

PWHD COMMUNITY RESOURCE GUIDE

2026

PRINCE WILLIAM
HEALTH DISTRICT

(703) 792-6300
9301 Lee Avenue
Manassas, VA 20110

COMMUNITY RESOURCE GUIDE

The PWHD Community Resource Guide provides a list of current services offered throughout Prince William County. The following packet includes the primary services, contact information, and website links of each provider.

<u>ADULT EDUCATION & CAREER SUPPORT</u>	3
<u>CHILDREN & TEENS</u>	5
<u>CLOTHING</u>	9
<u>DENTAL</u>	10
<u>FOOD ASSISTANCE</u>	12
<u>FAITH-BASED</u>	14
<u>PETS</u>	16
<u>HEALTH ACCESS (FREE/LOW COST)</u>	17
<u>HEALTH INSURANCE LOCATORS</u>	20
<u>HOTLINES/CRISIS</u>	21
<u>HOUSING, UTILITIES, FINANCES</u>	24
<u>MEDICATION RESOURCES</u>	27
<u>MENTAL HEALTH</u>	28
<u>NEWCOMERS</u>	30
<u>PARENTING</u>	33
<u>PREGNANCY</u>	34
<u>SAFETY/DISASTERS</u>	37
<u>SENIORS</u>	40
<u>SUBSTANCE USE</u>	42

*** = services offered outside of PWC, no residency requirement**

ADULT EDUCATION & CAREER SUPPORT

ARC OF GREATER PRINCE WILLIAM

Vocational and skills programs for adults with intellectual and developmental disabilities and supported employment services.

Phone: (703) 221-8787

Address: 19143 Fuller Heights Rd., Triangle, VA 22172

Website: <https://arcgpw.org/adult-day-support-services>

HIGH SCHOOL COMPLETION PWCS

Basic skills improvement, General Education Development (GED) test information & preparation, National External Diploma Program.

Phone: (703) 791-7357

Email: AdultEd@pwcs.edu

Address: 14782 Joplin Rd., Manassas, VA 20112

Website: http://www.pwcs.edu/academics___programs/adult_education/high_school_completion

THE WOMEN'S CENTER*

Therapy, support groups, career coaching, workshops, and volunteering for women.

Phone: (703) 281-2657

Email: questions@thewomenscenter.org

Address: 8230 Old Courthouse Rd., Suite 500 Vienna, VA 22182

Website: <https://thewomenscenter.org>

WORKFORCE DEVELOPMENT (NVFS)*

Assists with enhancing workforce skills and transportation for low-income families.

Phone: (571) 748-2500

Email: TFTrainee@nvfs.org

Address: 8603 Westwood Center Dr., Suite 300, Vienna, VA 22182

Website: <https://www.nvfs.org/our-services/workforce-development>

CHILDREN & TEENS

ACTS DOMESTIC VIOLENCE SUPPORT

Free anger management, conflict resolution, and healthy relationship development for children and youths affected by domestic violence.

Phone: (703) 221-4460, appointments only

(703) 221 4951, domestic violence hotline 24/7 support

Email: info@actspwc.org

Address: 3900 ACTS Ln., Dumfries, VA 22026

Website: <https://www.actspwc.org/services/domestic-violence>

ARC OF GREATER PRINCE WILLIAM

Social and recreational programs for people with disabilities, family support, and childcare services.

Phone: (703) 670-4800 Social & Recreational

(703) 730-3124 Family Support

(703) 670-5060 Childcare

Address: 13505 Hillendale Dr., Woodbridge, VA 22193

Website: <https://arcg.pw.org/programs>

BOYS AND GIRLS CLUB

Programs in education, health, character, and arts for children ages 6-18. Multiple PWC sites.

DUMFRIES (GENERAL HEISER CLUB)

Phone: (703) 441-0611

Address: 17565 Old Stage Coach Rd., Dumfries, VA 22026

Website: <https://bgcgw.org/clubs/general-heiser-club>

BOYS AND GIRLS CLUB continued

WOODBRIIDGE (HYLTON CLUB)

Phone: (703) 670-3311

Address: 5070 Dale Blvd., Woodbridge, VA 22193

Website: <https://bgcgw.org/clubs/hylton-club>

MANASSAS (MARTIN K. ALLOY CLUB)

Phone: (703) 365-2582

Address: 9501 Dean Park Ln., Manassas, VA 20110

Website: <https://bgcgw.org/clubs/the-martin-k-alloy-boys-girls-club-of-manassas>

Email: operations@bgcgw.org

CASA YOUTH DEVELOPMENT LEADERSHIP

Membership-based, after-school program for immigrants and first-generation high school students in Prince William and Fairfax counties.

Phone: (717) 214-4226, Call or text Laritza Pantoja

Website: <https://wearecasa.org/mi-espacio-virginia>

CHILD FIND (PWCS)

Provides special education services to children from ages 0-21.

(703) 792-7879 (Birth -3 yrs)

(703) 791-8857 (2 yrs to 5 yrs)

PWC Zoned school (5 yrs to 21 yrs)

Email: LegaulKM@pwcs.edu

Website: https://www.pwcs.edu/academics___programs/special_education/child_find/index

EARLY HEAD START (NVFS)

Full-day daycare for children ages 0-3. All year, home-based program includes educational sessions and socialization between mother and child.

Phone: (571) 748-2617 or (571) 373-6034

Address: Centers in Arlington, Loudoun, and PW counties

Website: <https://www.nvfs.org/our-services/early-childhood-development/early-head-start>

GLOBAL WELCOME CENTERS (PWCS)

English proficiency assessments and registrations for speakers of other languages.

- **MANASSAS**

Phone: (571) 402-3800, appointment only

Address: 10100 Lomond Dr., Manassas, VA 20109

- **WOODBIDGE**

Phone: (571) 374-6813, appointment only

Address: 15111 Blackburn Rd., Woodbridge, VA 22191

Email: GWCRRegistration@pwcs.edu

Website: https://www.pwcs.edu/departments/global_welcome_center/index

HEALTHY FAMILIES (NVFS)

Regular home visits throughout pregnancy until age 3-4. Staff member conducts eligibility during initial interview.

Phone: (703) 944-8752

Website: <https://www.nvfs.org/our-services/early-childhood-development/healthy-families>

PEDIATRIC PRIMARY CARE PROJECT(NVFS)

Primary medical care connections to Kaiser Permanente for uninsured or income eligible children under 19. Strictly for those living in PW County. Call for more information.

Phone: (703) 244-7310

Website: <https://www.nvfs.org/assistance/pediatric-primary-care-project>

PRESCHOOL PROGRAMS (PWCS)

School enrollment, USDA food program, educational activities, and family services.

Phone: (703) 791-8708

Email: PreKPrograms@pwcs.edu

Website:

https://www.pwcs.edu/learning_activities/academics/preschool/index

TEEN CRISIS LINE/SECOND STORY FOR TEENS

Temporary safe haven housing for teens ages 13-17 in crisis. Individual, group, & family counseling.

Crisis Line: CALL 1-800-SAY-TEEN (1-800-729-8336)

TEXT "TEENHELP" TO 855-11

Administrative Phone: (703) 944-8752

Website: <https://second-story.org/teens>

YOUTH INITIATIVES (NVFS)

Intervention, Prevention, & Education (IPE), family reunification, and Violence Prevention and Intervention Program (VPIP).

Phone: (571) 748-2808

Email: kreen@nvfs.org

Website: <https://www.nvfs.org/our-services/early-childhood-development/healthy-families>

CLOTHING

ACTS THRIFT STORE

Vouchers to Second ACTS thrift store for loss of possessions dues to floods, fires, bed bugs.

Email: ea@actspwc.org

Website: <https://www.actspwc.org/thrift-store>

HOUSE OF MERCY THRIFT STORE

Clothes once a month for each registered family member. Once a year special occasion for teens.

Phone: (703) 659-1636, appointment only

Address: 8170 Flannery Ct., Manassas, VA 20109

Website: <https://houseofmercyva.org/programs/food-pantry-client-services>

ST. FRANCIS DROP-IN SHELTER

Food, showers, clothing, tents, and blankets distribution.

Phone: (703) 221-6344

Email: francias@stfrncis.org

Address: 14730 Potomac Mills Rd., Woodbridge, VA 22192

Website: <https://stfrncis.org/meals-for-the-homeless>

WOMEN GIVING BACK

Clothes, shoes, accessories, and other necessities for women and children.

Phone: 703-554-9386

Email: info@WomenGivingBack.org

Address: 20 Export Dr., Sterling, VA 20164

Website: <https://womengivingback.org>.

DENTAL

LUNERA HEALTH

*Medical, pediatric, dental, OBGYN, behavioral health.
Private insurance, Medicaid, FAMIS, Medicare.*

DUMFRIES: 17739 Main St. Dumfries, VA 22026

MANASSAS: 9705 Liberia Ave., Unit 201 Manassas, VA 20110

WOODBRIIDGE: 3350 Commission Ct., Woodbridge, VA 22192

Phone: (703) 680-7950

Website: <https://lunerahealth.org>.

NEIGHBORHOOD HEALTH

*Full range of primary care services including dental.
Multiple clinics throughout Alexandria. No residency
requirement.*

Phone: (703) 535-5568

Email: info@nhnva.org

Address (Mailing): 6677 Richmond Highway,
Alexandria, VA 22306

Website: <https://neighborhoodhealthva.org>.

NORTHERN VIRGINIA FAMILY SERVICE (NVFS)

Low-cost dental care referral service for adults and children.

Phone: (571) 748-2500

Website: <https://www.nvfs.org/our-services/health-well-being/dental-access>

RESTORATIVE DENTAL CLINIC OF NORTHERN VIRGINIA COMMUNITY COLLEGE*

Comprehensive dental care services for all ages (including geriatric and special needs patients). No insurance or residency requirements.

Phone: (703) 822-6607

Address: 6699 Springfield Center Dr. Springfield, VA 22150

Website: <https://www.nvcc.edu/dental>

SPECIAL NEEDS DENTAL DIRECTORY

State-wide dental search tool for adults and children with special needs.

Website: <https://apps.vdh.virginia.gov/livewell/findadentist>

FOOD ASSISTANCE

ACTS FOOD ASSISTANCE

Monthly food pick-up on walk-in basis. New client enrollment 1st and 2nd Wednesdays of the month 10 am-1 pm and 3rd and 4th Tuesdays of the month 5 pm - 6:30 pm.

Phone: (703) 441-8606

Email: info@actspwc.org

Address: 3901 ACTS Ln., Dumfries, VA 22026

Website: <https://www.actspwc.org/services/food-assistance>

CAPITAL AREA FOOD BANK*

Direct food distribution to those in need.

Phone: (571) 482-4770

Address: 6833 Hill Park Dr., Lorton, VA 22079

Website: <http://capitalareafoodbank.org>

CREATING FOUNDATIONS FOR HOPE

Food distributed at East End Mobile Home Park.

Phone: (703) 221-4510, ext 2001

Email: info@cfhva.org

Address: 7702 Donegan Dr., Manassas, Virginia 20109

Website: <https://cfhva.org>

HAYMARKET REGIONAL FOOD PANTRY

Weekly food pick-up (3-4 meals) for registered clients.

Phone: (703) 754-5990, appointment only

Address: 7669 Limestone Dr., #105, Gainesville, VA

Website: <https://haymarketfoodpantry.org>

NORTHERN VIRGINIA FAMILY SERVICE

Emergency food assistance, nutrition information, & budgeting.

Phone: (571) 748-2680

Address: 10058 Dean Dr., Manassas, VA 20110

Website: <https://www.nvfs.org/our-services/health-well-being/food-assistance>

SERVE FOOD ASSISTANCE

Tuesday and Thursday intakes, appointment and ID needed.

Phone: (571) 748-2680

Email: ncannon@nvfs.org

Address: 10056 Dean Dr., Manassas, VA 20110

Website: <https://www.nvfs.org/our-services/homelessness-housing/serve-campus>

FAITH-BASED ASSISTANCE

ALL SAINTS CATHOLIC CHURCH

Phone: (571) 516-3166

Email: mklatt@allsaintsva.org

Address: 9300 Stonewall Rd., Manassas, VA 20110

Website: <https://allsaintsvachurch.org/living/social-outreach>

BULL RUN UNITARIAN UNIVERSALISTS

Phone: (703) 361-6269

Email: office@bruu.org

Address: 9350 Main St., Manassas, VA 20110

Website: <https://www.bruu.org/www2>

EMMANUEL BAPTIST CHURCH

Phone: (703) 368-9206

Address: 8006 Centreville Rd., Manassas, VA 20111

Website: <https://www.ebcnva.com/food-distribution>

HOLY FAMILY CATHOLIC CHURCH

Phone: (703) 730-1791, appointments only

Address: 14160 Ferndale Rd., Woodbridge, VA 22193

Website: <https://www.holyfamilycatholicchurchdalecity.org>

HOUSE OF MERCY

Phone: (703) 659-1636, appointment only (month-to-month)

Address: 8154 Flannery Ct., Manassas, VA 20109

Website: <https://houseofmercyva.org/programs/food-pantry-client-services>

LIGHT OF LIFE CHURCH

Phone: (571) 926-3185

Email: info@lightoflifetoday.org

Address: 10501 Copeland Drive, Manassas, VA

Website: <https://www.lightoflifetoday.org>

MANASSAS BAPTIST CHURCH

Phone: (703) 361-2146

Address: 8730 Sudley Rd., Manassas, VA 20110

Website: <https://mbcnova.org>

MANASSAS CHURCH OF CHRIST

Phone: (703) 368-2622

Address: 8110 Signal Hill Rd., Manassas, VA 20111

Website: <https://www.manassaschurch.org>

ST. FRANCIS DROP-IN SHELTER

Phone: (703) 221-3127

Email: francias@stfrncis.org

Address: 15941 Donald Curtis Dr., Woodbridge, VA 22193

Website: <https://stfrncis.org/meals-for-the-homeless>

ST. THOMAS UMC

Phone: (703) 368-5161

Address: 8899 Sudley Rd., Manassas, VA 20110

Website: <https://www.stthomasumc.org>

ST. VINCENT DE PAUL

Food and finances (utilities, prescriptions, gas cards, coats)

Phone: (571) 377-8371

Email: olasvdp@olasvdp.org

Address: 13744 Mary's Way, Woodbridge, VA 22191

Website: <https://www.olasvdp.org/contact.html>

PET FOOD ASSISTANCE

PRINCE WILLIAM COUNTY ANIMAL SHELTER

Phone: (703) 792-6465

Email: animalshelter@pwcgov.org

Address: 14807 Bristow Rd., Manassas, VA 20112

Website: <https://pwspca.org/food>

Manassas City Animal Adoption Center

Phone: (703) 257-2420

Email: animalshelter@ci.manassas.va.us

Address: 10039 Dean Drive, Manassas, VA 20110

Website: <https://pwspca.org/food>

HEALTH ACCESS (FREE/LOW-COST)

ADAMS COMPASSIONATE HEALTH CARE*

Chronic medical care, preventative screenings, routine check-ups, school and sports physicals, free/low-cost prescriptions.

Phone: (703) 542-3366

Email: contact@achnhealth.org

Address: 4431 Brookfield Corporate Dr., Suite 109, Chantilly, VA 20151

Website: <https://achnhealth.org>.

GRACE COMMUNITY CENTER CLINIC*

Primary care, pediatrics, cardiology, orthopedics, optometry, referral services. Must be uninsured or have a yearly household income less than 250% of the federal poverty line to receive free services.

Phone: (703) 650-9099

Email: contact@gcchealthsystem.org

Address: 14631 Route 29, Suite 313, Centreville, VA 20121

Website: <https://www.gcchealthsystem.org>.

LUNERA HEALTH

*Medical, pediatric, dental, OBGYN, behavioral health.
Private insurance, Medicaid, FAMIS, Medicare.*

DUMFRIES: 17739 Main St., Dumfries, VA 22026

MANASSAS: 9705 Liberia Ave., #201, Manassas, VA 20110

WOODBIDGE: 3350 Commission Ct., Woodbridge, VA 22192

Phone: (703) 680-7950

Website: <https://lunerahealth.org>

INOVA CARES CLINIC FOR FAMILIES

*Primary care for adults and children qualifying for Medicaid,
FAMIS, Inova's Financial Assistance Program, or are uninsured.*

Phone: (571) 719-4180

Address: 8051 Sudley Rd., Manassas, VA 20109

Website: <https://www.inova.org/about-inova/inova-your-community/community-access-care/inova-cares-clinic-families>

INOVA CARES CLINIC FOR WOMEN

Phone: (703) 531-3000

Address: 3800 Fetter Park Drive, Suite 301, Dumfries, VA 22025

Website: <https://www.inova.org/our-services/inova-cares-for-women>

MASON AND PARTNERS (MAP) CLINIC

*School entry physicals, sports physicals, acute primary care,
hearing & vision screenings, referrals, medical home placement.*

FALLS CHURCH: 3400 Charles St., Falls Church, VA 22041

MANASSAS PARK: 99 Tremont St., Manassas Park, VA 20111

Phone: (703) 993-5880

Website: <https://publichealth.gmu.edu/mapclinics>

MOBILE MAMMOGRAMS (UVA HEALTH)

Mobile mammogram screenings set up at workplaces and community locations in Virginia.

Phone: (703) 656-9970, call to be screened, must have a healthcare provider

Address: Multiple locations

Website: <https://uvahealth.com/services/mobile-mammograms>

MOTHER OF MERCY

Annual physicals, disease management, sick visits, prenatal care (not GYN), health classes, eye exams, referrals.

MANASSAS: 9380 Forestwood Ln., Unit B, Manassas, VA 20110

WOODBIDGE: 13900 Church Hill Dr., Woodbridge, VA 22191

Phone: (703) 335-2779, intake appointments

Website: <https://ccda.net/find-help/medical-mental-healthcare/free-medical-care>

NORTHERN VIRGINIA FAMILY SERVICES

PEDIATRIC PRIMARY CARE: (703) 244-7310

DENTAL: (571) 748-2635

PHARMACY ASSISTANCE: (571) 435-6600

Website: <https://www.nvfs.org/our-services/health-well-being/health-access>

SENTARA MOBILE CARE

Full-service primary care, Medicaid and uninsured individuals. Multiple locations in Woodbridge and Dumfries.

Phone: (703) 523-0998

Website: <https://www.sentara.com/hospitalslocations/sentara-community-care/sentara-mobile-care>

THE WOMEN'S CENTER*

Therapy, support groups, career coaching, workshops, and volunteering for women.

Phone: (703) 281-2657

Address: 8230 Old Courthouse Rd., Vienna, VA 22182

Website: <https://thewomenscenter.org>.

VIRGINIA ASSOCIATION OF FREE AND CHARITABLE CLINICS

List of free clinics and what services they provide

Phone: (804) 340-3434

Address: 1801 Libbie Ave., Suite 104 Richmond, VA 23226

Website: <https://www.vafreeclinics.org>.

HEALTH INSURANCE LOCATORS

EHealthInsurance

Online resource to shop for and compare plans.

Website: <http://www.ehealthinsurance.com>

HEALTH INSURANCE ONLINE

Request quotes and compare Virginia plans for individuals and families.

Website: <http://www.online-health-insurance.com>

HealthCare.gov

Explore private insurance plans, public programs, and community services.

Website: <https://www.healthcare.gov>

NATIONAL ASSOCIATION OF INSURANCE COMMISSIONERS

Provides tips, information, and quizzes about insurance. Filter by needs and life situations.

Phone: (816) 783-8500

Email: help@naic.org

Website: <https://content.naic.org/consumer.htm>

HOTLINES/CRISIS

ACTS CRISIS HELPLINE

Specifically serves Prince William County, City of Manassas, and Manassas Park.

Phone: (703) 368-4141

CRISIS INTERVENTION SERVICES

Scheduled and walk-ins. Mental health, substance abuse and/or intellectual disabilities.

- **MANASSAS**

24/7 Phone: (703) 792-7800

Address: 7969 Ashton Ave., Manassas, VA 20109

- **WOODBIDGE 24/7 Phone:** (703) 792-4900

Address: 15941 Donald Curtis Dr., Woodbridge, VA

Email: info@actspwc.org

Website: <https://www.pwcva.gov/department/community-services/crisis-intervention>

CRISIS TEXT LINE

24/7 text line support for violence, anxiety, eating disorders, depression, suicide, or self-harm.

Text: "HOME" to 741741

Web Chat: <https://www.crisistextline.org>

NATIONAL DEAF DOMESTIC VIOLENCE

Phone: 1-855-812-1001

Email: nationaldeafhotline@adwas.org

Website: <http://thedeafhotline.org>.

NATIONAL DOMESTIC VIOLENCE HOTLINE

Crisis intervention, safety planning, information and referrals.

Phone: 1-800-799-SAFE (1-800-799-7233)

Text: "START" to 88788

Web Chat: <https://www.thehotline.org>

NATIONAL DRUG HELPLINE

Phone: 1-844-289-0857

Website: <https://drughelpline.org>.

NATIONAL RUNAWAY SAFELINE

Phone: 1-800-RUNAWAY (1-800-786-2929)

Website: <https://www.1800runaway.org>

NATIONAL SEXUAL ASSULT HOTLINE

24/7 Phone: 1-800-656-HOPE (1-800-656-4673)

Text: "HOPE" to 64673

Website: <http://www.rainn.org>.

NATIONAL HUMAN TRAFFICKING RESOURCE CENTER

Phone: 1-888-373-7888

Text: "HELP" to 233733

Website: <https://humantraffickinghotline.org>.

RAPE, ABUSE, & INCEST NATIONAL NETWORK

24/7 Phone: 1-800-656-HOPE (1-800-656-4673)

Chat: RAINN.org/hotline

Website: <http://www.rainn.org>.

SAMHSA'S NATIONAL HELPLINE

Phone: 1-800-662-HELP (1-800-662-4357)

THE STRONGHEARTS NATIVE HELPLINE

Domestic violence and dating violence help line for Native Americans, American Indians, and Alaska Natives.

Phone: 1-844-7NATIVE (1-844-762-8483)

Web Chat: <http://www.strongheartshelpline.org>.

THE TREVOR PROJECT

LGBTQ+ trained counselors.

24/7 Phone: 1-866-488-7386

Text: "START" to 678-678

Website: <https://www.thetrevorproject.org/get-help>

HOUSING, UTILITIES, FINANCES

ARC OF GREATER PRINCE WILLIAM

Social & recreational programs for people with disabilities, family support, and childcare services.

Phone: (703) 670-4800 *Social & Recreational*
(703) 730-3124 *Family Support*
(703) 670-5060 *Childcare*

Address: 13505 Hillendale Dr., Woodbridge, VA 22193

Website: <https://arcgpw.org/programs>

CREATING FOUNDATIONS FOR HOPE

Supported living situations for adults with intellectual and developmental disabilities.

Phone: (703) 221-4510

Email: info@cfhva.org

Address: 7702 Donegan Dr., Manassas, VA 20109

Website: <https://cfhva.org>

- Security deposit assistance:
<https://cfhva.org/security-deposit-assistance>
- Down payment assistance:
<https://cfhva.org/downpayment-assistance>

ELEANOR U. KENNEDY SHELTER

Adults only shelter for men and women.

Phone: (703) 799-0200

Email: admin@newhopehousing.org

Address: 9155 Richmond Highway, Fort Belvoir, VA 22060

Website: <https://www.newhopehousing.org/ourservices/shelters/eleanor-u-kennedy-shelter>

PRINCE WILLIAM COUNTY COORDINATED ENTRY SYSTEM

Homeless, facing eviction, living in a car/street/unsuitable housing. Rapid Re-Housing program available.

- **DUMFRIES** (BEVERLY WARREN)

Phone: (703) 221-3186

Address: 17866 Main St., Dumfries, VA 22026

- **WOODBRIIDGE** (FERLAZZO)

Phone: (703) 792-3366

Address: 15941 Donald Curtis Dr., Woodbridge, VA 22191

- **WOODBRIIDGE** (HILDA BARG)

Phone: (703) 792-8810

Address: 14945 Richmond Hwy., Woodbridge, VA 22191

- **MANASSAS** (SERVE SHELTER)

Phone: (571) 748-2603

Address: 10056 Dean Dr., Manassas, VA 20110

Website: <https://www.pwcva.gov/department/social-services/homeless-and-winter-shelters>

TRANSITIONAL HOUSING PWC

Families with children. Fee 30% of household income.

Phone: (703) 492-2303

Email: dwatkins@pwcgov.org

Website: <https://www.pwcva.gov/department/housing-community-development/transitional-housing>

SERVE

Shelter, housing, and utilities. Prescriptions and dental help.

Phone: (571) 748-2674

Email: jrmartinez@nvfs.org

Address: 10056 Dean Dr., Manassas, VA 20110

Website: <https://www.nvfs.org/our-services>

<https://www.justserve.org/projects/c3b8ba40-f6d4-4a1d-ba19-6f54750752eb>

ST. FRANCIS BILL MEHR DROP-IN SHELTER

Food, showers, clothing, tents, and blankets.

Phone: (703) 221-6344

Email: francias@stfrncis.org

Address: 15941 Donald Curtis Dr., Woodbridge, VA 22193

Website: <https://stfrncis.org/meals-for-the-homeless>

ST. VINCENT DE PAUL

Food, finances (utilities, prescriptions, gas cards, and coats)

Phone: (571) 377-8371

Email: olasvdp@olasvdp.org

Address: 13744 Mary's Way, Woodbridge, VA 22191

Website: <https://www.olasvdp.org>

MEDICATION RESOURCES

NEEDYMEDS

Services and programs to help with the costs of medications.

Phone: 1-(800) 503-6897

Email: info@needymeds.org

Website: <https://www.needymeds.org>.

NOVA ScriptsCentral

Pharmacy services, medication safety, and drug dispensing for low-income Virginia residents. Must be enrolled with INOVA, Greater Prince William Health Center, or Sentara.

Phone: (703) 532-0269

Email: info@novascriptscentral.org

Address: 6400 Arlington Blvd, Ste 120, Falls Church, VA 22042

Website: <https://novascriptscentral.org>.

MEDICINE ASSISTANCE TOOL

Online search engine to match qualifying patients without prescription drug coverage to low-cost/free programs.

Website: <https://medicineassistancetool.org>.

MENTAL HEALTH

COUNSELING ASSOCIATES OF VIRGINIA

Telehealth option, no Medicaid.

Phone: (703) 330-5155

Address: 8401 Dorsey Cir., Suite 201, Manassas, VA

Website: [http://counselingassociatesofva.com/
Index.aspx](http://counselingassociatesofva.com/Index.aspx)

FAMILY INSIGHT

*Behavioral therapy, in-home and outpatient services,
and substance use disorder services.*

Phone: (571) 208-0592

Address: 7960 Donegan Dr., Suite 200, Manassas, VA 20109

Website: <https://familyinsight.net>

FAMILY PSYCHIATRIC ASSOCIATES

Telehealth option, no Medicaid.

Phone: (703) 897-8970

Address: 4343 A Ridgewood Center Dr., Ste 101 Woodbridge
VA 22192

Website: <https://familypsychiatricassociates.com>

NATIONAL COUNSELING GROUP

Telehealth option, accepts Medicaid, Spanish-speaking.

Phone: (703) 257-5997

Address: 9301 Forest Point Cir., Manassas, VA 20110

Email: dpatel@traumaandhope.com

Website: <https://www.ncgcommunity.com>

NOVANT BEHAVIORAL HEALTH

Outpatient/inpatient care, accepts Medicaid, Spanish-speaking.

Phone: (703) 369-8055

Address: 8680 Hospital Way, Manassas, VA 20110

Website: <https://www.novanthealth.org/services/mental-health>

TRAUMA AND HOPE

Trauma-focused recovery counseling for families & individuals.

Phone: (703) 750-7852

Address: 9028 Prince William St., Unit E, Manassas, VA 20110

Website: <https://traumaandhope.com>

VICTORIA TRANSCULTURAL CLINICAL CENTRE

Multicultural counseling targeting children & adolescents with neurodevelopmental or mental health disorders.

Phone: (703) 218-6599

Email: info@vtccmail.com

Address: 3541 Chain Bridge Rd, Ste 204 Fairfax, VA 22030

Website: <https://vtcc.health>

NEWCOMERS

CASA

- **ADULT ESOL:** (571) 483-8688 or kgonzalez@wearecasa.org
- **CITIZENSHIP:** (571) 421-2211
- **HEALTH CARE ACCESS:** (571) 421-2211
- **LEGAL HOTLINE:** 1-866-765-2272

Address: 1455 Old Bridge Rd., Suite 203
Woodbridge, VA 22192

Website: <https://wearecasa.org/programs-in-virginia>

GLOBAL WELCOME CENTERS (PWCS)

English proficiency assessments and registrations for speakers of other languages.

- **MANASSAS**

Phone: (571) 402-3800

Address: 10100 Lomond Dr., Manassas, VA 20109

- **WOODBIDGE Phone:** (571) 374-6813

Address: 15111 Blackburn Rd., Woodbridge, VA 22191

Email: GWCRRegistration@pwcs.edu

Website: https://www.pwcs.edu/departments/global_welcome_center/index

IMMIGRATION FORMS

Immigration forms should always be free.

Request Line: 1-800-870-3676

Website: www.uscis.gov or www.bookstore.gpo.gov

TAHIRIH JUSTICE CENTER

Free legal and social services for immigrants facing gender based violence.

Phone: (571) 282-6161, appointment only

Address: 6400 Arlington Blvd., Suite 400, Falls Church, VA 22042

Afghan Asylum Helpline: 1-888-991-0852 (Pashto and Dari interpreters available)

Website: <https://www.tahirih.org/get-help>

RESETTLEMENT AGENCIES

CATHOLIC CHARITIES

Various immigrant and refugee services.

- **CITIZENSHIP & ENGLISH CLASSES, WORKFORCE**

DEVELOPMENT: (571) 208-1572

- **IMMIGRATION & LEGAL SERVICES:** (703) 534-9805

Email: ewd@ccda.net

Address: 8247 Shoppers Square, Manassas, VA 20111

Website: <https://ccda.net/find-help/immigrants-refugees/refugee-services>

ETHIOPIAN COMMUNITY DEVELOPMENT COUNCIL

Reception & placement, employment, and case management.

Phone: (703) 685-0510

Email: info@ecdcus.org

Address: 901 South Highland St., Floor 4, Arlington, VA 22204

Website: <https://www.ecdcus.org>.

LUTHERAN SOCIAL SERVICES

Citizenship and Immigration:

Phone: (202) 723-3000

Email: immigration@LSSNCA.org

Resource Center:

Phone: (571) 591-3065

Address: 5710A General Washington Drive, Alexandria, VA 22312

Website: <https://lssnca.org/programs/>

<https://lssnca.org/about/contact.html>

PARENTING

LOW-INCOME SAFETY SEATS (VDH)

Free car safety and booster seats for income-eligible families provided by the Virginia Department of Health.

Phone: 1-800-732-8333

Website: <https://www.vdh.virginia.gov/child-passenger-safety/low-income-safety-seat-program>

PARENT RESOURCE CENTER

Bilingual support for parents.

Phone: (703) 791-8846 or (703) 791-7935

Email: HollebAJ@pwcs.edu or ContreEM@pwcs.edu

Address: 14715 Bristow Rd., Manassas, VA 20112

Website: https://www.pwcs.edu/academics___programs/special_education/parent_resource_center/index

SAVING PRINCE WILLIAM'S LITTLES

Free monthly car seat safety checks. Instructions for how to safely install car seats.

Phone: (703) 662-5222

Email: savingprincewilliamslittles@gmail.com

Website: <https://savingprincewilliamslittles.com>

Contact form:

<https://savingprincewilliamslittles.com/contact>

FAMILY RESOURCE CONNECTION AND COMMUNITY SUPPORT

Partners with local organizations to uplift families and children in the City of Manassas, offering community support and resources.

Phone: 1-800-732-8333

Website: <https://manassasfrc.org>

HEALTHY FAMILIES VIRGINIA

Living, breathing how-to manuals, supporting parents as they establish nurturing parent-child relationships, develop positive parenting skills, provide safe homes, and learn to support healthy child development

Phone: (804) 359.6166

Email: JFiechtner@familiesforwardva.org

Website: <https://www.familiesforwardva.org/healthy-families-virginia>

PREGNANCY

DOULA REGISTRY

Online search tool for certified doula services. Filters include ethnicity, gender, and location.

Phone: 804.741.2319

Phone hours: Tuesday-Thursday 9am-3pm

Email: info@vacertboard.org

Website: <https://www.vacertboard.org/doula-registry>

LUNERA HEALTH

Medical, pediatric, dental, OBGYN, behavioral health. Private insurance, Medicaid, FAMIS, Medicare.

DUMFRIES: 17739 Main St., #130, Dumfries, VA 22026

MANASSAS: 9705 Liberia Ave., #201, Manassas, VA 20110

WOODBIDGE: 3350 Commission Ct., Woodbridge, VA 22192

Phone: (703) 680-7950

Website: <https://lunerahealth.org>

IMPROVE LIFE SUPPORT GROUP

Free virtual group therapy for pregnant women and parents in Virginia.

Phone: (703) 344-0771

Email: DrWaggel@ImproveLifePLLC.com

Website: <https://www.improvelifepllc.com>

MOMMYMEDS

App for pregnant and breastfeeding mothers to guide safe breastfeeding practices while using prescription and over the counter medicines. Compatible with Apple and Android devices.

Apple: <https://apps.apple.com/us/app/mommymeds/id669222544>

Android: <https://play.google.com/store/apps/details?id=com.infant.risk.mommymeds.paid>

POSTPARTUM SUPPORT VIRGINIA (PWC)

Offers various services in partnership with local providers and health professions to target perinatal mood disorders.

Phone: (703) 829-7152

Email: info@postpartumva.org

Website: <https://postpartumva.org/contact/>

Directory: <https://postpartumva.org/support-directory>

POSTPARTUM PSYCHOSIS FACEBOOK GROUPS

Virtual Facebook support groups for those suffering from postpartum psychosis.

Activism & Advocacy: <https://www.facebook.com/groups/869281459947181/>

Forum: <https://www.facebook.com/groups/357619024101>

Survivors: <https://www.facebook.com/groups/413383649158314>

PREGNANCY & POSTPARTUM PSYCHOSIS COMMUNITY MOSAIC

Community blog to share personal essays, creative writing, artwork, and videos about pregnancy or postpartum psychosis.

Website: <https://ppp-project.org>

SISTA MIDWIFE DIRECTORY

Online directory to search for Black doulas by city or state.

Website: <https://www.sistamidwifedirectory.com>

TEXT4BABY

Mobile app for appointment text reminders, pregnancy progress tracking, health and safety tips, and interactive videos and web content. Compatible with Apple and Android devices.

Website: <https://www.text4baby.org>

WOMEN, INFANTS, & CHILDREN (WIC)

Nutrition & breast-feeding education and resources

- **MANASSAS:** 9430 Forestwood Ln. Suite 201, Manassas, VA 20110
- **WOODBIDGE:** 4001 Prince William Parkway, Suite 204, Woodbridge, VA 22192

Phone: (703) 792-7319

Email: pwhdwic@vdh.virginia.gov

Website: <https://www.vdh.virginia.gov/wic>

VIRGINIA WOMEN AND FAMILY SUPPORT CENTER

Provide long-term housing for women who are pregnant and homeless and their children. Services include educational advancement, counseling, job training, maternal health, trauma care, and financial management to reduce barriers to success

Website: <https://www.vawfsc.org/maternalhealth>

Office team: 571-261-2838

Residential Team: 571-445-0373

VILLA ADVOCACY GROUP

Postpartum depression support, perinatal loss, and lactation support groups, all designed to provide mothers with both practical guidance and emotionally safe community.

Website: <https://villaadvocacy.org>.

Address: 3920 Lansing Ct, Dumfries, VA 22026

Number: (202) 977-9788

GREATER DC DIAPER BANK

Supports vulnerable families in Greater DC by collaborating with distribution partners to provide essential baby and hygiene products and expanded access to critical services.

Website: <https://www.sistamidwifedirectory.com>

Address: 5614 Connecticut Ave. NW #285 Washington, DC 20015

Number: (202) 702-4001

Email: info@greaterdcdiaperbank.org

SAFETY

ACTS

Crisis & human services in English and Spanish

- **COURT ADVOCACY & ACCOMPANIMENT:**
(703) 792-4782 English, 703-792-4282 Spanish
- **DOMESTIC VIOLENCE:** (703) 221-4951 24 hr,
(703) 221-4460 Appointments
- **SEXUAL ASSAULT:** (703) 497-1192

Email: info@actspwc.org

Website: <https://actspwc.org/services>

ADULT & CHILD PROTECTIVE SERVICES

- **MANASSAS CITY:** (703) 361-8277 9800 Godwin Dr.,
Manassas, VA 20110
- **MANASSAS OFFICE:** (703) 792-7500
7987 Ashton Ave., 200, Manassas, VA 20109
- **MANASSAS PARK:** (703) 335-8880
100 Nadia St., Floor 2, Manassas Park, VA 20111
- **WOODBRIIDGE OFFICE:** (703) 792-7500
15941 Donald Curtis Dr., 180, Woodbridge, VA
22191

Reporting Child Abuse or Neglect: (703) 792-4200 or
1-800-552-7096

Website: <https://www.pwcva.gov/department/social-services/about-us>

LEGAL SERVICES OF NORTHERN VIRGINIA

Consumer, elder, family, housing, veteran law; human trafficking, public benefits, child advocacy, and support for re-entry.

Phone: (703) 778-6800

Email: help@lsnv.org

Address: 9240 Center St., Manassas, VA 20110

Website: <https://lsnv.org/>

MY MEAL DETECTIVE

Food borne illness complaint form. Sends report the Virginia Department of Health for evaluation. Local health district will contact for follow-up if necessary.

Website: <https://redcap.vdh.virginia.gov/redcap/surveys/?s=PJACE4A4EY>

PWC CRIMINAL JUSTICE SYSTEM

- **MANASSAS:** (703) 792-6065
9540 Center St., Suite 301, Manassas, VA 20110
- **WOODBIDGE:** (703) 792-4984
13851 Telegraph Rd., Suite 205, Woodbridge, VA 22192

Domestic Violence: (703) 792-6065 or OCJSContact@pwcgov.org

Victim Witness Assistance Program & Free Call Phone

Program: (703) 392-7083

Website: <https://www.pwcva.gov/departments/criminal-justice-services/domestic-violence-help-services>

VA DEPARTMENT OF ENVIRONMENTAL QUALITY

Disaster preparedness plans & resources for debris, hurricanes, animal emergencies, and droughts.

Website: <https://www.deq.virginia.gov/our-programs/disaster-preparedness>

Prince William County Child Advocacy Center (PWC CAC)

Support children who have experienced abuse and protect them, providing child abuse intervention to prevent and reduce trauma to children and families using a multidisciplinary approach to investigation, prosecution, treatment, education, and advocacy

Phone: 703-792-6549

Website: <https://www.deq.virginia.gov/our-programs/disaster-preparedness>

SENIORS

AREA AGENCY ON AGING

Independence and quality of life for adults & families.

Phone: (703) 792-6374

Email: pwaaa@pwcgov.org

Website: <https://www.pwcva.gov/department/area-agency-aging>.

PRINCE WILLIAM SENIOR CENTERS

- **MANASSAS**

(703) 792-6405 *Main*

(703) 792-5956 *Transportation*

9320 Mosby Street, Manassas, Virginia, 20110

- **WOODBIDGE**

(703) 792-5081 *Main*

(703) 792-5682 *Transportation*

13850 Church Hill Drive, Woodbridge, Virginia, 22191

SUBSTANCE USE

CHRIS ATWOOD FOUNDATION*

Harm reduction program throughout Northern Virginia offering NARCAN training and free mobile services (sterile syringes, syringe disposal, fentanyl testing strips, and peer recovery support).

Phone: (703) 652-4221

Email: info@thecaf.org

Website: <https://www.thecaf.org>

CONTROLLED SUBSTANCE PUBLIC DISPOSAL LOCATIONS

Online search tool to find locations to safely dispose of unused or expired medicines.

Website: <https://bit.ly/Search-Utility>

COMMUNITY SERVICES BOARD

Coordinated care for developmental delays, disabilities, mental illness, substance use.

- **MANASSAS:** 7969 Ashton Ave., Manassas, VA 20109
- **WOODBRIIDGE:** 14011 Worth Ave., Woodbridge, VA

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Phone: (703) 792-5241 or (703) 792-7373

Email: emailcsb@pwcgov.org

Website: [https://www.pwcva.gov/department/
community-services](https://www.pwcva.gov/department/community-services)

CRISIS INTERVENTION SERVICES

Scheduled and walk-ins. Mental health, substance abuse and intellectual disabilities.

- **MANASSAS**

24/7 Phone: (703) 792-7800

Address: 7969 Ashton Ave., Manassas, VA 20109

- **WOODBIDGE**

24/7 Phone: (703) 792-4900

Address: 15941 Donald Curtis Dr., Woodbridge, VA 22191

Email: info@actspwc.org

Website: <https://www.pwcva.gov/department/community-services/crisis-intervention>

FAMILY INSIGHT

Behavioral therapy, in-home and outpatient services, and substance use disorder services.

Phone: (571) 208-0592

Address: 7960 Donegan Dr., Suite 200, Manassas, VA 20109

Website: <https://familyinsight.net>

NEXT DISTRO

One-time Naloxone package by mail for Virginia residents.

Website: <https://nextdistro.org/virginia>

OPIOID RESPONSE & NALOXONE EDUCATION

Weekly sessions on opioid community prevention, treatment and recovery.

- **MANASSAS** *Mondays 2-4PM*

Jean McCoy Conference Room
7969 Ashton Ave., Manassas, VA 20109

- **WOODBIDGE** *Wednesdays 2-4PM*

Cafeteria at the Ferlazzo Building
15941 Donald Curtis Dr., Woodbridge, VA 22191

Phone: (571) 866-6400

Email: csbhwtteam@pwcgov.org

Website: <https://www.pwcva.gov/departments/community-services/naloxone-education>

PARTNERSHIP TO END ADDICTION

Online support meetings and resources for parents & caregivers with children struggling with substance use.

Phone: Text "CONNECT" to 55753

Email: <https://drugfree.org/email-a-specialist/>

Website: <https://drugfree.org/community/results>

REVIVE!

Training on how to recognize and response to opioid overdose by safely administering naloxone.

Phone: (804) 786-3921

Email: tiana.vazquez@dbhds.virginia.gov

Website: <https://dbhds.virginia.gov/behavioral-health/substance-abuse-services/revive>



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