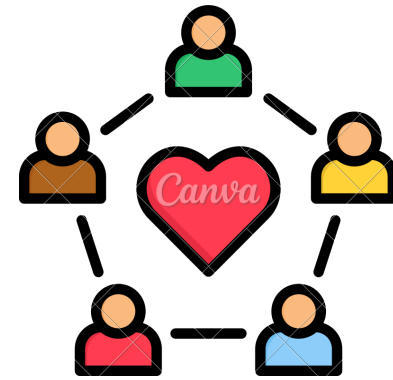# Key Vocabulary

Community

A group of people who live in the same place or share something important like culture or work.
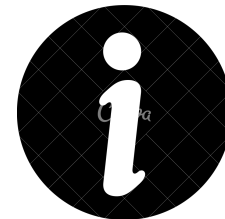
Survey

Questions asked to many people on paper or online.

#YourHealthYourVoice

Health Information

Facts or knowledge about ways to be healthy.

Data

Information often shown as numbers that we collect to learn something.

Assessment

A way to look at something carefully to understand it or measure it.

Bar Chart - A picture that uses bars (lines) to show and compare numbers
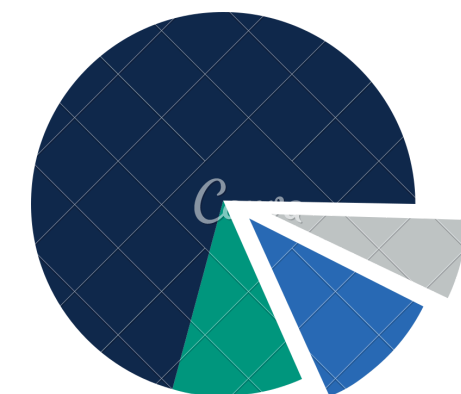
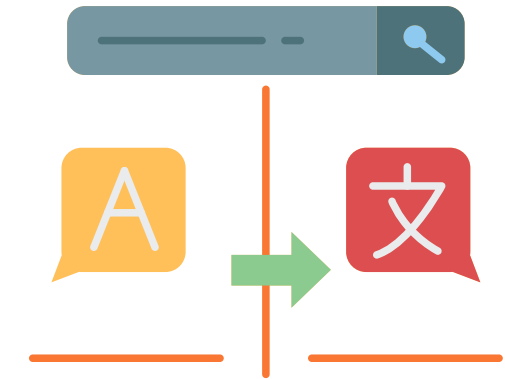**Pie Chart -** A circle divided into pieces that show parts of a whole.

Health Insurance

A way to get help paying for big costs like doctor visits, medicines, or accidents.

Translate / Translation

Changing words to another language.

Confusing

Something that is not easy to understand.

Transportation

The way people move from one place to another. (bus, car, bike)

Support

To help

Diversity

When a group of people have different backgrounds, cultures, or ideas.

Nolika Che
Institute for Public Health Innovation

Emely Melendez
Prince William Health District

October 1, 2025

3

Community Healthcare Coalition of Greater Prince William
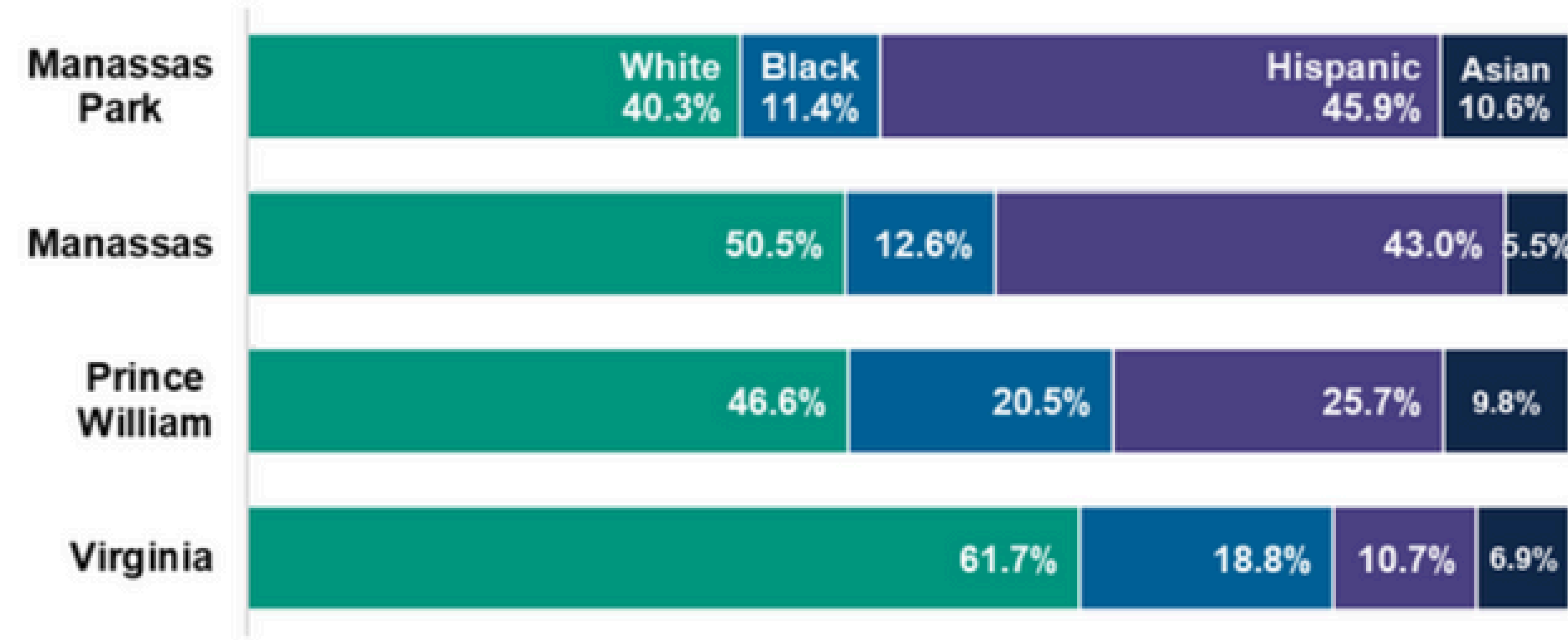
Community Health Assessment (CHA) 2025

A Collaborative Approach for Health Accountability in Greater Prince William

Community Health Data

Racial/Ethnic Data

Greater Prince William is more diverse than Virginia overall.[1]
2023 Racial and Ethnic Profile

	White	Black	Hispanic	Asian
Manassas Park	40.3%	11.4%	45.9%	10.6%
Manassas	50.5%	12.6%	43.0%	5.5%
Prince William	46.6%	20.5%	25.7%	9.8%
Virginia	61.7%	18.8%	10.7%	6.9%

Community Health Survey

- **1,990** people took the survey
- Survey was available in English, Spanish, or Dari

Languages spoken by people who took the survey

Do you see yours?

English

español

Cebuano
Bisayâ or Binisaya

دری
Dari

Tiếng Việt
Vietnamese

हिन्दी
Hindi

پښتو
Pashto

Twi

नेपाली
Nepali

Türkçe
Turkish

አማርኛ
Amharic

한국인
Korean

ਪੰਜਾਬੀ
Punjabi

Chinese
中国人

اردو
Urdu

বাংলা
Bengali (Bangla)

ትግርኛ
Tigrinya

Catalan
Català

Creole

Русский
Russian

فارسی
Farsi / Persian

සිංහල
Sinhala

Française
French

Монгол
Mongolian

Português
Portuguese

Kurdî
Kurdish

Community Health Survey Responses

"What are the biggest **HEALTH CONCERNS** in the community where you live?"

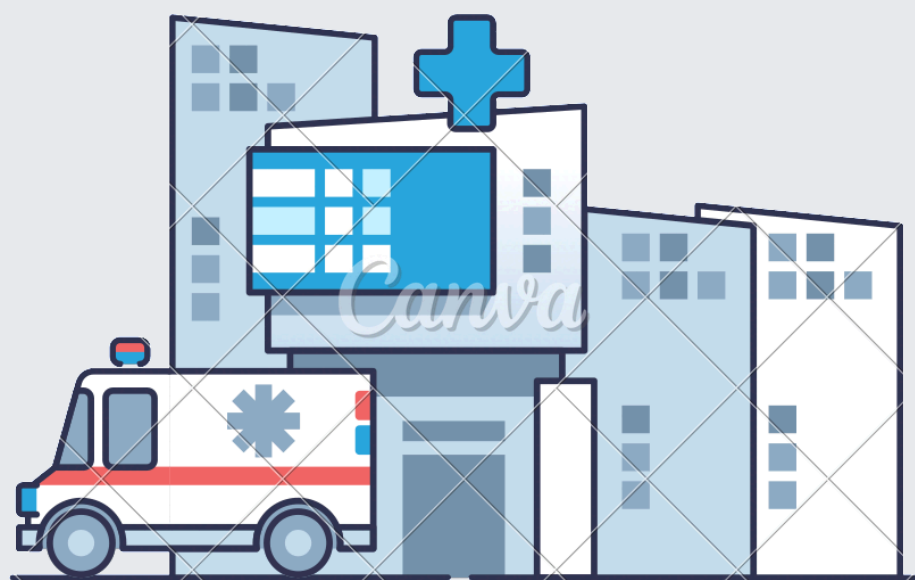**Overall top 3 most selected responses**

Mental health
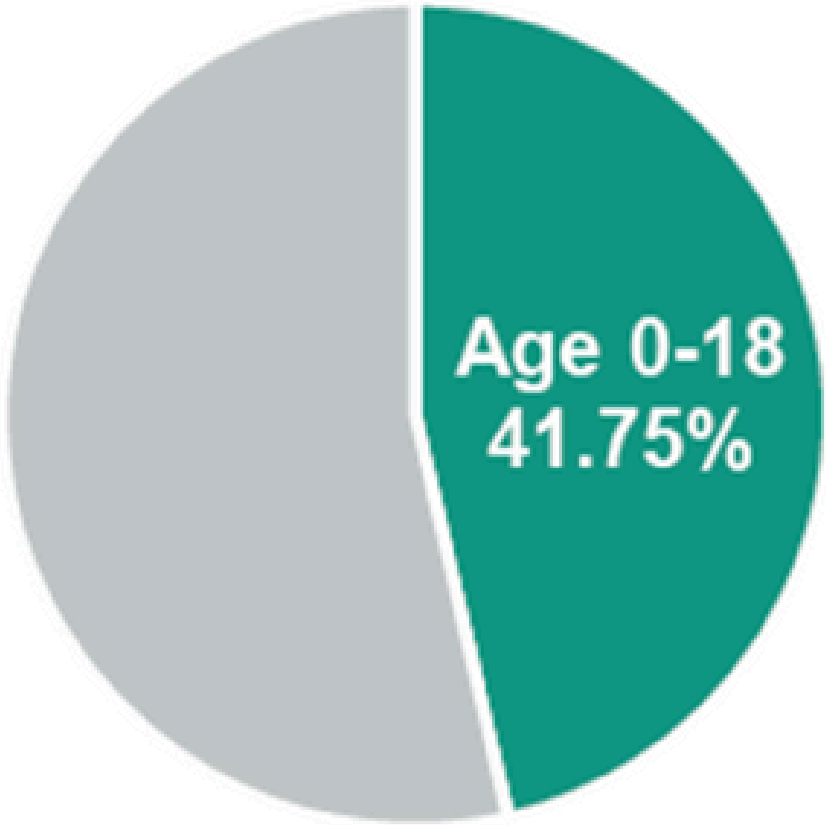
Chronic conditions

Dental problems

In 2024, minors (children and teens) and adults went to the emergency room for mental health and behavior problems.

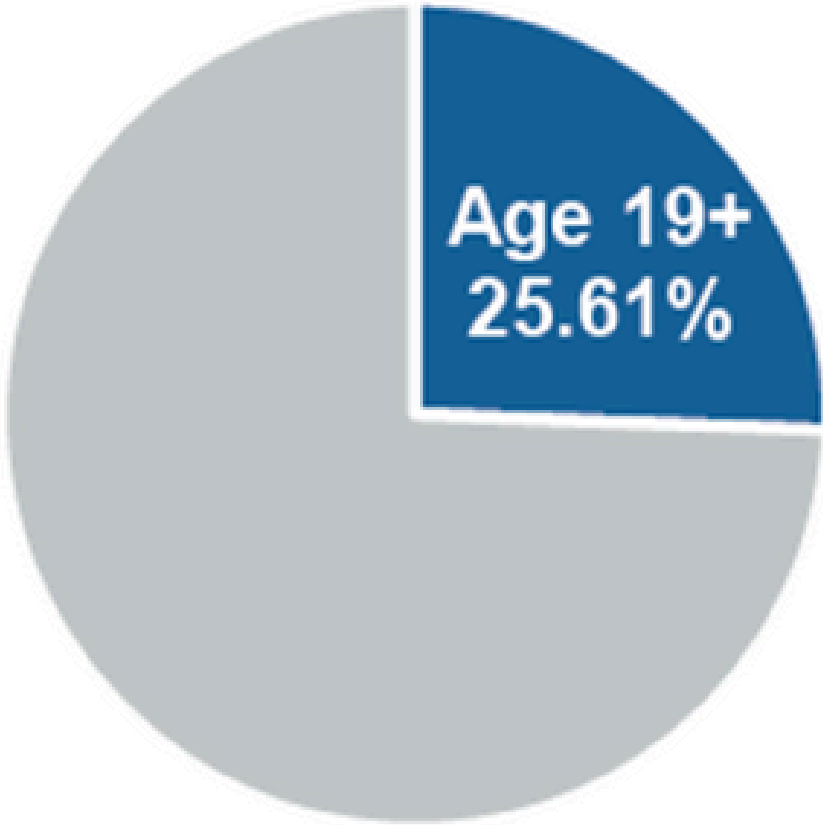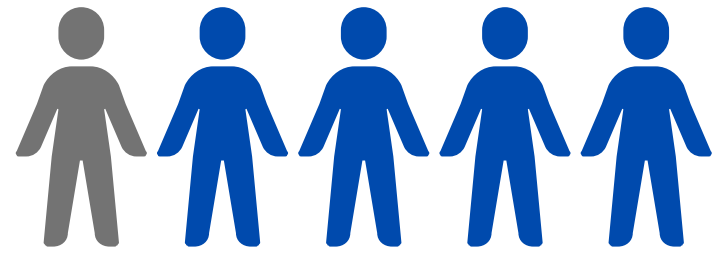## 2024 SNVMC Emergency Department Behavioral Health Visits

Minors

Age 0-18
41.75%

Adults

Age 19+
25.61%

Minors had a higher rate of visits for suicidal thoughts than adults.

Adults also had visits for suicidal thoughts, but at a lower rate.

Data is provided from Sentara Northern Virginia Medical Center.
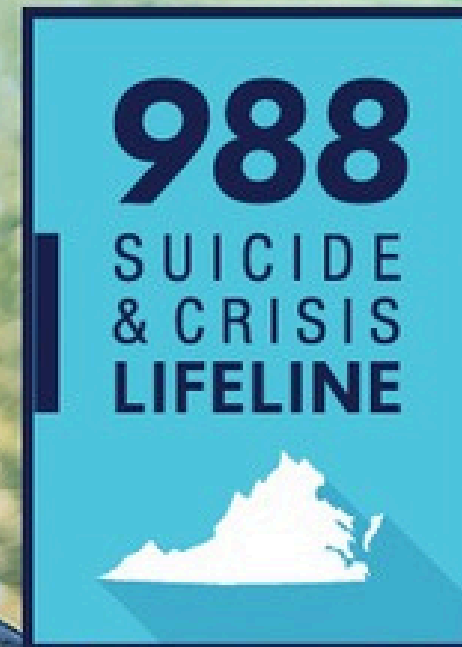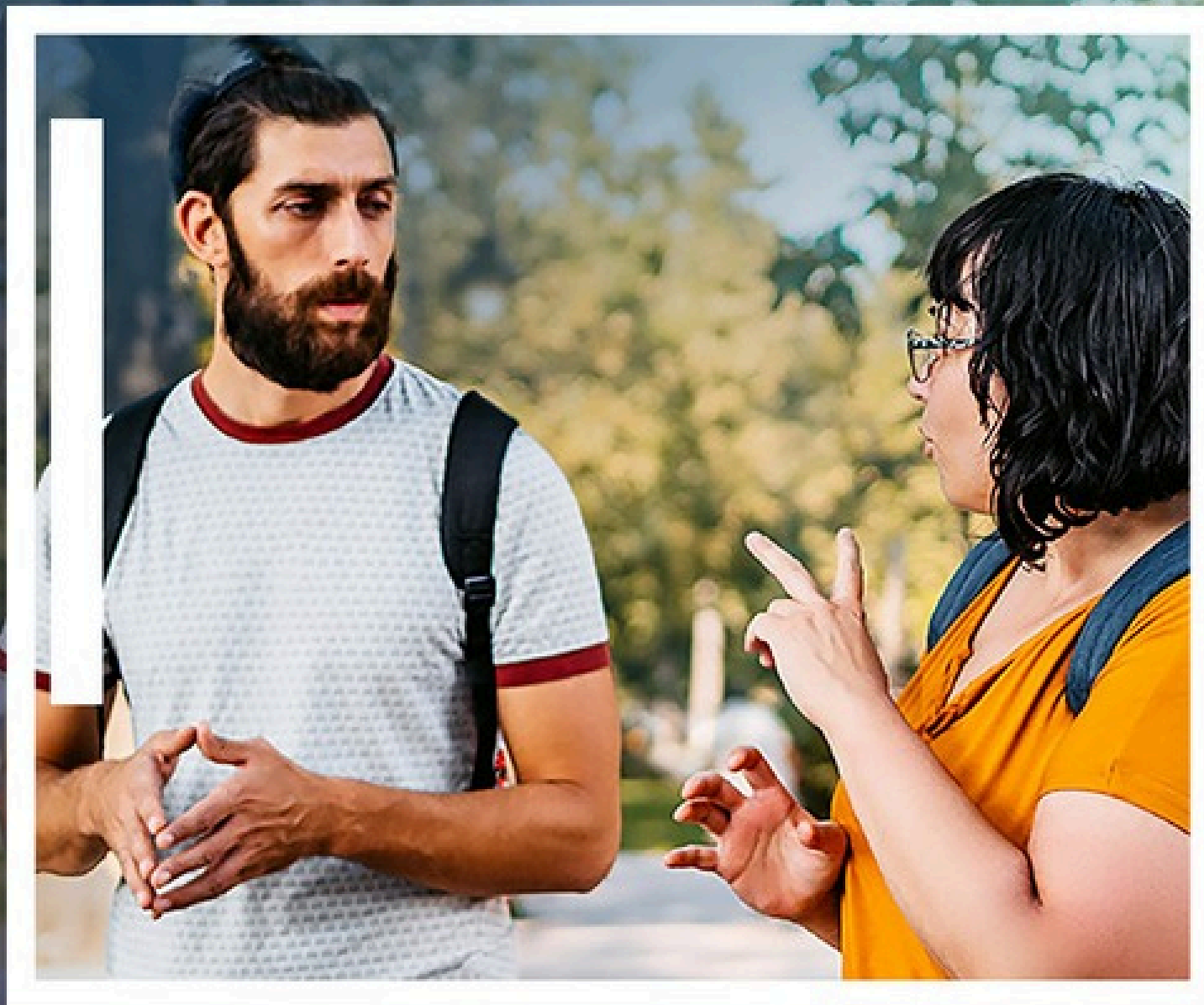
More than one-fifth of adults report feeling depressed.[6]

2019-2023 Mental Health, Age 18+
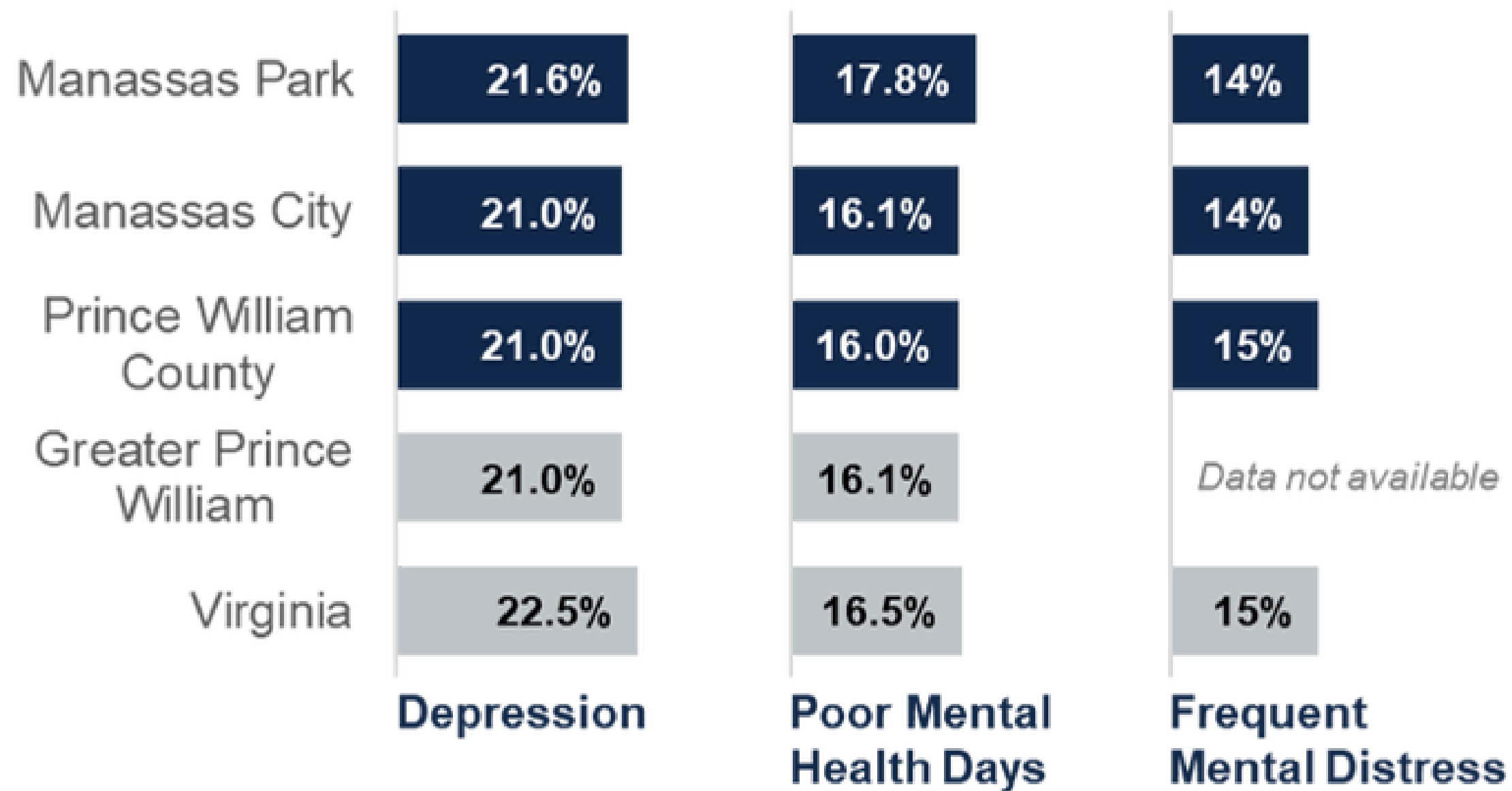
	Depression	Poor Mental Health Days	Frequent Mental Distress
Manassas Park	21.6%	17.8%	14%
Manassas City	21.0%	16.1%	14%
Prince William County	21.0%	16.0%	15%
Greater Prince William	21.0%	16.1%	*Data not available*
Virginia	22.5%	16.5%	15%

WHEN YOU FEEL LIKE YOU DON'T HAVE HOPE, YOU HAVE COMMUNITY.

CALL, TEXT OR VIDEO CHAT 988.

Community Conversations

Literacy Volunteers of America-Prince William

- November 20, 2024
- January 27, 2025
- January 31, 2025

Community Conversations

Health Insurance

"People without **health insurance** do not go to the doctors for regular checkups or when they are sick. People are afraid to lose their job if they ask permission to go to the doctor..."

Support

"Prioritizing basic needs makes it difficult to focus on aspects of health beyond physical well-being..."

Health Information

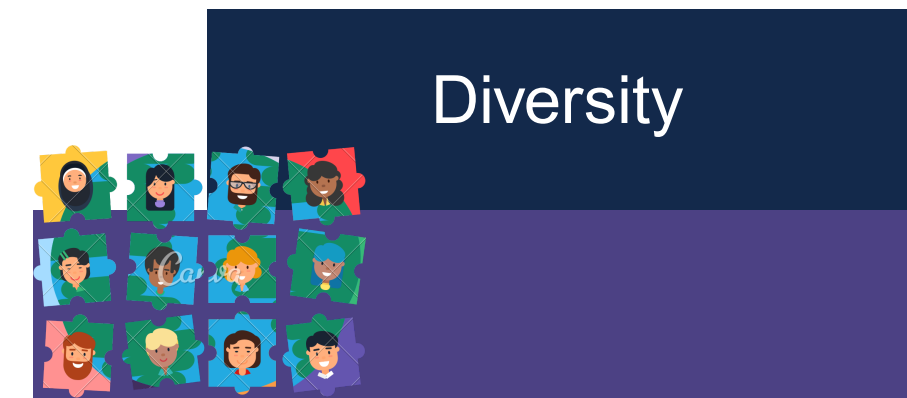"We live in times right now where we have a lot of information, but we don't know how to use it."

Community Conversations

Community

"PWC Public Libraries offer more than just reading – they foster a welcoming atmosphere where kindness + safety are always felt."

Transportation

"I'd wait for a bus for 3 hours and in rain it's bad."

Diversity

"A healthy place would be friendly & free from hate, with places / activities for all."

Guided Discussion Questions

Share Feedback

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Join the Coalition!

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Institute for Public Health Innovation
mburton@institutephi.org
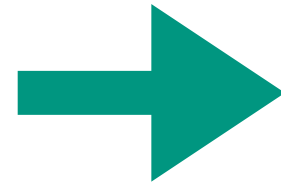Phone: (202) 380-5273

BE HEALTHY BE HAPPY
Community Healthcare Coalition Greater Prince William

www.BeHealthyBeHappyPrinceWilliam.com

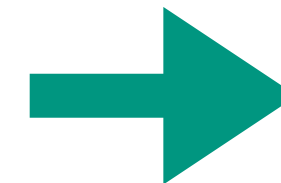# What's Happens Next?

🚫 **Do not use for now**

Improve access to behavioral health services ➔ **Make it easier for people to get mental health care.**

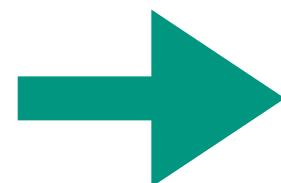**Expand resources to manage chronic conditions** ➔ **Make sure people with long term health issues can get the care they need.**
This means help for things like diabetes, heart disease, or asthma.

Address social determinants of health ➔ **Help people stay healthy by improving things like where they live, learn, and work.**