN VIRGINIA FAMILY SERVICE

Low-cost dental care referral service for adults and children.

Phone: (571) 748-2635

Website: <https://www.nvfs.org/our-services/health-well-being/dental-access/>

RESTORATIVE DENTAL CLINIC OF NORTHERN VIRGINIA COMMUNITY COLLEGE*

Comprehensive dental care services for all ages (including geriatric and special needs patients. No insurance or residency requirements.

Phone: (703) 822-6607

Address: 6699 Springfield Center Drive
Springfield, VA 22150

Website: <https://www.nvcc.edu/dental/>

SPECIAL NEEDS DENTAL DIRECTORY

State-wide dental search tool for adults and children with special needs.

Website: <https://apps.vdh.virginia.gov/livewell/findadentist/>

FOOD ASSISTANCE

ACTS FOOD ASSISTANCE

Monthly food pick-up on walk-in basis. New client enrollment Wednesdays 10am-1pm.

Phone: (703) 441-8606

Email: info@actspwc.org

Address: 3901 ACTS Ln, Dumfries, VA 22026

Website: <https://www.actspwc.org/services/food-assistance>

CAPITAL AREA FOOD BANK*

Direct food distribution to those in need.

Phone: (571) 482-4770

Address: 6833 Hill Park Drive, Lorton, VA 22079

Website: <http://capitalareafoodbank.org>

CREATING FOUNDATIONS FOR HOPE

Food distributed at East End Mobile Home Park.

Phone: (703) 221-4510, ext 2001

Email: info@cfhva.org

Address: 8565 Sudley Rd, Manassas, VA 20110

Website: <https://cfhva.org>

HAYMARKET REGIONAL FOOD PANTRY

Weekly food pick-up (3-4 meals) for registered clients.

Phone: (703) 754-5990, appointment only

Address: 7669 Limestone Drive, #105, Gainesville, VA

Website: <https://haymarketfoodpantry.org/>

NORTHERN VIRGINIA FAMILY SERVICE

Emergency food assistance, nutrition information, & budgeting.

Phone: (571) 748-2680

Address: 10058 Dean Drive, Manassas, VA 20110

Website: <https://www.nvfs.org/our-services/health-well-being/food-assistance/>

SERVE FOOD ASSISTANCE

Tuesday and Thursday intakes, appointment and ID needed.

Phone: (571) 748-2680

Email: ncannon@nvfs.org

Address: 10056 Dean Dr, Manassas, VA 20110

Website: <https://www.nvfs.org/our-services/homelessness-housing/serve-campus/>

FAITH-BASED ASSISTANCE

ALL SAINTS CATHOLIC CHURCH

Phone: (571) 516-3166

Email: mklatt@allsaintsva.org

Address: 9300 Stonewall Road, Manassas, VA 20110

Website: <https://allsaintsvachurch.org/living/social-outreach/>

BULL RUN UNITARIAN UNIVERSALISTS

Phone: (703) 361-6269

Email: foodpantry@bruu.org

Address: 9350 Main Street, Manassas, VA 20110

Website: <https://www.bruu.org/www2/settled-minister-search-welcome/governance/committees/food-pantry/>

EMMANUEL BAPTIST CHURCH

Phone: (703) 368-9206

Address: 8302 Spruce Street, Manassas, VA 20110

Website: <https://www.ebcnva.com/food-distribution/>

HOLY FAMILY CATHOLIC CHURCH

Phone: (703) 730-1791, appointments only

Address: 14160 Ferndale Road, Woodbridge, VA 22193

Website: <https://www.holyfamilycatholicchurchdalecity.org/>

HOUSE OF MERCY

Phone: (703) 659-1636, appointment only

Address: 8154 Flannery Court, Manassas, VA 20109

Website: <https://houseofmercyva.org/programs/food-pantry-client-services/>

LIFE OF CHURCH MANASSAS

Phone: (703) 330-0881

Email: hello@welovechurch.com

Address: 10501 Copeland Drive, Manassas, VA

Website: <https://welovechurch.com/outreach/food-pantry/>

MANASSAS BAPTIST CHURCH

Phone: (703) 361-2146

Address: 8730 Sudley Road, Manassas, VA 20110

Website: <https://werchurch.com/missions/>

MANASSAS CHURCH OF CHRIST

Phone: (703) 368-2622

Address: 8110 Signal Hill Road, Manassas, VA

Website: <https://www.manassaschurch.org/index.php/i-am-new/outreach/basic-needs-ministry>

ST. FRANCIS DROP-IN SHELTER

Phone: (703) 221-6344

Email: francias@stfrncis.org

Address: 14730 Potomac Mills Road, Woodbridge, VA 22192

Website: <https://stfrncis.org/meals-for-the-homeless/>

ST. THOMAS UMC

Phone: (703) 368-5161

Address: 8899 Sudley Road, Manassas, VA 20110

Website: <https://www.stthomasumc.org/serve/serve-in-food-pantry.html>

ST. VINCENT DE PAUL

Food and finances (utilities, prescriptions, gas cards, coats)

Phone: (571) 377-8371

Email: olasvdp@olasvdp.org

Address: 13744 Mary's Way, Woodbridge, VA 22191

Website: <https://www.olasvdp.org/>

PET FOOD ASSISTANCE

PRINCE WILLIAM COUNTY ANIMAL SHELTER

Phone: (703) 792-6465

Address: 14807 Bristow Road, Manassas, VA 20112

Website: <https://pwspca.org/food/>

HEALTH ACCESS (FREE/LOW-COST)

ADAMS COMPASSIONATE HEALTH CARE*

Chronic medical care, preventative screenings, routine check-ups, school and sports physicals, free/low-cost prescriptions.

Phone: (703) 542-3366

Email: contact@achnhealth.org

Address: 4431 Brookfield Corporate Dr. Unit F, Chantilly, VA 20151

Website: <https://achnhealth.org/>

GRACE COMMUNITY CENTER CLINIC*

Primary care, pediatrics, cardiology, orthopedics, optometry, referral services. Must be uninsured or have a yearly household income less than 250% below federal poverty line to receive free services.

Phone: (703) 650-9099

Email: contact@gcchealthsystem.org

Address: 14631 Lee Highway, #313, Centreville, VA 20121

Website: <https://www.gcchealthsystem.org/>

GREATER PRINCE WILLIAM COMMUNITY HEALTH CENTER

Medical, pediatric, dental, OBGYN, behavioral health. Private insurance, Medicaid, FAMIS, Medicare.

- **DUMFRIES:** 17739 Main Street, #130, Dumfries, VA

- **MANASSAS:** 9705 Liberia Avenue, #201, Manassas, VA 20110
- **WOODBIDGE:** 3350 Commission Ct, Woodbridge, VA 22192

Phone: (703) 680-7950

Website: <https://www.gpwhealthcenter.org/our-locations-hours/>

INOVA CARES CLINIC FOR FAMILIES

Primary care for adults and children qualifying for Medicaid, FAMIS, Inova's Financial Assistance Program, or are uninsured.

Phone: (571) 719-4180

Address: 8051 Sudley Rd, Manassas, VA 20109

Website: <https://www.inova.org/about-inova/inova-your-community/community-access-care/inova-cares-clinic-families>

MASON AND PARTNERS (MAP) CLINIC

School entry physicals, sports physicals, acute primary care, hearing & vision screenings, referrals, medical home placement.

- **FALLS CHURCH:** 3400 Charles St, Falls Church, VA 22041
- **MANASSAS PARK:** 99 Tremont St, Manassas Park, VA 20111

Phone: (703) 993-5880

Website: <https://publichealth.gmu.edu/mapclinics>

MOBILE MAMMOGRAMS (UVA HEALTH)

Mobile mammogram screenings set up at workplaces and community locations in Virginia.

Phone: (703) 656-9970, call to be screened, must have a healthcare provider

Address: Multiple locations

Website: <https://uvahealth.com/services/mobile-mammograms>

MOTHER OF MERCY

Annual physicals, disease management, sick visits, prenatal care (not GYN), health classes, eye exams, referrals.

- **MANASSAS:** 9380 Forestwood Ln, Unit B, Manassas, VA 20110
- **WOODBIDGE**-13900 Church Hill Dr, Woodbridge, VA 22191

Phone: (703) 335-2779, financial intake appointments

Website: <https://www.cdda.net/mercyclinic/>

NORTHERN VIRGINIA FAMILY SERVICE

- **PEDIATRIC PRIMARY CARE:** (703) 244-7310
- **DENTAL:** (571) 748-2635
- **PHARMACY ASSISTANCE:** (571) 435-6600

Website: <https://www.nvfs.org/our-services/health-well-being/health-access/>

SENTARA MOBILE CARE

Full-service primary care, Medicaid and uninsured individuals. Multiple locations in Woodbridge and Dumfries.

Phone: (703) 523-0998

Website: <https://www.sentara.com/hospitalslocations/locations/sentara-community-care/community-care-options/sentara-mobile-care.aspx>

THE WOMEN'S CENTER*

Therapy, support groups, career coaching, workshops, and volunteering for women.

Phone: (703) 281-2657

Address: 133 Park St NE, Bldg 127, Floor 2, Vienna, VA 22180

Website: <https://thewomenscenter.org/>

HEALTH INSURANCE LOCATORS

EHealthInsurance

Online resource to shop for and compare plans.

Website: <http://www.ehealthinsurance.com/>

HEALTH INSURANCE ONLINE

Request quotes and compare Virginia plans for individuals and families.

Website: <http://www.online-health-insurance.com/>

HealthCare.gov

Explore private insurance plans, public programs, and community services.

Website: <https://www.healthcare.gov/>

NATIONAL ASSOCIATION OF INSURANCE COMMISSIONERS

Provides tips, information, and quizzes about insurance. Filter by needs and life situations.

Phone: (816) 783-8500

Email: help@naic.org

Website: <https://content.naic.org/consumer.htm>

HOTLINES/CRISIS

ACTS CRISIS HELPLINE

Specifically serves Prince William County, City of Manassas, and Manassas Park.

Phone: (703) 368-4141

CRISIS INTERVENTION SERVICES

Scheduled and walk-ins. Mental health, substance abuse and/or intellectual disabilities.

- **MANASSAS**

24/7 Phone: (703) 792-7800

Address: 7969 Ashton Ave, Manassas, VA 20109

- **WOODBIDGE**

24/7 Phone: (703) 792-4900

Address: 15941 Donald Curtis Dr, Woodbridge, VA

Email: info@actspwc.org

Website: <https://www.pwcva.gov/departments/community-services/crisis-intervention>

CRISIS TEXT LINE

24/7 text line for violence, anxiety, eating disorders, depression, suicide, or self-harm.

Text: "HOME" to 741741

Web Chat: <https://www.crisistextline.org/>

NATIONAL DEAF DOMESTIC VIOLENCE

Phone: 1-855-812-1001

Email: nationaldeafhotline@adwas.org

Website: <http://thedeafhotline.org/>

NATIONAL DOMESTIC VIOLENCE HOTLINE

Crisis intervention, safety planning, information and referrals.

Phone: 1-800-799-SAFE (1-800-799-3224)

Text: "START" to 88788

Web Chat: <https://www.thehotline.org/>

NATIONAL DRUG HELPLINE

Phone: 1-844-289-0857

NATIONAL RUNAWAY SAFELINE

Phone: 1-800-RUNAWAY (1-800-786-2929)

Website: <https://www.1800runaway.org/>

NATIONAL SEXUAL ASSULT HOTLINE

24/7 Phone: 1-800-656-HOPE (1-800-656-4673)

Website: <http://www.rainn.org/>

NATIONAL HUMAN TRAFFICKING RESOURCE CENTER

Phone: 1-888-373-7888

Text: "HELP" to 233733

Website: <https://humantraffickinghotline.org>

RAPE, ABUSE, & INCEST NATIONAL NETWORK

24/7 Phone: 1-800-656-HOPE (1-800-656-4673)

Web Chat: <http://www.rainn.org/>

SAMHSA'S NATIONAL HELPLINE

Phone: 1-800-662-4357

THE STRONGHEARTS NATIVE HELPLINE

Domestic violence and dating violence helpline for Native Americans, American Indians, and Alaska Natives.

Phone: 1-844-7NATIVE (1-844-762-8483)

Web Chat: <http://www.strongheartshelpline.org/>

THE TREVOR PROJECT

LGBTQ+ trained counselors.

24/7 Phone: 1-866-488-7386

Text: "START" to 678-678

Website: <https://www.thetrevorproject.org/get-help/>

HOUSING, UTILITIES, FINANCES

ARC OF GREATER PRINCE WILLIAM

Social & recreational programs for people with disabilities, family support, and childcare services.

Phone: (703) 670-4800 *Social & Recreational*
(703) 730-3124 *Family Support*
(703) 670-5060 *Childcare*

Address: 13505 Hillendale Drive, Woodbridge, VA 22193

Website: <https://arcgpw.org/programs/>

CREATING FOUNDATIONS FOR HOPE

Supported living situations for adults with intellectual and developmental disabilities.

Phone: (703) 221-4510

Email: info@cfhva.org

Address: 18139 Triangle Shopping Plaza, Suite 209,
Dumfries, VA 22026

Website: <https://cfhva.org>

- Security deposit assistance:
<https://cfhva.org/security-deposit-assistance/>
- Down payment assistance:
<https://cfhva.org/downpayment-assistance/>

ELEANOR U. KENNEDY SHELTER

Adults only shelter for men and women.

Phone: (703) 799-0200

Email: admin@newhopehousing.org

Address: 9155 Richmond Highway, Fort Belvoir, VA 22060

Website: <https://www.newhopehousing.org/ourservices/shelters/eleanor-u-kennedy-shelter/>

PRINCE WILLIAM COUNTY COORDINATED ENTRY SYSTEM

Homeless, facing eviction, living in a car/street/unsuitable housing. Rapid Re-Housing program available.

- **DUMFRIES (BEVERLY WARREN)**

Phone: (703) 221-3186

Address: 17866 Main Street. Dumfries, VA 22026

- **WOODBIDGE (FERLAZZO)**

Phone: (703) 792-3366

Address: 15941 Donald Curtis Dr, Woodbridge, VA 22191

- **WOODBIDGE (HILDA BARG)**

Phone: (703) 792-8810

Address: 14945 Richmond Hwy, Woodbridge, VA 22191

- **MANASSAS (SERVE SHELTER)**

Phone: (571) 748-2603

Address: 10056 Dean Dr. Manassas, VA 20110

Website: <https://www.pwcva.gov/departments/social-services/homeless-and-winter-shelters>

TRANSITIONAL HOUSING PWC

Families with children. Fee 30% of household income.

Phone: (703) 492-2303

Email: dwatkins@pwcgov.org

Website: <https://www.pwcva.gov/department/housing-community-development/transitional-housing>

SERVE

Shelter, housing, and utilities. Prescriptions and dental help.

Phone: (703) 792-3366

Email: jrmartinez@nvfs.org

Address: 10056 Dean Dr, Manassas, VA 20110

Website: <https://www.nvfs.org/our-services/>

ST. FRANCIS BILL MEHR DROP-IN SHELTER

Food, showers, clothing, tents, and blankets.

Phone: (703) 221-6344

Email: francias@stfrncis.org

Address: 14730 Potomac Mills Road, Woodbridge, VA 22192

Website: <https://stfrncis.org/meals-for-the-homeless/>

ST. VINCENT DE PAUL

Food, finances (utilities, prescriptions, gas cards, and coats.

Phone: (571) 377-8371

Email: olasvdp@olasvdp.org

Address: 13744 Mary's Way, Woodbridge, VA 22191

Website: <https://www.olasvdp.org/>

MEDICATION RESOURCES

NEEDYMEDS

Services and programs to help with the costs of medications.

Phone: 1-(800) 503-6897

Email: info@needymeds.org

Website: <https://www.needymeds.org/>

NOVA ScriptsCentral

Pharmacy services, medication safety, and drug dispensing for low-income Virginia residents. Must be enrolled with INOVA, Greater Prince William Health Center, or Sentara.

Phone: (703) 532-0269

Email: info@novascriptscentral.org

Address: 6400 Arlington Blvd, Ste 120, Falls Church, VA 22042

Website: <https://novascriptscentral.org/>

MEDICINE ASSISTANCE TOOL

Online search engine to match qualifying patients without prescription drug coverage to low-cost/free programs.

Phone: (571) 350-8643

Website: <https://medicineassistancetool.org/>

MENTAL HEALTH

COUNSELING ASSOCIATES OF VIRGINIA

Telehealth option, no Medicaid.

Phone: (703) 330-5155

Address: 8401 Dorsey Circle, Suite 201, Manassas, VA

Website: [http://counselingassociatesofva.com/
Index.aspx](http://counselingassociatesofva.com/Index.aspx)

FAMILY INSIGHT

Behavioral therapy, in-home and outpatient services, and substance use disorder services.

Phone: (571) 208-0592

Address: 7960 Donegan Drive, Suite 200, Manassas, VA

Website: <https://familyinsight.net/>

FAMILY PSYCHIATRIC ASSOCIATES

Telehealth option, no Medicaid.

Phone: (703) 897-8970

Address: 4343 A Ridgewood Center Dr, Woodbridge VA

Website: <https://familypsychiatricassociates.com/>

NATIONAL COUNSELING GROUP

Telehealth option, accepts Medicaid, Spanish-speaking.

Phone: (703) 257-5997

Address: 9301 Forest Point Circle, Manassas, VA 20110

Email: dpatel@traumaandhope.com

Website: <https://www.ncgcommunity.com/>

NOVANT BEHAVIORAL HEALTH

Outpatient/inpatient care, accepts Medicaid, Spanish-speaking.

Phone: (703) 369-8055

Address: 8680 Hospital Way, Manassas, VA 20110

Website: <https://www.novanthhealth.org/services/mental-health/>

TRAUMA AND HOPE

Trauma-focused recovery counseling for families & individuals.

Phone: (703) 750-7852

Address: 9028 Prince William St, Unit E, Manassas, VA 20110

Website: <https://traumaandhope.com/>

VICTORIA TRANSCULTURAL CLINICAL CENTRE

Multicultural counseling targeting children & adolescents with neurodevelopmental or mental health disorders.

Phone: (703) 257-5997

Email: info@vtccmail.com

Address: 3541 Chain Bridge Rd, Ste 204 Fairfax, VA 22030

Website: <https://vtcc.health/>

NEWCOMERS

CASA

- **ADULT ESOL:** (571) 483-8688 or kgonzalez@wearecasa.org.
- **CITIZENSHIP:** (571) 421-2211
- **HEALTH CARE ACCESS:** (571) 421-2211
- **LEGAL HOTLINE:** 1-866-765-2272

Address: 1455 Old Bridge Road, Suite 203, Woodbridge, VA 22192

Website: <https://wearecasa.org/programs-in-virginia/>

GLOBAL WELCOME CENTERS (PWCS)

English proficiency assessments and registrations for speakers of other languages.

- **MANASSAS**

Phone: (571) 402-3800

Address: 10100 Lomond Dr. Manassas, VA 20109

- **WOODBIDGE**

Phone: (571) 374-6813

Address: 15111 Blackburn Rd. Woodbridge, VA 22191

Email: GWCRegistration@pwcs.edu

Website: https://www.pwcs.edu/departments/global_welcome_center/index

IMMIGRATION FORMS

Immigration forms should always be free.

Request Line: 1-800-870-3676

Website: www.uscis.gov or www.bookstore.gpo.gov

TAHIRIH JUSTICE CENTER

Free legal and social services for immigrants facing gender based violence.

Phone: (571) 282-6161, appointment only

Afghan Asylum Helpline: 1-888-991-0852 (Pashto and Dari interpreters available)

Website: <https://www.tahirih.org/get-help/>

RESETTLEMENT AGENCIES

CATHOLIC CHARITIES

Various immigrant and refugee services.

- **CITIZENSHIP & ENGLISH CLASSES, WORKFORCE DEVELOPMENT:** (571) 208-1572

- **IMMIGRATION & LEGAL SERVICES:** (703) 534-9805

Email: ewd@ccda.net

Address: 8247 Shoppers Square, Manassas, VA 20111

Website: <https://www.ccda.net/need-help/immigrants-and-refugees/>

ETHIOPIAN COMMUNITY DEVELOPMENT COUNCIL

Reception & placement, employment, and case management.

Phone: (703) 685-0510

Email: info@ecdcus.org

Address: 901 South Highland St, Floor 4, Arlington, VA 22204

Website: <https://www.ecdcus.org/>

LUTHERAN SOCIAL SERVICES

Phone: (202) 723-3000

Email: immigration@LSSNCA.org

Address: 3320 Noble Pond Way, 201, Woodbridge, VA 22192

Website: <https://lssnca.org/programs/>

PARENTING

LOW-INCOME SAFETY SEATS (VDH)

Free car safety and booster seats for income-eligible families provided by the Virginia Department of Health.

Website: <https://www.vdh.virginia.gov/child-passenger-safety/low-income-safety-seat-program/>

PARENT RESOURCE CENTER

Bilingual support for parents.

Phone: (703) 791-8846 or (703) 791-7438

Email: HollebAJ@pwcs.edu or ContreEM@pwcs.edu

Address: 14715 Bristow Road, Manassas, VA 20112

Website: https://www.pwcs.edu/academics___programs/special_education/parent_resource_center/index

SAVING PRINCE WILLIAM'S LITTLES

Free monthly car seat safety checks. Instructions for how to safely install car seats.

Email: savingprincewilliamslittles@gmail.com

Website: <https://savingprincewilliamslittles.com/contact/>

PREGNANCY

DOULA REGISTRY

Online search tool for certified doula services. Filters include ethnicity, gender, and location.

Website: <https://www.vacertboard.org/doula-registry>

GREATER PRINCE WILLIAM COMMUNITY HEALTH CENTER

Medical, pediatric, dental, OBGYN, behavioral health. Private insurance, Medicaid, FAMIS, Medicare.

- **DUMFRIES:** 17739 Main Street, #130, Dumfries, VA 22026
- **MANASSAS:** 9705 Liberia Avenue, #201, Manassas, VA 20110
- **WOODBIDGE:** 3350 Commission Court, Woodbridge, VA 22192

Phone: (703) 680-7950

Website: <https://www.gpwhealthcenter.org/our-locations-hours/>

IMPROVE LIFE SUPPORT GROUP

Free virtual group therapy for pregnant women and parents in Virginia.

Website: <https://www.improvelifepllc.com/>

MOMMYMEDS

App for pregnant and breastfeeding mothers to guide safe breastfeeding practices while using prescription and over the counter medicines. Compatible with Apple and Android devices.

Apple: <https://apps.apple.com/us/app/mommymeds/id669222544>

Android: <https://play.google.com/store/apps/details?id=com.infant.risk.mommymeds.paid>

POSTPARTUM SUPPORT VIRGINIA (PWC)

Offers various services in partnership with local providers and health professions to target perinatal mood disorders.

Phone: (703) 829-7152

Email: nbennettmiller@postpartumva.org

Website: <https://postpartumva.org/contact/>

POSTPARTUM PSYCHOSIS FACEBOOK GROUPS

Virtual Facebook support groups for those suffering from postpartum psychosis.

Activism & Advocacy: <https://www.facebook.com/groups/869281459947181/>

Forum: <https://www.facebook.com/groups/357619024101/>

Survivors: <https://www.facebook.com/groups/413383649158314/>

PREGNANCY & POSTPARTUM PSYCHOSIS COMMUNITY MOSAIC

Community blog to share personal essays, creative writing, artwork, and videos about pregnancy or postpartum psychosis.

Website: <https://pppawarenessday.org/community-mosaic-submission/>

SISTA MIDWIFE DIRECTORY

Online directory to search for Black doulas by city or state.

Website: <https://www.sistamidwifedirectory.com/>

TEXT4BABY

Mobile app for appointment text reminders, pregnancy progress tracking, health and safety tips, and interactive videos and web content. Compatible with Apple and Android devices.

Website: <https://www.text4baby.org/>

WOMEN, INFANTS, & CHILDREN (WIC)

Nutrition & breastfeeding education and resrouces

- **MANASSAS:** 7757 Ashton Avenue, Manassas, VA 20109
- **WOODBIDGE:** 4001 Prince William Parkway, Suite 204, Woodbridge, VA 22192

Phone: (703) 792-7319

Email: pwhdwic@vdh.virginia.gov

Website: <https://www.gpwhealthcenter.org/our-locations-hours/>

SAFETY

ACTS

Crisis & human services in English and Spanish

- **COURT ADVOCACY & ACCOMPANIMENT:**
(703) 792-4782 *English*, 703-792-4282 *Spanish*
- **DOMESTIC VIOLENCE:** (703) 221-4951 *24 hr*,
(703) 221-4460 *Appointments*
- **SEXUAL ASSAULT:** (703) 497-1192

Email: info@actspwc.org

Website: <https://actspwc.org/services>

ADULT & CHILD PROTECTIVE SERVICES

- **MANASSAS CITY:** (703) 361-8277
9800 Godwin Drive, Manassas, VA 20110
- **MANASSAS OFFICE:** (703) 792-7500
7987 Ashton Avenue, 200, Manassas, VA 20109
- **MANASSAS PARK:** (703) 335-8880
100 Nadia St, Floor 2, Manassas Park, VA 20111
- **WOODBIDGE OFFICE:** (703) 792-7500
15941 Donald Curtis Dr, 180, Woodbridge, VA
22191

Reporting Child Abuse or Neglect: (703) 792-4200 or
1-800-552-7096

Website: <https://www.pwcva.gov/departments/social-services/about-us>

LEGAL SERVICES OF NORTHERN VIRGINIA

Consumer, elder, family, housing, veteran law; human trafficking, public benefits, child advocacy, and support for re-entry.

Phone: (703) 778-6800

Email: help@lsnv.org

Address: 9240 Center Street, Manassas, VA 20110

Website: <https://www.lsnv.org/what-we-do/>

MY MEAL DETECTIVE

Foodborne illness complaint form. Sends report the Virginia Department of Health for evaluation. Local health district will contact for follow-up if necessary.

Website: <https://redcap.vdh.virginia.gov/redcap/surveys/?s=PJACE4A4EY>

PWC CRIMINAL JUSTICE SYSTEM

- **MANASSAS:** (703) 792-6065

9540 Center Street, Suite 301, Manassas, VA 20110

- **WOODBIDGE:** (703) 792-4984

13851 Telegraph Road, Suite 205, Woodbridge, VA 22192

Domestic Violence: (703) 792-6065 or OCJSContact@pwcgov.org

Victim Witness Assistance Program & Free Call Phone

Program: (703) 392-7083

Website: <https://www.pwcva.gov/departments/criminal-justice-services/domestic-violence-help-services>

VA DEPARTMENT OF ENVIRONMENTAL QUALITY

Disaster preparedness plans &resources for debris, hurricanes, animal emergencies, and droughts.

Website: <https://www.deq.virginia.gov/our-programs/disaster-preparedness>

SENIORS

ACTS SENIOR LINK

Seniors or those with disabilities.

Phone: (703) 368-4141

Website: <https://www.actspwc.org/services/helpline>

ALZHERIMER'S SUPPORT FOR CAREGIVERS

- **FIRST MT. ZION BAPTIST CHURCH**

Phone: (703) 670-0184

Email: scraddock@firstmountzionbc.org

Website: <https://firstmountzionbc.org/directories/alzheimers-caregivers-support-groups-1-3/>

- **ST. THOMAS UNITED METHODIST CHURCH**

Phone: (703) 368-516

Email: receptionist@stthomasumc.org

Website: <https://www.stthomasumc.org/>

AREA AGENCY ON AGING

independence and quality of life for adults & families.

Phone: (703) 792-6374 or (703) 792-5962

Email: pwaaa@pwcgov.org

Website: <https://www.pwcva.gov/departments/area-agency-aging>

PRINCE WILLIAM SENIOR CENTERS

- **MANASSAS**

(703) 792-6405 *Main*

(703) 792-5956 *Transportation*

9320 Mosby Street, Manassas, Virginia, 20110

- **WOODBIDGE**

(703) 792-5081 *Main*

(703) 792-5682 *Transportation*

13850 Church Hill Drive, Woodbridge, Virginia, 22191

SUBSTANCE USE

CHRIS ATWOOD FOUNDATION*

Harm reduction program throughout Northern Virginia offering NARCAN training and free mobile services (sterile syringes, syringe disposal, fentanyl testing strips, and peer recovery support).

Phone: (703) 662-6076

Email: info@thecaf.org

Website: <https://www.thecaf.org/>

CONTROLLED SUBSTANCE PUBLIC DISPOSAL LOCATIONS

Online search tool to find locations to safely dispose of unused or expired medicines.

Website: <https://bit.ly/Search-Utility>

COMMUNITY SERVICES BOARD

Coordinated care for developmental delays, disabilities, mental illness, substance use.

- **MANASSAS:** 7969 Ashton Avenue, Manassas, VA
- **WOODBIDGE:** 15941 Donald Curtis Dr, Woodbridge, VA 22191

Phone: (703) 792-5241 or (703) 792-7373

Email: emailcsb@pwcgov.org

Website: <https://www.pwcva.gov/departments/community-services>

CRISIS INTERVENTION SERVICES

Scheduled and walk-ins. Mental health, substance abuse and intellectual disabilities.

- **MANASSAS**

24/7 Phone: (703) 792-7800

Address: 7969 Ashton Ave, Manassas, VA 20109

- **WOODBIDGE**

24/7 Phone: (703) 792-4900

Address: 15941 Donald Curtis Dr, Woodbridge, VA 22191

Email: info@actspwc.org

Website: <https://www.pwcva.gov/departments/community-services/crisis-intervention>

FAMILY INSIGHT

Behavioral therapy, in-home and outpatient services, and substance use disorder services.

Phone: (571) 208-0592

Address: 7960 Donegan Drive, Suite 200, Manassas, VA 20109

Website: <https://familyinsight.net/>

NEXT DISTRO

One-time Naloxone package by mail for Virginia residents.

Website: <https://nextdistro.org/virginia>

OPIOID RESPONSE & NALOXONE EDUCATION

Weekly sessions on opioid community prevention, treatment and recovery.

- **MANASSAS** *Mondays 2-4PM*
Jean McCoy Conference Room
7969 Ashton Ave, Manassas, VA 20109
- **WOODBIDGE** *Wednesdays 2-4PM*
Cafeteria at the Ferlazzo Building
15941 Donald Curtis Dr, Woodbridge, VA 22191

Phone: (571) 866-6400

Email: csbhwteam@pwcgov.org

Website: <https://www.pwcva.gov/departments/community-services/naloxone-education>

PARTNERSHIP TO END ADDICTION

Online support meetings and resources for parents & caregivers with children struggling with substance use.

Phone: Text "CONNECT" to 55753

Email: <https://drugfree.org/email-a-specialist/>

Website: <https://drugfree.org/community/results/>

REVIVE!

Training on how to recognize and response to opioid overdose by safely administering naloxone.

Phone: (804) 786-3921

Email: tiana.vazquez@dbhds.virginia.gov

Website: <https://dbhds.virginia.gov/behavioral-health/substance-abuse-services/revive/>



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