

Appendix D. Community Themes and Strengths Assessment

Figure D1. Responses from the Community Themes and Strengths Survey

Rank	Greatest strengths of our community	Number of surveys with this response	Percent of completed surveys with this response
1	Diversity of the community (social, cultural, faith, economic)	710	42%
2	Police, fire and rescue services	568	34%
3	Educational opportunities (schools, libraries, vocational programs, universities)	474	28%
4	Safe place to live	427	25%
5	Parks and recreation	388	23%
6	Access to health care	352	21%
7	Opportunities to be involved in the community	329	19%
8	A good place for children	314	19%
9	Access to healthy food (fresh fruits and vegetables)	296	18%
10	Jobs and a healthy economy	273	16%
11	Housing that is affordable	247	15%
12	Clean and healthy environment	195	12%
13	Services that support basic needs (food, clothing, temporary housing assistance)	185	11%
14	Arts and cultural events	160	9%
15	Walk-able, bike-able community	142	8%
16	A good place for older adults	139	8%
16	Mental health and substance abuse services	139	8%
17	Transportation options	123	7%

Rank	Most important health issues for our community	Number of surveys with this response	Percent of completed surveys with this response
1	Mental health problems (depression, anxiety, stress, suicide)	848	51%
2	Alcohol, drug, and/or opiate abuse	695	42%
3	Violence and abuse	421	25%
4	Obesity	399	24%
5	Other chronic health conditions (asthma, cancers, diabetes, heart disease, stroke)	344	21%
6	Aging-related health concerns	320	19%
7	Difference in health outcomes for different groups of people	291	17%
8	Dental problems	260	16%
9	Tobacco use (cigarettes, vaping, e-cigarettes, snuff, chewing tobacco)	229	14%
10	HIV	206	12%
11	Maternal, infant and child health	194	12%
12	Sexually transmitted diseases	192	12%
13	Teen pregnancy	179	11%
14	Intellectual disabilities	142	9%
14	Preventable injuries (car or bicycle crashes, falls)	142	9%

14	Other illness that spread from person to person (flu, TB)	117	7%
16	Vaccine preventable diseases (whooping cough, measles, tetanus)	98	6%
17	Food safety	93	6%
18	Physical disabilities	73	4%
19	Illness spread by insects and/or animals (Lyme disease, Zika, rabies)	61	4%

Rank	Most improve quality of life for our community	Number of surveys with this response	Percent of completed surveys with this response
1	Housing that is affordable	802	49%
2	Access to health care	548	34%
3	Mental health and substance abuse services	504	31%
4	Educational opportunities (schools, libraries, vocational programs, universities)	376	23%
5	Jobs and a healthier economy	361	22%
6	Transportation options	350	22%
7	Welcoming of diversity (social, cultural, faith, economic)	319	20%
8	Working to end homelessness	309	19%
9	Access to healthy food (food, clothing, temporary cash assistance)	278	17%
10	Services that support basic needs (food, clothing, temporary housing assistance)	265	16%
11	A walk-able, bike-able community	183	11%
12	Opportunities to be involved in the community	181	11%
13	Clean and healthy environment	171	11%
14	Public safety and health (law enforcement, fire, EMS and public health)	155	10%
15	Access to parks and recreation	106	7%
16	Arts and cultural events	87	5%

Figure D2. Demographics of Survey Respondents

Demographics of Survey Respondents		
	Count	Percent
Race		
White/Caucasian	863	50.6%
Black/African American	322	18.9%
American Indian or Alaska Native	24	1.4%
Asian	96	5.6%
Native Hawaiian or Other Pacific Islander	17	1.0%
Two or More Races	73	4.3%
No Response	311	18.2%
Ethnicity		
Hispanic	354	20.8%
Not Hispanic	1224	71.7%
No response	128	7.5%
Sex		
Female	1,234	72.3%

Male	357	20.9%
No response	115	6.7%
Age		
Less than 18 years	26	1.6%
18 to 24 years	110	6.9%
25 to 29 years	170	10.6%
30 to 39 years	357	22.3%
40 to 49 years	340	21.2%
50 to 64 years	386	24.1%
65 to 79 years	184	11.5%
80 or more years	31	1.9%
No response	102	6.0%
Education		
Less than high school diploma	91	5.3%
High school diploma/GED	215	12.6%
Some college	302	17.7%
Associates/Technical degree	154	9.0%
Bachelor's degree	455	26.7%
Graduate degree or higher	370	21.7%
No response	119	7.0%
Income		
Less than \$10,000	165	9.7%
\$10,000 to \$49,000	398	23.3%
\$50,000 to \$99,999	462	27.1%
\$100,000 to \$149,999	265	15.5%
\$150,000 or more	238	14.0%
No response	178	10.4%
Regular Healthcare Provider		
Free or reduced-fee clinic	202	11.8%
Hospital/ER	90	5.3%
Private doctor's office/HMO	1,105	64.8%
Urgent care center	96	5.6%
I don't get healthcare	96	5.6%
No response	117	6.9%
Zip Code		
Prince William County	1,017	59.6%
Manassas City	333	19.5%
Manassas Park City	81	4.7%
Other DC-VA-MD Metro Area	66	3.9%
Outside of Northern Virginia	75	4.4%
No zip code listed	134	7.9%

For more information, check out our survey dashboard:

https://public.tableau.com/profile/vdh.population.health#!/vizhome/GreaterPrinceWilliamAreaCTSA_SurveyResults/CTSAresults?:embed=y&:display_count=yes&:showVizHome=no

Figure D3. Top 5 Issues on Select Demographic Variables

	Greatest Strengths	Most Important Issues	Most Improve Quality of Life
Low income (Less than \$50,000)	<ol style="list-style-type: none"> 1. Police, fire and rescue services 2. Diversity of the community (social, cultural, faith, economic) 3. Safe place to live 4. Educational opportunities (schools, libraries, vocational programs, universities) 5. Parks and recreation 	<ol style="list-style-type: none"> 1. Mental health problems (depression, anxiety, stress, suicide) 2. Alcohol, drug, and/or opiate abuse 3. Violence and abuse 4. Dental problems 5. HIV 	<ol style="list-style-type: none"> 1. Housing that is affordable 2. Access to health care 3. Jobs and a healthier economy 4. Educational opportunities (schools, libraries, vocational programs, universities) 5. Mental health and substance abuse services
Less than high school diploma	<ol style="list-style-type: none"> 1. A good place for children 2. Educational opportunities (schools, libraries, vocational programs, universities) 3. Safe place to live 4. Police, fire and rescue services 5. Access to health care 	<ol style="list-style-type: none"> 1. Alcohol, drug, and/opiate abuse 2. Mental health problems (depression, anxiety, stress, suicide) 3. Violence and abuse 4. Dental problems AND HIV (tie for 4th place) 5. Teen pregnancy 	<ol style="list-style-type: none"> 1. Housing this is affordable 2. Access to health care 3. Jobs and a healthier economy 4. Educational opportunities (schools, libraries, vocational programs, universities) AND Mental health substance abuse services (tie for 4th place) 5. Welcoming of diversity (social, cultural, faith, economic)
Less than 25 years	<ol style="list-style-type: none"> 1. Diversity of the community (social, cultural, faith, economic) 2. Police, fire and rescue services 3. Educational opportunities (schools, libraries, vocational programs, universities) 4. Safe place to live 5. A good place for children 	<ol style="list-style-type: none"> 1. Mental health problems (depression, anxiety, stress, suicide) 2. Alcohol, drug, and/opiate abuse 3. Violence and abuse 4. Tobacco use (cigarettes, vaping, e-cigarettes, snuff, chewing tobacco) 5. Teen pregnancy 	<ol style="list-style-type: none"> 1. Housing this is affordable 2. Access to health care 3. Mental health substance abuse services 4. Educational opportunities (schools, libraries, vocational programs, universities) 5. Services that support basic needs (food, clothing, temporary cash assistance)
Greater than 65 years	<ol style="list-style-type: none"> 1. Diversity of the community (social, cultural, faith, economic) 	<ol style="list-style-type: none"> 1. Aging-related health concerns 	<ol style="list-style-type: none"> 1. Housing this is affordable

	<p>2. Access to health care AND police, fire and rescue services (tie for 2nd place)</p> <p>3. Educational opportunities (schools, libraries, vocational programs, universities)</p> <p>4. Opportunities to be involved in the community</p> <p>5. A good place for older adults</p>	<p>2. Alcohol, drug, and/or opiate abuse</p> <p>3. Mental health problems (depression, anxiety, stress, suicide)</p> <p>4. Obesity</p> <p>5. Other chronic conditions (asthma, cancers, diabetes, heart disease, stroke) AND violence and abuse (tie for 5th place)</p>	<p>2. Transportation options</p> <p>3. Access to health care</p> <p>4. Working to end homelessness</p> <p>5. Mental health and substance abuse services</p>
Hispanic/Latino	<p>1. Police, fire and rescue services</p> <p>2. Safe place to live</p> <p>3. Diversity of the community (social, cultural, faith, economic)</p> <p>4. Parks and recreation</p> <p>5. Educational opportunities (schools, libraries, vocational programs, universities)</p>	<p>1. Mental health problems (depression, anxiety, stress, suicide)</p> <p>2. Alcohol, drug, and/or opiate abuse</p> <p>3. Violence and abuse</p> <p>4. Dental problem</p> <p>5. HIV</p>	<p>1. Housing this is affordable</p> <p>2. Access to health care</p> <p>3. Mental health and substance abuse services</p> <p>4. Jobs and a healthier economy</p> <p>5. Educational opportunities (schools, libraries, vocational programs, universities)</p>
People of color	<p>1. Diversity of the community (social, cultural, faith, economic)</p> <p>2. Educational opportunities (schools, libraries, vocational programs, universities)</p> <p>3. Police, fire and rescue services</p> <p>4. Safe place to live AND Services that support basic needs (food, clothing, temporary cash assistance) (tie to 4th place)</p> <p>5. Access to health care AND parks and recreation (tie for 5th place)</p>	<p>1. Mental health problems (depression, anxiety, stress, suicide)</p> <p>2. Alcohol, drug, and/or opiate abuse AND Violence and abuse (tie for 2nd place)</p> <p>3. Dental problems</p> <p>4. Obesity</p> <p>5. HIV AND maternal, infant and child health (tie for 5th place)</p>	<p>1. Housing this is affordable</p> <p>2. Access to health care</p> <p>3. Jobs and a healthier economy</p> <p>4. Mental health and substance abuse services</p> <p>5. Educational opportunities (schools, libraries, vocational programs, universities) AND welcoming of diversity (social, cultural, faith, economic) (tie for 5th place)</p>

Figure D4. Community Themes and Strengths Survey

Survey Introduction:

The Prince William Health District is conducting a short, anonymous survey to learn about what is important to people in the Greater Prince William Area (including Prince William County, Manassas City and Manassas Park City). The results will be used to inform ongoing efforts to make the Greater Prince William Area a healthier community. We also ask a few questions about you so we can understand more about who took this survey. If you need more information, please visit www.behealthybehappyprincewilliam.com or call 703-792-7407. Thank you for participating in this anonymous survey.

1. In your opinion, what are the greatest strengths of our community?

Please select up to THREE (3) boxes below:

- Opportunities to be involved in the community
 - Diversity of the community (social, cultural, faith, economic)
 - Access to healthy food (fresh fruits and vegetables)
 - Housing that is affordable
 - Services that support basic needs (food, clothing, temporary cash assistance)
 - Access to health care
 - Educational opportunities (schools, libraries, vocational programs, universities)
 - A good place for children
 - A good place for older adults
 - Jobs and a healthy economy
 - Transportation options
 - Mental health and substance abuse services
 - Police, fire and rescue services
 - Safe place to live
 - Parks and recreation
 - Walk-able, bike-able community
 - Clean and healthy environment
 - Arts and cultural events
 - Other (please specify):
-

2. In your opinion, what are the most important health issues for our community?

Please select up to THREE (3) boxes below:

- Dental problems
 - Teen pregnancy
 - Maternal, infant and child health
 - Violence and abuse
 - Preventable injuries (car or bicycle crashes, falls)
 - Aging-related health concerns
 - Tobacco use (cigarettes, vaping, e-cigarettes, snuff, chewing tobacco)
 - Alcohol, drug, and/or opiate abuse
 - Mental health problems (depression, anxiety, stress, suicide)
 - Obesity
 - Other chronic health conditions (asthma, cancers, diabetes, heart disease, stroke)
 - Illnesses spread by insects and/or animals (Lyme disease, Zika, rabies)
 - Sexually transmitted diseases
 - HIV
 - Other illnesses that spread from person to person (flu, TB)
 - Vaccine preventable diseases (whooping cough, measles, tetanus)
 - Food safety
 - Intellectual disabilities (autism, developmental disabilities)
 - Sensory disabilities (hearing, vision)
 - Physical disabilities
 - Differences in health outcomes for different groups of people
 - Other (please specify):
-

3. In your opinion, what would most improve the quality of life for our community?

Please select up to **THREE (3)** boxes below:

- | | |
|--|--|
| <input type="checkbox"/> Opportunities to be involved in the community | <input type="checkbox"/> Jobs and a healthier economy |
| <input type="checkbox"/> Welcoming of diversity (social, cultural, faith, economic) | <input type="checkbox"/> Transportation options |
| <input type="checkbox"/> Access to healthy food (fresh fruits and vegetables) | <input type="checkbox"/> Mental health and substance abuse services |
| <input type="checkbox"/> Housing that is affordable | <input type="checkbox"/> Public safety and health (law enforcement, fire, EMS and public health) |
| <input type="checkbox"/> Services that support basic needs (food, clothing, temporary cash assistance) | <input type="checkbox"/> Access to parks and recreation |
| <input type="checkbox"/> Access to health care | <input type="checkbox"/> A walk-able, bike-able community |
| <input type="checkbox"/> Educational opportunities (schools, libraries, vocational programs, universities) | <input type="checkbox"/> Clean and healthy environment |
| | <input type="checkbox"/> Arts and cultural events |
| | <input type="checkbox"/> Working to end homelessness |
| | <input type="checkbox"/> Other (please specify): _____ |

Please answer the following questions about yourself. We ask these questions to better understand your answers.

D1. Your HOME ZIP CODE: _____

D2. Your AGE Mark (X) only ONE (1) box:

- Under 18 years
- 18 - 24 years
- 25 - 29 years
- 30 - 39 years
- 40 - 49 years
- 50 - 64 years
- 65 - 79 years
- 80+ years

D3. Your HIGHEST LEVEL OF EDUCATION

Mark (X) only ONE (1) box:

- Less than high school diploma
- High school diploma / GED
- Some college
- Associates / Technical degree
- Bachelor's degree
- Graduate degree or higher

D4. ARE YOU HISPANIC OR LATINO?

Mark (X) only ONE (1) box:

- Yes
- No

D5. Your RACE - Which one or more of the following race categories do you identify with?

Select ALL THAT APPLY:

- American Indian or Alaska Native
- Asian
- Black or African American

- Native Hawaiian or Other Pacific Islander
- White or Caucasian

D6. Do you live in a home with HOUSEHOLD MEMBERS THAT ARE YOUNGER THAN 18 YEARS OLD? Mark (X) only ONE (1) box:

- Yes
- No

D7. Where do you USUALLY GO FOR HEALTHCARE? Mark (X) only ONE (1) box:

Mark (X) only ONE (1) box:

- Hospital / emergency room
- Private doctor's office / HMO
- Urgent care center
- Free or reduced-fee clinic
- I don't get healthcare

D8. Your ASSIGNED SEX AT BIRTH

Mark (X) only ONE (1) box:

- Female
- Male

D9. Your ANNUAL HOUSEHOLD INCOME

Mark (X) only ONE (1) box:

- Less than \$10,000
- \$10,000 - \$49,999
- \$50,000 - \$99,999
- \$100,000 - \$149,999
- \$150,000+



<https://www.surveymonkey.com/r/LiveHealthyNOVA>

Introducción a la encuesta:

Prince William Health District está realizando una encuesta corta y anónima para saber qué es importante para las personas en Greater Prince William Area (Prince William County, Manassas City, Manassas Park City). Los resultados se usarán para aportar datos a los esfuerzos en curso para hacer de Greater Prince William una comunidad más saludable. También haremos algunas preguntas personales para poder entender mejor a quien llenó esta encuesta. Si necesita más información, visite www.behealthybehappyprincewilliam.com o llame al 703-792-7407. Gracias por participar en esta encuesta anónima.

1. En su opinión, ¿cuáles son las mayores fortalezas de nuestra comunidad?

Seleccione hasta TRES (3) casillas a continuación:

- Oportunidades de participar en la comunidad
- Diversidad comunitaria (social, cultural, religiosa, económica)
- Acceso a alimentos saludables (frutas y verduras frescas)
- Vivienda económica
- Servicios que respaldan las necesidades básicas (alimentos, ropa, asistencia temporal en dinero en efectivo)
- Acceso a atención médica
- Oportunidades educativas (escuelas, bibliotecas, programas vocacionales, universidades)
- Un buen lugar para los niños
- Un buen lugar para los adultos mayores
- Empleos y una economía próspera
- Opciones de transporte
- Servicios de atención de salud mental y de abuso de sustancias
- Servicios de policía, bomberos y rescate
- Lugar seguro para vivir
- Parques y recreación
- Comunidad apta para caminar y andar en bicicleta
- Ambiente limpio y saludable
- Artes y eventos culturales
- Otras (especifique):

2. En su opinión, ¿cuáles son los problemas de salud más importantes para nuestra comunidad?

Seleccione hasta TRES (3) casillas a continuación:

- Problemas dentales
- Embarazo de adolescentes
- Problemas de salud de las madres, los bebés y los niños
- Violencia y abuso
- Lesiones prevenibles (choques de automóviles o bicicletas, caídas)
- Problemas de salud relacionados con el envejecimiento
- Consumo de tabaco (cigarrillos, vapores de nicotina, cigarrillos electrónicos, rapé, tabaco de mascar)
- Abuso de alcohol, drogas y opiáceos
- Problemas de salud mental (depresión, ansiedad, estrés, suicidio)
- Obesidad
- Otras afecciones de salud crónicas (asma, cáncer, diabetes, enfermedad cardíaca, accidente cerebrovascular)
- Enfermedades transmitidas por insectos o animales (enfermedad de Lyme, Zika, rabia)
- Enfermedades de transmisión sexual
- Infección por el VIH
- Otras enfermedades que se transmiten de una persona a otra (gripe, tuberculosis)
- Enfermedades prevenibles con vacunas (tos ferina, sarampión, tétanos)
- Seguridad alimentaria
- Discapacidades intelectuales (autismo, discapacidades del desarrollo)
- Discapacidades sensoriales (audición, vista)
- Discapacidades físicas
- Diferencias en los resultados de salud para diferentes grupos de personas
- Otros (especifique):

3. En su opinión, ¿qué mejoraría la calidad de vida de nuestra comunidad?

Seleccione hasta TRES (3) casillas a continuación:

- | | |
|---|---|
| <input type="checkbox"/> Oportunidades de participar en la comunidad | <input type="checkbox"/> Opciones de transporte |
| <input type="checkbox"/> Apertura a la diversidad (social, cultural, religiosa, económica) | <input type="checkbox"/> Servicios de atención de salud mental y de abuso de sustancias |
| <input type="checkbox"/> Acceso a alimentos saludables (frutas y verduras frescas) | <input type="checkbox"/> Seguridad y salud pública (policía, bomberos, SME y salud pública) |
| <input type="checkbox"/> Vivienda económica | <input type="checkbox"/> Acceso a parques y recreación |
| <input type="checkbox"/> Servicios que respaldan las necesidades básicas (alimentos, ropa, asistencia temporal en dinero en efectivo) | <input type="checkbox"/> Una comunidad apta para caminar y andar en bicicleta |
| <input type="checkbox"/> Acceso a asistencia médica | <input type="checkbox"/> Ambiente limpio y saludable |
| <input type="checkbox"/> Oportunidades educativas (escuelas, bibliotecas, programas vocacionales, universidades) | <input type="checkbox"/> Artes y eventos culturales |
| <input type="checkbox"/> Empleos y una economía más próspera | <input type="checkbox"/> Trabajar para que la gente no viva en la calle |
| | <input type="checkbox"/> Otros (especificar): _____ |

Responda las siguientes preguntas personales. Hacemos estas preguntas para comprender mejor sus respuestas.

D1. Código postal de su CASA: _____

D2. Su EDAD. Marque (X) solo en UNA (1) casilla:

- Menores de 18 años
- 18 - 24 años
- 25 - 29 años
- 30 - 39 años
- 40 - 49 años
- 50 - 64 años
- 65 - 79 años
- Más de 80 años

D3. Su NIVEL MÁS ALTO DE EDUCACIÓN

Marque (X) solo en UNA (1) casilla:

- Menos que un diploma de escuela secundaria
- Diploma de secundaria / GED
- Alguna educación superior
- Grado de Asociado/técnico
- Licenciatura
- Posgrado o superior

D4. ¿ES HISPANO O LATINO?

Marque (X) solo en UNA (1) casilla:

- Sí
- No

D5. Su RAZA - ¿Con cuál de las siguientes clases de raza se identifica? Seleccione todas las que correspondan:

- Indígena estadounidense o nativo de Alaska

- Asiático
- Negro o afroestadounidense
- Nativo de Hawái u otra isla del Pacífico
- Blanco o caucásico

D6. ¿Vive en una casa donde residen MENORES DE 18 AÑOS? Marque (X) solo en UNA (1) casilla:

- Sí
- No

D7. GENERALMENTE, ¿DÓNDE RECIBE ATENCIÓN MÉDICA? Marque (X) solo en UNA (1) casilla:

- Hospital / sala de emergencia
- Consultorio médico privado / HMO
- Centro de cuidado urgente
- Clínica gratuita o de tarifa reducida
- No recibo atención médica

D8. SU SEXO ASIGNADO AL NACER

Marque (X) solo en UNA (1) casilla:

- Femenino
- Masculino

D9. INGRESO ANUAL DE SU HOGAR

Marque (X) solo en UNA (1) casilla:

- Menos de \$10.000
- \$10.000 - \$49.999
- \$50.000 - \$99.999
- \$100.000 - \$149.999
- \$150.000+



<https://www.surveymonkey.com/r/LiveHealthyNOVASpanish>

**BE HEALTHY
BE HAPPY**

GREATER PRINCE WILLIAM AREA